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FOOD AND DRUG ADMINISTRATION  
CENTER FOR DRUG EVALUATION AND RESEARCH

JOINT MEETING OF THE ANTIMICROBIAL DRUGS  
ADVISORY COMMITTEE AND THE DRUG SAFETY AND  
RISK MANAGEMENT ADVISORY COMMITTEE

Thursday, November 5, 2015  
8:01 a.m. to 6:05 p.m.

FDA White Oak Campus  
Building 31, The Great Room  
White Oak Conference Center  
Silver Spring, Maryland

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4 Division of Advisory Committee and

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10    National Institutes of Health

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13    **ACTING INDUSTRY REPRESENTATIVE TO THE COMMITTEES**

14    **(Non-Voting)**

15    **Nicholas Kartsonis, MD**

16    *(Industry Representative)*

17    Section Head, Antibiotics/Antibacterials/CMV

18    Associate Vice President, Clinical Research

19    Infectious Diseases

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2       **Edward M. Cox, MD, MPH**

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4       Office of Antimicrobial Products (OAP)

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17       **Sumathi Nambiar, MD, MPH**

18       Director

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**Robert Ball, MD, MPH, ScM**

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P R O C E E D I N G S

(8:00 a.m.)

**Call to Order**

**Introduction of Committee**

1           CAPT PARISE: Good morning, everyone. I'd  
2  
3  
4  
5           first like to remind you to please silence your cell  
6  
7           phones, smartphones, and any other devices if you  
8  
9           have not already done so. I'd also like to identify  
10          the FDA press contact, Lyndsay Meyer. If you are  
11          present, please stand. Thank you.

12           My name is Captain Monica Parise. I'm the  
13          chairperson for the Antimicrobial Drugs Advisory  
14          Committee. I'll now call this joint meeting of the  
15          Antimicrobial Drugs Advisory Committee and Drug  
16          Safety and Risk Management Advisory Committee to  
17          order.

18           Just before we start, I wanted to mention,  
19          for those of you who may not have heard, that  
20          Dr. Alan Magill, who was a member of the  
21          Antimicrobial Drugs Advisory Committee, passed away  
22          recently unexpectedly and prematurely. So can we

1 just take a moment of silence just in his  
2 remembrance?

3 (Moment of silence.)

4 CAPT PARISE: We're going to start by going  
5 around the table and introducing yourself. And just  
6 in advance, this is a large group, and I will  
7 apologize if Jennifer and I are looking at our  
8 seating chart so we can get your names right, but  
9 we're going to do our best. So let's start on the  
10 right.

11 DR. KARTSONIS: Dr. Nicholas Kartsonis. I'm  
12 the industry representative from Merck Research  
13 Laboratories.

14 DR. STAUD: Roland Staud. I'm with the  
15 University of Florida, and my specialty is  
16 rheumatology.

17 DR. RUSSELL: Jon Russell, retired academic  
18 rheumatologist and recently doing research on  
19 fibromyalgia in the community in San Antonio.

20 DR. VITIELLO: Ben Vitiello. I'm a  
21 psychiatrist. I'm from the National Institute of



1 Mental Health in Bethesda.

2 DR. HOGANS: My name is Dr. Beth Hogans. I'm  
3 from Johns Hopkins. I'm a neurologist.

4 DR. FLOYD: I'm James Floyd from the  
5 University of Washington. I'm a general internist  
6 and epidemiologist.

7 DR. CHOUDHRY: Niteesh Choudhry from Harvard  
8 University and Brigham and Women's Hospital, where  
9 I'm a general internist and health services  
10 researcher.

11 MS. PHILLIPS: Marjorie Shaw Phillips from  
12 Georgia Regents Medical Center in Augusta and  
13 University of Georgia College of Pharmacy. I'm a  
14 clinical research pharmacist, pharmacy manager, and  
15 have an emphasis in medication safety.

16 DR. BESCO: Good morning. My name is Kelly  
17 Besco. I'm the medication safety officer for the  
18 Ohio Health Hospital System in Columbus, Ohio. I'm  
19 a pharmacist by background. Thank you.

20 DR. CORBETT: Hi. I'm Amanda Corbett. I'm a  
21 clinical associate professor at the University of

1 North Carolina Eshelman School of Pharmacy.

2 DR. SCHEETZ: Marc Scheetz, Midwestern  
3 University, clinical associate professor.

4 DR. GERHARD: Tobias Gerhard,  
5 pharmacoepidemiologist from Rutgers University.

6 DR. WINTERSTEIN: I'm Almut Winterstein. I'm  
7 professor for pharmaceutical outcomes and policy at  
8 the University of Florida. I'm a  
9 pharmacoepidemiologist.

10 CAPT PARISE: Dr. Monica Parise from the  
11 Centers for Disease Control, adult infectious  
12 disease specialist.

13 LCDR SHEPHERD: Jennifer Shepherd. I'm the  
14 designated federal officer.

15 DR. LO RE: My name is Vincent Lo Re. I'm in  
16 the Division of Infectious Diseases, the Center for  
17 Clinical Epidemiology and Biostatistics, and the  
18 Center for Pharmacoepidemiology Research and  
19 Training at the University of Pennsylvania.

20 MS. SCHWARTZOTT: I'm Jennifer Schwartzott.  
21 I'm the patient representative.

1 DR. ANDREWS: I'm Ellen Andrews from the  
2 Connecticut Health Policy Project, and I'm from the  
3 Connecticut Health Policy Project.

4 DR. BADEN: Lindsey Baden. I'm at Harvard  
5 Medical School, Brigham and Women's Hospital, Dana  
6 Farber Cancer Institute. I'm an infectious disease  
7 specialist.

8 DR. DASKALAKIS: Demetre Daskalakis. I'm an  
9 infectious disease specialist focusing on HIV  
10 prevention and treatment, and I'm the assistant  
11 commissioner for the Bureau of HIV/AIDS Prevention  
12 and Control, New York City Department of Health.

13 DR. ARRIETA: Antonio Arrieta. I do  
14 pediatric infectious diseases at Children's Hospital  
15 of Orange County, University of California Irvine.

16 DR. HONEGGER: Dr. Jonathan Honegger. I do  
17 pediatric infectious diseases at the Ohio State  
18 University.

19 DR. SCHMID: Chris Schmid. I'm a professor  
20 of biostatistics at Brown University.

21 DR. PROESTEL: Scott Proestel, director,

1 Division of Pharmacovigilance II, FDA.

2 DR. STAFFA: Judy Staffa, director, Division  
3 of Epidemiology II, FDA.

4 DR. TOERNER: Joe Toerner, deputy director  
5 for safety in the Division of Anti-Infective  
6 Products at FDA.

7 DR. NAMBIAR: Sumathi Nambiar, director,  
8 Division of Anti-Infective Products, CDER, FDA.

9 DR. COX: Good morning. Ed Cox, director,  
10 the Office of Antimicrobial Products, CDER, FDA.

11 DR. BALL: I'm Bob Ball, deputy director,  
12 Office of Surveillance and Epidemiology, FDA.

13 CAPT PARISE: Thank you, everyone.

14 For topics such as those being discussed at  
15 today's meeting, there are often a variety of  
16 opinions, some of which are quite strongly held.  
17 Our goal is that today's meeting will be a fair and  
18 open forum for discussion of these issues and that  
19 individuals can express their views without  
20 interruption. Thus, as a gentle reminder,  
21 individuals will be allowed to speak into the record



1 meeting of the Antimicrobial Drugs Advisory  
2 Committee and the Drug Safety and Risk Management  
3 Advisory Committee under the authority of the  
4 Federal Advisory Committee Act of 1972.

5 With the exception of the industry  
6 representative, all members and temporary voting  
7 members of the committees are special government  
8 employees or regular federal employees from other  
9 agencies and are subject to federal conflict of  
10 interest laws and regulations.

11 The following information on the status of  
12 these committees' compliance with federal ethics and  
13 conflict of interest laws covered by, but not  
14 limited to, those found at 18 USC Section 208 is  
15 being provided to participants in today's meeting  
16 and to the public.

17 FDA has determined that members and temporary  
18 voting members of these committees are in compliance  
19 with federal ethics and conflict of interest laws.  
20 Under 18 USC Section 208, Congress has authorized  
21 FDA to grant waivers to special government employees

1 and regular federal employees who have potential  
2 financial conflicts when it is determined that the  
3 agency's need for a particular individual's services  
4 outweighs his or her potential financial conflict of  
5 interest.

6 Related to the discussion of today's meeting,  
7 members and temporary voting members of these  
8 committees have been screened for potential  
9 financial conflicts of interest of their own as well  
10 as those imputed to them, including those of their  
11 spouses or minor children and, for purposes of  
12 18 USC Section 208, their employers. These  
13 interests may include investments, consulting,  
14 expert witness testimony, contracts, grants, CRADAs,  
15 teaching, speaking, writing, patents and royalties,  
16 and primary employment.

17 Today's agenda involves the risks and  
18 benefits of the systemic fluoroquinolone  
19 antibacterial drugs for the treatment of acute  
20 bacterial sinusitis, acute bacterial exacerbation of  
21 chronic bronchitis in patients who have chronic

1 obstructive pulmonary disease, and uncomplicated  
2 urinary tract infections in the context of available  
3 safety information and the treatment effect of  
4 antibacterial drugs in these clinical conditions.

5           This is a particular matters meeting during  
6 which general issues will be discussed. Based on  
7 the agenda for today's meeting and all financial  
8 interests reported by the committee members and  
9 temporary voting members, no conflict of interest  
10 waivers have been issued in connection with this  
11 meeting.

12           To ensure transparency, we encourage all  
13 standing committee members and temporary voting  
14 members to disclose any public statements that they  
15 may have made concerning the topic at issue.

16           With respect to FDA's invited industry  
17 representative, we would like to disclose that  
18 Dr. Nicholas Kartsonis is participating in this  
19 meeting as a nonvoting industry representative,  
20 acting on behalf of regulated industry.  
21 Dr. Kartsonis's role at this meeting is to represent



1 industry in general and not any particular company.

2 Dr. Kartsonis is employed by Merck & Company.

3 We would like to remind members and temporary  
4 voting members that if the discussions involve any  
5 other topics not already on the agenda for which an  
6 FDA participant has a personal or imputed financial  
7 interest, the participants need to exclude  
8 themselves from such involvement, and their  
9 exclusion will be noted for the record.

10 FDA encourages all other participants to  
11 advise the committees of any financial relationships  
12 that they may have regarding the topic that could be  
13 affected by the committees' discussions. Thank you.

14 CAPT PARISE: Thank you. We will now proceed  
15 with Dr. Nambiar's introductory remarks.

16 **FDA Introductory Remarks - Sumathi Nambiar**

17 DR. NAMBIAR: Thank you, Dr. Parise, and good  
18 morning, everybody. I'll take this opportunity to  
19 welcome you to the joint meeting of the  
20 Antimicrobial Drugs Advisory Committee and the Drug  
21 Safety and Risk Management Advisory Committee.

1           So why are we here today? We are here to  
2 discuss the benefits and the risks of the systemic  
3 fluoroquinolone antibacterial drugs for three  
4 specific indications. And we are doing this given  
5 that there have been recent scientific advances in  
6 clinical trials, and the safety profile that has  
7 emerged over the life cycle of these drugs.

8           So today, we will be discussing the following  
9 three indications: acute bacterial sinusitis, acute  
10 bacterial exacerbation of chronic bronchitis, and  
11 uncomplicated urinary tract infections.

12           This table provides a list of the currently  
13 available systemic fluoroquinolones and the year  
14 they were initially approved. Of the three  
15 indications that we're going to discuss today, this  
16 table summarizes the labeled indications for the  
17 various systemic fluoroquinolones that are currently  
18 in the market. I think it's worth noting that the  
19 indications may not be identical across the various  
20 drugs, given that these were approved over a fairly  
21 long period of time.

1           As in any other labeling, the labeling for  
2 systemic fluoroquinolones has specific sections that  
3 address the various safety concerns that have  
4 emerged. The products carry a boxed warning  
5 regarding the risk of tendinopathy and tendon  
6 rupture and the risk of exacerbation of myasthenia  
7 gravis.

8           The warnings and precautions section again  
9 across all labels is not identical, and this is not  
10 an all-inclusive list. But these are the more  
11 common ones, and they are seen across the various  
12 fluoroquinolones currently in the market:  
13 hypersensitivity reactions, hepatotoxicity, effects  
14 on the central nervous system, risk of peripheral  
15 neuropathy, prolongation of QT interval, blood  
16 glucose disturbances, and photosensitivity.

17           In addition, the adverse reactions section of  
18 the package insert lists the adverse reactions seen  
19 in clinical trials and postmarketing. In addition,  
20 all systemic fluoroquinolones have a medication  
21 guide, as required under 21 CFR 208.1. So with

1 every prescription of a fluoroquinolone, the patient  
2 is required to receive a medication guide.

3 I'll just provide a quick overview of some of  
4 the key safety labeling changes that have occurred  
5 over time. The first one is tendinitis and tendon  
6 rupture. For some of the initial fluoroquinolones,  
7 information was included in labeling about the  
8 nonclinical information that we had on joint  
9 pathology with these drugs.

10 Subsequently, once clinical information  
11 became available, it was included in labeling for  
12 all marketed fluoroquinolones. And then as new  
13 fluoroquinolones came along, a warning was included  
14 as part of a class effect, even though there were no  
15 instances of this particular adverse effect in  
16 clinical trials.

17 In 2004, the warning was expanded to include  
18 the at-risk populations, and in 2008, a boxed  
19 warning was added to describe the risk and the  
20 at-risk populations.

21 Again, from the very beginning, labeling for

1 some of the fluoroquinolones has included the  
2 potential for central nervous system adverse  
3 reactions. And the most recent update was in 2011,  
4 when pseudotumor cerebri was added.

5 In 2004, the labeling for the  
6 fluoroquinolones was updated to include a warning  
7 regarding peripheral neuropathy. And in 2013, this  
8 warning was revised to add the potential for  
9 neuropathy to be irreversible. At this time, the  
10 FDA had also issued a drug safety communication.

11 In 2010, myasthenia gravis was included in  
12 the boxed warning following review of cases that had  
13 a fatal outcome. And prior to this, it was already  
14 included in other sections of labeling.

15 QT prolongation and the risk for Torsade has  
16 also been in the labeling for fluoroquinolones since  
17 the '90s, and over the years there have been  
18 periodic updates further describing the risk.  
19 Phototoxicity was included in labeling in 2007. In  
20 addition, the labeling for these systemic  
21 fluoroquinolones includes a section on

1 hypersensitivity, which is regularly updated as new  
2 information become available.

3 Now, in the last few years, we've received  
4 an increasing number of reports from patients who  
5 describe signs and symptoms that involve different  
6 body sites and that often interfere with their  
7 activities of daily living, and in many instances  
8 persist for a fairly long period of time, and that  
9 will be discussed in greater detail today.

10 We are also aware of recent publications,  
11 which have described increased risk of other adverse  
12 reactions, such as retinal detachment and an aortic  
13 aneurysm rupture. We will not be discussing these  
14 at today's meeting.

15 So in preparation for today's meeting, we've  
16 looked at what the treatment benefit might be for  
17 these three indications, and then we've also done an  
18 overview of the safety information at hand for the  
19 systemic fluoroquinolones.

20 As many of you are aware, there have been  
21 several prior discussions regarding treatment

1 benefit of antibacterial drugs for acute bacterial  
2 exacerbation of chronic bronchitis and acute  
3 bacterial sinusitis.

4 Our recommendation and the advice we've  
5 received from previous advisory committee meetings  
6 is that placebo-controlled trials are acceptable for  
7 these two indications, specifically for acute  
8 bacterial sinusitis and mild acute bacterial  
9 exacerbation of chronic bronchitis. And this is  
10 reflected in our current guidance.

11 In 2006, there was a discussion about the  
12 risks and benefits of telithromycin at an advisory  
13 committee meeting. And subsequently, the  
14 indications for treatment of acute bacterial  
15 exacerbation of chronic bronchitis and acute  
16 bacterial sinusitis were removed from the labeling  
17 for telithromycin.

18 The treatment benefits of antibacterial drugs  
19 for uncomplicated UTI have not been previously  
20 discussed in an FDA public forum, and we will have a  
21 more detailed discussion of it today.

1           From a safety standpoint, we have looked at  
2 drug utilization data for the oral fluoroquinolones.  
3 A review of the epidemiologic studies have been  
4 performed, focusing on three labeled events:  
5 tendinopathy, cardiac arrhythmia, and peripheral  
6 neuropathy. We've also reviewed the FDA adverse  
7 event reporting system to characterize the  
8 constellations of signs and symptoms, which are  
9 associated with disability.

10           So the outline for the day is as follows. We  
11 have four FDA presentations. Dr. Toerner will  
12 discuss the antibacterial drug treatment effects for  
13 the three specific indications we are discussing  
14 today, ABS, ABECB, and uncomplicated UTI.

15           Dr. Ready will present the oral  
16 fluoroquinolone utilization patterns. Dr. Trinidad  
17 will discuss the epidemiology of selected  
18 fluoroquinolone-associated adverse reactions. And  
19 Dr. Boxwell will discuss the fluoroquinolone-  
20 associated disability cases, again focusing on  
21 these three specific indications.



1           We have a series of industry presentations,  
2 we'll break for lunch and come back for the open  
3 public hearing, and then move on to discussion and  
4 questions to the committee.

5           So we have three voting questions for the  
6 committee, one for each of the three indications.  
7 The first question would be, do the benefits and  
8 risks of the systemic fluoroquinolone antibacterial  
9 drugs support the current labeled indication for the  
10 treatment of acute bacterial sinusitis?

11           Following your vote, we request that the  
12 committee members provide specific recommendations,  
13 if any, concerning the indications for treatment of  
14 ABS and the safety information discussed today,  
15 including the constellation of adverse reactions  
16 that were characterized as fluoroquinolone-  
17 associated disability.

18           A second question will focus on the  
19 indication of ABECB. Do the benefits and risks of  
20 systemic fluoroquinolone antibacterial drugs support  
21 the current labeled indication for the treatment of

1 ABECB? Following your vote, please provide specific  
2 recommendations, if any, concerning this indication  
3 and the safety information discussed today,  
4 including the constellation of adverse reactions  
5 characterized as FQAD.

6 The last question pertains to the indication  
7 of uncomplicated urinary tract infections. We've  
8 also included acute uncomplicated cystitis because  
9 some products carry that indication rather than  
10 uncomplicated UTI.

11 Following your vote, please provide specific  
12 recommendations, if any, concerning the indications  
13 for treatment of ABS and safety information  
14 discussed today, including the constellation of  
15 adverse reactions characterized as FQAD.

16 With that, I'd invite Dr. Toerner to give his  
17 presentation. Thank you.

18 **FDA Presentation - Joseph Toerner**

19 DR. TOERNER: Thank you, Dr. Nambiar, and  
20 good morning.

21 Today I'll be reviewing the treatment effects

1 of antibacterial drugs for acute bacterial  
2 sinusitis, or ABS; acute bacterial exacerbation of  
3 chronic bronchitis, or ABECB; and uncomplicated  
4 urinary tract infection, or uncomplicated UTI.  
5 Before that, I'll provide a brief regulatory  
6 overview of the approaches to antibacterial drug  
7 development in the past.

8 In the 1980s and 1990s, there were advances  
9 in the pathophysiologic understanding of infectious  
10 diseases. And the concentrations of drug at the  
11 site of infection was identified as an important  
12 consideration for the treatment of certain  
13 infectious diseases. And the different clinical  
14 outcome assessments maybe be required, depending on  
15 the site of infection.

16 Also in the 1980s, new regulations were  
17 introduced that described the characteristics of  
18 adequate and well-controlled studies that FDA must  
19 use to establish efficacy for a new drug.

20 From this point forward, clinical trials of  
21 antibacterial drugs were designed to enroll patients

1 with a specific body site of infection, and these  
2 trials were generally equivalence trials that  
3 included an active control. Often these trials were  
4 smaller, and they were underpowered for an efficacy  
5 finding of noninferiority.

6 Now, as we move to the turn of the century  
7 and into the 21st century, there were advances in  
8 the scientific understanding of the noninferiority  
9 trial design, where the goal is to establish a  
10 degree of confidence that a new test drug is not  
11 worse than an active control drug by a prespecified  
12 amount. In order to have a clear finding of  
13 efficacy, the treatment effect of the control drug  
14 over placebo needs to be established.

15 In the Division of Anti-Infective Products,  
16 along with our colleagues in the Office of  
17 Biostatistics, we have done a lot of work to justify  
18 the noninferiority margin of the control drug to be  
19 used in noninferiority trials. This work has been  
20 included in many of our indication-specific guidance  
21 documents.

1           Often we do not have evidence from placebo-  
2           controlled trials for some of our other indications.  
3           However, in the setting of ABS, ABECB, and  
4           uncomplicated UTI, we do have evidence from placebo-  
5           controlled trials, which provide the best source of  
6           data to provide the treatment effect of an  
7           antibacterial drug.

8           As Dr. Nambiar had mentioned, we have  
9           discussed ABS and ABECB in previous advisory  
10          committee discussions, and we've taken the advice  
11          from the advisory committee discussions and worked  
12          on guidance documents. And in 2012, we issued final  
13          guidance documents for these two indications.

14          I will be providing a high-level overview of  
15          our findings of treatment effects in ABS and ABECB.  
16          For uncomplicated UTI, I will be going through in  
17          greater detail of our findings of the treatment  
18          effects of an antibacterial drug.

19          Our general approach here was to review  
20          trials that have been published in the medical  
21          literature and are therefore available in the public

1 domain. We selected only randomized, prospective,  
2 placebo-controlled or, in a few instances, a non-  
3 antibacterial control. And largely, these were  
4 double-blinded studies as well.

5 We also reviewed trials that used any  
6 antibacterial drug, and so therefore, our evaluation  
7 of treatment effects was across all antibacterial  
8 drugs. We did not focus on any one particular class  
9 of antibacterial drugs.

10 I'll first describe the treatment effects for  
11 ABS. We found 20 placebo-controlled trials that  
12 were published in the medical literature. Many of  
13 these trials tried to enrich for patients who were  
14 likely to have a bacterial etiology for their signs  
15 and symptoms of sinusitis. Only six of 20 trials  
16 showed a statistically significant difference over  
17 placebo on the prespecified primary outcome measure.

18 It's important to note that the outcome  
19 measures and the timing of assessments differed  
20 among all 20 trials, and also differed among the six  
21 trials that showed a statistically significant

1 difference. So we were unable to identify any one  
2 particular outcome measure and timing of assessment  
3 among these six trials that could be used to  
4 describe a treatment effect.

5 The Cochrane Collaboration has conducted a  
6 review of acute rhinosinusitis and found that there  
7 is no treatment effect on antibacterial drugs for  
8 acute rhinosinusitis and offered this conclusion  
9 statement, that there is no place for antibiotics  
10 for the patient with clinically diagnosed,  
11 uncomplicated acute rhinosinusitis.

12 The same group in 2014 took a different  
13 approach and evaluated trials that focused on  
14 patients who had signs and symptoms of sinusitis  
15 that were localized to the maxillary sinuses. And  
16 in this instance, there is some information that  
17 these patients have a greater likelihood of having a  
18 bacterial etiology for their signs and symptoms of  
19 sinusitis.

20 Here they found moderate evidence that  
21 antibacterial drugs provide a small treatment

1 benefit. But they noted that 80 percent,  
2 approximately, had improved within two weeks without  
3 receiving any antibacterial drug therapy.

4 The Infectious Diseases Society of America  
5 has issued clinical practice guidelines for  
6 bacterial rhinosinusitis and notes that a viral  
7 etiology accounts for the vast majority of patients  
8 who present with acute sinusitis, and that it's  
9 difficult to differentiate between viral and  
10 bacterial sinusitis.

11 The guidelines recommend reserving  
12 antibacterial drug treatment for patients with  
13 greater severity of symptoms, and the examples they  
14 give are patients who present with fever greater  
15 than 102 degrees Fahrenheit, or patients who have  
16 unrelenting symptoms of 10 days' duration or  
17 greater.

18 However, a group of investigators evaluated  
19 nine randomized trials, and they were unable to  
20 identify the symptoms and their severity for whom  
21 antibacterial drug therapy would be warranted.



1           In summary, only some trials show a treatment  
2 effect of antibacterial drugs over placebo for ABS.  
3 Even in trials that attempted to enrich for a  
4 bacterial etiology or a bacterial pathogen was  
5 actually identified, a large proportion of placebo  
6 recipients had favorable clinical outcomes.

7           It's very difficult to differentiate between  
8 a viral and bacterial etiology on the basis of  
9 clinical signs and symptoms alone. Current  
10 treatment guidelines recommend antibacterial drugs  
11 for patients with greater disease severity of ABS.  
12 Our 2012 final guidance document recommends the  
13 superiority clinical trial design to establish  
14 efficacy for the treatment of ABS, for example, the  
15 placebo control trial design.

16           Now I'll move on to ABECB. We found  
17 15 placebo-controlled trials that were published in  
18 the literature. These trials enrolled patients with  
19 a wide variety of disease presentations and  
20 severity.

21           Six trials showed a statistically significant

1 difference over placebo. Two trials enrolled  
2 patients who were hospitalized for their ABECB and  
3 showed a benefit over placebo. One study, in fact,  
4 showed a reduction in mortality in patients who were  
5 randomized to receive an antibacterial drug.

6 The four other studies that showed a  
7 statistically significant difference enrolled  
8 outpatients with milder disease, and the common  
9 theme among these studies is that the outcome  
10 measure was from the perspective of the patient and  
11 was a symptom-based outcome measure.

12 The Cochrane Collaboration also reviewed  
13 evidence in the literature for a treatment effect in  
14 ABECB, and they found support for antibiotics for  
15 patients who are moderately to severely ill.

16 Published treatment guidelines from the  
17 American Thoracic Society and the European  
18 Respiratory Society, as well as the American College  
19 of Physicians, who published these papers with a  
20 focus on patients who have chronic obstructive  
21 pulmonary disease, in their treatment guidelines

1 recommend antibacterial drug therapy for patients  
2 with moderate to severe disease.

3 A review article recently published, also  
4 focusing on patients with chronic obstructive  
5 pulmonary disease, recommended antibacterial drugs  
6 for patients with moderate to severe ABECB.

7 When evaluating these publications, clear  
8 definitions of moderate to severe versus mild  
9 disease were not provided, so we consider the  
10 following definitions: that patients who require  
11 hospitalization for treatment of ABECB have disease  
12 severity characterized as moderate to severe; and  
13 patients who are being treated as outpatients have  
14 disease severity characterized as mild.

15 So in summary, we found a treatment effect of  
16 antibacterial drugs for hospitalized patients with  
17 ABECB, and treatment guidelines in review articles  
18 recommend antibacterial drug treatment for patients  
19 with moderate to severe ABECB.

20 For patients with mild disease, we found a  
21 treatment effect from the perspective of the

1 patient, although the difference from placebo in  
2 many of these trials did not represent a large  
3 treatment difference. And it's for this reason that  
4 generally antibacterial drug therapy is not  
5 recommended for patients with mild ABECB.

6 Our guidance document for ABECB published in  
7 2012 recommends the superiority trial design to  
8 demonstrate efficacy, and that trials should enroll  
9 outpatients with mild ABECB. The endpoint should be  
10 an outcome measure from the perspective of the  
11 patient -- for example, a patient-reported outcome  
12 instrument. And there are several trial design  
13 options to show superiority: a treatment delay  
14 approach, the placebo control, or superiority to an  
15 active control.

16 So the third clinical disease we're  
17 discussing today is uncomplicated UTI. We found  
18 five prospective, randomized, controlled trials in  
19 outpatients with signs and symptoms of uncomplicated  
20 UTI. Four used a placebo control. One used  
21 ibuprofen as the control drug.

1           Most of these trials enrolled young adult  
2 women with signs and symptoms of uncomplicated UTI.  
3 There were different price outcome measures among  
4 the five trials: the eradication of bacteria at a  
5 follow-up visit, and its eradication of the bacteria  
6 found at the trial entry; improvement or resolution  
7 of symptoms following treatment; or a responder  
8 endpoint where individual patients had to achieve  
9 both eradication of bacteria and resolution of  
10 symptoms.

11           On this slide are the results from three of  
12 the five trials and each of these three trials  
13 evaluated the endpoints separately. So table 1  
14 shows the microbiologic eradication evaluation in  
15 patients in these trials.

16           You can see for each of the three trials,  
17 for patients who were randomized to receive the  
18 antibacterial drug, there was a much higher  
19 proportion of patients who had microbiologic  
20 eradication in comparison to the control drug,  
21 whether it was placebo or ibuprofen. The timing of

1 the follow-up urine culture was relatively uniform,  
2 approximately some amount of time following  
3 completion of antibacterial drug therapy.

4 Table 2 describes the findings from the  
5 clinical response evaluation in the same three  
6 trials. And for the two trials that used a placebo  
7 control, for patients who were randomized to receive  
8 the antibacterial drug, there is a much higher  
9 proportion of patients who achieved a clinical  
10 response of improvement or resolution of symptoms.

11 One trial that used ibuprofen as the control,  
12 there was a numerically higher proportion of  
13 patients who had symptom resolution in comparison to  
14 patients who were randomized to receive the  
15 antibacterial drug. Note that the timing of the  
16 assessment differed among the three trials.

17 On this slide, the results of the random  
18 effects meta-analysis is shown. And the treatment  
19 effect, based on the microbiologic eradication  
20 outcome assessment, is at least 13 percent.

21 A random effects meta-analysis of the

1 clinical symptom resolution outcome assessment  
2 showed that the treatment effect crossed zero. And  
3 this is due to the ibuprofen control, which had  
4 shown symptom resolution in a significant proportion  
5 of patients.

6 The remaining two trials used the responder  
7 endpoint, where individual patients had to  
8 experience both clinical symptom resolution and  
9 microbiologic eradication. So for these two trials  
10 for patients who were randomized to receive the  
11 antibacterial drug, there was a much higher  
12 proportion of patients who achieved this endpoint in  
13 comparison to the placebo control.

14 On this slide is the results of the random  
15 effects meta-analysis, and the treatment effect  
16 based on this responder endpoint was at least  
17 9 percent.

18 In summary, from our review, we found a  
19 treatment effect versus control on the microbiologic  
20 eradication outcome assessment. We found a  
21 treatment effect over placebo on the responder

1 outcome assessment, where patients had to achieve  
2 both microbiologic eradication and symptom  
3 resolution.

4 We found a treatment effect over placebo on  
5 the resolution of symptoms endpoint. And then  
6 there's the trial versus ibuprofen, where it's  
7 uncertain whether there is a treatment effect versus  
8 ibuprofen on resolution of symptoms.

9 The strengths of our analysis are that  
10 clinical microbiology laboratory assessments for  
11 urine culture are standardized and well  
12 characterized and represent a highly reliable  
13 outcome measure. Symptom outcome assessments are  
14 also straightforward, where patients presenting with  
15 symptoms are expected to have resolution of those  
16 symptoms following treatment.

17 The limitations of our review, we found  
18 variability in the timing of the outcome assessments  
19 so that there was not one uniform timing of the  
20 outcome assessment following completion of therapy,  
21 and there is the trial that shows symptom relief



1 with ibuprofen.

2 Our other observations of these file trials,  
3 we noted approximately 34 percent to 44 percent of  
4 patients who were randomized to receive placebo  
5 actually achieved microbiologic eradication. There  
6 was only one trial that reported the proportion of  
7 patients who received rescue antibacterial drug  
8 therapy, and this was the trial that used ibuprofen  
9 as the control.

10 Thirty-three percent of patients who were  
11 randomized at the start of the study to ibuprofen  
12 received a rescue antibacterial drug during the  
13 course of the study. Eighteen percent who were  
14 randomized to antibacterial drug at the start of the  
15 study actually stopped that and received a different  
16 rescue antibacterial drug.

17 Among the five trials, three patients were  
18 treated for pyelonephritis. Two patients were  
19 randomized to receive placebo. One patient was  
20 randomized to receive the antibacterial drug.

21 Infectious complications of untreated

1 uncomplicated UTI remain a concern, and the clinical  
2 course of untreated uncomplicated UTI has not been  
3 well characterized. There are other populations in  
4 which infectious complications have been well  
5 characterized.

6           So the clinical course of untreated  
7 asymptomatic bacteriuria in women who are pregnant  
8 has been clearly characterized, and there is an  
9 increased risk of development of pyelonephritis if  
10 left untreated.

11           The Cochrane Collaboration also published a  
12 review, but the authors did not even question  
13 efficacy against placebo for this review. And  
14 essentially, their review is a comparative  
15 effectiveness of different antibacterial drug  
16 therapies for uncomplicated UTI.

17           The Infectious Diseases Society of America  
18 issued treatment guidelines and recommend treatment  
19 with antibacterial drugs for patients with  
20 uncomplicated UTI. There are no options for a non-  
21 antibacterial therapy in this setting.

1           My final slide is the overall summary. For  
2 ABS, only a small number of trials showed evidence  
3 of a treatment effect over placebo. For ABECB,  
4 there is a treatment effect of antibacterial drug  
5 therapy for hospitalized patients with moderate to  
6 severe disease. There is a treatment effect for  
7 patients with mild disease based on symptom  
8 improvement.

9           For uncomplicated UTI, there is a treatment  
10 effect of antibacterial drug therapy over a control  
11 on microbiologic eradication. There is a treatment  
12 effect versus placebo control for symptom  
13 resolution. And there is a treatment effect over  
14 placebo for the responder endpoint of both  
15 microbiologic eradication and symptom resolution.

16           That concludes my talk, and I'll invite  
17 Dr. Ready to begin his presentation.

18                           **FDA Presentation - Travis Ready**

19           LT READY: Good morning. My name is Travis  
20 Ready, and I am from the Division of Epidemiology II  
21 in the Office of Surveillance and Epidemiology. I

1 will be providing utilization trends for selected  
2 oral fluoroquinolones during recent years. Please  
3 note for the remainder of this presentation, I will  
4 refer to the selected oral fluoroquinolones as the  
5 fluoroquinolone market.

6 An outline of my presentation is as follows.  
7 I will begin with sales data of the  
8 fluoroquinolones, followed by utilization patterns  
9 from the U.S. outpatient retail pharmacy setting,  
10 the limitations, and finally the key findings.

11 Sales distribution data were used to  
12 determine settings of care. Fluoroquinolones were  
13 distributed primarily through the retail pharmacy  
14 setting in 2014; therefore, we focused our analysis  
15 on the outpatient retail pharmacy settings only.

16 IMS Total Patient Tracker and National  
17 Prescription Audit databases were used to provide  
18 national estimates of dispensed prescriptions and  
19 patients who received prescriptions for the  
20 fluoroquinolones from the U.S. outpatient retail  
21 pharmacies in recent years.

1           The graph display shows the estimated number  
2 of patients who received prescriptions for the  
3 fluoroquinolones from U.S. outpatient retail  
4 pharmacies during recent years. From this graph, we  
5 see the total number of patients was steady at  
6 approximately 22 to 23 million unique patients each  
7 year. Ciprofloxacin accounted for the largest  
8 proportion, followed by levofloxacin, moxifloxacin,  
9 gemifloxacin, and ofloxacin.

10           The chart displayed shows that in the U.S.  
11 outpatient retail pharmacy settings, female patients  
12 accounted for nearly two-thirds of the total  
13 patients. The figure here shows that prescription  
14 trends were similar to the unique patient data. The  
15 total number of prescriptions dispensed was higher  
16 than the number of unique patients shown in the  
17 earlier graph, remaining steady at approximately 32  
18 to 33 million prescriptions each year. The higher  
19 estimates of prescriptions compared to patients  
20 suggest that some patients receive more than one  
21 prescription per year.

1           The table displayed shows the nationally  
2           estimated number of prescriptions for the  
3           fluoroquinolones, stratified by prescriber  
4           specialty, dispensed from U.S. outpatient retail  
5           pharmacies in 2014. From this table, we see that  
6           primary care specialists and mid-level practitioners  
7           were the top prescribers of fluoroquinolones.

8           Next, I will present the diagnoses associated  
9           with the use of selected fluoroquinolones using the  
10          Encuity Research TreatmentAnswers database. These  
11          nationally projected data are based on surveys from  
12          a sample of 3,200 office-based physicians who report  
13          on patients encounters during one day per month.  
14          Diagnoses mentioned in association with a drug were  
15          captured using ICD-9 codes.

16          The term "drug use mention" refers to  
17          mentions of a drug and association with a diagnosis  
18          during a patient visit to an office-based physician.  
19          This term or expression may be duplicated by the  
20          number of diagnoses for which the drug is mentioned.

21          Importantly, drug use mentions do not

1 necessarily result in a prescription being  
2 generated. Rather, the term indicates the drug or  
3 product was mentioned during an office visit.

4 Due to the small sample size and wide  
5 confidence intervals, counts below 100,000 per year  
6 do not provide reliable national estimates of use.  
7 Therefore, these results were not shown.

8 According to the U.S. office-based physician  
9 survey data for 2014, ciprofloxacin was the most  
10 commonly mentioned fluoroquinolone, followed by  
11 levofloxacin, moxifloxacin, gemifloxacin, and  
12 ofloxacin.

13 For the ICD-9 codes associated with the  
14 fluoroquinolones, urinary tract infection or UTI not  
15 otherwise specified was the most common diagnosis  
16 associated with ciprofloxacin, followed by  
17 prostatitis not otherwise specified.

18 Pneumonia, followed by UTI, were the most  
19 common diagnoses associated with levofloxacin.  
20 Bronchitis, followed by pneumonia, were the most  
21 common diagnoses associated with moxifloxacin.

1 Acute bronchitis was the only diagnosis with a  
2 reliable national estimate associated with  
3 gemifloxacin, while no reliable national estimates  
4 of diagnoses associated with ofloxacin were  
5 available due to the low numbers.

6 In order to provide greater insight into  
7 prescribing patterns for drugs possibly used to  
8 treat the three indications of interest for this  
9 meeting, select ICD-9 codes from the same survey  
10 data source were used to define possible ABECB,  
11 uncomplicated UTI, and acute sinusitis.

12 Of note, because there are no specific ICD-9  
13 codes for ABECB and uncomplicated UTI, we expanded  
14 these definitions to include multiple ICD-9 codes  
15 likely to encompass these disease states. We did  
16 not, however, expand the definition of acute  
17 sinusitis because an ICD-9 code was available.  
18 Thus, for broadly defined acute bacterial  
19 exacerbation of chronic bronchitis, we used the  
20 following ICD-9 diagnosis codes.

21 For broadly defined uncomplicated UTI, we



1 used the following ICD-9 diagnosis codes, and for  
2 acute sinusitis we used ICD-9 code 461. Of note,  
3 there are no ICD-9 codes described in the etiology  
4 of acute sinusitis such as viral or bacterial.  
5 Therefore, acute sinusitis ICD-9 code 461 may be  
6 considered broad as it relates to the etiology.

7           When antibiotics were mentioned in  
8 association with a patient encounter for broadly  
9 defined ABECB, the top antibiotics were  
10 azithromycin, with 27 percent of the drug use  
11 mentions, followed by levofloxacin, with 23 percent.

12           When antibiotics were mentioned in  
13 association with a patient encounter for acute  
14 sinusitis, the top antibiotics were amoxicillin-  
15 clavulanic acid, with 28 percent of the drug use  
16 mentions, followed by amoxicillin, with 26 percent,  
17 azithromycin, with 20 percent, and levofloxacin with  
18 6 percent.

19           Of note, this analysis focused only on  
20 antibiotics associated with ABECB and acute  
21 sinusitis, whereas other commonly used symptomatic

1 treatments such as pain relievers were not included.

2           When drugs were mentioned in association with  
3 a patient encounter for broadly defined  
4 uncomplicated UTI, the top molecules were  
5 ciprofloxacin, with 32 percent of the drug use  
6 mentions, followed by nitrofurantoin, with  
7 23 percent, sulfamethoxazole-trimethoprim, with  
8 22 percent, phenazopyridine, with 8 percent, and  
9 levofloxacin, with 5 percent.

10           My apologies. The slide did not advance.  
11 I'll give you a moment to look at that.

12           There are important limitations kind of the  
13 data I presented. Our analysis of patient  
14 dispensing data was focused only on the outpatient  
15 retail setting and may not apply to other settings  
16 of care such as clinics or mail-order settings.

17           Diagnosis data were based on Encuity's  
18 office-based physician survey database, and indicate  
19 that a given drug was mentioned during a patient  
20 encounter with an office-based physician and do not  
21 necessarily mean that a prescription was generated.

1           Further, because there are no specific ICD-9  
2 codes for ABECB and uncomplicated UTI, we broadened  
3 the definitions by including multiple ICD-9 codes,  
4 which may have resulted in more severe states being  
5 included. However, these office-based survey data  
6 provide valuable insight into prescriber intent as  
7 these drugs were mentioned in association with the  
8 treatment of these diagnosis.

9           For my last slide, I will go over the key  
10 findings. In summary, as a class, fluoroquinolones  
11 are widely used, and use has remained unchanged over  
12 recent years. Ciprofloxacin is the most commonly  
13 used fluoroquinolone, followed by levofloxacin and  
14 moxifloxacin.

15           Female patients are the primary users of  
16 fluoroquinolones. Primary care and mid-level  
17 practitioners are the primary prescribers of  
18 fluoroquinolones. And according to an office-based  
19 physician survey database, fluoroquinolones were  
20 associated with possible acute sinusitis, broadly  
21 defined uncomplicated urinary tract infection, and

1 broadly defined acute bacterial exacerbation of  
2 chronic bronchitis.

3 That concludes my talk.

4 **FDA Presentation - James Trinidad**

5 LCDR TRINIDAD: Hello. I'm Lieutenant  
6 Commander James Trinidad, and I will be presenting  
7 on behalf of my colleagues in the Division of  
8 Epidemiology II.

9 Today, I will present the methods and results  
10 of our literature review to quantify the absolute or  
11 relative risk of three labeled adverse outcomes  
12 associated with fluoroquinolone exposure. The three  
13 adverse outcomes were tendinopathy, serious cardiac  
14 arrhythmia, and peripheral neuropathy.

15 We conducted a literature search in PubMed to  
16 identify epidemiological studies on fluoroquinolone  
17 exposure and adverse events in humans. We were  
18 interested in six fluoroquinolone-associated adverse  
19 events that OSE had reviewed previously.

20 These events were acute kidney injury,  
21 anaphylaxis, tendinopathy, peripheral neuropathy,

1 retinal detachment, and cardiac arrhythmia. We  
2 identified 722 articles published since 1986 that  
3 address these adverse events.

4 From those, we excluded publications that  
5 were not epidemiological studies, had no safety  
6 data, or studies that only assessed pediatric  
7 populations, non-systemic exposures, or exposures in  
8 inpatient settings.

9 We identified 25 published observational  
10 epidemiological studies in one poster that was part  
11 of an ongoing collaboration between the FDA and the  
12 Department of Defense. These studies focused on  
13 three labeled adverse events -- tendinopathy,  
14 cardiac arrhythmia, and peripheral neuropathy.  
15 These events are part of the constellation of  
16 fluoroquinolone-associated events that my colleague  
17 in the Division of Pharmacovigilance will discuss in  
18 the next presentation.

19 Tendinopathy was examined in 11 published  
20 manuscripts and the poster. Cardiac arrhythmia was  
21 examined in 12 studies. Peripheral neuropathy was

1 examined in two studies.

2 The next sections of this presentation are  
3 organized by adverse outcome. The first adverse  
4 outcome of interest is tendinopathy. All  
5 fluoroquinolones carry a boxed warning for  
6 tendinitis and tendon rupture. The boxed warning  
7 states that this risk is increased further among  
8 patients who are over 60 years of age, taking  
9 corticosteroids, or have kidney, heart, or lung  
10 transplants.

11 From the 12 epidemiological studies on  
12 fluoroquinolone-associated tendinopathy, we selected  
13 studies for in-depth review if they adjudicated  
14 cases of tendinopathy and did not only study  
15 transplant recipients. Failure to confirm cases may  
16 result in false positive cases, so we were concerned  
17 that fluoroquinolone users may be more likely to  
18 have rule-out diagnoses since tendinopathy is a  
19 labeled warning.

20 Studies of transplant recipients have limited  
21 generalizability and only focus on patients with

1 severe underlying conditions. The remaining four  
2 studies were selected for in-depth review.

3 Despite using different methods, the four  
4 studies found a consistently elevated risk of  
5 tendinopathy among patients exposed to  
6 fluoroquinolones. Their study types included case  
7 control or cohort designs.

8 The data were healthcare claims or  
9 prescription event monitoring data. The comparators  
10 were other antibiotics or no antibiotic exposures.  
11 The studies assessed different outcomes, including  
12 tendinopathy, Achilles tendon rupture, or  
13 tendinitis. The studies examined tendinopathy  
14 events occurring within one to six months of  
15 exposure.

16 Potential confounders for tendinopathy were  
17 addressed using different approaches. The  
18 associations ranged from an odds ratio of 1.2 to a  
19 relative risk of 11, but the confidence intervals  
20 were generally wide, and some confidence intervals  
21 were consistent, with no association.

1           The restriction to elderly subjects may help  
2 explain the strong association of 11 in the 2003  
3 study by van der Linden and colleagues. Advanced  
4 age is a risk factor for fluoroquinolone-associated  
5 tendinopathy.

6           Although they did not meet the criteria for  
7 in-depth review, the other eight studies also found  
8 a consistently elevated risk of tendinopathy among  
9 fluoroquinolone users.

10           One of the most concerning tendinopathies is  
11 Achilles tendon rupture. This outcome is a  
12 disabling serious adverse event sometimes requiring  
13 surgery, and it is commonly seen in case series data  
14 on fluoroquinolone-associated tendinopathy.

15           The incidence rate of tendinopathy reported  
16 in two of the studies that we reviewed ranged from  
17 13 to 56 ruptures for every 100,000 person-years of  
18 fluoroquinolone exposure, whereas the incidence rate  
19 in the general population was only 5 to 10 ruptures  
20 per 100,000 person-years. In context, the  
21 background incidence of Achilles tendon rupture



1 ranges from 2 to 37 ruptures for every 100,000  
2 person-years, as shown in the grey box.

3 Two of the four studies assessed risk by age  
4 and use of corticosteroids. According to labeling,  
5 these factors magnify the risk of fluoroquinolone-  
6 associated tendinopathy.

7 The studies by Seeger and van der Linden  
8 found that elderly patients who use corticosteroids  
9 were at particularly high risk of tendinopathy  
10 associated with fluoroquinolones or with all  
11 quinolones, including nalidixic acid, plus  
12 fluoroquinolones. The study by van der Linden also  
13 found a strong association among the elderly,  
14 regardless of corticosteroid use.

15 None of the four studies assessed risk of  
16 tendinopathy by transplant recipient status, the  
17 other labeled factor that is thought to magnify  
18 fluoroquinolone-associated risk of tendinopathy.  
19 Transplant recipients may receive corticosteroids  
20 for immunosuppression, so they may have an increased  
21 risk of tendinopathy from the corticosteroids.

1           In conclusion, the epidemiological data  
2 support the boxed warning of an increased risk of  
3 tendinitis and tendon rupture. The epidemiological  
4 data also provide moderate support for further  
5 increased risk in the elderly and patients taking  
6 corticosteroids.

7           However, we cannot comment on where there is  
8 an increased risk among transplant recipients since  
9 the epidemiological studies were not designed to AEs  
10 this issue. Even so, there may be an elevated risk  
11 of tendinopathy in transplant patients because of  
12 the frequent corticosteroid use in this population.

13           Lastly, although there is a low absolute risk  
14 of tendon rupture associated with fluoroquinolones,  
15 events like Achilles tendon rupture are serious,  
16 disabling adverse events.

17           The next adverse outcome of interest is  
18 serious cardiac arrhythmia. With minor variations,  
19 all fluoroquinolone labeling warn of the known  
20 association with QT prolongation and infrequent  
21 cases of arrhythmia, or they warn of isolated case

1 cases of Torsade de Pointes.

2 The labeling also recommend avoidance or  
3 caution in use of fluoroquinolones among patients  
4 who have selected cardiovascular or proarrhythmic  
5 conditions, who use antiarrhythmic agents or other  
6 drugs that prolong the QT interval, or who are  
7 susceptible elderly patients.

8 Among the 12 studies identified from the  
9 literature search, we selected studies for in-depth  
10 review if they met several quality criteria. We  
11 selected studies in the in-depth review -- we just  
12 asked a short risk window for arrhythmia following  
13 treatment with fluoroquinolones.

14 We selected studies that used active  
15 comparators and captured indications for antibiotic  
16 use. It was especially important to account for  
17 certain respiratory infections that are also  
18 independent risk factors for arrhythmia, such as  
19 pneumonia or exacerbation of COPD. Similarly, we  
20 only selected studies that adjusted for important  
21 risk factors of drug-induced arrhythmia.

1           We selected studies that provided evidence of  
2 the validity of the cardiac arrhythmia definition  
3 and those that captured serious clinical  
4 consequences of QT prolongation, such as death.

5           Out of the 12 studies, two met the quality  
6 criteria for in-depth review. The two studies  
7 included in the in-depth review are both  
8 retrospective cohort studies that used healthcare  
9 claims data. They both compared fluoroquinolones to  
10 similar active comparators, amoxicillin or  
11 Augmentin. They also examined the risk of serious  
12 arrhythmia and death shortly after fluoroquinolone  
13 exposure. Lastly, they both captured indications  
14 for antibiotic use and adjusted for a comprehensive  
15 list of risk factors for a drug-induced arrhythmia.

16           However, the two studies had similar  
17 limitations. First, they did not adequately control  
18 for indications for antibiotic use. The study by  
19 Rao defined the indications for the antibiotics  
20 using infection-related diagnoses within the past  
21 year. This lookback period is very long, so

1       fluoroquinolones may not have been used to treat  
2       these infections.

3               Although Chou and colleagues reported that  
4       they used diagnoses associated with the index  
5       prescription to determine indication, the source of  
6       this information is not clear. Furthermore, the  
7       indications examined were too broad to adequately  
8       control for specific infections that are risk  
9       factors for arrhythmia, like pneumonia.

10              The outcomes of these studies are also not  
11       specific to QT prolongation. For example, Rao  
12       examined all-cause mortality, whereas Chou assessed  
13       cardiovascular deaths. At least some of the events  
14       were likely not related to QT prolongation.

15              Furthermore, Chou included outpatient  
16       diagnoses of arrhythmia in addition to the events  
17       diagnosed in hospital or in emergency room settings.  
18       Arrhythmia diagnosed in outpatient settings may be  
19       of lower severity than ones diagnosed in acute care  
20       settings, and the validity of these outpatient  
21       diagnoses is unknown.

1           Because these studies had significant  
2 limitations, they cannot provide information on  
3 relative risk. However, these studies can provide  
4 information of absolute risk for serious cardiac  
5 arrhythmia. These estimates of absolute risk should  
6 be interpreted with caution.

7           They could underestimate the true risk  
8 because they do not include deaths related to  
9 cardiac arrhythmia. However, the estimates from the  
10 Chou study could also overestimate the risk because  
11 it included events diagnosed in outpatient settings.  
12 The studies by Rao and Chou found that that serious  
13 arrhythmia was a rare event.

14           Recall that the comparator antibiotics were  
15 amoxicillin or Augmentin, shown here as the far left  
16 columns for each study. For every  
17 100,000 prescriptions in Rao or patients in Chou, 9  
18 to 12 patients on these antibiotics experienced  
19 serious arrhythmia. The incidence of serious  
20 arrhythmia was higher among users of  
21 fluoroquinolones, ranging from 12 to 57 events per

1 100,000 prescriptions or patients.

2 The study by Chou conducted an analysis  
3 stratified by underlying cardiovascular disease.  
4 Patients had underlying cardiovascular disease if,  
5 prior to antibiotic exposure, they had any of the  
6 diagnosis codes listed here.

7 As would be expected, the study by Chou found  
8 that underlying cardiovascular disease greatly  
9 increases the absolute risk of serious arrhythmia.  
10 This was true regardless of exposure status. For  
11 every 100,000 patients without cardiovascular  
12 disease, 5 to 44 patients experienced serious  
13 arrhythmia. Meanwhile, among those who had a  
14 history of cardiovascular disease, 42 to 85 patients  
15 experienced serious arrhythmia.

16 Although the two studies selected for in-  
17 depth review met several quality criteria, the  
18 limitations in these studies preclude us from  
19 drawing conclusions on relative risk. To recap,  
20 these limitations included inadequate control for  
21 confounding by indication, as well as the inclusion

1 of less serious arrhythmia and events unrelated to  
2 QT prolongation and cardiac arrhythmia.

3           However, these studies can provide estimates  
4 of absolute risk for serious arrhythmia. Overall,  
5 the risk of serious arrhythmia was low. In  
6 addition, patients with underlying cardiovascular  
7 disease were at higher risk of serious arrhythmia,  
8 which is consistent with label warnings.

9           The final outcome of interest was peripheral  
10 neuropathy. With minor variations, fluoroquinolone  
11 labeling warn of the risks of peripheral neuropathy,  
12 its quick onset, and the possibility of it being  
13 irreversible.

14           The literature search identified two studies  
15 of fluoroquinolone-associated peripheral neuropathy.  
16 One was an analysis of data collected by the FDA  
17 Adverse Event Reporting System, also known as FAERS.  
18 This analysis was excluded from the in-depth review  
19 because it was based on data from a passive  
20 surveillance system. The other was a case control  
21 study. The case control study was selected for



1 in-depth review.

2 Etminan and colleagues conducted a  
3 retrospective case control study using the IMS  
4 LifeLink commercial healthcare claims database. The  
5 investigators used a cohort that was constructed for  
6 another study. The source population consisted of  
7 one million people randomly selected from the  
8 database. From this population, the study only  
9 included men between the ages of 45 to 80 who did  
10 not have diabetes.

11 Incident cases of idiopathic or drug-induced  
12 peripheral neuropathy were identified using health  
13 claims data, and these cases were matched on age,  
14 year of entry into the cohort, and follow-up, which  
15 was not defined.

16 The study compared past year or current  
17 exposure to oral fluoroquinolones between cases and  
18 controls. Analyses were adjusted for several  
19 conditions and drugs that may be risk factors for  
20 peripheral neuropathy, including hyperthyroidism,  
21 postherpetic neuralgia, and nitrofurantoin use.

1           Several limitations make the results of this  
2 study difficult to interpret. First, although  
3 estimates of relative risk are reported, the authors  
4 of the study did not provide information on the  
5 incidence of peripheral neuropathy within the study  
6 population.

7           It is also unclear whether the estimates of  
8 relative risk are accurate. First and foremost, the  
9 algorithms to detect outcomes were not validated.  
10 Diagnosis codes are used for billing purposes rather  
11 than for clinical records, so we recommend  
12 validation of algorithms used to detect outcomes in  
13 claims data. In addition, only a few risk factors  
14 were considered in analyses, and cases of Guillain-  
15 Barre syndrome were not identified.

16           The study results also have limited  
17 generalizability since this case control study was  
18 nested within a larger cohort study that examined  
19 drug use among men between the ages of 45 to  
20 80 years old.

21           Keeping in mind the limitations mentioned in

1 the previous slide, the study found a positive  
2 associate between fluoroquinolones and peripheral  
3 neuropathy. The X-axis shows the exposure groups by  
4 frequency of fluoroquinolone use, and the Y-axis  
5 shows the adjusted ratios.

6 Compared to controls, cases of peripheral  
7 neuropathy were 30 percent more likely to have used  
8 any fluoroquinolones in the past year, and about  
9 80 percent more likely to have an active  
10 prescription of fluoroquinolones at index date.

11 The results suggest that incident use of  
12 fluoroquinolone more than doubles the risk of  
13 peripheral neuropathy, and incident use has a higher  
14 risk than prevalent use. When examined  
15 individually, levofloxacin, moxifloxacin, and  
16 ciprofloxacin all had a similar risk of peripheral  
17 neuropathy.

18 Although it does not contradict the label  
19 warnings, the case control study provides weak  
20 support for an increased risk of peripheral  
21 neuropathy. Methods and results were unclear, so it

1 is difficult to interpret the results. For these  
2 reasons, it is unknown whether the associations  
3 observed in the study are accurate.

4 The case control study also does not provide  
5 any information on the timing of peripheral  
6 neuropathy relative to the start of fluoroquinolone  
7 exposure or whether the nerve damage became  
8 permanent.

9 In conclusion, we find that the  
10 epidemiological data support the current labeling of  
11 an increased risk of tendinitis and tendon rupture,  
12 particularly among the elderly and patients taking  
13 corticosteroids. However, we cannot make a  
14 definitive conclusion on the relative risk of  
15 cardiac arrhythmia, and the epidemiological data  
16 provide only weak support of a risk of peripheral  
17 neuropathy.

18 In context, tendinopathy, serious cardiac  
19 arrhythmia, and peripheral neuropathy are rare  
20 adverse events. Still, it is important to remember  
21 that these are severe and disabling outcomes.

**FDA Presentation - Debra Boxwell**

1  
2 DR. BOXWELL: Good morning. My name is  
3 Debbie Boxwell, and I'm a safety evaluator with the  
4 Division of Pharmacovigilance. Today, I will be  
5 describing a case series from the FDA's Adverse  
6 Event Reporting System, also known as FAERS, titled,  
7 Fluoroquinolone-Associated Disability Cases in  
8 Patients Being Treated for Uncomplicated Sinusitis,  
9 Bronchitis, and/or Urinary Tract Infection.

10 As Dr. Nambiar mentioned, in 2013 the FDA did  
11 a review describing disabling peripheral neuropathy  
12 associated with fluoroquinolone use. This resulted  
13 in a labeling change in the warnings and precautions  
14 section, describing the potential for irreversible  
15 peripheral neuropathy.

16 In addition, while reviewing these FAERS  
17 cases, it was noted that 76 percent of patients with  
18 peripheral neuropathy also reported adverse events,  
19 or AEs, involving other body systems, including  
20 neuropsychiatric, vision, cardiac, and  
21 musculoskeletal events such as tendinitis, tendon

1 rupture, myalgia, and arthralgia. The duration of  
2 many of these other adverse events also appeared to  
3 be prolonged and disabling.

4 This review was done to try to characterize  
5 the constellation of symptoms leading to disability  
6 that was observed in the previous review, and we  
7 will be referring to this constellation as  
8 fluoroquinolone-associated disability, or FQAD.

9 The regulatory definition of disability was  
10 used, which is a substantial disruption in a  
11 person's ability to conduct normal life functions.  
12 It was determined that a patient must have adverse  
13 events reported from two or more of the following  
14 body systems -- musculoskeletal, neuropsychiatric,  
15 peripheral nervous system, senses like vision or  
16 hearing, skin, and cardiovascular.

17 In addition, these AEs had to last 30 days or  
18 longer after stopping the fluoroquinolone. Although  
19 a definition of what qualifies as a long-term  
20 disabling adverse event could not be found, for the  
21 purposes of this review, we chose to use 30 days as

1 a reasonable length of time for AE resolution.

2 There are many published articles in the  
3 literature on the individual adverse events  
4 associated with fluoroquinolones, but there are far  
5 fewer that describe this constellation of disabling  
6 symptoms.

7 One of the first, which was identified while  
8 researching the previously mentioned review, was an  
9 article by Dr. Jay Cohen, who described peripheral  
10 neuropathy associated with fluoroquinolone use.

11 While reviewing these cases, he also collected  
12 additional information on severe long-term adverse  
13 effects that also affected other body systems.

14 Just last month Dr. Beatrice Golomb from UC  
15 San Diego published a case series of four previously  
16 healthy patients who developed serious, persistent,  
17 multi-system adverse effects after taking a  
18 fluoroquinolone. She is currently enrolling  
19 patients in the UCSD fluoroquinolone effect study,  
20 which is an online survey study that is trying to  
21 identify and describe AEs associated with

1       fluoroquinolones.

2               Reports consistent with FQAD were much more  
3       likely to be found in the lay press. Many patients  
4       who have experienced these multiple disabling events  
5       have told their stories in newspaper articles like  
6       the New York Times and the Washington Post, on TV  
7       news reports, on websites, and on social media like  
8       Facebook.

9               Before I describe what we found in the FAERS  
10       case series, I want to quickly go over the benefits  
11       and limitations of the FAERS database. The benefit  
12       is that FAERS is a spontaneous or voluntary  
13       reporting system. While clinical trials are usually  
14       done in hundreds or maybe thousands of people, once  
15       a product goes to market, it is often used by  
16       millions of people. Because of this, FAERS has the  
17       ability to detect rare and serious adverse events.

18               As for limitations, there is known  
19       underreporting. Causality may also be difficult to  
20       determine. Just because a specific drug was coded  
21       in a report, it doesn't mean that drug was



1 necessarily associated with the AE.

2 Individual reports must be reviewed and  
3 evaluated for concomitant drugs, medical history and  
4 comorbid conditions, and temporal relationship of  
5 the administered drug to the event. In addition,  
6 reports may be incomplete or not contain enough  
7 detail to properly evaluate an event.

8 So the goal of this review was to identify  
9 FQAD cases reported to FAERS in a very specific  
10 population, and that population was patients who  
11 were reported to be previously healthy before taking  
12 the prescribed oral fluoroquinolone and who were  
13 being treated for the uncomplicated indications that  
14 we are discussing today.

15 A healthy patient was defined as a person  
16 able to perform all of the usual activities of daily  
17 living without significant restrictions prior to  
18 taking the fluoroquinolone. Patients were included  
19 if they had controlled chronic diseases such as  
20 hypertension, hypothyroidism, or hyperlipidemia.

21 Reports were searched in FAERS using the

1 following criteria: oral dosage forms for the five  
2 available fluoroquinolones, U.S. cases only because  
3 we are reviewing indications in the U.S. label; the  
4 outcome was reported as disability; the indications  
5 were for three previously described uncomplicated  
6 infections; the search dates were from November 1,  
7 1997 to May 30, 2015; and all MedDRA-preferred terms  
8 or adverse event terms were searched.

9 This table shows the search results. For  
10 all fluoroquinolones, there were a total of 1,122  
11 disability reports. Levofloxacin and ciprofloxacin  
12 had the highest numbers. The numbers of reports  
13 seen here may include duplicate reports.

14 The outcome of disability falls into the  
15 category of being a serious outcome by regulatory  
16 definition. Other serious outcomes include death,  
17 life-threatening events, hospitalization, congenital  
18 anomaly, and other important medical events, which  
19 are based on the clinical judgment of the reporter.

20 The percentage of disability reports among  
21 all serious reports was calculated for each

1 fluoroquinolone as well as any other antibacterial  
2 drugs that have been or are being used for the  
3 treatment of these three infections. The FAERS  
4 search criteria was the same for all 14 antibiotics.

5           So as an example, for gemifloxacin, which is  
6 the fourth line down, there were a total of 38  
7 reports with a serious outcome and 4, or  
8 10.5 percent, reported an outcome of disability. As  
9 you can see, compared with the other nine  
10 antibacterial agents, all five of the  
11 fluoroquinolones had the highest percentage of  
12 disability reports, ranging from 9.9 to  
13 31.1 percent.

14           After retrieving the 1100-plus reports, an  
15 individual hands-on review of each report was  
16 required to further identify cases of FQAD, first to  
17 identify that the patient had adverse events  
18 reported from two or more body systems, and second,  
19 that these AEs lasted 30 days or longer after  
20 stopping the fluoroquinolone.

21           In order to identify the FQAD cases with the

1 criteria that I just described in this particular  
2 population, we also needed to apply exclusion  
3 criteria, and these can be found in the large box.

4 The most common exclusion, at 57 percent, was  
5 patients who did not report an AE from two or more  
6 body systems. These reports, totaling 540, still  
7 reported a disabling outcome, but in most cases it  
8 was only one AE, such as peripheral neuropathy or  
9 tendon rupture, or two AEs within the same body  
10 system, like joint swelling or muscle pain. The  
11 second-highest exclusion at 15 percent was that the  
12 adverse event resolved in less than 30 days after  
13 stopping the fluoroquinolone. After all 1,122  
14 reports were reviewed and exclusions were applied,  
15 178 individual cases were identified.

16 This table shows the percentage of FQAD cases  
17 identified among the total disability reports for  
18 levofloxacin, ciprofloxacin, and moxifloxacin, that  
19 they were similar, ranging from 15 to 18 percent.  
20 Because ofloxacin and gemifloxacin had so few cases,  
21 a percentage was not calculated.

1           Although comparing reports to cases is not  
2 equivalent because reports have not been  
3 deduplicated, these data still provide a general  
4 idea of the percentage of FQAD cases among all  
5 disability reports. From this, it did not appear  
6 that any one fluoroquinolone in this case series had  
7 a greater association with FQAD than another.

8           This table summarizes the descriptive  
9 characteristics of the 178 cases for all five  
10 fluoroquinolones. Because there is so much  
11 information on this table, I put a box around the  
12 information that I will be highlighting at some  
13 point in my talk.

14           The mean and median age was 48 years old,  
15 with a wide range of 13 to 84 years. Nearly three-  
16 quarters or 74 percent of the cases were identified  
17 in patients 30 to 59 years of age. Seventy-eight  
18 percent of cases occurred in women. Even when all  
19 UTI cases were removed, 74 percent of the cases were  
20 still found to occur in women.

21           Of note, 59 percent of FAERS reports for

1 ciprofloxacin, levofloxacin, and moxifloxacin were  
2 of female patients for all indications. We do not  
3 know if women may be at increased risk, if they are  
4 more likely to submit a report, or if there is some  
5 other unidentified reason.

6           The other point of interest on this table was  
7 the unusually high number of direct reports  
8 at 85 percent. Direct reports are submitted  
9 directly to the FDA and not through a drug company.  
10 Reporters are typically the patient or family  
11 members and sometimes a healthcare provider.

12           The time to onset of the adverse events from  
13 the start of the therapy was a mean of 5.4 days and  
14 a median of 3 days. However, the range was very  
15 wide, from one hour after taking the first dose to  
16 three months after the drug was discontinued.

17           In nearly half the cases, the onset was very  
18 rapid, occurring within one or two days after  
19 starting the drug. However, in 12 percent of the  
20 cases, the onset occurred after more than 10 days,  
21 which in most situation would have been after

1 fluoroquinolone therapy had been completed.

2           The duration of the disabling adverse event  
3 was defined as the ongoing duration at the time the  
4 report was received by the FDA. The mean was  
5 61.2 weeks, or 14 months, and the longest duration  
6 reported was nine years after the event started.  
7 Actual duration cannot be determined without regular  
8 follow-up. However, 23 percent of patients reported  
9 disabling symptoms that lasted for a year or longer.

10           As stated earlier, each of the cases had to  
11 have an AE from two or more of these body systems.  
12 Musculoskeletal events, which included tendon,  
13 joint, and muscle, were reported in 97 percent of  
14 the cases. This was followed by neuropsychiatric  
15 events in 68 percent and peripheral nervous system  
16 events in 63 percent. In general, these adverse  
17 events all occurred within a few days to weeks of  
18 each other.

19           These next few slides show the reported  
20 adverse events for each of the six body systems. To  
21 identify if an event was unlabeled across the class

1 of fluoroquinolones, the term was underlined.

2 In the musculoskeletal group, joint pain was  
3 the most commonly reported event, followed by tendon  
4 pain or tendinitis, muscle pain, and muscle  
5 weakness. Pain was the most commonly reported  
6 symptom across almost all cases. The events on this  
7 slide are all labeled. In addition, patients may  
8 have reported more than one event in each body  
9 system.

10 The neuropsychiatric class had the least  
11 number of labeled events. Fatigue was the most  
12 commonly reported, followed by insomnia, anxiety,  
13 severe headaches, and dizziness. If a patient  
14 specifically said that their insomnia or depression  
15 was due to pain, those events were not included.

16 For the peripheral nervous system, peripheral  
17 neuropathy was the most commonly reported term,  
18 followed by descriptive terms for either  
19 paresthesias or peripheral neuropathy. These AEs  
20 are also all labeled.

21 This slide shows the different senses that



1 were affected. The highest number of reports was  
2 with eye pain, then diminished vision, tinnitus, and  
3 blurred vision. Palpitations and tachycardia were  
4 most commonly reported for the cardiovascular  
5 system, and skin rash, sweating, photosensitivity,  
6 and sensitivity to touch were the most common for  
7 skin.

8 This is a Venn diagram showing the number of  
9 cases for the musculoskeletal, neuropsychiatric, and  
10 peripheral nervous systems, which were the groups  
11 with the highest number of reports. Peripheral  
12 nervous system is the yellow circle, musculoskeletal  
13 is the pink circle, and the neuropsychiatric circle  
14 is blue.

15 As you can see, there was considerable  
16 overlap among these three groups. Forty-one percent  
17 of patients who had a neuropsychiatric adverse event  
18 also experienced an AE from the peripheral nervous  
19 system, 60 percent of patients had AEs from the  
20 musculoskeletal and peripheral nervous system, and  
21 67 percent had neuropsychiatric and musculoskeletal

1 AES. In addition, 38 percent of patients had  
2 adverse events from all three body systems.

3 In this table, the percentage of disability  
4 cases that occurred with each individual  
5 fluoroquinolone was calculated by body system. With  
6 the exception of levofloxacin and peripheral nervous  
7 system at 52 percent, there's an interesting  
8 consistency across these three drugs for each body  
9 system.

10 Now, I would like to present an FQAD case  
11 report. This direct report was representative of  
12 what I found in the case series.

13 This report came from a 49-year-old woman  
14 who received a 10-day supply of levofloxacin,  
15 500 milligrams, to treat a sinus infection. The  
16 symptoms began two days after starting the drug.  
17 The patient stated that:

18 "Prior to taking this drug I was a healthy  
19 49-year-old, an advanced downhill skier with no  
20 medical problems. I could barely walk, had to crawl  
21 up my staircase. I had severe muscle weakness,

1 muscle burning, and joint pain in all my limbs. I  
2 ached and burned in what seemed like every tendon  
3 and muscle in my body.

4 "I continue to suffer 22 months later with  
5 the following disabling conditions: severe tendon  
6 and muscle pain and tightness. Tendinitis.  
7 Tingling. Numbness. Prickling. Pins and needles  
8 sensations in my extremities. Electrical  
9 sensations. Feelings of worms crawling under my  
10 skin. Severe arm and leg weakness.

11 "Muscle twitching, spasms, and contractions.  
12 Severe muscle tenderness. To poke my muscles feels  
13 like a bee sting. Inability to sleep due to pain 24  
14 hours per day, seven days per week. Inability to  
15 work due to pain and weakness. Difficulty thinking  
16 clearly. Confusion. Chronic fatigue."

17 The patient did not report any test results,  
18 although she did state she saw five different  
19 medical specialists.

20 I would just like to finish up with some  
21 observations after reviewing these cases. The

1 first, again, is that based on these data, no one  
2 fluoroquinolone appeared to have a greater  
3 association with FQAD than another. Secondly, as I  
4 mentioned earlier, 85 percent of the cases were  
5 direct reports, which is an unusually high number.

6 Over the past 10 years, the percentage of  
7 direct reports received by FDA for all drugs has  
8 remained fairly consistent, ranging from  
9 approximately 2 to 6 percent. However, in this  
10 instance, the unusually large number of direct  
11 reports coming from patients who describe very  
12 similar experiences after taking a fluoroquinolone  
13 was very beneficial in describing these disability  
14 cases.

15 The current boxed warning states that  
16 tendinitis and tendon rupture can occur in all ages,  
17 but that there's an increased risk in older  
18 patients, usually over the age of 60. In this case  
19 series, which was looking at a constellation of  
20 disability symptoms, including tendinitis and tendon  
21 rupture, only 17 percent were found to be 60 years

1 of age and older.

2 In addition, when tendinitis and tendon  
3 rupture were calculated in patients less than  
4 60 years of age and those 60 and older, the  
5 percentage of tendinitis or tendon rupture cases  
6 were the same in both the younger and older age  
7 groups.

8 A majority of the cases, 74 percent, were  
9 identified in patients who were 30 to 59 years old,  
10 or young to middle aged. Patients of all ages, but  
11 especially this group, made a point of describing  
12 how seriously their disability impacted their lives,  
13 including losing jobs, the resulting lack of health  
14 insurance, large medical bills, serious financial  
15 problems like losing their house, and family tension  
16 or dissolution.

17 Many of the patients' clinicians were  
18 reported to be at a loss as to what was causing  
19 these symptoms, and quite a few patients visited  
20 many medical specialists. Some patients reported  
21 extensive and very expensive medical testing to try

1 to diagnose the cause of their disability symptoms.

2 Some of the reported tests included routine  
3 blood work, blood tests for autoimmune diseases, CT  
4 scans, MRIs, EMGs, nerve conduction studies, skin  
5 biopsies to identify small fiber neuropathy, and  
6 lumbar puncture.

7 A majority of these tests came back negative.  
8 MRIs did identify tendon rupture, but many EMGs and  
9 nerve conduction studies did not reveal  
10 abnormalities. A few of the diseases that were  
11 commonly tested for included lupus, Lyme disease,  
12 multiple sclerosis, and ALS.

13 Effective treatments were also not identified  
14 in this case series. Patients reported taking drugs  
15 like opiates, nonsteroidal anti-inflammatory agents,  
16 corticosteroids, muscle relaxants, gabapentin, and  
17 amitriptyline, and tried other therapies including  
18 cold laser therapy, acupuncture, and transcutaneous  
19 electrical nerve stimulation, with no relief. One  
20 patient was told she had a psychological condition  
21 and was prescribed psychotropic drugs.

1           Most of the individual AEs that exist within  
2 FQAD currently described in the fluoroquinolone  
3 labels, primarily the boxed warning or the warning  
4 and precautions section. However, the constellation  
5 of disabling symptoms described here is not in the  
6 label.

7           My last comment is that based on these  
8 reviewed cases, the described decrease in quality of  
9 life was very profound for both the patient and his  
10 or her family. Thank you.

#### 11           **Clarifying Questions to the Presenters**

12           CAPT PARISE: Thank you.

13           Are there any clarifying questions from the  
14 committee for the FDA?

15           DR. WINTERSTEIN: Yes. I have one question  
16 about the efficacy review. From what I understand,  
17 this was a review of all antibiotic regimens, not  
18 specifically fluoroquinolones. Is that correct? So  
19 that would be for Dr. Toerner, I believe.

20           DR. TOERNER: Yes. Hi. This is Dr. Toerner.  
21 That's correct. It was a review of any

1       antibacterial drug. There was not a focus on the  
2       fluoroquinolone antibacterial drugs. It was any  
3       antibacterial drug used in the studies.

4               DR. WINTERSTEIN: Could you comment -- were  
5       there any placebo-controlled --

6               DR. TOERNER: They were all placebo-  
7       controlled trials.

8               DR. WINTERSTEIN: -- quinolone-based regimen?  
9       So what's the proportion that actually involved the  
10       quinolone compared to macrolides or whatever else?  
11       Or let me rephrase that because you probably  
12       wouldn't be able to pull it out of your hat. But is  
13       there a difference whatsoever? Should we care, or  
14       does it really not matter?

15              DR. TOERNER: We chose to broadly look at the  
16       treatment effect of an antibacterial drug and made  
17       an assumption that the antibacterial drugs would  
18       have a treatment effect that would be similar across  
19       all classes of antibacterial drugs. We did not  
20       single out one particular antibacterial drug.

21              The fluoroquinolones did represent a very



1 small minority of all the trials that we reviewed.  
2 But in each of the three indications, there was at  
3 least one trial that used a fluoroquinolone. But  
4 again, we did not want to focus or highlight that.  
5 We were interested in your general approach for  
6 treatment effects of an antibacterial drug.

7 DR. WINTERSTEIN: Obviously, in most  
8 instances the message was that there really is not  
9 superior efficacy except for that definition of  
10 severe ABECB. So there it might be interesting to  
11 know what the quinolones are doing there.

12 DR. TOERNER: And we found a treatment effect  
13 for uncomplicated UTI.

14 CAPT PARISE: Committee members, since we do  
15 have a large group, if I'm not seeing you, wave to  
16 Jennifer, and then you'll get on the list.

17 Next we have Dr. Gerhard, had a question.

18 DR. GERHARD: Dr. Winterstein just asked the  
19 questions I had as well.

20 CAPT PARISE: Dr. Baden?

21 DR. BADEN: For the FAERS reporting system,

1 do you know if there is any temporal relationship  
2 with the quinolone reports of adverse events and the  
3 changing of the label over the years? And might  
4 that reflect increasing awareness of the individual  
5 issues that were being highlighted over time?

6 The question is, do you know if, as the label  
7 had changes with different fluoroquinolones having  
8 different issues being raised, did that impact the  
9 kinetics of the reports via the FAERS system so that  
10 the label change may have precipitated increased  
11 reporting of these types of issues more broadly? So  
12 is there a temporal relationship?

13 DR. BOXWELL: There is thought to be. The  
14 more its publicly available, information, that it  
15 stimulates reporting. I've also seen studies that  
16 say that, no, the Weber effect does not actually  
17 occur. But I would think that from what we see, it  
18 does increase after an event's been --

19 DR. BADEN: So that if you were to do a time  
20 trend on the reports for the quinolones, there would  
21 likely be more of these reports recently than in

1 1997 to 2000?

2 DR. BOXWELL: Yes. There's been a big  
3 increase in the last five years.

4 DR. BADEN: Thank you.

5 CAPT PARISE: Dr. Choudhry?

6 DR. CHOUDHRY: I'm just curious about the  
7 current labels for sinusitis and acute exacerbation  
8 of chronic bronchitis, and whether or not they  
9 currently indicate anything about disease severity.

10 DR. TOERNER: The indications in the labels  
11 are for treatment of ABECB, and they do not describe  
12 disease severity.

13 CAPT PARISE: Just one reminder. If the FDA  
14 could also, when you're going to answer, state your  
15 name for the record so that we have that. Thank  
16 you.

17 Next, Dr. Hogans?

18 DR. HOGANS: My question is for Dr. Boxwell  
19 regarding the FAERS, and it's a two-part question.  
20 One is, when you look at other medications for drugs  
21 that have musculoskeletal side effect profile -- for

1       example, the statins, where people report a lot of  
2       myalgias -- is there a similar sort of distribution  
3       pattern where there might be a gender different or  
4       there might be a particular age group that tends to  
5       report those kinds of symptoms? And then I have a  
6       second part to my question.

7               DR. BOXWELL: Let me answer the first one  
8       first because I'll forget. I didn't drill down that  
9       low, into that much detail, to really know what they  
10      were taking in age group and gender. So I can't  
11      really answer that.

12             DR. HOGANS: It goes to whether or not  
13      there's a reporting bias in terms of whether there  
14      are particular populations or genders that might be  
15      more prone to report symptomatology. So if it's  
16      not an established phenomenon, I just wanted to  
17      posit that question. And then I have another  
18      question.

19             DR. BOXWELL: Honestly, I didn't see that.  
20      But I don't know.

21             DR. HOGANS: Then my other question is, if I

1 understand correctly, the percentage of direct  
2 reports was really very exceptional compared to what  
3 usually occurs. And if I understood you, it sounds  
4 like a lot of these reports could be coming from  
5 patients and families.

6 If you were to segregate out the reports that  
7 come from providers, whether that's physicians,  
8 nurse practitioners, pharmacists, would they be  
9 considered direct reports? If you were to segregate  
10 those, is that number still truly exceptional  
11 compared to what's ordinarily seen?

12 DR. BOXWELL: Most of these were from  
13 patients. We had direct reports from healthcare  
14 providers, but a majority of these direct reports  
15 were from patients or their families, which is  
16 exceptional.

17 DR. HOGANS: Yes. I understand that. But if  
18 you were to then make the numerator providers, does  
19 it really still stand out? So if you were to  
20 compare the provider-generated reports for  
21 fluoroquinolones to provider-generated reports for

1 other drugs or drug classes, would it still be  
2 really a standout?

3 DR. BOXWELL: Probably it would not. I think  
4 that because these patients could get a diagnosis  
5 from their doctors and had no treatments and tests  
6 were coming back negative, physicians, I think, are  
7 less likely to report something they don't even know  
8 what's wrong. So at that point, the patient  
9 reported what was going on, and that's how we  
10 described it.

11 CAPT PARISE: Dr. Arrieta?

12 DR. ARRIETA: Yes. This question is also for  
13 Debra Boxwell. I want to make sure that I am  
14 understanding your conclusions appropriately. You  
15 indicated that no one fluoroquinolone appeared to  
16 have a greater association with FQAD than another.

17 I presume that is based on the percent of  
18 reports for a particular quinolone. They all seem  
19 very similar. But if we go through the presentation  
20 by Dr. Ready -- I hope I am pronouncing that  
21 correctly -- ofloxacin is hardly ever prescribed.

1           It is the most common fluoroquinolone  
2 associated with a severe, debilitating adverse  
3 effect of 31 percent, while it really represented an  
4 unusual amount of prescriptions, suggesting to me  
5 that if we look at the incidence per quinolone, it  
6 would appear that there seems to be a significantly  
7 higher risk with ofloxacin than with the oral ones  
8 as a ratio of utilization and the incidence of side  
9 effects.

10           DR. BOXWELL: Well, we can't calculate  
11 incidence with FAERS data. So this was just what we  
12 observed in the spontaneous reports, that they all  
13 appeared to be very similar.

14           DR. ARRIETA: But you have the data. Right?  
15 You have the number over prescriptions that have  
16 been written for each of the quinolones, and you  
17 have the incidence of adverse events that have been  
18 reported.

19           DR. BOXWELL: Travis?

20           DR. ARRIETA: I don't know if I'm making  
21 sense.

1 DR. PROESTEL: Scott Proestel, FDA. I'm  
2 looking on page 20 of the briefing package. I just  
3 want to make sure that we're clear on this table.  
4 The 31 percent is, of the ofloxacin reports,  
5 31 percent were disability reports.

6 So that could be a very small number of  
7 reports, but 31 percent of them were disability  
8 reports. So there's not more disability reports.  
9 It's a higher proportion.

10 DR. ARRIETA: Of all the reports of  
11 disability, of all the collective reports of  
12 disability, 31 percent were assigned to ofloxacin.

13 DR. PROESTEL: For all SAE reports for  
14 ofloxacin, 31 percent were disability reports, which  
15 isn't to say that there were more disability reports  
16 for ofloxacin.

17 DR. ARRIETA: So 31 --

18 DR. PROESTEL: This is -- I'm sorry. This is  
19 a way of adjusting for the point you were bringing  
20 up. So instead of looking at total numbers of  
21 reports, what we're showing here, or trying to show,



1 is the differences in proportion of disability  
2 reports, so that we don't -- I mean, there's a lot  
3 of ways to look at data.

4 But because of the significant differences in  
5 total prescriptions, one way is to look at  
6 proportions of disability for all reports for that  
7 drug. And in fact, this is not for all reports, but  
8 within the SAEs, say for ofloxacin, 31 percent were  
9 disabling.

10 DR. ARRIETA: Okay.

11 DR. PROESTEL: Okay.

12 CAPT PARISE: Dr. Scheetz?

13 DR. SCHEETZ: My question is also for  
14 Dr. Boxwell. Can you comment on, is the granularity  
15 of the FAERS database able to help us calculate  
16 sensitivity for the entity that has been termed  
17 fluoroquinolone-associated disability? How good is  
18 the current label at predicting those that would end  
19 up with fluoroquinolone-associated disability?

20 You gave some great data on age. So I think  
21 you've already shown that age is outside of what's

1 on the current label. So younger patients are  
2 ending up with fluoroquinolone-associated disability  
3 that's not on the current label.

4 Does the database contain any information on  
5 corticosteroid use? Does it contain any information  
6 on whether or not these patients had transplants,  
7 kidney heart, or lung, as has been suggested on the  
8 label?

9 DR. BOXWELL: Within this specific narrow  
10 population, which was just healthy people, there  
11 were seven people who received a corticosteroid,  
12 usually at the time they were being prescribed the  
13 fluoroquinolone, for bronchitis or something like  
14 that. And there were a few that were using nasal  
15 steroids.

16 But again, this is a very narrow population.  
17 It's incomplete. I really restricted this  
18 extensively. So it's really hard to make any  
19 predictions about percentages or likelihood. We can  
20 just observe what we're seeing in this group.

21 DR. SCHEETZ: Right. Thank you. I guess my

1 clarifying point is for the clinician that's  
2 thinking about prescribing a fluoroquinolone, does  
3 the current label provide them the information to  
4 help prevent them from having a patient that ends up  
5 with FQAD?

6 DR. BOXWELL: The current label?

7 DR. SCHEETZ: The current collective labels?

8 DR. BOXWELL: I believe that they're all  
9 individual, separate things. The box has the tendon  
10 rupture, and there's a long list of stuff in the  
11 warnings and precautions. So no, I don't think that  
12 physicians are really aware that this constellation  
13 of symptoms of disability can happen to patients the  
14 way it's labeled now.

15 CAPT PARISE: Dr. Andrews?

16 DR. ANDREWS: Dr. Boxwell is really popular  
17 today. My question -- well, I have several  
18 questions. But one is just explain to me why you  
19 chose to require that they have problems in two  
20 different systems because they could be moderate  
21 problems as opposed to someone who has a very

1 serious disability in musculoskeletal system, which  
2 might be, to a consumer, more salient and more  
3 important than two small things.

4 Some of the things that you talked about were  
5 like fatigue. I'm sorry, I feel fatigue all the  
6 time. So how did you decide that it had to cross  
7 two systems as opposed to dealing with severity  
8 problem?

9 DR. BOXWELL: When I did the peripheral  
10 neuropathy review two years ago, it really jumped  
11 out at me that a lot of these people were suffering  
12 not just from peripheral neuropathy but from other  
13 body system problems.

14 So because the single things are labeled, I  
15 wanted to look at things, the AEs, as groups of two  
16 or more AEs because they seemed to be occurring this  
17 way in this population of reports that I was looking  
18 at. And it seemed different than someone reporting  
19 tendinitis as opposed to somebody who was a marathon  
20 runner and could never get out of bed again type of  
21 thing.

1           So I wanted it to be two body systems  
2 that's -- and they seemed to all fit into place.  
3 They all seemed to be very similar, what everybody  
4 had.

5           DR. ANDREWS: But it excluded half of your  
6 sample, almost half.

7           DR. BOXWELL: It did.

8           DR. ANDREWS: Another question, just going  
9 back to the age question, especially that you're  
10 finding it more often in women -- I know women are  
11 65 percent of prescriptions, but they were  
12 78 percent or 74 percent in your database.

13           But elderly people are also at higher risk,  
14 and among the elderly, there are more women. It  
15 would be interesting to see if you could sort that  
16 out because we'd want to know if women are at higher  
17 risk. That would drive some questions for science.

18           Also, did you look at athletes as well?  
19 Because that was something that came up in the  
20 briefing documents. And people don't necessarily  
21 tell you, but you talk about a downhill skier and

1       marathon runners. And if people go back to their  
2       normal activities right afterwards and that causes a  
3       problem, that's something that could be included in  
4       a label.

5               DR. BOXWELL: There were a few that mentioned  
6       they were athletes or worked out regularly. This  
7       was not a group of people who were all training for  
8       the Olympics. These were your average healthy  
9       people. And a few of them did mention workouts and  
10      training.

11             DR. ANDREWS: And just one other comment is I  
12      get the question about whether the prevalence would  
13      be different or the incidence would be different if  
14      it was the direct consumer reports as opposed to  
15      provider reports. But many consumers are suggested  
16      to report things by their provider, and their  
17      provider might have reported that anyway.

18             I don't know that that's a reason to suggest  
19      that because it was organized -- there's obviously a  
20      lot of publicity around it -- that that's changing,  
21      that we should necessarily dismiss that or think

1 less of the incidence of -- concern about  
2 disability.

3 CAPT PARISE: Dr. Kartsonis?

4 DR. KARTSONIS: I'm going to let Dr. Boxwell  
5 sit down for just a few seconds. Actually, I have a  
6 few questions for Dr. Toerner.

7 Dr. Toerner, the first question I had was  
8 your analysis of the uncomplicated urinary tract  
9 infections obviously included a study from Bleidorn  
10 with ibuprofen and what have you. Clearly, one of  
11 the issues with that study is that the symptoms that  
12 were evaluated for within a day of when therapy had  
13 ended. And clearly, with NSAIDs, there could be a  
14 masking effect that's undertaken.

15 Do you know if there's any data in that study  
16 that would look at the symptoms a little bit later  
17 in the course of treatment?

18 DR. TOERNER: Joe Toerner from FDA. We did  
19 note that the timing of the assessment was  
20 different, and I chose the prespecified primary  
21 outcome evaluation for the studies. That particular

1 trial did look at later time points, and there was a  
2 similar proportion that remained symptom-free  
3 between the ibuprofen control and the antibacterial  
4 control at later time points.

5 But you're right that the one day following  
6 treatment was the largest difference between the two  
7 groups. It was noted in that trial.

8 DR. KARTSONIS: And the second question I had  
9 was -- obviously, I think the analysis you've done  
10 with the placebo-controlled studies is very helpful  
11 to the committee and what have you. But obviously,  
12 a lot of the studies that have been done in the last  
13 two decades have been noninferiority-based studies.

14 Has there been any look at these particular  
15 indications to see if there are any treatment effect  
16 differences between classes of drugs, particularly,  
17 for example, urinary tract infections or chronic  
18 bronchitis, or one versus the other, that might  
19 provide some further evidence that there is a  
20 treatment effect?

21 DR. TOERNER: We did not undertake a



1 comparative effectiveness evaluation in our work in  
2 this area. But your point is well-taken. There may  
3 be information from clinical trials that are  
4 conducted that can help us understand treatment  
5 effect in certain populations.

6 CAPT PARISE: Dr. Schmid?

7 DR. SCHMID: Yes. First, Dr. Boxwell, I've  
8 got a couple more questions. I'm just trying to  
9 understand the age effect a little bit better and  
10 going back to Dr. Hogans' reporting bias question.

11 So the 30 to 59 age group, they're likely to  
12 be more healthy than in the older people. So I'm  
13 wondering if part of what you're finding is that the  
14 older people were just excluded because they already  
15 have comorbidities and so they weren't in your  
16 sample.

17 Then second question would be, I want to get  
18 a better sense of how these direct reports are  
19 received. So, for example, if these are on the  
20 internet, younger people are more likely to use  
21 them. So I'm wondering whether older people are

1 less likely to have access.

2 DR. BOXWELL: As for the age, it's true that  
3 older people may have been excluded for various  
4 reasons. But I actually found something similar  
5 with the peripheral neuropathy paper that I did two  
6 years ago, where the middle age was the bigger age  
7 group rather than older, and I'm not sure why that  
8 is. But for older people, as long as they were  
9 functional, traveled, they were considered to be  
10 healthy.

11 Your other question was how direct  
12 reports --

13 DR. SCHMID: Yes. Do you get most of them  
14 through the internet? How do people report them?

15 DR. BOXWELL: No. Directly to the FDA  
16 through MedWatch.

17 DR. SCHMID: But do they need any kind of  
18 technological equipment to do that? If somebody's  
19 an older person, or any person that doesn't have  
20 internet access, would they call on the phone?  
21 Would they write a letter?

1 DR. BOXWELL: They can call. They can fill  
2 out a form. They can do it on the internet. There  
3 is a phone number.

4 DR. SCHMID: So I'm just wondering whether  
5 people like that would be less likely to report  
6 because they would -- people who have the internet  
7 access are more likely to just turn on the internet  
8 and do it.

9 DR. BOXWELL: That's true.

10 CAPT PARISE: Dr. Daskalakis?

11 DR. DASKALAKIS: I do have one question for  
12 Dr. Boxwell, and it's actually a question for  
13 Dr. Boxwell and maybe Mr. Trinidad as well. One of  
14 the things that I see absent in the list of people  
15 who've been reporting these adverse events, or even  
16 the data around the adverse events in some of the  
17 studies, is any commentary on race.

18 Is there any information about race and  
19 ethnicity around these adverse events?

20 DR. BOXWELL: I have no information on that.

21 DR. DASKALAKIS: I bring that up just because

1 of sometimes differential pharmacokinetics. Just  
2 thinking that there may be a signal there, something  
3 that is worth looking at. Thank you.

4 My other question is for Dr. Toerner,  
5 specifically around the definition of moderate to  
6 severe and mild. What is the process for getting to  
7 those definitions? I'm thinking there may be other  
8 clinical criteria such as home oxygen use,  
9 et cetera, that may make one person's mild or  
10 moderate be another person's severe. So just  
11 curious how that definition came up and if there's  
12 any sort of idea of exploring that definition  
13 further.

14 DR. TOERNER: We chose that definition mainly  
15 because our review had identified a treatment effect  
16 in patients who had outpatient or mild disease. And  
17 we did find -- and there were a total of eight of  
18 the 16 trials -- a total of eight of them enrolled  
19 only outpatients. And four of the trials had shown  
20 a treatment effect based on an outcome measure from  
21 the perspective of the patient.

1           The other four trials that did not show a  
2           treatment effect evaluated pulmonary function  
3           testing or had a physician global assessment, and  
4           those were trials that did not show a treatment  
5           effect. So that was our rationale for why we define  
6           mild as outpatient. And that just left us as what  
7           else? So anyone who's not an outpatient then would  
8           be moderate to severe. So hospitalized patients  
9           would be moderate to severe.

10           CAPT PARISE: We're going to do one more. I  
11           want to keep this on track, on schedule, for this  
12           morning, so we're going to do one more question this  
13           morning.

14           Then just a reminder to the committee that we  
15           do have a three-hour block this afternoon, and we'll  
16           start that where -- we still have people that had  
17           some clarifying questions. You'll get to ask your  
18           question and have a response.

19           Dr. Baden?

20           DR. BADEN: Mr. Ready or Ms. Boxwell. From  
21           the data presented, it seems that dose and duration

1 do not come out as a meaningful factor. Is that  
2 correct?

3 DR. BOXWELL: That's correct.

4 CAPT PARISE: So we're going to take a break.  
5 First, just a couple of requests.

6 When you come back, please fill in empty  
7 chairs in the middle when you return because we do  
8 have people that are standing and limited seating.  
9 So we want to maximize the ability for people to  
10 have seats. Also, a reminder that the first row is  
11 for the press only.

12 So we'll now take a 15-minute break. Panel  
13 members, please remember there should be no  
14 discussion of the meeting topic during the break  
15 among yourselves or with any member of the audience.  
16 And we'll resume at 10:15. Thank you.

17 (Whereupon, at 10:02 a.m., a brief recess was  
18 taken.)

19 CAPT PARISE: We're going to resume.

20 Both the Food and Drug Administration, the  
21 FDA, and the public believe in a transparent process

1 for information-gathering and decision-making. To  
2 ensure such transparency at the advisory committee  
3 meeting, FDA believes that it is important to  
4 understand the context of an individual's  
5 presentation.

6 For this reason, FDA encourages all  
7 participants, including the industry's non-employee  
8 presenters, to advise the committee of any financial  
9 relationships that they may have with the firm at  
10 issue, such as consulting fees, travel expenses,  
11 honoraria, and interests in the industry, including  
12 equity interests and those based upon the outcome of  
13 this meeting.

14 Likewise, FDA encourages you at the beginning  
15 of your presentation to advise the committee if you  
16 do not have any such financial relationships. If  
17 you choose not to address this issue of financial  
18 relationships at the beginning of your presentation,  
19 it will not preclude you from speaking.

20 We will now proceed with industry's  
21 presentations.

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**Industry Presentation - Melissa Tokosh**

MS. TOKOSH: Good morning, Madam Chairman, members of the advisory committee, and FDA. My name is Melissa Tokosh, and I'm the global regulatory leader with Janssen Research and Development.

On behalf of the manufacturers of systemic fluoroquinolones, we welcome the opportunity to address the advisory committee today on the benefits and risks of systemic fluoroquinolones in the treatment of acute bacterial sinusitis, acute bacterial exacerbation of chronic bronchitis in patients with COPD, and in uncomplicated urinary tract infections.

Our participation represents a collaborative effort between both branded and generic companies, with Bayer and Janssen leading the preparation of the background documents and presentation based on data from our products. Apotex and Lupin also communicated a commitment to this matter, and they, along with approximately 30 generic companies, have a shared stake in the discussions today.



1           We appreciate the opportunity to participate  
2           in this very important dialogue to assure the  
3           availability of important therapeutic options for  
4           appropriate patients, to address the safety topics  
5           of interest, to discuss labeling that ensures the  
6           understanding of the benefits and the risks of  
7           fluoroquinolones, while also ensuring that society  
8           benefits optimally from the use of fluoroquinolones.

9           Fluoroquinolones have accumulated close to  
10          30 years of clinical experience. There are over  
11          1 billion treatment courses of oral fluoroquinolones  
12          administers globally, with 33 million administered  
13          in the U.S. yearly. Of the 10 million yearly  
14          treatment courses utilized for the treatment of the  
15          three indications of interest today, you can see  
16          that the majority of the usage is in urinary tract  
17          infections.

18          All fluoroquinolones are now available as  
19          generics, which make up approximately 98 percent of  
20          the market share. While individual company safety  
21          databases adequately capture the safety of

1 individual products, other databases, such as FDA's  
2 AERS database and health claims databases include  
3 all fluoroquinolones and may be considered for  
4 analyses as well.

5 Fluoroquinolones are an important class of  
6 antibiotics that represent a major advancement in  
7 clinical medicine. The oral and IV formulations are  
8 interchangeable in bioavailability, and this allows  
9 the physicians the ability to transition easily from  
10 IV administration in an inpatient setting to oral  
11 administration in an outpatient setting.

12 Fluoroquinolones possess a broad spectrum of  
13 gram-negative and gram-positive pathogen activity  
14 and are approved for a wide range of treatment  
15 indications, including some serious infections such  
16 as pneumonia, intra-abdominal infections, anthrax,  
17 and plague. The indications were approved based on  
18 comparative trials with active comparators that had  
19 been approved by FDA and were done in accordance  
20 with FDA regulatory standards at the time.

21 Of the fluoroquinolones of interest today,

1 ciprofloxacin was first approved in 1987, and that  
2 was followed by the approval of ofloxacin in 1990.  
3 Levofloxacin and then moxifloxacin followed, and  
4 finally gemifloxacin was recently approved in 2003,  
5 the most recent.

6 Both ciprofloxacin and levofloxacin are  
7 approved for the three indications of interest,  
8 where moxifloxacin and gemifloxacin are not approved  
9 for urinary tract infections because they are not  
10 excreted in the urine at therapeutic levels.

11 Fluoroquinolones work effectively, and they  
12 remain an important choice for the appropriate  
13 patients in the three indications based on  
14 established and well-characterized safety and  
15 efficacy. They need to remain as treatment options  
16 for physicians.

17 Labeling reflects our current understanding  
18 of the science with respect to the risks and  
19 benefits, but additional investigation of FDA's  
20 defined criteria for the fluoroquinolone-associated  
21 constellation of symptoms is required. But industry

1 is committed to working with FDA to better  
2 understand the nature of these series of reports.  
3 We look forward to getting the perspective of the  
4 advisory committee and FDA to ensure the safe and  
5 appropriate use of our medicines.

6 I'd like to briefly just recollection through  
7 our agenda for our presentation. Following my  
8 introduction, Dr. Mandell will discuss the landscape  
9 of antibiotic treatment selection along with the  
10 medical needs of the fluoroquinolones for the three  
11 indications.

12 Dr. Alder will discuss the proper role of  
13 fluoroquinolones, along with the identification of  
14 appropriate patients likely to benefit from  
15 fluoroquinolone therapy. He will also discuss  
16 treatment usage patterns.

17 Dr. Nicholson will present an overall safety  
18 profile of the fluoroquinolones, the adequacy of the  
19 current labeling, along with providing an assessment  
20 of FDA's criteria for the constellation of symptoms.

21 Dr. Zinner will discuss the benefit/risk of

1 fluoroquinolones before concluding remarks are made  
2 by Dr. Alder.

3 Thank you for your attention, and I'd like to  
4 now introduce Dr. Mandell, who will discuss the  
5 medical needs of fluoroquinolones.

6 **Industry Presentation - Lionel Mandell**

7 DR. MANDELL: Good morning and thank you for  
8 the opportunity to address this group. By way of  
9 background and I guess qualifications for this task,  
10 I have been involved to some extent in looking at  
11 data and trying to interpret data on various trials.

12 I was co-chair of the guideline committee for  
13 pneumonia for the American Thoracic Society and the  
14 IDSA, Infectious Disease Society of America, for  
15 community-acquired pneumonia, and previously for  
16 hospital-acquired pneumonia, and did the same in  
17 Canada. And I've written chapters in Harrison's and  
18 Cecil's textbook on respiratory infections in  
19 several editions.

20 I think much more importantly, however, I'm a  
21 physician, and like many of you, I try to do my best

1 in an imperfect world to take care of patients and  
2 to try to do the best I can in terms of getting them  
3 better with a minimum of any risk.

4 I just want to point out that I've received  
5 consulting honoraria for my time. I don't have any  
6 financial interest in the companies or in the  
7 outcome of this meeting financially, but certainly  
8 as a physician I have tremendous interest. I've  
9 been a physician for 45 years. I've been doing  
10 infectious disease for 39. And the quinolones have  
11 made a huge difference in the management of  
12 patients.

13 I'm going to cover three entities: acute  
14 bacterial sinusitis, the acute bacterial  
15 exacerbation of COPD, and uncomplicated UTIs. And  
16 for each of them, I'll use the same format,  
17 definition, impact, etiology, and treatment.

18 Now, in terms of acute bacterial sinusitis,  
19 I think it's first important to define what we're  
20 talking about. The overarching term is acute  
21 rhinosinusitis, and it refers to inflammation of the

1 mucosal lining of the paranasal sinuses. It can be  
2 caused by a variety of things, including allergies,  
3 environmental irritants, and infections.

4           If we look at acute rhinosinusitis,  
5 90 percent-plus are viral, and the bacterial, or  
6 acute bacterial rhinosinusitis, ABRS, is about  
7 10 percent or less. But in terms of impact, that's  
8 over 3 million cases a year in the United States  
9 every year.

10           Now, once you've made a diagnosis of acute  
11 rhinosinusitis, the question then is, can you make a  
12 diagnosis of acute bacterial sinusitis? Because  
13 nobody is recommending that we treat viral  
14 sinusitis.

15           So the following are the recommendations from  
16 the IDSA guidelines. If the patient has an onset of  
17 persistent symptoms -- and this refers to a purulent  
18 nasal discharge, nasal congestion or obstruction, or  
19 facial pain or pressure -- if they have persistent  
20 symptoms and signs that are compatible with ARS for  
21 10 days or longer, then there's a very good

1 correlation with it being bacterial.

2 Another possibility is that the onset is with  
3 severe symptoms right at the start, like severe  
4 pain, higher temperature such as 39 degrees  
5 Centigrade, lasting three to four consecutive days,  
6 but at the outset of the illness.

7 Then finally, this term double-sickening,  
8 where the person initially presents with what seems  
9 like a typical viral presentation, starts to get  
10 better, and then sudden gets ill again. And that  
11 correlates strongly with a secondary bacterial  
12 superinfection.

13 So those are the criteria that are  
14 recommended in order to make the diagnosis of acute  
15 bacterial sinusitis.

16 Now, in terms of potential complications, it  
17 can progress in some cases to a recurrent situation  
18 or to chronic sinusitis. There can at times be  
19 local extension into bone or soft tissue, and of  
20 course, CNS complications. And there was recently a  
21 paper in the New England Journal about this. This



1 isn't common, but when it occurs, it's serious,  
2 things like meningitis, brain abscess, et cetera.

3 Now, what are the pathogens? Well, if you  
4 look at data from sinus aspirates or aspirates from  
5 the middle meatus done endoscopically, the  
6 pneumococcus is still an important player,  
7 Haemophilus influenzae and Moraxella catarrhalis.  
8 And they're represented in the percentages here.  
9 And again, these are data taken from the IDSA.

10 Now, what I think is absolutely critical here  
11 is the problems with the clinical trials. Often  
12 you'll hear figures thrown out like, well, why  
13 bother treating this person with acute sinusitis  
14 when the data show that placebo has a 60, 70,  
15 80 percent response?

16 Often you'll hear people trivialize these  
17 things by saying, well, somebody had the sniffles,  
18 and we all know it's a cold. In a lot of cases, it  
19 is a cold. But we're talking about the diagnosis  
20 made according to the criteria, of the 10 days or  
21 the severe onset or the double-sickening.

1           The problem with the data are as follows. If  
2 you look at most of the randomized, controlled  
3 trials carefully, you'll see that the diagnosis of  
4 so-called acute bacterial sinusitis was made on the  
5 basis of signs and symptoms, which were not as  
6 clearly defined as the IDSA has, and also on  
7 radiologic confirmation. And these in no way  
8 correlate with the presence of bacteria.

9           Also, many only had seven days of symptoms,  
10 and there was no indication as to whether the  
11 patient was getting better or worse. And according  
12 to the current guidelines, seven days with somebody  
13 just sort of carrying on would count as viral.

14           So these, I think, are two very important  
15 quotes. One is again from the IDSA guidelines.  
16 "There is good reason to believe that many patients  
17 enrolled in these studies had uncomplicated viral  
18 sinusitis rather than bacterial sinusitis." And  
19 that would dilute out any treatment effect and make  
20 the placebo effect obviously look much better.

21           Ellen Wald, who is a well-known investigator

1 in this area, she did a study with much more  
2 stringent criteria trying to make the diagnosis, and  
3 her quote from the paper in Pediatrics was, "With  
4 more stringent criteria, spontaneous improvement  
5 dropped to 32 percent versus 64 percent for the  
6 comparator," which in her study was amox-clav.

7 Now, again I can't emphasize enough that no  
8 one is recommending antibiotics for the viral, and  
9 certainly not a quinolone. But whenever we make a  
10 decision about an antibiotic, we have to try and  
11 decide, A, do they need an antibiotic, and B, if so,  
12 which one.

13 So I think you have to consider the  
14 following: the disease and its acuity, the patient,  
15 and the pathogen. In terms of the acuity, are we  
16 dealing with something that's mild or moderate or  
17 severe?

18 In terms of the patient, have they recently  
19 been on a course of antibiotics that might change  
20 their flora? Do they have allergies or other  
21 obvious contraindications? Are they going to be

1 compliant? And obviously, what's their immune  
2 status?

3 In terms of the pathogen, we obviously too  
4 have to consider are we dealing with, say, a  
5 pneumococcus that might be resistant, or an H. flu?  
6 Or is it an unusual pathogen, for example, a fungus,  
7 which could occur.

8 Now, these are the suggested treatment  
9 guidelines for antibiotics for acute bacterial  
10 sinusitis. And again, let me emphasize, this is  
11 assuming you have used the criteria and made the  
12 diagnosis of what you think is acute bacterial  
13 sinusitis, not someone with sniffles.

14 Initial therapy, either amox-clav or possibly  
15 doxycycline. If the person has a beta-lactam  
16 allergy, then the fluoroquinolones, then  
17 doxycycline. If there is a risk of resistance or  
18 they failed initial therapy, the fluoroquinolones or  
19 amox-clav. And finally, in severe cases, some of  
20 those may have to go to a hospital, fluoroquinolones  
21 or something like a third generation cephalosporin

1 given intravenously.

2 The IDSA no longer recommends as first line  
3 macrolides, trimethoprim-sulfa, doxy, or  
4 amoxicillin, although in 2012, doxy was put in the  
5 one line if you couldn't use the amox-clav because  
6 of a potential for greater failure, because of risks  
7 of resistance.

8 In conclusion, for sinusitis, considerable  
9 patient burden. If there is insufficient or delayed  
10 treatment, this can lead to prolonged illness and  
11 can result in chronic disease as well as potentially  
12 serious complications.

13 Antibacterial therapy is definitely  
14 appropriate for acute bacterial sinusitis when it's  
15 properly diagnosed. Things like severity, patient  
16 issues, and resistance patterns have to be  
17 considered in treatment choices. And we're getting  
18 to the point of a perfect storm, and this is true  
19 for all infections, where we've got increasing  
20 resistance and decreasing options, with few drugs in  
21 the pipeline. So we have to keep that in mind

1 always.

2 Next, I'd like to talk about acute bacterial  
3 exacerbations of chronic bronchitis in the setting  
4 of patients with COPD.

5 Now, COPD -- I'm sure you all know this -- is  
6 a problem with limitation of air flow because of  
7 structural changes in lung tissue, and it includes  
8 three entities: bronchiectasis, chronic bronchitis,  
9 and emphysema. But by far, the most important  
10 entity is chronic bronchitis.

11 Now, if there is a flareup of this or an  
12 acute exacerbation of the chronic bronchitis in the  
13 setting of COPD, typically that's defined as an  
14 acute increase in symptoms beyond the normal day-to-  
15 day variation. But it also includes one, two, or  
16 three of these cardinal symptoms that are listed  
17 below.

18 Now, I think again, like sinusitis, sometimes  
19 or oftentimes COPD tends to be dismissed by  
20 physicians who don't deal with it. I've bounced  
21 some of these figures, and I'll show you on the next

1 slide as well, off physician colleagues that don't  
2 follow this literature closely or deal with these  
3 patients, and they're blown away when they actually  
4 see the data.

5 In terms of COPD worldwide, in 2020, which is  
6 just over four years, it will be the third leading  
7 cause of mortality. It already is the third leading  
8 cause of death in the United States, and worldwide  
9 it will be the fifth leading cause of disease  
10 burden.

11 Now, the impact of exacerbations of chronic  
12 bronchitis in people with COPD, it definitely  
13 negatively affects their quality of life. Things  
14 like the increased symptoms and the decrease in lung  
15 function acutely, they don't recover in three or  
16 four or five or six days. They can take weeks to  
17 recover.

18 Also, there are now very good data to show  
19 that these repeated attacks lead to a long-term  
20 decline in lung function. There is considerable  
21 mortality associated with this, and I'll show you

1 that in a second, and very high direct and indirect  
2 socioeconomic costs.

3           Again, this figure, when I show it at  
4 meetings or to physicians who don't deal with it,  
5 they're always blown away by it. These are people  
6 who have an exacerbation. If they are sick enough  
7 to go to the ICU, 1 in 4 will die. That's much  
8 higher than a heart attack. If they are  
9 hospitalized, the hospital mortality is 6 to  
10 12 percent.

11           I'd also like to point out that if you go to  
12 an ICU because of your exacerbation and you need  
13 mechanical ventilation, your three-year all-cause  
14 mortality is 49 percent.

15           Let's say you just go to an ER, so you're not  
16 necessarily admitted to the hospital or put in an  
17 ICU. Your relapse rate is 22 to 32 percent. And  
18 just the outpatients alone, their treatment failure  
19 rate is 13 to 33 percent.

20           So I would respectfully disagree with what  
21 was posited earlier. Moderate to severe is not just



1 for those admitted to hospital. You definitely see  
2 moderate in the outpatients, no question. And  
3 because it's harder and harder now to get patients  
4 into hospital and we do more and more outpatient  
5 treatment, we're seeing more and more patients who  
6 are approaching severe, and yet we try to treat them  
7 on the outside.

8 This is a representation trying to show you  
9 what the pathogens are, or potential pathogens, in  
10 relation to the disease. So the vertical axis is  
11 the FEV1 percent predicted because COPD, the  
12 diagnosis, is FEV1 over FVC, and it has to be less  
13 than .7.

14 On the left is acute bronchitis, which is  
15 usually viral, and don't give them any antibiotics.  
16 And as you move to the right, you're getting more  
17 and more serious problems -- chronic bronchitis,  
18 COPD, that's either simple or complicated, or  
19 complicated with risks.

20 You can see the organisms listed above that.  
21 Sometimes the atypicals, like mycoplasma, chlamydia,

1 may play a role. Then you start getting into more  
2 common pathogens with the AECB, organisms like  
3 H. flu, pneumococcus, Moraxella.

4 Then in people who have more severe  
5 underlying structural lung disease, and especially  
6 if there's bronchiectasis, you start running into  
7 pathogens like Pseudomonas and some of the  
8 Enterobacteriaceae.

9 If you have Pseudomonas exacerbation, you  
10 end up in the ICU, your three-year mortality is  
11 59 percent. We see these people all the time, and  
12 we try and treat them on the outside when they get  
13 their flareups. So again, to the point that not  
14 everybody who is moderate to severe is in the  
15 hospital.

16 Now, in terms of what are we trying to  
17 accomplish when we treat these people, number one,  
18 we would like to get them back to baseline. We  
19 would like to prevent bad things from happening,  
20 like morbidity, hospitalization, and mortality. But  
21 also, one of the most important things we can do is

1 extend the interval to the next episode.

2           Now, this slide illustrates this, I think,  
3 very nicely. The vertical axis is the probability  
4 of survival, and the horizontal axis is time in  
5 months going out to five years. And what you see  
6 represented on the three curves are no flareups or  
7 exacerbations, one to two a year, and three or more  
8 a year. And I think the p-values speak for  
9 themselves. So in other words, the more frequently  
10 you have a flareup, the less likely you are to stay  
11 alive. And that's now been extremely well  
12 documented.

13           This leads, then, to the next question. If  
14 we say, okay, I think Mr. Smith needs an antibiotic  
15 for his acute exacerbation, which one am I going to  
16 pick? Is there something, some property among the  
17 various drugs, that would help us with that? And I  
18 think there is.

19           Again, this is where the quinolones come into  
20 play because there are good data to show that the  
21 quinolones, unlike comparator agents, can extend the

1 interval to the next episode. And that's absolutely  
2 critical.

3           So this is the MOSAIC study. The vertical  
4 axis is the percent of patients not experiencing a  
5 next event. Horizontal axis is time. And what they  
6 did was they entered patients, waited till the first  
7 flareup, then randomized them to quinolone or a  
8 comparator, which was a macrolide or a beta-lactam;  
9 it was left up to the physician, and then they  
10 followed them.

11           They stratified them into two groups, those  
12 who were frequent exacerbators -- in other words,  
13 more than every six months -- and those who were  
14 less frequent exacerbators. And there was  
15 definitely an improvement with the quinolones in  
16 terms of extending the interval to the next episode  
17 in those who were the more frequent exacerbators.

18           Now, again, just like with sinusitis or any  
19 other infection, we consider the acuity of the  
20 illness, the patient, and the pathogen. And someone  
21 earlier alluded to the fact that what's moderate for

1 one person might be severe for someone else. So  
2 FEV1 comes into play and what their baseline FEV1  
3 was, what their age is, comorbidities, et cetera.

4 Now, virtually all the guidelines, and there  
5 are several, recommend antibiotics here for the  
6 moderate to severe. I chose the Canadian ones  
7 because they actually had a pictorial  
8 representation.

9 Again, on the left you've got simple chronic,  
10 which generally isn't too bad in terms of how  
11 seriously ill they become. Then as you move to the  
12 right, you're getting more and more seriously ill  
13 patients.

14 You can look at some of the associated  
15 things, like on the left it could be any age, less  
16 than 4 flareups a year, an FEV1 over 50 percent. As  
17 you're moving to the right, people are getting  
18 older. They're having more frequent exacerbations.  
19 FEV1 is going down.

20 So on the left, again, no one is recommending  
21 a quinolone. As you get to the complicated or the

1 chronic suppurative, the quinolones have a very  
2 important role to play.

3 Now, in terms of conclusion, I think there's  
4 no question that there's a considerable burden of  
5 illness with this, these exacerbations.

6 Insufficient or delayed treatment can lead to severe  
7 complications such as pneumonia, respiratory  
8 failure, or hospitalization.

9 You can also have, with ineffective  
10 treatment, less time to the next flareup and more  
11 frequent flareups. Antibacterial therapy definitely  
12 has a benefit in appropriate patients. Patient risk  
13 factors and resistance patterns have to be taken  
14 into account when you're selecting antibiotics. And  
15 once again, this perfect storm that we see every day  
16 in clinics of increasing resistance and fewer  
17 options.

18 Finally, uncomplicated urinary tract  
19 infections. From a clinical point of view, the way  
20 we deal with uncomplicated UTI is they're either  
21 upper, kidney, like acute pyelo, or lower, acute

1 cystitis. And in each case, they can be either  
2 complicated or uncomplicated. Here we're dealing  
3 strictly with the uncomplicated, and the focus will  
4 be on the cystitis.

5 Now, in terms of symptom duration, it's  
6 6.1 symptomatic days and 2.4 days of restricted  
7 activity. Again, as a male physician, in talking  
8 to male physician colleagues, they're often very  
9 dismissive of this. When you talk to your female  
10 patients or female physicians, they are not at all  
11 dismissive of this. This is a very real problem.

12 In terms of recurrence, 20 to 30 percent of  
13 women who have an episode will experience a  
14 recurrence within about three or four months after  
15 the previous episode. And this leads to additional  
16 morbidity and need for more antibiotics.

17 Again, the same approach. You consider  
18 what's the type of infection, the patient, and the  
19 bugs. In terms of type of infection, is it lower,  
20 like cystitis? And if so, is this a first episode  
21 or are we dealing with recurrent episodes? If it's

1 upper, acute pyelo as opposed to an uncomplicated  
2 pyelo, the patient and pathogen issues I won't go  
3 through at this point.

4 Now, these are the recommendations from the  
5 IDSA, which are actually combined guidelines from  
6 the IDSA and the European Society for Clin Micro and  
7 ID. And it's for uncomplicated cystitis. And  
8 again, if you look at the recommendation, the  
9 quinolones are not recommended as first line. They  
10 recommend something like nitrofurantoin,  
11 trimethoprim-sulfa, or fosfomycin.

12 The caveats would be that if there is any  
13 question of pyelo, then not to use nitrofurantoin or  
14 fosfomycin. An alternative agent, obviously, is the  
15 fluoroquinolones work very well in this area.

16 Now, in terms of conclusions, uncomplicated  
17 urinary tract infections can definitely cause  
18 substantial morbidity. A rapid reduction in  
19 symptoms is important. Short course therapy is  
20 preferred, and this is the classic use of three days  
21 of trimethoprim-sulfa as opposed to, years ago, when



1 it was seven, 10, to 14 days sometimes, which seems  
2 incredible in retrospect.

3 Patient factors and resistance patterns must  
4 be considered for treatment choice. Quinolones are  
5 definitely an alternative, but no one is  
6 recommending them as first line for the  
7 uncomplicated cases. And once again, we're starting  
8 to run out of options. Thank you.

9 **Industry Presentation - Jeff Alder**

10 DR. ALDER: Jeff Alder, senior director,  
11 global clinical development at Bayer HealthCare.

12 Fluoroquinolones do have a role in the  
13 treatment of acute bacterial sinusitis,  
14 exacerbations in COPD patients, and in uncomplicated  
15 UTI when used in the appropriate patient. The  
16 presentation will focus on the appropriate and  
17 proper role for fluoroquinolones in treatment of  
18 these three indications.

19 Fluoroquinolones were approved in all three  
20 of these indications based on trials with active  
21 comparators. Well, in fact, all antibiotics were

1 approved based on trials versus an active  
2 comparator. None were approved based on placebo-  
3 controlled trials in these indications.

4 The treatment guidelines, and we'll cite two  
5 by the Infectious Disease Society of America and one  
6 from the American Thoracic Society, recommend  
7 fluoroquinolones as second-line therapy or  
8 alternative therapy, depending on the language in  
9 the guideline. You'll see that the majority of  
10 fluoroquinolone usage in these three indications is  
11 in fact in uncomplicated UTI.

12 Now, if you take those three treatment  
13 guidelines and boil them down into what type of  
14 patient is most likely to benefit from a  
15 fluoroquinolone or alternative therapy, well, it's a  
16 patient that should have a bacterial infection. And  
17 we've heard much commentary on appropriate  
18 diagnosis.

19 A patient can't possibly benefit from  
20 bacterial therapy if they don't have a bacterial  
21 infection. So clinical diagnosis by signs and

1 symptoms is critical.

2           Very few of these patients are diagnosed  
3 based on a bacterial culture. They're based on  
4 physician assessment; patients who have allergies or  
5 who have experienced an adverse reaction to primary  
6 therapy; and patients who have experienced a  
7 therapeutic failure to primary therapy, or drug-  
8 resistant pathogens, and that's often suspected  
9 rather than known, again because of the lack of  
10 culture data.

11           Those three guidelines can be consolidated  
12 into a single table to see where the  
13 fluoroquinolones stack up. That's shown here. For  
14 example, on the left-hand side is the treatment  
15 guidelines from the IDSA for treatment of ABS.

16           You can see a beta-lactam such as  
17 amoxicillin-clavulanic acid or doxycycline as  
18 primary therapy, although doxycycline has been  
19 demoted recently. Respiratory fluoroquinolones are  
20 considered second-line therapy for ABS, and  
21 alternative therapy for exacerbations in COPD

1 patients and in uncomplicated UTI.

2 As was said a couple of times, the majority  
3 of fluoroquinolone use in these three indications is  
4 in uncomplicated UTI. Some of the reasons for that  
5 might be that in fosfomycin's label, it indicates  
6 that it was more than 20 percentage points less  
7 effective in clinical success than ciprofloxacin in  
8 a head-to-head trial, which gained approval for  
9 fosfomycin. Trimethoprim-sulfa has cautionary notes  
10 about drug resistance, and nitrofurantoin also has  
11 cautionary notes about acute pyelonephritis.

12 The figure here is consolidated from tables  
13 14, 16, and 18 from the FDA briefing document so you  
14 can see the usage data all presented together. So  
15 the darker blue bars are showing total drug use in  
16 each of the three indications, the lighter blue bars  
17 are the fluoroquinolone use, in other words, the  
18 amount of that bar which is due to fluoroquinolone.

19 Immediately apparent that most of the use is  
20 an uncomplicated UTI. That's 9.3 million uses per  
21 year out of a total fluoroquinolone use in these

1 three indications of about 10.2. So 91 percent of  
2 the fluoroquinolone use that we're talking about and  
3 considering today is in uncomplicated UTI.

4 The fluoroquinolones were approved in these  
5 three indications based on trials versus an active  
6 comparator. As we said, all antibacterials were.  
7 We consolidate all of the trials that supported the  
8 NDA approvals; we'll be showing these on the next  
9 figure.

10 This is a forest plot, and there's several  
11 components. On the far right side is the clinical  
12 response of the fluoroquinolone versus the active  
13 approved comparator. Those active approved  
14 comparators were things such as azithromycin in the  
15 respiratory, cefuroxime, trimethoprim-sulfa in the  
16 UTIs. They were all active and approved  
17 comparators.

18 The fluoroquinolone clinical success rate is  
19 bolded in each of the trials. These trials span  
20 decades. They go back from the late 1980s through  
21 some that are about 15 years old.

1           You should see overall that the  
2           fluoroquinolones showed high clinical success rate,  
3           from 87 percent to virtually 100 percent, and so did  
4           the comparators. Comparators also showed high  
5           clinical success rate.

6           The vertical line in the middle is showing  
7           the demarcation between clinical response rates that  
8           favor the fluoroquinolone on the right and the  
9           comparator on the left. So it's simply subtracting  
10          the two clinical response rates for the point  
11          estimate. You can see that in 8 out of 10 times,  
12          the point estimate is on the side favoring  
13          fluoroquinolones, although none of those were  
14          statistically significant.

15          The error bars are all clearly within the  
16          noninferiority margins for each of these trials in  
17          all noninferiority. This was the basis for the  
18          approval of the fluoroquinolones in these three  
19          indications. None of these drugs squeaked through  
20          by just barely making a noninferiority margin. They  
21          all showed solid efficacy relative to an active

1 comparator.

2           For each of the three indications, we will  
3 have the same pattern. First we'll look at the  
4 guidelines. That will be followed up with looking  
5 at the guidelines versus the usage pattern to see if  
6 physicians appear to be following the guidelines or  
7 not, followed by efficacy data with placebo-  
8 controlled trials, and a summation. So we'll have  
9 the same pattern for each of these three:  
10 guidelines, usage, placebo, summation.

11           Guidelines for ABS. The guidelines indicate  
12 that treatment, based on clinical signs and  
13 symptoms, should be if one of three criteria are  
14 met. And it's based on signs and symptoms,  
15 duration, severity, or worsening.

16           Duration of 10 or more days is likely to  
17 indicate a bacterial infection, or severity or  
18 worsening for three or more days. If any one of  
19 those three events occurs, the decision is to treat  
20 with an antibacterial agent. Whether to initiate  
21 first-line or second-line therapy is one that's

1 dependent upon patient factors such as risk of  
2 resistance and the allergies, adverse reactions, or  
3 failure to primary therapy.

4           So looking at this guideline versus how are  
5 the drugs actually being used, on the left-hand side  
6 is the IDSA guidelines for treatment of ABS. You  
7 can see that the top two recommended agents, beta-  
8 lactam, amox, amox-clavulanic acid, are indeed the  
9 top two agents, comprising a little over 50 percent  
10 of the usage.

11           The fluoroquinolones are recommended as  
12 second-line therapy for patients with all those  
13 characteristics we just discussed. Together they  
14 comprise a little less than 9 percent of the overall  
15 usage in ABS, and that amounts to about 795,000  
16 courses annually; keeping that in mind, 795,000  
17 versus a total usage of about 10.2 million in these  
18 three indications.

19           So we don't conflate two different issues,  
20 this doesn't indicate if the antibacterials are  
21 being used appropriately or inappropriately, all



1 appropriate, all inappropriate. What we do know is  
2 that fluoroquinolones are clearly not being used as  
3 first-line therapy in ABS because they have less  
4 than 9 percent of the overall usages.

5 Placebo data is shown here, and this meta-  
6 analysis comes directly from the IDSA guidelines in  
7 their extended guidelines. So a total of 20  
8 placebo-controlled trials were analyzed. In this  
9 particular analysis, none of these are  
10 fluoroquinolones. They're all some other drug.

11 In the 17 adults studies, you can see the  
12 clinical response rates of basically 73 percent  
13 versus 65 percent; an odds ratio of 1.4 -- that's  
14 positive. It certainly isn't impressively positive,  
15 but there is positivity.

16 Then if we look at the number of patients  
17 that would need to be treated to benefit one, it's  
18 13. That's basically looking at a differential of  
19 8 percent and how many in a population would you  
20 have to treat to benefit one based on that 8 percent  
21 difference from a placebo to actively treated, and

1 you get 13.

2 The pediatric data is a little more  
3 impressive, odds ratios of 2.52. You can see the  
4 clinical response rates, 78 and a half versus  
5 basically 60 percent for placebo. Odds ratio  
6 higher, 2.52. And number of patients to treat to  
7 benefit one is reduced all the way down to five.

8 Part of the reason the pediatric data looks  
9 a little more impressive was one study that was  
10 highlighted by Dr. Mandell. That was a study by  
11 Wald in which the diagnostic criteria were tightened  
12 up considerably, in which there were both signs and  
13 symptoms and radiographic data.

14 When more strict criteria were employed for  
15 the enrollment of patients, the placebo response  
16 rate dropped all the way to 32 percent in that  
17 study. And that's why the overall placebo response  
18 rate for the three studies is 60 percent. It also  
19 shows the wide range that we can get in placebo-  
20 controlled studies based on criteria.

21 There's two comments from the authors of the

1 IDSA guidelines. One is that there's good reason to  
2 believe many patients enrolled in these studies had  
3 uncomplicated viral URI, uncomplicated rhino  
4 infection, rather than ABRS, and that was based on  
5 the signs and symptoms. Many patients were enrolled  
6 based on seven or even fewer days of signs and  
7 symptoms, not 10 days.

8 The authors also concluded that one can only  
9 surmise that the benefit of antimicrobial therapy  
10 would have been substantially magnified if more of  
11 the study patients had actually had acute bacterial  
12 rhinosinusitis.

13 So overall, I think the agency and we are in  
14 basic agreement. There is modest treatment benefit.  
15 We're talking about alleviation of signs and  
16 symptoms and returning a patient to normal. This is  
17 not a case of ICUs or imminent mortality, but it is  
18 a case of clinical response based on defined signs  
19 and symptoms.

20 So overall, for ABS, the appropriate patient  
21 and the proper role for fluoroquinolones is based on

1       antibacterial treatment based on clinical signs and  
2       symptoms. The top three pathogens that you heard  
3       from Dr. Mandell, *Streptococcus pneumoniae*,  
4       *Haemophilus influenzae*, and *Moraxella catarrhalis*,  
5       have virtually no resistance to fluoroquinolones.

6               The IDSA guidelines recommend  
7       fluoroquinolones as second-line therapy in ABS for  
8       patients that have these characteristics:  
9       allergies, adverse reactions, therapeutic failure,  
10      et cetera. Importantly, the usage pattern, i.e., a  
11      little less than 9 percent of the overall usage,  
12      would seem to indicate that the fluoroquinolones are  
13      being used as second-line therapy in treatment of  
14      ABS.

15              For the COPD patients, same thing,  
16      guidelines, usage, placebo, summary; so the  
17      guidelines. These types of patients are those most  
18      likely to benefit, i.e., these are those that would  
19      be considered for alternative therapy: patients  
20      with a higher risk of serious complications, and you  
21      heard in the medical landscape talk a bit about

1 that; patients that are on oxygen; patients that  
2 might be the type 1 or type 2, with more signs and  
3 symptoms; those with allergies or adverse reactions;  
4 pathogens resistant to initial therapy; and/or  
5 therapeutic failure.

6 Looking at the guidelines, and these are from  
7 the American Thoracic Society -- on the left, you  
8 see many choices for first-line therapy, and then  
9 the alternative therapy are respiratory  
10 fluoroquinolones.

11 The pattern's immediately apparent. The  
12 fluoroquinolones here have 36.5 percent of the total  
13 uses, obviously a much bigger share in the COPD  
14 patients. However, the COPD patients were not  
15 categorized in the usage based on their severity.

16 All we know is that they got oral therapy.  
17 We don't know if they were mild or moderate. You  
18 would suspect not severe. But the fact that a  
19 patient got oral therapy does not mean they were  
20 mild. So we suspect that there's at least some  
21 moderates included in this data.

1           So overall, the fluoroquinolones had a bigger  
2 share of utilization in COPD patients. But since  
3 the piece of pie is much smaller, the overall usage  
4 is only 216,000 uses annually, again compared to  
5 10.2 million total in these three indications.

6           Shown here are 14 different placebo-  
7 controlled studies in COPD patients utilizing a drug  
8 versus placebo. And if one really went through the  
9 table, what it would describe is the great  
10 difficulty in doing placebo-controlled studies in  
11 COPD patients.

12           Many of these are really not placebo-  
13 controlled; I would call them delayed therapy. A  
14 patient started on a placebo and then was switched,  
15 clearly at the first signs of infection. Many of  
16 them are small. We see some of them are from the  
17 1950s. They span more than 50 years.

18           Despite all of that, overall, seven of the  
19 trials showed p-values less than .05 of drug versus  
20 placebo, even if that was placebo meaning delayed  
21 therapy. Four of them the authors claimed advantage

1 for drug, but either the trials were too small, they  
2 couldn't calculate the p-values, or if they did,  
3 they were greater than 0.05. And then three, drug  
4 equaled the placebo.

5           Again, a whole variety of diagnostic  
6 criteria, some hospitalized, some outpatient.  
7 Overall, the FDA has concluded that there is a  
8 modest treatment benefit in the milder COPD patients  
9 and more substantial in moderate to severe patients.

10           So in summarizing the COPD patients, again,  
11 appropriate clinical diagnosis to make sure the  
12 patient actually has a bacterial infection, and the  
13 key diagnostic criteria there is sputum, purulence,  
14 and color. That is the most characteristic feature  
15 of a patient that actually has a bacterial  
16 infection.

17           The pathogens were listed. They are similar  
18 to those for acute bacterial sinusitis, with the  
19 addition of some gram-negatives Enterobacteraceae,  
20 and in the most severe patients, Pseudomonas.

21           ATS guidelines recommend fluoroquinolones as

1 alternative therapy in patients especially that have  
2 high risk of serious complications. And you heard  
3 what happens with treatment failure leading to a  
4 cascading cycle of additional exacerbations:  
5 allergies or adverse reactions; pathogens resistant  
6 to initial therapy; or, in fact, overall therapeutic  
7 failure.

8           Finally, for UTI, the treatment guidelines.  
9 Here, when a patient presents with characteristic  
10 signs and symptoms -- pain, burning, urgency,  
11 et cetera -- the decision is typically to treat.  
12 The big consideration is acute pyelonephritis, which  
13 is depicted in the orange-colored box off to the  
14 right, to rule in or rule out acute pyelonephritis.

15           Obviously, it's not always as clear-cut.  
16 But for the purposes of today's presentation, we'll  
17 consider that this is uncomplicated urinary tract  
18 infection down in the bottom blue box, although many  
19 clinicians would consider acute pyelonephritis to be  
20 part of uncomplicated urinary tract infection. The  
21 FDA considers them separately.



1           Once the decision is to treat, the choice of  
2 therapy, based on patient allergy, compliance  
3 history, local practice patterns, local resistance  
4 in your community, drug availability, drug cost.

5           Looking at the IDSA guidelines on the left,  
6 we see three main therapies recommended,  
7 nitrofurantoin, trimethoprim-sulfa, and fosfomycin,  
8 an alternative therapy fluoroquinolone.

9           Immediately apparent on the table on the  
10 right is ciprofloxacin, the most used drug. Now,  
11 bear in mind that the definition of uncomplicated  
12 UTI for the purposes of this table, which is  
13 table 18 in the FDA briefing document, was expanded  
14 somewhat. It included terms such as urinary tract  
15 infection, which clearly could include acute  
16 pyelonephritis.

17           So ciprofloxacin was the number one used  
18 drug, and of course that was mostly generic  
19 ciprofloxacin. Overall, a bit over 37 percent of  
20 the usages were due to fluoroquinolones, and that  
21 translates into 9.3 million uses annually.

1           So by far, this is the biggest piece of the  
2 pie when it comes to fluoroquinolone use in the  
3 three indications under consideration today.  
4 Looking at the evidence for drug use, the FDA  
5 concluded that there is treatment benefit in UTI,  
6 and we agree.

7           This is highlighting four of the studies. At  
8 the very top you see that oflox is on top. And this  
9 is one of the placebo studies where there is in fact  
10 a fluoroquinolone. There was also one in the ABS.  
11 I think there was only two in the overall analyses,  
12 at least what we're presenting here today.

13           Overall, placebo effect is considered to  
14 be roughly 25 to 50 percent. You see here 26 to  
15 51 percent, depending on the trial, the inclusion  
16 criteria, et cetera. Effective drug therapy is  
17 typically considered in the 80-plus percent range.  
18 You see in fact here oflox at 89 percent.

19           If we remember back to that forest chart  
20 that was shown early in the presentation, the two  
21 fluoroquinolones under approved for treatment of

1 UTI, ciprofloxacin and levofloxacin, both had  
2 clinical response rates of 95 percent or greater,  
3 again in different trials, not in placebo-controlled  
4 versus an active comparator.

5 Here the placebo effect, 26 to 51 percent,  
6 and you see the drug effect, including one  
7 fluoroquinolone on the top, oflox, at basically  
8 89 percent. The one drug that failed to show a  
9 differentiation is the small study from Dubai,  
10 amoxicillin alone at 45 percent, placebo at 44.  
11 Amoxicillin is not recommended as therapy as a  
12 stand-alone for uncomplicated UTI.

13 So summarizing the UTIs, antibacterial  
14 treatment decision is based on clinical signs and  
15 symptoms. The patient is rarely cultured for an  
16 active bacterial pathogen. E. coli is the  
17 predominate pathogen; approximately 70 percent of  
18 the cases are caused by E. coli, the rest by a  
19 variety of Enterobacteriaceae, and on the gram-  
20 positive side, Staphylococcus saprophyticus.

21 The IDSA treatment guidelines recommend

1 fluoroquinolones as alternative therapy in  
2 uncomplicated UTI based on patient allergy, their  
3 adverse reactions, their history, their compliance,  
4 drug availability, and drug cost.

5 Conclusions overall. The fluoroquinolones do  
6 have a role in treatment of these three infections.  
7 The fluoroquinolones were approved and, in fact, all  
8 other antibacterials, based on trials versus an  
9 active comparator, they all demonstrated high  
10 clinical success rates, for example, 95-plus percent  
11 in the UTI trials.

12 The treatment guidelines recommend  
13 fluoroquinolones as second-line therapy for ABS and  
14 alternative therapy for exacerbations in COPD  
15 patients and an uncomplicated UTI. We saw that the  
16 majority, the vast majority, of fluoroquinolone  
17 usage in these three indications is in fact in  
18 uncomplicated UTI.

19 Overall, the fluoroquinolones are an  
20 important drug class. They have a proven role in  
21 the treatment of these three infections.

1 I'd like to introduce Dr. Susan Nicholson,  
2 who will be giving the safety presentation.

3 **Industry Presentation - Susan Nicholson**

4 DR. NICHOLSON: Hello. My name is Susan  
5 Nicholson, representing Janssen Pharmaceuticals and  
6 the other industry partners. I'm the vice president  
7 of safety, surveillance, and risk management for the  
8 Johnson and Johnson Family of Companies.

9 Formerly, I was the therapeutic area lead for  
10 anti-infectives at Ortho-McNeil Pharmaceuticals,  
11 which is now Janssen Pharmaceuticals. I'm a board-  
12 certified infectious disease physician and a fellow  
13 in the Infectious Disease Society of America.

14 We've heard presentations by FDA and industry  
15 colleagues about the utility of fluoroquinolone  
16 antibiotics in several infection types.

17 Fluoroquinolones are an important antibiotic  
18 treatment option for some infections in certain  
19 clinical scenarios.

20 Key in the selection of antibiotic therapy is  
21 consideration of risk/benefit. I'll be presenting a

1 perspective on the three adverse events, which have  
2 been identified to occur concurrently in some  
3 patients. I want to acknowledge that in no way are  
4 my comments meant to diminish the experiences of  
5 individuals who have taken a fluoroquinolone and  
6 experienced an adverse clinical outcome.

7 Fluoroquinolone safety has been well-  
8 characterized. Fluoroquinolones have been available  
9 for almost three decades. Thirty-three million oral  
10 treatment courses are prescribed each year in the  
11 United States across five marketed drugs in the  
12 class.

13 The safety profile has been well  
14 characterized through a large clinical trial  
15 database, including more than 60,000 patients.  
16 There is extensive description in the published  
17 literature, and the postmarket surveillance includes  
18 experiences in more than 1.1 billion treatment  
19 courses globally.

20 Fluoroquinolone class labeling reflects the  
21 current safety profile. Specifically, class

1 labeling updates have been made in close  
2 collaboration with the FDA and industry to address  
3 emerging safety issues. Cardiac arrhythmia was  
4 originally added in 1999, and updates to the labels  
5 were made three times subsequently.

6 Tendon rupture was initially added in 1996,  
7 and updated twice thereafter. Peripheral neuropathy  
8 was initially added in 2004, and updated in 2013 to  
9 include a comment, "May be irreversible."

10 Individual components within the FDA-described  
11 constellation of symptoms are included in the label.

12 When any potential safety concern is raised,  
13 characterization of this event includes review of  
14 all available data sources. Each data source has  
15 its strengths and its weaknesses. As such, it's  
16 important to consider all sources to determine the  
17 best interpretation of events and guide any needed  
18 action.

19 Sources of data include mechanism of action  
20 and preclinical data; clinical trials database;  
21 published literature, which may include perspectives

1 not previously considered; focused observational  
2 studies; and postmarketing surveillance.

3 When I'm speaking of adverse events of  
4 interest, these include the adverse events  
5 identified by FDA in their analysis of the  
6 constellation of symptoms referred to in the  
7 briefing book. These events include cardiac  
8 arrhythmia, tendinitis and tendon rupture, and  
9 peripheral neuropathy.

10 As mentioned, all these adverse events are  
11 currently described in the fluoroquinolone label.  
12 Overall event incidences in clinical trials support  
13 the conclusion that these serious adverse events of  
14 interest are rare.

15 The companies have ongoing processes to  
16 determine if new safety information is available.  
17 These processes include real-time analysis of  
18 individual case safety reports, meaning when a case  
19 is called in to the company, it's evaluated for  
20 reportability to health authorities, and also a  
21 determination is made if additional action is



1 needed.

2 Aggregate reports are done not only to meet  
3 regulatory reporting requirements, but are an  
4 opportunity to look at all the available sources of  
5 data in their totality and determine if the risk/  
6 benefit profile of the drug has changed, and if so,  
7 what mitigating actions are appropriate for that  
8 circumstance.

9 Aggregate data analyses include periodic  
10 adverse drug experience reports, PADERs, and  
11 periodic benefit/risk evaluation reports, PBERs. In  
12 addition, ongoing scheduled product signal detection  
13 reviews are conducted.

14 Signal detection and management is ongoing.  
15 For signal detection, a source of a signal may come  
16 from various sources, including a meeting such as  
17 this. When a significant comes in to the company, a  
18 process called signal validation takes place.  
19 That's a process to determine if further evaluation  
20 of that potential signal is needed.

21 It's important to know that this process is

1 not perfect and there's often missing or incomplete  
2 data in the spontaneously reported adverse events.  
3 Therefore, signal evaluation and assessment is  
4 needed, looking at in-depth analysis of all other  
5 sources of data, as I mentioned previously,  
6 including literature reviews, trending analyses,  
7 preclinical data, et cetera.

8 In the final analysis, a discussion is had  
9 whether or not there's a recommendation for further  
10 action, which could include potential label changes,  
11 "Dear Healthcare Provider" letters, et cetera.

12 Cardiac arrhythmias. It's been known for  
13 some time that fluoroquinolones as a class prolong  
14 the QT interval by blocking the hERG channel. This  
15 results in increased ventricular repolarization and  
16 can result in serious cardiac arrhythmias,  
17 particularly Torsade de Pointes, in susceptible  
18 patients.

19 Not all individuals with a QT prolongation  
20 will experience an event, an arrhythmia, and  
21 generally one or more additional factors are present

1 in individuals who do have QT prolongation-related  
2 clinical events. This risk varies by patient  
3 population and must be considered when assessing  
4 risk/benefit for fluoroquinolones.

5 Risk for serious cardiac arrhythmias is not  
6 unique to the fluoroquinolones in the antibiotic  
7 class, and of note, other antibiotics such as  
8 macrolides also carry a QT prolonging risk.

9 Fluoroquinolones carry a low risk of serious  
10 cardiac arrhythmias. According to the Chou paper,  
11 the risk is between .15 and .57 per thousand  
12 patients exposed. Importantly, the Chou data shown  
13 here includes patients with all infection types.  
14 This is relevant, as serious respiratory infections  
15 independently carry a risk of cardiac events.

16 Further, the data was not controlled for all  
17 other risk factors such as serious underlying  
18 conditions, which may have selected patients for  
19 certain classes of antimicrobial therapy, the more  
20 complex infections being given fluoroquinolones.  
21 Consequently, this analysis will not be

1 representative of patients discussed for the  
2 infection types under discussion at this advisory  
3 committee, where event rates would be expected to be  
4 lower.

5 Risk factors are described in the labeling  
6 for cardiac arrhythmia, including known prolongation  
7 of the QT; electrolyte imbalance; cardiac disease;  
8 class 1A or 3 antiarrhythmics; other drugs that  
9 prolong QT, including erythromycin, antipsychotics,  
10 tricyclic antidepressants, for instance; and elderly  
11 patients may also be more susceptible.

12 The class label is here, representing the  
13 quinolones. "Warning: Prolongation of the QT  
14 interval. Some fluoroquinolones have been  
15 associated with the prolongation of QT interval in  
16 the electrocardiogram in cases of arrhythmia. Cases  
17 of Torsade de Pointes have been reported during  
18 postmarket surveillance in patients receiving  
19 fluoroquinolones, including trade name." And you'll  
20 see in the label it lists the risk factors that I  
21 mentioned earlier for increased risk of cardiac

1 arrhythmias with quinolones.

2 For tendinopathy and tendon rupture, there  
3 are a number of mechanisms discussed in the  
4 literature with regard to fluoroquinolones and  
5 tendinopathy. The pathogenesis is considered to be  
6 multifactorial, and hypothesized mechanisms include  
7 ischemic effects on tendon tissue, degradation of  
8 tendon matrix, and cytotoxic effect on tendon cells.

9 As described in the FDA briefing book, tendon  
10 ruptures are rare in fluoroquinolone-exposed  
11 patients, occurring at a rate of 1.2 to 1.6 per  
12 10,000 treatment courses. As you can see, the  
13 calculated rate varies by study.

14 Risk factors are included in the labels for  
15 fluoroquinolones for tendon rupture. These include  
16 greater than 60 years of age; concomitant  
17 corticosteroid use; kidney, heart, or lung  
18 transplant; renal failure; previous tendon  
19 disorders, for example, rheumatoid arthritis; and  
20 strenuous physical exercise.

21 Tendinitis and tendon rupture is addressed in

1 a class label, a boxed warning. "Fluoroquinolones,  
2 including trade name, are associated with an  
3 increased risk of tendinitis and tendon rupture for  
4 all ages. The risk is further increased in older  
5 patients," and so forth, covering the risk factors I  
6 mentioned previously.

7 With regard to peripheral neuropathy, and  
8 this was discussed in the FDA presentation, a single  
9 epidemiologic study reports an increased ratio of  
10 peripheral neuropathy among nondiabetic men ages 40  
11 to 85 years, which is doubled in the two weeks after  
12 exposure to a fluoroquinolone.

13 It is difficult to assess the significance of  
14 this observation due to some methodologic  
15 limitations and missing key information that has  
16 already been reviewed. There is no direct clinical  
17 or experimental evidence linking specific cellular  
18 abnormalities to the pathology of peripheral nerves  
19 in fluoroquinolone-treated patients. Nonetheless,  
20 peripheral neuropathy was added to the label in  
21 2004, and the label updated, including "may be

1       irreversible," in 2013.

2               Here's the current class labeling for  
3 peripheral neuropathy in the warnings section.  
4 "Cases of sensory or sensorimotor axonal  
5 polyneuropathy affecting small and large axons  
6 resulting in paresthesias, hypoesthesias,  
7 dysesthesias, and weakness have been reported in  
8 patients receiving fluoroquinolones, including trade  
9 name." And a listing of the possible symptoms that  
10 might occur in patients is delineated here in  
11 detail. In addition, there's information in the  
12 adverse reaction section in the patient counseling  
13 information.

14               With regard to the FDA cases of interest, we  
15 reviewed the FDA cases of interest, as outlined in  
16 the briefing book. There were 178 total reports  
17 from FDA, received over a period of 17 and a half  
18 years. The reports were in three event categories:  
19 peripheral neuropathy-related events, tendon rupture  
20 and injury-related events, ventricular arrhythmia-  
21 related events.

1           These were further characterized for  
2 peripheral neuropathy-related events, including the  
3 listed signs and symptoms, nerve injury, burning  
4 sensation, numbness, tingling, severe muscle and  
5 nerve pain, prickling, pins and needles.

6 Neuropsychiatric-related events were also included:  
7 insomnia, anxiety, confusion, depression. Tendon  
8 rupture and injury were included, and ventricular-  
9 related events were included.

10           This slide shows the FDA's search strategy  
11 used to identify the 178 cases. Earlier in my  
12 presentation I reviewed the typical process for  
13 evaluating new safety concerns.

14           The usual process is to combine cases of  
15 similar clinical symptoms and determine possible  
16 cause and effect by reviewing all available data.  
17 Outcomes become important in determining the  
18 appropriate actions to mitigate any identified risk.

19           For this analysis, the FDA took an unusual  
20 approach to selecting cases. The cases were first  
21 selected based on the outcome of disability, an



1 outcome which could result from any number or  
2 combination of circumstances. Then among the  
3 disability cases, cases were selected, which  
4 included two or more adverse events from categories  
5 outlined on the previous slide.

6 Another notable aspect to the series, which  
7 was mentioned before, is the high proportion of  
8 cases reported directly from the public, 84 percent.  
9 Of note, only 12 percent of the cases were reported  
10 from healthcare professionals.

11 Over the past 10 years, the percentage of  
12 direct reports overall in the FAERS database has  
13 ranged from 2.4 to 6.3 percent. Importantly,  
14 reports from the public may not include important  
15 clinical information needed to assess causality and  
16 determine what medical assessment was performed to  
17 rule out alternative diagnoses.

18 Specifically, primary data such as biopsies,  
19 imaging studies, et cetera, are not available.  
20 Medical history not reported or not documented, as  
21 in 60 cases in this series, does not necessarily

1 mean healthy with no previous illness.

2           Companies seek to gain more information about  
3 reported events by having follow-up conversations  
4 with healthcare providers. Often, patients do not  
5 give healthcare provider information, contact  
6 information, when they report the event, and this  
7 limits the ability to clarify any data, which is  
8 collected when the report is taken.

9           This graph shows the FDA cases reported over  
10 time. Although it looks like the numbers are  
11 increasing over time, a higher proportion of the  
12 later reports are older than one and in many cases  
13 older than two years from the first occurrence.

14           You can see in the red and gold, hopefully,  
15 that the red are cases that the initial case or  
16 signs and symptoms started more than two years prior  
17 to the report being received, and the gold are cases  
18 that started between one and two years before the  
19 report was received.

20           If we push them back to first occurrence,  
21 sort of smushing them off to the left from when they

1 were reported, the reporting rate flattens out. On  
2 average, there are about 10 cases received each  
3 year, with approximately 10 million courses of  
4 treatment for the three infection types. So per  
5 year, that comes to a reporting rate of about one in  
6 one million treatment courses.

7 This type of increased reporting pattern is  
8 consistent with stimulated reporting. Adverse event  
9 reporting is said to be stimulated when there's an  
10 increase in the number of reports caused by factors  
11 unrelated to the true event frequency, such as  
12 recent product approvals, media coverage,  
13 litigation, direct-to-consumer marketing, or release  
14 of new safety information.

15 With stimulated reporting, it becomes very  
16 difficult to interpret postmarketing safety data.  
17 Seeking other sources of data to evaluate this  
18 constellation of clinical events is necessary.

19 For instance, to consider a pair of symptoms  
20 to be associated, they should occur more often  
21 together than they would independently. Further, in

1 this constellation, the pairs should occur more  
2 often in fluoroquinolone-treated individuals than in  
3 a comparable population. These analyses can be  
4 tested, but not in the spontaneous reported  
5 postmarket database we've been discussing. A health  
6 services database would be an alternative  
7 consideration.

8 The current class fluoroquinolone labeling  
9 contains information on all the clinical conditions  
10 in the case series. There are proposed or proven  
11 mechanism for each category of adverse event, none  
12 of which tie together the constellation of symptoms.

13 The purpose of the safety section of the  
14 label is to provide healthcare professionals with  
15 information that informs their treatment choices.  
16 It's not apparent how this constellation would aid  
17 the clinician or how it would contribute to the  
18 improvement of the well-being of patients. We look  
19 forward to hearing the perspective of the advisory  
20 committee on the proposed constellation of adverse  
21 events.

1           In conclusion, serious adverse events of  
2 interest are rare in fluoroquinolone-treated  
3 individuals. No new information has come to light  
4 pertaining to these three adverse events of interest  
5 beyond what's in the current class labeling.

6           The current label reflects our present  
7 understanding of the potential risks of  
8 fluoroquinolones and guides physicians to make  
9 informed treatment decisions. At this time,  
10 evidence of the FDA-identified constellation of  
11 symptoms associated with the events of interest is  
12 inconclusive and needs to be explored. There's no  
13 plausible unifying biological mechanism.

14           We look forward to hearing the advisory  
15 committee's perspectives, and we're committed to  
16 working with the agency to further understand and  
17 characterize this constellation of symptoms.

18           Dr. Zinner?

19           **Industry Presentation - Stephen Zinner**

20           DR. ZINNER: Thank you very much, and I'm  
21 happy to be here today. Good morning. I'm Steve

1 Zimmer, and in addition to what's listed on here as  
2 my credentials from Mount Auburn Hospital and  
3 Harvard Medical School, I've been a board-certified  
4 infectious disease consultant for over 40 years, and  
5 I'm still seeing patients. I have received a  
6 consulting honorarium for my time, but I do not have  
7 any financial interest in the companies or in the  
8 outcome of this meeting.

9 I have two other disclosures. I survived  
10 childhood without antibiotics, because they weren't  
11 available, and I remember the practice of infectious  
12 diseases before fluoroquinolones became available.

13 I'd like to offer some clinical observations  
14 about benefit/risk of the fluoroquinolones, but  
15 first I just want to have some general  
16 considerations about the appropriate use of  
17 antibiotics.

18 All oral antibiotics are overused, especially  
19 in respiratory tract infections, many of which are  
20 viral. And this applies to the macrolides, beta-  
21 lactams, as well as the fluoroquinolones.

1           What we need are better and faster point-of-  
2    care diagnostics to help us distinguish between  
3    bacterial infections, which require antibiotic  
4    therapy, and nonbacterial or viral infections, which  
5    are usually self-limited.

6           Infectious disease physicians and the  
7    guidelines support the appropriate use of  
8    antibiotics to treat proven or highly suspected  
9    bacterial infections. We also support antibiotic  
10   stewardship programs, which were initially devised  
11   to increase appropriate use in hospitals, but are  
12   currently expanding into the outpatient arena, with  
13   some early success.

14           I certainly remember when the  
15   fluoroquinolones became available, and I recall the  
16   ability to treat patients who used to be  
17   hospitalized, such as with pyelonephritis, as  
18   outpatients, reducing the need for hospitalizations,  
19   and certainly shortening the course of those  
20   patients who could be treated in the hospital.

21           The unique pharmacokinetics of this class of

1 drugs, as we've heard, allows oral medication, oral  
2 therapy, to achieve similar drug exposures to that  
3 achieved with intravenous doses, allowing for the  
4 ability to treat many of these infections outside  
5 the hospital. And you've heard an enormous number  
6 of courses of therapy with these drugs has been used  
7 globally.

8 So the fluoroquinolones remain an important  
9 charge class. They demonstrate bactericidal  
10 activity against prevalent gram-positive and  
11 gram-negative pathogens, albeit resistance occurs,  
12 as it does with all the antibiotics. And these  
13 drugs are also active against atypical respiratory  
14 pathogens. And they've recommended as alternative  
15 or second-line therapy in the major treatment  
16 guidelines for all three indications.

17 Let's think about the medical need for  
18 antibiotics overall in respiratory infections.  
19 Acute bacterial exacerbation of chronic bronchitis  
20 in the setting of COPD and acute bacterial sinusitis  
21 are bacterial infections when appropriately



1 diagnosed and should be treated. There is  
2 considerable patient morbidity. There are risks of  
3 complications and sequelae. And as we've heard, in  
4 COPD exacerbations contribute to long-term lung  
5 function decline.

6           Unfortunately, most diagnosis is empiric and  
7 often is evaluated by telephone consultations with  
8 healthcare providers. And sometimes patients are  
9 treated with antibiotics just in case.

10           That said, the treatment environment is  
11 complex, and we need to have choices to treat these  
12 patients because the patients may differ with  
13 respect to their recent use of antibiotics. There  
14 may be a recent primary failure of the first  
15 therapy.

16           Recurrent infection can occur frequently in  
17 these patients. A lot of underlying and concomitant  
18 diseases, lots of additional medications, allergies  
19 to and intolerances to other antibiotics, as well as  
20 local resistance patterns, play on the choice of  
21 physicians. These are some of the strategies where

1 the fluoroquinolones can play an important role.

2 At the end of the day, for most physicians,  
3 whether to use an antibiotic or not often comes down  
4 to a determination, is this patient sick or not  
5 sick?

6 With respect to the medical need for  
7 antibiotics in urinary tract infections, these  
8 should be treated with antibiotics if appropriately  
9 diagnosed because the clinical morbidity is not  
10 negligible. Rapid bacterial eradication is  
11 important. Short courses of antibiotics are  
12 effective in reducing symptoms and in eradicating  
13 bacteria, and recurrences are frequent.

14 Cultures are no longer routinely obtained in  
15 the first episode of acute urinary tract infections,  
16 but they may be useful in properly managing patients  
17 with recurrent uncomplicated urinary infections.  
18 And bacterial resistance, of course, is an issue  
19 with all major antibiotic classes, including the  
20 fluoroquinolones, but it's important for us to have  
21 treatment choices.

1           With respect to the established safety  
2 profile, we've heard that in detail just recently,  
3 and that the serious adverse events of interest are  
4 rare. With regard to each of the new FAERS symptom  
5 constellation reports, I've read each of the case  
6 reports, and I understand and acknowledge the pain  
7 and suffering represented by the patients who  
8 submitted those cases.

9           I'm not sure we have a plausible biological  
10 mechanism to link the symptoms in this  
11 constellation, but we do need additional analyses of  
12 the possible clusters and their potential overlap  
13 with other well-known clinical syndromes such as  
14 fibromyalgia, chronic fatigue syndrome, which is  
15 also known as the systemic exertion and tolerance  
16 disease, which might be an alternative explanation  
17 for some of these symptoms.

18           Looking at the benefit/risk of these drugs in  
19 the three indications, the benefits include their  
20 activity against important bacterial pathogens,  
21 resolution of clinical signs and symptoms, regaining

1 functional status and improving the quality of life,  
2 reducing complications and hospitalizations; and the  
3 treatment of patients with allergies or adverse  
4 reactions to other antibacterials, or who have  
5 failed primary therapy, or who are infected with  
6 drug-resistant pathogens provide an arena where the  
7 fluoroquinolones can be used appropriately.

8 Fluoroquinolones have a favorable  
9 benefit/risk in appropriate patients in these  
10 indications, and we need these drugs as available  
11 choices to treat these infections when appropriately  
12 diagnosed. Thank you.

13 **Industry Presentation - Jeff Adler**

14 DR. ALDER: Before I give concluding remarks,  
15 I'd like to take a moment to recognize the people in  
16 the room who will be sharing their personal stories  
17 at approximately 1:00 p.m. today. Your stories,  
18 your participation in the meeting, is very important  
19 to us.

20 As clinicians, as researchers, as  
21 investigators, the safety of our drugs and the

1 safety of our patients is our top priority. We  
2 appreciate your being here today to share your  
3 stories, and we look forward to your participation.

4 For concluding remarks, the fluoroquinolones  
5 are an important choice in the treatment of these  
6 three indications. They have proven safety and  
7 proven efficacy over decades of use. The  
8 fluoroquinolones remain an important choice for  
9 patients and for physicians in these three  
10 indications.

11 The fluoroquinolones have been approved in  
12 these three indications based on solid efficacy data  
13 in multiple phase 3 clinical trials, first as an  
14 active and approved comparator.

15 The treatment guidelines endorse  
16 fluoroquinolones as alternative for a second-line  
17 therapy in each of these three indications. Those  
18 guidelines also indicate what is an appropriate and  
19 what's an inappropriate patient in each of the three  
20 indications.

21 There is an established and well-

1 characterized safety database, which is reflected in  
2 the label, and efficacy, which is also reflected in  
3 the label, for each of the fluoroquinolones.

4 The industry is committed to working with the  
5 FDA to better analyze, better characterize, and to  
6 evaluate this newly identified FDA constellation of  
7 events.

8 Dr. Parise, that concludes the industry  
9 presentation.

10 **Clarifying Questions to Presenters**

11 CAPT PARISE: Thank you.

12 Are there clarifying questions for the  
13 industry? Please remember to state your name for  
14 the record before you speak. And if you can, please  
15 direct questions to a specific presenter.

16 Dr. Vitiello?

17 DR. VITIELLO: I didn't really signal. You  
18 probably saw someone else.

19 CAPT PARISE: Sorry.

20 Dr. Choudhry?

21 DR. CHOUDHRY: Thanks. Niteesh Choudhry.

1 This is a question probably for Dr. Alder and  
2 Dr. Mandell. I'm trying to reconcile for COPD  
3 exacerbation the interpretation of the data.

4 Notwithstanding our commentary before about  
5 what constitutes mild, moderate, and severe, which  
6 I'd love some feedback on, frankly, but the FDA's  
7 briefing document talks about a variety of  
8 guidelines, not only the ATS guidelines.

9 Neither of the documents really talk about  
10 goals, but debate about mild disease, and the  
11 comments that Dr. Toerner made in patients with  
12 milder exacerbations, the evidence of benefit is  
13 small as opposed to I think Dr. Alder's comments  
14 were that they were moderate.

15 So there's seemingly some difference in  
16 interpretation of the quantity of the data. So I've  
17 got three questions related to that.

18 Number one, any comments on the thoughts of  
19 which guidelines we should look to, given the  
20 numerous ones that are out there? Number two, if  
21 you could help us reconcile the interpretation of

1 the data. And number three, if you had to propose a  
2 definition of what might constitute mild or not  
3 mild, or sick or not sick, what would that be?

4 DR. ALDER: The statement was that the  
5 efficacy in the milder COPDs was modest. So modest,  
6 I believe, was the FDA wording, though we concur,  
7 and more substantial in moderate to severe COPD  
8 patients.

9 As far as differentiating clinically a mild  
10 COPD, a moderate COPD, and a severe COPD patient, I  
11 would invite Dr. Mandell for his views.

12 DR. MANDELL: Thanks for your questions.  
13 You've raised a number of points. I'm sorry, I had  
14 terrible hearing, but one of the questions was which  
15 guidelines.

16 There are a number of guidelines that are  
17 very good. I don't want to sound like I'm  
18 supporting my home team, but I think the Canadian  
19 guidelines are great because they really focused in  
20 on it and expanded on the antibacterial treatment as  
21 opposed to some of the other treatments, which



1 definitely play a role, like bronchodilators,  
2 steroids, et cetera.

3 But there was a lot of work and effort that  
4 went into that document. And also, the Canadian  
5 guidelines for pneumonia, for example, were the  
6 first ones out there, and then subsequently the ATS  
7 and IDSA jumped on board.

8 So I would say you can read whichever ones  
9 you want because they all recommend treatment. The  
10 greatest detail, though, is in the Canadian  
11 document.

12 In terms of the interpretation of the data, I  
13 would agree. The initial study was the Anthonisen  
14 study a number of years ago, and for the mild, there  
15 really wasn't an effect. And I would agree, and so  
16 would most clinicians. If it's a mild flareup, you  
17 don't treat it.

18 So I guess the question is, what's mild?  
19 What's moderate? What's severe? Generally, we go  
20 by what are called the Anthonisen criteria. For  
21 COPD, we use the GOLD criteria. But for the

1 flareups, the Anthonisen are usually used to a  
2 general extent. And that means one, two, or three  
3 of increased sputum volume, sputum purulence, or  
4 shortness of breath.

5           So if someone came in -- and keep in mind,  
6 these patients are like athletes. They're very  
7 attuned to their bodies because they sense right  
8 away if sputum volume has gone up or they're short  
9 of breath. So if they came in with just one of  
10 those, I would probably say to them, just wait.  
11 Let's see what happens over the next few days. If  
12 they came in with two or certainly three, I would  
13 start to treat them. And the data support that.

14           I think where we may be at odds a little bit  
15 in terms of interpretation is, are the moderate and  
16 severe only in the hospital? Absolutely not. They  
17 are out there in the community. They walk among us.

18           Did you have another question? Okay.

19           CAPT PARISE: Dr. Winterstein?

20           DR. WINTERSTEIN: Actually, this came up  
21 twice. There was this reference to no unique

1 plausible mechanism. I'm struggling with, number  
2 one, why there would have to be a unique,  
3 plausible -- or unified, I think was the  
4 term -- plausible mechanism.

5           So if you're looking at the more severe  
6 events, we have our cardiac arrhythmias and sudden  
7 cardiac death and ventricular arrhythmia. And that  
8 goes through QT prolongation, and that seems to be a  
9 fairly clear mechanism. And one would expect that  
10 this is not the same mechanism that causes tendon  
11 ruptures.

12           So for the tendon rupture piece, I think  
13 there is a fairly good body of literature now that  
14 looks at collagen tissue. And to me, that seems to  
15 be also a plausible mechanism for neuropathy.

16           So I guess my question is, number one, why  
17 does it have to be a unified mechanism or what  
18 exactly did that refer to? And then number two,  
19 does the sponsor disagree, number one, that  
20 quinolones cause tendon ruptures, number two, that  
21 quinolones cause severe arrhythmia, and then number

1 three, that quinolones cause neuropathy?

2 Because there were a lot of references  
3 throughout that, well, there may be confounding  
4 here, and there may be something there. And maybe  
5 we can just establish whether we think that this is  
6 actually a causal association, and then next we can  
7 talk about how rare that is or not.

8 DR. ALDER: Dr. Nicholson?

9 DR. NICHOLSON: Sorry. I can't see over the  
10 screen here.

11 DR. WINTERSTEIN: I cannot see you, either.

12 (Laughter.)

13 DR. NICHOLSON: I'm here. So for each of the  
14 three adverse events, absolutely, there is an  
15 association with fluoroquinolone use, and I think  
16 that is adequately reflected in the label.

17 I think the issue is the constellation  
18 itself. When we looked at the 178 cases and tried  
19 to understand the aggregation of those cases, it was  
20 difficult, frankly, to understand why those cases  
21 would be put together and analyzed based on an

1 outcome of disability.

2 In order to really understand if there is in  
3 fact an increased frequency with the exposure to  
4 fluoroquinolones, I think we need a good case  
5 definition and probably a more comprehensive  
6 database, such as a health systems database, to  
7 really evaluate is there an increased frequency of  
8 this aggregation of adverse events in  
9 fluoroquinolone-treated patients?

10 I don't disagree that each of the individual  
11 adverse events, which are well labeled currently,  
12 can be associated with fluoroquinolones. I think  
13 what's at issue is this constellation as something  
14 that is unique. So that would be my comment.

15 DR. WINTERSTEIN: Well, but there's a summary  
16 of cases as it was presented. It had cardiovascular  
17 cases in there, and it has musculoskeletal issues  
18 there, so we have the same issue.

19 Nobody makes the inference that this is one  
20 specific phenomenon or syndrome. And quite frankly,  
21 the case reports to me are not that important as the

1 solid controlled epidemiological data that gives us  
2 controlled comparisons of, as you call them,  
3 association.

4 So I'm just trying to get my arms around what  
5 the issue is here. But it seems like we agree that  
6 there is a causal association with these three  
7 outcomes that we were discussing. Yes?

8 DR. NICHOLSON: Yes. We do agree.

9 DR. WINTERSTEIN: Thank you.

10 CAPT PARISE: Dr. Gerhard?

11 DR. GERHARD: Tobias Gerhard, Rutgers. I  
12 guess this is for Dr. Alder as well. Clearly, the  
13 majority of the use is in uncomplicated UTI. And in  
14 all the presentations and the guidelines, there was  
15 agreement that the quinolones would be considered  
16 alternative treatments.

17 However, it seems that when we look at the  
18 actual utilization, that cipro is the number one  
19 drug used for uncomplicated UTI. Could you comment  
20 where that is coming from and how you interpret  
21 that, what to me looks like a mismatch?

1 DR. ALDER: Sure. I would invite  
2 Dr. Abrahamian to comment on this, please.

3 DR. ABRAHAMIAN: Thank you. I'm Fred  
4 Abrahamian. I'm a board-certified emergency  
5 physician, practicing emergency physician, with  
6 academic and research interest in infectious  
7 diseases.

8 Your question as far as the higher  
9 utilization of ciprofloxacin in the context of  
10 uncomplicated urinary tract infection, well, we have  
11 two issues. One is that the definition of our  
12 uncomplicated urinary tract infection, our  
13 definition encompassed not only acute cystitis but  
14 also included urinary tract infection.

15 That can include also acute pyelonephritis  
16 because urinary tract infections, as they're divided  
17 from lower to upper, they both can be categorized as  
18 uncomplicated as well. So it is conceivable that  
19 many patients, or some patients within that  
20 category, had acute pyelonephritis, where  
21 fluoroquinolones are considered to be the right

1 choice for that disease.

2 Another thing that comes up as well is that  
3 it is very hard from that data to understand  
4 appropriate use of the agent or inappropriate use of  
5 the agent. In clinical practice also, many patients  
6 also come in not always falling truly into acute  
7 cystitis or acute pyelonephritis.

8 Many patients come in with symptoms that fall  
9 kind of in between. And oftentimes, physicians and  
10 healthcare providers want to make sure they're  
11 treating adequately for patients that fall in the  
12 category, in the middle category, where we  
13 oftentimes call them they have subclinical  
14 pyelonephritis. We treat them as pyelonephritis,  
15 and oftentimes they're designated as urinary tract  
16 infection as well.

17 CAPT PARISE: Dr. Baden?

18 DR. BADEN: Along those lines, a similar  
19 question. What is the proper definition then for  
20 uncomplicated cystitis or lower tract in a way that  
21 we can operationalize in practice since the use of



1 agents in that setting really drives the antibiotic  
2 use equation in today's discussion?

3 DR. ABRAHAMIAN: Thank you. It's not very  
4 clear in general in clinical practice. Like I said,  
5 many patients can present with symptoms that overlap  
6 both conditions. As far as terminology, even in  
7 clinical trials or articles or research articles or  
8 review articles, you see this mislabeling of various  
9 forms of urinary tract infection.

10 The best way to do it -- slide up, please.  
11 The best way to do it is -- obviously there are many  
12 forms of classification system. But one of the  
13 easier ways to do it is to consider the infection to  
14 be in the lower aspect of the genitourinary system,  
15 specifically within the bladder, or anything that's  
16 above that that involves the kidney.

17 We go by symptoms. If the symptoms are  
18 mainly concentrated or related to the bladder area,  
19 we call that cystitis. If anything that's more  
20 systemic -- flank pain, cross over to ankle  
21 tenderness, fever, and so forth -- more likely

1 pyelo.

2 In each category you can have uncomplicated  
3 and complicated infections. Uncomplicated  
4 infections are basically -- the way we like to think  
5 about it are infections that occur in premenopausal  
6 nonpregnant women without any genitourinary  
7 abnormalities and comorbidities. And that's what  
8 defines uncomplicated. Everything else becomes  
9 complicated infection.

10 So as far as terminology, I think it's best  
11 for us -- what we're talking about here is acute  
12 uncomplicated cystitis. That's the best way to  
13 define that. I believe that's the point of our  
14 discussion. When you say acute uncomplicated  
15 urinary tract infection, that broadens the infection  
16 to include upper tract infections as well.

17 DR. BADEN: Agreed. So help me understand,  
18 then, what are the medical risks, health risks, with  
19 undertreating -- can you leave that slide up,  
20 please -- undertreating uncomplicated cystitis with  
21 antibiotics?

1 DR. ABRAHAMIAN: Undertreating uncomplicated  
2 cystitis?

3 DR. BADEN: Correct. What you said is our  
4 discussion now is uncomplicated lower UTI.

5 DR. ABRAHAMIAN: Right.

6 DR. BADEN: If that is undertreated with  
7 antibiotics, what are the significant medical risks  
8 at play that we should be considering?

9 DR. ABRAHAMIAN: Well, may I ask you to  
10 define undertreatment? Can you give me an example  
11 of that, please?

12 DR. BADEN: Since the treatment is  
13 antibiotics, what if antibiotics are delayed as  
14 one tries to sort out the clinical scenario? As  
15 Dr. Zinner and Dr. Mandell have mentioned, a lot  
16 of treatment may go on over the phone or in the  
17 outpatient, and that often leads to antibiotic use  
18 in that setting.

19 What is there were more thought prior to  
20 triggering antibiotics? And then what would the  
21 potential health risks be to the patients?

1 DR. ABRAHAMIAN: Well, I think the best way  
2 to answer that question is that first we have to  
3 look at, I guess -- the best way you can say  
4 undertreatment is we have to compare it to placebo  
5 trials. I mean, that's the best way you can answer  
6 that question.

7 It is very clear with the evidence that's  
8 available that antibiotics do affect symptom  
9 resolution, both acutely and somewhat of a longer  
10 term as well, meaning three days versus seven days.  
11 They both affect symptoms resolution and, most  
12 importantly, they also have an effect on bacterial  
13 eradication.

14 Another way to think about undertreatment is  
15 to utilize drugs that we know are ineffective on the  
16 specific organisms we're talking about, where there  
17 is resistance to those antibiotics. And we know  
18 when there is resistance, the clinical failure rate  
19 and microbiologic eradication rates are not high,  
20 either.

21 I'm not aware of any studies that has taken

1 the approach of wait and see approach. These  
2 infections have their morbidities. Certainly  
3 uncomplicated cystitis does not have a mortality  
4 associated with it. However, there's significant  
5 morbidity associated with it in terms of days lost  
6 from work, school, pain and suffering, and so forth.  
7 So as much as possible, you like to treat this  
8 infection appropriately.

9 Now, another aspect that comes in here is  
10 that we always think about risks to benefits. The  
11 new Infectious Disease Society of America guidelines  
12 recommends nitrofurantoin as the first choice of  
13 therapy for cystitis.

14 When you look at the efficacy of  
15 nitrofurantoin compared to ciprofloxacin, it's not  
16 as good. However, considering all the things we  
17 talked about, risks and benefits and disease burden  
18 and so forth, it appears that to minimize the  
19 consequences that broader spectrum agents can do, we  
20 stick with nitrofurantoin as first choice and move  
21 on to -- later on if there is a worsening of

1 infection or recurring infections.

2 CAPT PARISE: Dr. Hogans?

3 DR. HOGANS: Thank you. To stay on the  
4 theme, it looks as though the utilization of  
5 fluoroquinolones in the COPD exacerbation and the  
6 UTI are in the high 30s. But it also seems  
7 plausible that with the COPD exacerbation, as was  
8 nicely explained, there is a compromise in the host,  
9 and oftentimes there's a pattern in the bacterial  
10 pathogen that would lend itself to explaining why  
11 fluoroquinolones are chosen.

12 In the UTI scenario, though, it's pretty  
13 clear that these are community-dwelling, healthy,  
14 otherwise uncompromised patients who are getting  
15 very frequent exposure to fluoroquinolones. And I  
16 understand the discussion about upper versus lower,  
17 cystitis, whatnot.

18 Are there strategies that could be adopted to  
19 lead to more appropriate antibiotic selection in the  
20 event of uncomplicated cystitis? Because it does  
21 appear from the data -- and I understand what's been

1 explained -- but it does appear from the data that  
2 there is an over-reliance on ciprofloxacin for  
3 uncomplicated cystitis. I understand that we can't  
4 sort it all out perfectly.

5 DR. ALDER: Thank you. I'd like to share a  
6 couple pieces of data first, and we can potentially  
7 look at the label for fosfomycin. This is the FDA-  
8 approved label, where they have the overall clinical  
9 success rates. Slide up, please.

10 This is some of the points that were  
11 discussed a moment ago by Dr. Abrahamian. So this  
12 is actually from the FDA label. Fosfomycin,  
13 clinical success rate 70 percent. Ciprofloxacin was  
14 the positive control, so this was not a  
15 ciprofloxacin trial; this was a fosfomycin trial.  
16 Ninety-six percent, and the little footnote  
17 basically says that fosfomycin failed the  
18 noninferiority test to cipro.

19 Trimethoprim-sulfa is another primary therapy  
20 checked in at 94 percent, very high success.  
21 Nitrofurantoin, 77 percent. So this gives one

1 perspective of the three primary therapies compared  
2 to a fluoroquinolone for their overall success.

3 As far as strategies to optimize these four  
4 agents, I would invite Dr. Abrahamian to return and  
5 offer some comments, please.

6 DR. ABRAHAMIAN: Thank you. Well, this is a  
7 question that has been discussed for many, many  
8 years. I think one of the best things that have  
9 been done compared to previous edition of guidelines  
10 is that the Infectious Disease Society of America  
11 clearly states what should be the first choice. And  
12 I think as this information gets disseminated and  
13 physicians are aware, our physicians are using  
14 nitrofurantoin more and more.

15 Nitrofurantoin wasn't used many years ago,  
16 and now we see it oftentimes now as the second  
17 choice. And I think that's a reflection of the  
18 guidelines and understanding what drugs you should  
19 be using as first.

20 CAPT PARISE: Dr. Honegger?

21 DR. HONEGGER: I also had a question about



1 the utilization of cipro for UTIs. In the analysis,  
2 the ICD-9 strategy could not distinguish very well  
3 upper and lower urinary tract infections. Is there  
4 a narrower ICD-9 code that you can look at in a  
5 subset of patients to know the frequency at which  
6 cipro is used?

7 DR. ABRAHAMIAN: By no means I want to come  
8 across as an expert as ICD-9. This is what happens.  
9 The bottom line is that these codings are not  
10 precise, and oftentimes what happens in real world,  
11 you'll try to go to the most likely diagnosis that  
12 you can find in the ICD-9 coding.

13 Oftentimes, when you diagnose this infection  
14 as a urinary tract infection, that's what you're  
15 going to go to. You most likely are not going to go  
16 in detail to find out as far as the location or  
17 severity or anything like that.

18 I think that's how it goes. The coding in  
19 general are not precise. And I guess that's one  
20 limitations of ICD-9. From what I hear, ICD-10 is  
21 not like that. It's far more complex. And we'll

1 see how that goes.

2 CAPT PARISE: We will now break for lunch.  
3 Just a note to the committee that I know there are  
4 some of you who do still have clarifying questions,  
5 and we'll also do that in our session this  
6 afternoon. We'll have time to do that.

7 So we will convene again in this room at  
8 1:00. Please remember to take any personal  
9 belongings you may want with you at this time.  
10 Committee members, please remember there should be  
11 no discussion of the meeting during lunch among  
12 yourself, with the press, or with any member of the  
13 audience. Thank you.

14 (Whereupon, at 12:04 p.m., a lunch recess was  
15 taken.)

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A F T E R N O O N S E S S I O N

(1:02 p.m.)

**Open Public Hearing**

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3  
4           CAPT PARISE: Just before we start the open  
5 public hearing, there has been some interest from  
6 the media. So I wanted to reintroduce Lyndsay  
7 Meyer. If you could just show people who you are,  
8 the FDA press contact, if she can be assistance to  
9 you.

10           Both the FDA and the public believe in a  
11 transparent process for information-gathering and  
12 decision-making. To ensure such transparency at the  
13 open public hearing session of the advisory  
14 committee meeting, FDA believes that it is important  
15 to understand the context of an individual's  
16 presentation.

17           For this reason FDA encourages you, the open  
18 public hearing speaker, at the beginning of your  
19 written or oral statement, to advise the committee  
20 of any financial relationship that you may have with  
21 the industry, its product, and if known, its direct

1 competitors. For example, this financial  
2 information may include the industry's payment of  
3 your travel, lodging, or other expenses in  
4 connection with your attendance at the meeting.

5 Likewise, FDA encourages you at the beginning  
6 of your statement to advise the committee if you do  
7 not have any such financial relationships. If you  
8 choose not to address this issue of financial  
9 relationships at the beginning of your statement, it  
10 will not preclude you from speaking.

11 The FDA and this committee place great  
12 importance on the open public hearing process. The  
13 insights and comments provided can help the agency  
14 and this committee in their consideration of the  
15 issues before them.

16 That said, in many instances and for many  
17 topics there will be a variety of opinions. One of  
18 our goals today is for this open public hearing to  
19 be conducted in a fair and open way, where every  
20 participant is listened to carefully and treated  
21 with dignity, courtesy, and respect.

1           Therefore, speak only when recognized by the  
2 chair. Thank you for your cooperation.

3           Will speaker number 1 step up to the podium  
4 and introduce yourself? Please state your name and  
5 any organization you are representing for the  
6 record.

7           MR. RHUDY: My name is Tim Rhudy. I  
8 represent people who have been injured by  
9 fluoroquinolones. No financial interest.

10           I was on staff at the Cleveland Clinic for  
11 six years until my career was effectively ended  
12 there by cipro. Quinolones don't just cause a list  
13 of side effects. They can cause a long-term to  
14 permanent, multi-systemic, debilitating to disabling  
15 syndrome.

16           Doctors are not aware of fluoroquinolone  
17 toxicity syndrome. It's not even in their sphere of  
18 awareness for most of them. In fact, most of the  
19 time that you would ask a doctor about  
20 fluoroquinolone toxicity syndrome, they'll deny that  
21 it even exists.

1           The claim that doctors know about  
2 fluoroquinolone adverse effects is fiction. The  
3 intimation that fluoroquinolone adverse disability  
4 or fluoroquinolone-associated disability might not  
5 be a legitimate consequence of fluoroquinolones is  
6 offensive and needs to stop now.

7           Today I'm speaking on behalf of former Deputy  
8 Sheriff Gail Orth Aikmus, who was injured by Avelox.  
9 Her story, her words.

10           "In February of 2011, I was prescribed Avelox  
11 and prednisone. Within 24 hours of taking the meds,  
12 I had pain all over my body, had panic attacks, and  
13 felt like I had been hit by a bus. I called my  
14 doctor's office and told them something was wrong.  
15 I was told prednisone was a horrible med and side  
16 effects were bad, but to keep taking all the drugs.  
17 I would feel better.

18           "I kept taking it all. Two days later I was  
19 worse and called them again. Now I could barely  
20 walk. The pain in my arms and legs was tremendous.  
21 I had to use the wall to keep from falling over. I

1 felt like my heart was going to pound out of my  
2 chest. Once again, my doctor's office said they  
3 understood, but keep taking everything. You'll feel  
4 better.

5 "I completed the course of Avelox and  
6 continued on the prednisone and was getting worse,  
7 not better. It became so bad one night I couldn't  
8 breathe. My son took me to the emergency room,  
9 where I was admitted and placed in the critical care  
10 unit.

11 "For the next nine days, I was pumped with  
12 massive doses of steroid and more antibiotic, and  
13 was released, barely walking on my own. I got home  
14 and laid in my bed for the next two weeks, only  
15 getting out of bed to use the restroom.

16 "I saw my primary care doc. His diagnosis,  
17 severe adverse reaction to Avelox. The reaction was  
18 made worse by all the steroids. I was bedridden for  
19 the next two months, then went to using a wheelchair  
20 to a walker to a cane, which I still use four and a  
21 half years later.

1           "I have chronic tendinitis, peripheral  
2 neuropathy, skin sensation disturbance, muscle  
3 issues, joint issues, balance issues, ongoing  
4 cognitive issues. My insurance company spent  
5 hundreds of thousands of dollars in  
6 hospitalizations, testing, doctor after doctor,  
7 specialist after specialist, trying to find a cure  
8 to help me."

9           As for myself, I'd just like to add, after  
10 working at the Cleveland Clinic, this is not even on  
11 doctors' radar. We just want full disclosure. If  
12 you're prescribing or dispensing or consuming, you  
13 need to know what kind of Russian roulette you're  
14 playing.

15           (Applause.)

16           CAPT PARISE: Will speaker number 2 step up  
17 to the podium and introduce yourself? Please state  
18 your name and any organization you are representing  
19 for the record.

20           DR. BENNETT: Hi. I'm Dr. Charles Bennett.  
21 I'm an endowed professor at the University of South



1 Carolina School of Pharmacy, and I run the safety  
2 program for the University of South Carolina Center  
3 of Excellence. I have no financial conflicts of  
4 interest to report, and I do not represent any  
5 organization.

6 I will be giving two parts, just like the  
7 first speaker. The second part will be representing  
8 and speaking for Linda Martin, a PhD who's in  
9 Phoenix, who could not come today because she's too  
10 ill to make the trip.

11 So the first part. I run a program called  
12 the Southern Network on Adverse Reactions, SONAR,  
13 which is about \$8 million in funding from the  
14 federal government and the state. It's the only  
15 state-sponsored drug safety program in the country.

16 What SONAR does and what we do is we look and  
17 try to understand safety side effects. We've done  
18 50 so far, and we've done many that have been drugs  
19 on the market for 10, 20 years, just like we're  
20 talking about today.

21 The important point we do is to understand

1 both basic science and clinical science and  
2 preclinical science. The issues that we've been  
3 looking at for fluoroquinolone-associated toxicity,  
4 we've started to develop and look through mice  
5 studies.

6 We treated increasing doses of mice, 10 mice  
7 per panel, each half women, half men -- half male.  
8 And what we were able to do is increasing doses, is  
9 generate the same symptomatology that we talked  
10 about today in terms of neuropsychiatric findings.

11 This would be -- the mice would be unable to  
12 hold themselves. They could not get through a maze.  
13 They were depressed, you could see in the mice  
14 physiologic study. We also used a dosing in the  
15 mice that would be comparable to dosing that we use  
16 in humans to make sure it was not overly toxic.  
17 What we did with the mice is to find and replicate  
18 the neuropsychiatric findings.

19 Secondly, after we did that, we've done a  
20 sample of outreach, and we've identified 54 cases,  
21 much like the 178 that the FDA talked about this

1 morning. The symptomatology that we see is not  
2 necessarily FQAD. We find the symptoms that we've  
3 identified, that about 95 percent of the patients  
4 who report these symptoms during the time they're on  
5 drug, 5 percent after the drug is discontinued.

6 In terms of male/female, 85 percent female,  
7 as reported also. The interesting, important  
8 differentiation is that when you look at the time of  
9 disability, we have people disabled on mean over one  
10 year. And the difference between us and the FDA is  
11 because we have longitudinal follow-up, which was  
12 reported this morning as very difficult to get.

13 So finally, where we are. I have filed two  
14 citizen petitions personally to try to get the  
15 product label to be updated. This is a real  
16 finding. We've seen that in the findings that were  
17 associated with neuropsychiatric syndromes as  
18 opposed to the FQAD. Thank you.

19 (Applause.)

20 CAPT PARISE: Will speaker number 3 step up  
21 to the podium and introduce yourself? And please

1 state your name and any organization you are  
2 representing for the record.

3 MS. KING: My name is Teresa King. I reside  
4 in Mechanicsville, Virginia. I appreciate this  
5 opportunity to be able to come and speak to this  
6 panel. I have been severely injured since 2006,  
7 just connecting March of 2014.

8 I have seen many specialists, five orthopedic  
9 groups. My first adverse drug reaction was a torn  
10 glute; substantial tendinopathy in 2007. Another  
11 done in 2009. I have been to every specialist  
12 imagined from these fluoroquinolones.

13 I am only 56 years old, and they have taken  
14 eight years of my life. I have severe central  
15 nervous system damage, autonomic, five years of  
16 nausea, and the gastroenterologist, every gastro  
17 test they make; an esophageal manometry last Monday,  
18 my second endoscopy the 10th of this month.

19 I beg you, panel, to please strengthen the  
20 warnings of these fluoroquinolones. I was on NSAIDs  
21 before 2006, every one they make. Diclofenac,

1 methocarbam [indiscernible], and there are two other  
2 ones on here. I could not even do a speech. I am  
3 not mentally capable of putting eight years on  
4 paper. I called my husband. He said, "Wing it,  
5 girl."

6 But if you would just please strengthen the  
7 warnings for tendon ruptures, psychiatric issues. I  
8 saw a psychiatrist for three years. Cried for  
9 nothing. But also could laugh. And he couldn't  
10 understand. You are not clinically depressed if you  
11 can laugh.

12 Like I said, I just connected a year, a  
13 little over a year. And I have been to  
14 ophthalmologists, gastro, neuropsychiatrists, four  
15 orthopedic groups in Richmond, seeing six different  
16 doctors. No one would help me for torn glutes.

17 I have muscle contractions. My shoulders  
18 pull 24/7. My legs pull together. My feet draw.  
19 My hands do this (gesturing). My spine burns with  
20 the slightest task. I am homebound. And if it  
21 wasn't for my 31-year-old and 35-year-old, two

1 adult, grown men children, I would not be standing  
2 here today.

3 I beg you to strengthen the mitochondria  
4 warnings. I cannot get in the beach water and get  
5 out. I ask for you to please put the tendon  
6 ruptures on page 1. I never connected because who  
7 in the world would ever think an antibiotic would  
8 cause such devastation?

9 So anyway, I winged it, as my husband said.  
10 Like I said, I started on NSAIDs in 2006. After  
11 that, my first MRI September 2007; was given Avelox  
12 again. And I was given Avelox twice with a methyl  
13 pack. I've had Levaquin three times, one refilled  
14 with a methyl pack as well, along with five years of  
15 prescription NSAIDs.

16 My central nervous system damage is gone. I  
17 have severe autonomic damage. My bowels are gone  
18 for six years. I was hospitalized six years ago  
19 from the doctor's office, paralyzed, and have given  
20 these drugs seven times after a 2007 MRI stating  
21 substantial tendinopathy and torn glute.

1           CAPT PARISE: Excuse me. We just need you to  
2 finish up with your last sentence just so I can keep  
3 us on time. Thank you.

4           MS. KING: Thank you, panel. I appreciate  
5 it. Please strengthen the warnings for psychiatric.

6           CAPT PARISE: Thank you.

7           (Applause.)

8           CAPT PARISE: Will speaker number 4 step up  
9 to the podium and introduce yourself, stating your  
10 name and any organization you are representing for  
11 the record.

12          DR. WOLFE: I've been asked to move the  
13 microphone up so that I can be heard.

14          I'm Sidney Wolfe. I'm doing this in  
15 conjunction with a second-year internal medicine  
16 resident from Johns Hopkins, Victoria Powell, who's  
17 doing part of her residency with us.

18          This slide really talks about what the  
19 questions now voiced to the committee are. The only  
20 thing I'd like to stress is the last part of it,  
21 which is discussion of why including more things

1 than just tendinopathy and myasthenia gravis in the  
2 black box warning, such as abnormal  
3 electrocardiograms and arrhythmias, might clarify  
4 that the risk/benefit ratio is really higher than  
5 people think it is.

6           The other two diseases have been discussed  
7 in depth. Uncomplicated urinary tract infection  
8 again is not recommended -- fluoroquinolones are not  
9 recommended as the first choice by the IDSA, and yet  
10 a huge proportion of the prescriptions for this  
11 disease are fluoroquinolones, 32 percent  
12 ciprofloxacin and 5 percent levofloxacin.

13           This is a study which was done on 100  
14 consecutive patients in two academic medical center  
15 emergency rooms. The black bars are the  
16 inappropriate prescriptions and the light bars are  
17 the ones that are appropriate. And the categories  
18 are urinary tract infection, respiratory, and so  
19 forth and so on.

20           These were people who were well enough to be  
21 discharged from the emergency room, and they were



1 following the guidelines for those institutions.

2 This paper was published in the then-Archives of  
3 Internal Medicine by researchers from the University  
4 of Pennsylvania.

5           Some of the findings were that 25 percent of  
6 all the antibiotics in that emergency room were  
7 fluoroquinolones; 81 percent of these prescriptions  
8 were deemed inappropriate after chart review and  
9 using these institutional guidelines; and of those,  
10 about half were inappropriate because another agent  
11 was first-line.

12           People that were not allergic to sulfa should  
13 have been given sulfamethoxazole-trimethoprim but  
14 weren't. Another big chunk were inappropriate  
15 because there was no evidence of infection based on  
16 the clinical evaluation, and the smaller fraction  
17 was never thoroughly evaluated.

18           This to me was one of the more poignant  
19 statements in the whole briefing document. It was  
20 by Dr. Andrew Mosholder, who was a physician and  
21 epidemiologist who had been with FDA for more than a

1 couple decades.

2 He said, "The impact of arrhythmogenic  
3 effects on the risk/benefit balance for nonserious  
4 infections needs to be considered." He actually  
5 recommended, but FDA'S not going with that -- I  
6 think I have more than 14 seconds left, but  
7 anyway -- but they're not going with it because  
8 other people don't think it should be in the boxed  
9 warning.

10 The incidence of tendinopathy was very close  
11 to the incidence of these arrhythmias, being caused  
12 more often than in people using other antibiotics.  
13 So what are the conclusions?

14 There's clearly significant over-prescribing  
15 for fluoroquinolones. The warnings that are buried  
16 in the label are not likely to be noticed. We  
17 petitioned the FDA in 1996 to put a warning on  
18 tendinopathy. People didn't pay attention to it.  
19 We re-petitioned for a black box warning, and when  
20 FDA didn't respond, we filed a complaint against the  
21 agency, and the black box warning went on in 2008.

1           The FDA prescribing data starts in 2010, but  
2 there actually was some decrease -- 10,  
3 15 percent -- before that.

4           CAPT PARISE: Excuse me. I just need to ask  
5 you to wrap up just so I can keep all the  
6 speakers --

7           DR. WOLFE: Two sentences left.

8           Dr. Mosholder, as I said, recommended just  
9 adding QTc prolongation, which is acknowledged to be  
10 a problem with all these fluoroquinolones. We would  
11 add putting the arrhythmias. And the evidence for  
12 this is on a par with the evidence leading to the  
13 black box warning for tendinopathy and for  
14 myasthenia gravis. Thank you.

15           CAPT PARISE: Thank you.

16           (Applause.)

17           CAPT PARISE: Will speaker number 5 step up  
18 to the podium and introduce yourself? Please state  
19 your name and any organization you're representing  
20 for the record.

21           MR. MILLER: Good afternoon. My name is

1 Daniel Miller. I'm an attorney from Baltimore,  
2 Maryland. I practice pharmaceutical law. I have no  
3 financial interest in the outcome of this meeting,  
4 nor do I represent any clients in ongoing  
5 litigation.

6 But for the last six years, I have talked to  
7 hundreds of people who have been reporting serious  
8 harm after using fluoroquinolones as patients. And  
9 these people describe a cluster of debilitating  
10 effects, just as Dr. Boxwell has described to the  
11 panel today, so I don't need to get into that,  
12 except that I've experienced this and actually  
13 developed a lot of relationships with people who  
14 have formed grassroots organizations trying to get  
15 attention to this issue and trying to get some  
16 changes because these drugs are overused, over-  
17 prescribed, and over-marketed.

18 My message today is that the fluoroquinolones  
19 were inappropriately approved from the beginning for  
20 sinusitis and bronchitis. The appropriate terms  
21 were turned upside down. These drugs ended up being

1 compared to other agents that are not efficacious  
2 themselves.

3 So the two points I have as far as benefits  
4 go when you do a risk/benefit analysis is there's no  
5 substantial evidence of efficacy, as is required,  
6 and also there's been a failure to satisfy the  
7 comparison requirement of 21 CFR 314.

8 So when you look at the risk analysis, just  
9 going back to the history here where FDA withdrew  
10 approval for Ketek; five quinolones were withdrawn  
11 from the market by the manufacturer themselves; in  
12 December '06, the FDA decided it would deal with  
13 these drugs case by case.

14 So here we are. It's a wonderful opportunity  
15 now to look at these drugs and decide whether they  
16 should be indicated for minor infections when in  
17 fact it's like using an A-bomb to kill a housefly,  
18 as many people say.

19 The substantial evidence of efficacy required  
20 was really developed by case law in the Richardson  
21 case back in 1970. And in accordance with the law,

1 if there is no efficacy, the drug is inherently  
2 unsafe.

3 Also, on the comparison requirement, I think  
4 Dr. Toerner went through this well himself, too. I  
5 don't have time to go through all of this, but they  
6 haven't met the comparison requirement as required  
7 by 21 CFR 314.126(b)(4), and the noninferiority  
8 studies have confirmed this failure since that time.

9 The fundamental problem is the risks of using  
10 these drugs for minor and suspected infections far  
11 outweigh the minimal benefits that they offer. I  
12 regularly talk to physicians who are unaware of  
13 these effects, I think because they've been promoted  
14 so successfully, the medical profession in large  
15 part is trusting of these drugs. And they aren't  
16 even aware, for instance, that they can cause tendon  
17 ruptures.

18 Also, the argument made that side effects are  
19 rare really shouldn't apply because if you don't  
20 satisfy a risk/benefit analysis, it doesn't matter  
21 if a risk is rare or not.

1           The relief I'm requesting is that the  
2           indicated uses for sinusitis and bronchitis be  
3           withdrawn. As far as UTIs, they ought to be  
4           definitely, as even the manufacturers say, not  
5           first-line use, and the warnings should be updated,  
6           and the REMS, including medication guide, include  
7           these effects that I put here, especially including  
8           these neuropsychiatric --

9           CAPT PARISE: I just need to ask you to wrap  
10          up your sentence, please, so I can --

11          MR. MILLER: Thank you very much.

12          CAPT PARISE: Thank you.

13          (Applause.)

14          CAPT PARISE: Will speaker number 6 please  
15          step up to the podium and introduce yourself?  
16          Please state your name and any organization you  
17          represent for the record.

18          MS. BLOOMQUIST: My name is Lisa Bloomquist,  
19          and I'm speaking on behalf of Linda Livingston.  
20          Neither of us have any financial interest. These  
21          words were written by Linda Livingston.

1           "I have three minutes to tell you about the  
2 side effects from cipro, given to me for a simple  
3 UTI. I could take an hour trying to describe the  
4 two nightmarish months where my breathing was so  
5 suffocating I gasped for every single breath. Each  
6 night I had to take a pill to sleep, and I only got  
7 an hour of sleep if I was lucky. And each night  
8 before I took the pill, I prayed I wouldn't wake up.

9           "Words cannot describe the rage I feel for  
10 the torture I have endured. I could tell you about  
11 the damage to the nerves around my neck that make me  
12 feel numb at times and like I'm being choked at  
13 other times. I could tell you about the horrific  
14 olfactory nerve damage that made everything in the  
15 world asphyxiate me, making me a virtual shut-in.

16           "I could tell you about my pericardial  
17 effusion, blurred vision, terrifying light show,  
18 excruciating back pain worse than when I had cracked  
19 ribs, or being bedridden for a month and having to  
20 have food and non-fluoridated water dropped off and  
21 laundry picked up.



1           "I could tell you about my numb fingers and  
2 toes, constant bladder pressure, ravaged GI system,  
3 and 32-pound weight loss in two months with muscle  
4 waste and extreme weakness.

5           "There is swelling over the ulnar nerve.  
6 The spasming, uncontrolled fingers, the light  
7 sensitivity, sound sensitivity, newly acquired food  
8 sensitivities, electrical zaps, extreme anxiety,  
9 depression, crying every day for eight months, and  
10 suicidal thoughts.

11           "I could tell you about my fears, that my  
12 breathing will never improve again and be normal,  
13 that my eyes will not improve, or that they will  
14 even get worse, that my DNA is permanently damaged,  
15 or my fears surrounding the diseases linked to these  
16 things: ALS, Parkinson's, and Alzheimer's. No one  
17 deserves to have their life devastated for a simple  
18 UTI.

19           "My life is so different from how it was nine  
20 months ago. I cannot work, and I worry about how I  
21 will pay rent, let alone treatments, which are not

1 covered by my insurance. I can't meet friends for  
2 dinner or happy hour. I have not enjoyed a cup of  
3 coffee or a glass of wine since January. I can't  
4 exercise like I used to. I was in incredible shape  
5 before this.

6 "My diet is so restricted that there are few  
7 places I can go. I am tired all the time, and my  
8 anxiety prevents me from doing many things I used to  
9 do. My passion is theater, and I may never be able  
10 to perform again. There is little joy.

11 "First we are poisoned. Then we are left  
12 to fend for ourselves because doctors are mostly  
13 oblivious to any of the side effects. They are not  
14 reading labels or warnings. We are treated with  
15 ridicule and derision by the medical community, and  
16 then we are financially devastated as well. If  
17 another country did this to us, they would be called  
18 war crimes.

19 "The pharmaceutical companies have known for  
20 decades about the hideous side effects. The FDA has  
21 allowed them to inappropriately market these drugs

1 for simple infections. There was recently a GM car  
2 recalled because of 78 deaths. These drugs may be  
3 responsible for up to 300,000 deaths, not to mention  
4 all the life-altering side effects."

5 CAPT PARISE: I just need to ask you to wrap  
6 up your last sentence, please. Thank you.

7 MS. BLOOMQUIST: "We are not just figures on  
8 shareholder settlements. We are people who have  
9 been tortured and have had our lives decimated. So  
10 why are you even discussing it at this point?"

11 (Applause.)

12 CAPT PARISE: Thank you. Will speaker  
13 number 7 please step up to the podium and introduce  
14 yourself? State your name and your organization, if  
15 any, for the record, please.

16 MS. BRYANT: Hi. My name is Kimberly Bryant.  
17 I have no financial interest here. I'm here  
18 representing myself and the others that have gotten  
19 ill from fluoroquinolones.

20 I'd like to go back to May 2004, my life  
21 before Avelox. I was the mother of three children

1 holding down a full-time job as a nurse. I was the  
2 avid runner you were talking about this morning. I  
3 was always exercising.

4 I was also about to receive my master's  
5 degree, which took me years to get. After I  
6 received my master's degree, I was given the  
7 opportunity to run the health office in my local  
8 high school. People thought I was crazy for wanting  
9 to work with teenagers. Truth be told, I thought it  
10 was an honor to care for them. It's an honor I miss  
11 every day today, every day now.

12 Then in 2008, when I was 49 years old, my  
13 life after Avelox began. I visited my primary care  
14 physician because I didn't feel well, and I was  
15 diagnosed with sinusitis. I was prescribed and took  
16 a 10-day dose of Avelox.

17 Halfway through the dose of Avelox, I started  
18 to have pain in my feet, pain in my hips. I started  
19 getting a prickling feeling, numbness and tingling,  
20 going up my legs. I had sharp, stabbing pains in my  
21 legs and what felt like an electrical sensation in

1 my legs. I also felt like there was something  
2 moving underneath my skin.

3 I started to develop muscle weakness.  
4 Shortly thereafter, I was diagnosed with full body  
5 neuropathy because it had gone everywhere. They did  
6 a small nerve biopsy, which showed I did have full  
7 body neuropathy.

8 My neuropathy causes me to live my days in  
9 excruciating pain. It feels like I have little bees  
10 stinging me all over my entire body. My hands and  
11 feet feel like they are on fire. The pain is with  
12 me when I go to bed at night, if I'm able to sleep  
13 at all, and it's with me when I wake in the morning.

14 I have severe muscle weakness. Looking at a  
15 flight of stairs is a daunting task to me now. I  
16 have constant ringing in my ears. I have never-  
17 ending fatigue. I have neurogenic bladder, causing  
18 me to lose my urine at any given time. I have  
19 severe brain fog and sensitivity to touch. It hurts  
20 some days to put a blanket on me or put my clothes  
21 on.

1           What I have lost from this? I have lost my  
2           ability to work. I have lost the income that was  
3           necessary for my family's survival. I have lost the  
4           dreams of my husband and I traveling. I have lost  
5           who I was. I have lost everything from this.

6           I have lost the intelligent woman I was. I  
7           have to read off a paper because I don't remember  
8           things any more. I now spend my life managing my  
9           symptoms. Had I known Avelox was going to do this  
10          to me, I never would have taken this drug,  
11          especially being a nurse. We were not made aware of  
12          this.

13          I wouldn't be here talking to you today, and  
14          I wouldn't have had to go through the countless  
15          doctors' appointments and misdiagnoses I had. I am  
16          pleading with you today. Please put a stop to this.  
17          You have the power to do this. And please make sure  
18          that doctors are aware of this because they are not  
19          aware. They're not even reading it. Thank you for  
20          your time.

21          CAPT PARISE: Your last sentence. Thank you.

1 (Applause.)

2 CAPT PARISE: Will speaker number 8 please  
3 step up to the podium and introduce yourself,  
4 stating your name and any organization you're  
5 representing.

6 MR. JONES: Hi. My name is Chris Jones. No  
7 organization.

8 I'm a firefighter in Southern California. I  
9 started my career 10 years ago fighting brush fires.  
10 This job was very physically demanding; in fact,  
11 only 12 out of the 30 men that were in the academy  
12 graduated.

13 I then decided I want to help people and  
14 became a paramedic. I was working in one of the  
15 busiest areas of the nation up until a year ago when  
16 that was taken away from me.

17 I developed minor discomfort and trouble  
18 urinating. The doctor diagnosed me with a possible  
19 UTI or prostatitis and prescribed me cipro. The  
20 only warning I received was to stay out of the sun.

21 Two days into my treatment I noticed pain in

1 my hamstrings. I called the doctor and I was told  
2 to continue the cipro. After two weeks I was sent  
3 to a urologist, and I told him about the pain in my  
4 legs and the thousands of stories I've read on the  
5 internet of people being harmed by this drug. He  
6 scolded me and told me to stay off the internet,  
7 that I was young and healthy, and to keep taking the  
8 antibiotic. I'll be just fine.

9 Later I found out the antibiotic was never  
10 even needed. I was diagnosed with a urethral  
11 stricture I sustained caused by trauma I sustained  
12 on a structure fire. Unfortunately, it was too  
13 late.

14 After continuing the cipro, the pain became  
15 unbearable. I went from playing soccer in the  
16 Firefighter Olympics, working a physically demanding  
17 job, just passing a mandatory yearly physical, to  
18 not being able to walk to my own mailbox.

19 I stopped taking cipro on October 31, 2014.  
20 I have been tortured ever since. I have pain in  
21 every joint, muscle, and tendon in my legs. My



1 toenails have fallen off. I have muscle twitching,  
2 insomnia, extreme fatigue, and many more symptoms.

3 But worst of all, I cannot be a husband to my  
4 wife or a father to my three beautiful children.  
5 The ability to teach my son to ride a bike, dance  
6 with my daughter, or rock my newborn baby to sleep  
7 was taken away from me.

8 I have seen and talked to countless doctors.  
9 Many are unaware of the severity of these side  
10 effects and how to disabling they are. Even one  
11 stated that I must return to work immediately and  
12 the symptoms are all in my head. Almost all of them  
13 have the belief that the side effects will resolve  
14 after discontinuing the medication. It is a year  
15 later, and I'm still suffering every day.

16 Everyone agrees that there are no tests to  
17 determine if a patient developed fluoroquinolone-  
18 associated disabilities. You and the drug companies  
19 rely on very careful investigations done by doctors  
20 to determine how many people are affected, yet  
21 doctors don't even know these side effects are

1 possible. I am the easiest possible diagnosis, and  
2 many brushed me off and couldn't figure it out. How  
3 on earth can you say that these side effects are  
4 rare?

5 Many patients find out that their health  
6 problems are related -- many never find out that  
7 they are related to these antibiotics. This was the  
8 case with my aunt, who was misdiagnosed with  
9 fibromyalgia after taking cipro for an uncomplicated  
10 UTI she had. She suffered for three years, and she  
11 was brushed off just because she was older. This is  
12 happening across the nation.

13 My hope is that you would put FQAD on the  
14 warning label, only use the antibiotic for serious  
15 infections, and most importantly, educate doctors on  
16 how truly devastating these infections are -- or  
17 side effects are to save people from going through  
18 this nightmare.

19 And just one thing that I have that I want to  
20 add is, it has been mentioned that only side effects  
21 that is put on by patients shouldn't be used, that

1       only doctors who inform that these side effects are  
2       possible should be used.

3               I just want to say that's very convenient  
4       when there's no test to prove that any of these side  
5       effects are possible, and so many other medical  
6       problems mimic exactly what is happening to all  
7       these patients. So it's very convenient. Thank you  
8       very much for your time and giving me the  
9       opportunity to share my story.

10               (Applause.)

11               CAPT PARISE: Thank you.

12               Will speaker number 9 step up to the podium  
13       and introduce yourself, stating your name and any  
14       organization you represent for the record.

15               MS. MCCARTHY: My name is Heather McCarthy.  
16       I have no financial interest. I'm here -- I  
17       represent my son, O'Shea McCarthy.

18               This is my son O'Shea. Shortly after this  
19       picture was taken, O'Shea had surgery for a deviated  
20       septum. He was a college sophomore. He had no  
21       history of mental health issues or psychiatric

1 issues. He was given a 30-day prescription,  
2 500 milligrams a day of Levaquin. He thought it was  
3 messing with his mind, and after 20 days he quit  
4 taking it.

5 We could have never imagined the nightmare  
6 that came next. Heart palpitations, insomnia,  
7 panic, anxiety. Then depression, isolation. O'Shea  
8 told his doctors he believed that the Levaquin was  
9 responsible. No one listened. Then he entered our  
10 mental health system, seeing a psychiatrist, still  
11 offering Levaquin as a potential reason for his  
12 problems. Rather than listening to O'Shea, his  
13 unthinking doctors prescribed him another drug  
14 produced by Janssen, risperidone.

15 Without contemplating his offering of the  
16 adverse effects to Levaquin, they did not take  
17 his offering into consideration at all. This  
18 inappropriate course of treatment intensified his  
19 anxiety and caused a host of destructive events.

20 In an episode of panic and anxiety, he jumped  
21 out of the second story window of our home, drove

1 off, lost control of his vehicle, and, immobilized  
2 with agitation and confusion, was unable to avoid a  
3 collision with a cement embankment.

4 For those of you who cannot see, this is the  
5 final memory I have of my son. This is his vehicle,  
6 crashed against a wall. This was a drug-induced  
7 death that was unnecessary.

8 In 2014, a citizens' petition was presented  
9 to you requesting that psychiatric effects be added  
10 to the Levaquin label under warnings and  
11 precautions, and added to the black box label. Your  
12 own adverse effect reporting system provides  
13 numerous of these adverse effect accounts.

14 This proper labeling could validate the  
15 symptoms of those suffering, yet this request goes  
16 ignored, just as O'Shea was ignored by his treatment  
17 providers, although he knew this drug had profoundly  
18 changed him.

19 Psychiatric events are especially serious.  
20 Those suffering are extremely vulnerable in a  
21 society where mental health issues carry a stigma,

1       which lends them little credibility. And to think,  
2       a proper clear warning label of adverse effects,  
3       which are well-documented and impossible to ignore,  
4       might have provided weight to O'Shea's rendering to  
5       his doctors of what was wrong with him.

6                It is the purpose of this administration to  
7       protect and warn the public. Perhaps my son's  
8       providers would have taken heed to the reasons for  
9       what he believed caused his illness. But that hope  
10      for my family has passed. But for others stuffing  
11      now as he did, my hope would be that you take your  
12      responsibility to protect seriously and acknowledge  
13      what those suffering already know, the potential  
14      dangers of this drug and properly warn the public.

15               CAPT PARISE: I just need you to wrap up with  
16      your last sentence, please.

17               MS. MCCARTHY: And perhaps this image that my  
18      family my forever live with will remind you of that.

19               (Applause.)

20               CAPT PARISE: Thank you.

21               Will speaker number 10 please step up to the

1 podium and introduce yourself? Please state your  
2 name and any organization you represent for the  
3 record.

4 MS. SIANI: Thank you for the honor to speak  
5 before you today. My name is Andrea Siani, and I am  
6 here as a very concerned citizen. I have a B.S. in  
7 biochemistry. I am a mother of three medical  
8 professionals. And I have worked in community  
9 health my entire adult life.

10 I am also a victim of fluoroquinolones. I  
11 was prescribed levofloxacin for a non-life-  
12 threatening infection in March 2014. Before taking  
13 this antibiotic, I was in perfect health. I had not  
14 one preexisting condition. On the weekend prior, I  
15 was winter mountaineering on Mount Washington.

16 After nine pills, my tendons began burning.  
17 Within days, all my tendons were damaged, affecting  
18 all movement, my vision, my hearing, my heart. I  
19 started to lose my ability to walk, and I suffered  
20 excruciating pain for over a year and a half. I  
21 still suffer crushing fatigue.

1           When I learned of the mechanism of action of  
2 these antibiotics, I was shocked that they were used  
3 for first-line defense for me and then so many  
4 others. I was not warned about the long-term  
5 serious side effects. I took this antibiotic  
6 according to product labeling.

7           My doctors attribute all of my symptoms to  
8 levofloxacin, and they have no treatment to offer  
9 me. Think of them. I protected my health eating  
10 well and exercising for over 50 years, and nine  
11 pills took it away.

12           The medical community does not know or  
13 recognize these serious long-term side effects.  
14 They are not aware of the boxed and heightened  
15 warnings. I live in Boston, a medical hub. Not one  
16 doctor treating me knew of these side effects.

17           Friends of mine -- a heart surgeon at the  
18 Brigham, an orthopedist, and ER doc, a urologist, a  
19 dentist -- not one knew of these warnings. My  
20 children, practicing in New England, confirm the  
21 lack of this awareness among their colleagues.



1           The FDA's job is to protect medical  
2 professionals from unknowingly causing harm. And  
3 today, you can take that first step by recommending  
4 putting fluoroquinolone-associated disability on the  
5 labeling in a black box immediately.

6           These side effects are under-recognized, not  
7 rare. I have had over 50 personal contacts trace  
8 their disabling tendon and nerve damage to  
9 fluoroquinolones, many with their doctors. On my  
10 staff of nine, three have long-term damage.

11           Many others with unexplained plantar  
12 fasciitis, rotator cuff tears, knee pain, all trace  
13 to fluoroquinolones, returning from overseas in  
14 wheelchairs after taking cipro from their travel  
15 kits. You now have the knowledge --

16           CAPT PARISE: I just need to ask you to wrap  
17 up with one more sentence, please.

18           MS. SIANI: Final sentence. You now have the  
19 knowledge and privilege to protect yourselves and  
20 your families. Please take a step to share this  
21 with other medical professionals so they can know

1 these warnings and protect others. Thank you so  
2 much.

3 (Applause.)

4 CAPT PARISE: Thank you.

5 Will speaker number 11 please step up to the  
6 podium and introduce yourself, stating your name and  
7 any organization for the record.

8 MS. DELAINE: My name is Nicole Delaine and I  
9 am here to tell you how I was poisoned by Levaquin.

10 In February 2014, I was a healthy 41-year-old  
11 who earned this medal for finishing my first half  
12 marathon. Two months later, I was poisoned by a  
13 combination of Levaquin and Flonase, a black box  
14 warning contraindication. They were prescribed for  
15 an acute sinus infection that was never cultured.

16 Despite discussing in great detail my recent  
17 and upcoming races with the nurse practitioner, she  
18 never warned of the existing black box warnings for  
19 tendon rupture, a warning any runner would certainly  
20 want to know. Worse, I was never warned of the  
21 contraindications of Levaquin and Flonase together.

1 The prescribing nurse and filling pharmacist said  
2 nothing. There was no informed consent.

3 Isn't a black box warning the highest warning  
4 the FDA can put on a drug? Since when did the  
5 standard of care for an acute sinus infection  
6 include blatantly ignoring a prescription's black  
7 boxed warning? If I had been informed, I could have  
8 avoided so much physical, emotional, and financial  
9 hardship.

10 Sadly, the truth is that this is how  
11 fluoroquinolones are being prescribed. Using  
12 Levaquin for a sinus infection is like using an  
13 atomic bomb to kill a fly. By sheer luck, I did not  
14 exercise while taking these drugs. I only took  
15 three of the seven pills I was prescribed, but that  
16 was enough to trigger devastating adverse effects.

17 My symptoms were immediate, and for months  
18 this former long-distance runner could barely walk  
19 or stand. I started to document my symptoms daily,  
20 which have numbered nearly 100 to date. I have  
21 suffered from body-wide tendon pain, stabbing pains,

1 ear and eye pain, thyroid and hormone issues,  
2 constant ringing in my ears, vision and heart  
3 disturbances, vertigo, brain fog, short-term memory  
4 loss, an overwhelming feeling of despair, and so  
5 many others, all happening at the same time.

6 I cried nearly every day for six months. But  
7 the worst is that I may now have kidney disease. I  
8 cannot even begin to imagine where I would be had I  
9 taken all seven pills. Listening to my own words as  
10 I try to describe what happened to me sounds so dry  
11 and so far-removed from the horrors I actually lived  
12 through.

13 It is impossible to explain this terrible  
14 poisoning experience in terms that a non-flox person  
15 can understand. Floxing is invisible, and I've  
16 never felt so alone. My two young kids watched  
17 their stay-at-home mom lay on the couch crying for  
18 weeks, unable to properly care for them. My hands  
19 were so weak I couldn't even pick up my 2-year-old  
20 son when he asked.

21 How many more people have to be harmed?

1       These drugs belong in a hospital setting and should  
2       only be used for life and death infections.

3               I leave you with this.  It's something my  
4       3-year-old son says to me every night before we go  
5       to bed.  He says, "Mommy, I wish you hadn't taken  
6       that bad drug."  I wish I hadn't, either, baby,  
7       because it's not okay to poison people.

8               (Applause.)

9               CAPT PARISE:  Thank you.

10              Will speaker number 12 please step up to the  
11       podium and introduce yourself, stating your name and  
12       any organization for the record.

13              MS. ASTON:  Hi.  My name is Terry Aston, and  
14       I have no financial ties.

15              I was the organizer of the two FQ DC rallies  
16       held in Washington, D.C. in order to get change  
17       because my life has been destroyed by  
18       fluoroquinolones.  I am one of the individuals who  
19       meets the definition of FQAD described in the FDA  
20       briefing materials for this meeting.

21              Before I developed FQAD, I was a bartender, a

1       cosmetologist, a restaurant manager, a phlebotomist,  
2       and even a cross-country owner-operator truck  
3       driver. I loved being a truck driver most of all.  
4       I traveled all over the United States.

5               Unfortunately, all this ended when I was  
6       prescribed Avelox followed by Levaquin and later  
7       cipro. My career ended. I was prescribed  
8       fluoroquinolones repeatedly after that for routine  
9       infections because the doctors did not know about  
10      the damage these antibiotics can cause. I am  
11      hopeful that today you will recommend the label  
12      changes needed to warn doctors that these drugs can  
13      cause FQAD.

14              As the FDA describes in the briefing  
15      document, these antibiotics can cause disability and  
16      may damage many body systems. As described by the  
17      FDA, fluoroquinolones may result in severe damage,  
18      including peripheral neuropathy as well as  
19      neuropsychiatric, musculoskeletal, senses and skin  
20      adverse events. I personally have been damaged in  
21      these body systems as a result, and it has been

1       devastating.

2               As a result, I have lost my ability to work,  
3       my ability to love a normal life, lost important  
4       relationships in my life. I lost my life as I knew  
5       and the way I loved it. And I'm not the only one.  
6       There are thousands of others just like me. Some of  
7       them are children.

8               Several of us have collected hundreds of  
9       stories of individuals damaged by the  
10       fluoroquinolones. These stories are in the books,  
11       which I will give you if you're interested, if you'd  
12       like a copy, during the break.

13              You probably may be wondering what these  
14       Mardi Gras beads are for. There are 6,480 purple  
15       beads here. I brought them with me in honor of  
16       every victim damaged by fluoroquinolone antibiotics  
17       in our combined fluoroquinolone support groups on  
18       Facebook. They could not be here today because they  
19       were either too sick and can no longer travel or  
20       can't afford to travel.

21              I am honored to be here because I look at all

1 of you and allow myself to hope that things will  
2 change. Like so many others, I suffer with FQAD.  
3 Please recommend today that the warnings regarding  
4 FQAD be added to the fluoroquinolone labels  
5 immediately in a black box.

6 Thank you. And I would like to say rest in  
7 peace to Anna Jane Howlett, Dick DeSant, Lisa  
8 Wright, Chris Stanley, and Dave Penn, who are no  
9 longer with us due to fluoroquinolones. Thank you.

10 (Applause.)

11 CAPT PARISE: Thank you.

12 Will speaker number 13 please step up to the  
13 podium and introduce yourself, stating your name and  
14 any organization you represent.

15 MR. FURMAN: My name is Jonathan Furman. I'm  
16 representing myself. No financial conflicts of  
17 interest.

18 Beginning in 1999, I began to suffer from  
19 mysterious symptoms. I consulted many doctors,  
20 including a well-respected neurologist. The  
21 symptoms were severe enough that a full MRI scan of



1 the brain was warranted. I was convinced that death  
2 was imminent for months at a time. Above is a  
3 partial list of the symptoms I endured. There's  
4 more than that.

5 Here I've plotted the severity of the  
6 symptoms over the past 15 years and averaged them  
7 together to create a visual representation of my  
8 functioning and quality of life during this time.  
9 One hundred percent represents fully functioning and  
10 zero percent represents the symptoms at their most  
11 severe.

12 This is the same chart with the addition of  
13 fluoroquinolone prescriptions. The red bars  
14 indicate the time periods where I was consuming  
15 fluoroquinolones. I have my entire medical record,  
16 and both the symptoms and prescription history is  
17 independently documented there.

18 In spite of the issues that I was  
19 experiencing, I was unable to receive any  
20 substantive help from doctors or hospitals. This  
21 continues to this day. No diagnosis. No treatment.

1 No recognition.

2 Here's the MedWatch report I submitted in  
3 September of 2012. In spite of the FDA having my  
4 contact information, I never heard anything back and  
5 no more information was collected.

6 Since I have become fluoroquinolone aware, I  
7 see things differently. Within my own social  
8 circles, there have been strange illnesses for which  
9 my acquaintances also never received a meaningful  
10 explanation as to what was happening.

11 Often I hear of national health issues where  
12 fluoroquinolone toxicity seems to be one of the more  
13 rational and likely explanations. Gulf War syndrome  
14 is one such subject. I've also read that studies  
15 indicate that 70 percent of people discharged from a  
16 hospital ICU display Alzheimer's-type mental issues.  
17 Both the Gulf War veterans and ICU patients would  
18 likely have been exposed to fluoroquinolones, and  
19 internal FDA opinion seems to back up a correlation.

20 During my worst periods, I was relying on  
21 benzodiazepines and Benadryl in order to dull the

1 symptoms just enough so that I could survive. This  
2 autopsy report seems to tell a similar story, and  
3 sure enough, ciprofloxacin was found.

4           When I read about things like the Sandy Hook  
5 massacre, I can't help but associate the  
6 unexplainable mental states with my experiences with  
7 fluoroquinolones. We see that Nancy Lanza  
8 experienced an impending sense of doom, neurological  
9 issues, and no real medical diagnosis. To top it  
10 off, she felt her symptoms escalated after  
11 surgeries. Fluoroquinolones are often prescribed to  
12 prevent infection even after routine surgeries.

13           We see the same type of thing --

14           CAPT PARISE: I just need to ask you to wrap  
15 up with the last sentence, please.

16           MR. FURMAN: All right. Well, we see the  
17 same thing here with Adam Lanza.

18           It's of utmost importance that the FDA take  
19 action due to the legal environment. The time has  
20 come for a comprehensive investigation and  
21 exhaustive evaluation into the total impact of these

1 drugs. Ladies and gentlemen of the FDA, thank you  
2 for your time and for your attention.

3 (Applause.)

4 CAPT PARISE: Thank you.

5 Will speaker number 14 please step up to the  
6 paradigm and introduce yourself, stating your name  
7 and any organization you represent.

8 MS. LANDMON: Hi. My name is Linda Landmon,  
9 and I'm representing myself. I'm here today with my  
10 husband David, and we're from Dallas, Texas, and I'm  
11 58 years old.

12 In 2009, we brought our dream home that we  
13 planned to retire in. I'd been self-employed for  
14 nine years working from home. I was an avid bicycle  
15 rider. I enjoyed swimming, entertaining, traveling,  
16 and spoiling our two grandkids. I even had a  
17 personal trainer coming to my house twice a week.  
18 Life was good.

19 But then things changed. In December of  
20 2011, I was diagnosed with a kidney stone. My  
21 urologist gave me Levaquin samples. He gave me no

1 information at all on the medication or the possible  
2 side effects. I later found out my urine culture  
3 came back negative for infection.

4 In April of 2012, I had a lithotripsy. My  
5 urologist prescribed cipro to me as a precautionary  
6 measure. In December of 2012, my urologist  
7 surgically attempted to remove my kidney stone.  
8 Once again I was prescribed cipro as a precautionary  
9 measure. I did not have an infection.

10 One week later, January 2013, I was admitted  
11 to the ER for severe pain as fragments of the kidney  
12 stone attempted to pass through my ureter. I was  
13 immediately given an IV of Levaquin prior to  
14 determining if I had an infection. It was found  
15 that I did not have one.

16 Less than two weeks later I was back in the  
17 ER with another kidney stone attack, and I was given  
18 another four bags of Levaquin by the time I was  
19 released three days later. The urine culture had  
20 already come back negative. I never had an  
21 infection. I was sent home with a prescription for

1       Levaquin to take for an additional 10 more days.

2               Since these medications, I've been diagnosed  
3       with peripheral neuropathy, ringing in the ears,  
4       high anxiety, a torn rotator cuff, a torn meniscus,  
5       which has resulted in needing a total knee  
6       replacement, spinal stenosis, and tendon damage in  
7       my foot. This has all led to depression, and I've  
8       basically become a recluse. For me to be here today  
9       is huge. I've numerous MRIs, X-rays, steroid shots.  
10       I've been prescribed Celebrex, Neurontin, Lyrica,  
11       Tramadol, Xanax. I have a walker, crutches, a leg  
12       brace, various boots and supports for my foot.

13               In my opinion, these drugs are prescribed way  
14       too often for relatively minor ailments, and at  
15       times without any proof of infection. I know  
16       because it happened to me five times.

17               Fluoroquinolones are the only antibiotics  
18       I've found that carry a black box warning and it  
19       hasn't stopped doctors from passing it out like it's  
20       candy.

21               CAPT PARISE: I just need to ask you to wrap

1 up with your last sentence, please.

2 MS. LANDMON: Okay. I didn't have anthrax,  
3 the plague, or an infection. I had a kidney stone.  
4 Thank you very much.

5 (Applause.)

6 CAPT PARISE: Thank you.

7 Will speaker number 15 step up to the podium  
8 and introduce yourself, stating your name and any  
9 organization for the record.

10 MR. KAFLERLY: Good afternoon. My name is  
11 Michael Christian Kaferly. I have no affiliation.

12 In September 2008, I was prescribed Levaquin  
13 to clear a chest cold before a minor surgery. There  
14 was no testing done to determine if I even had a  
15 bacterial issue. It was given to me just in case.

16 Soon a nuclear bomb detonated inside my body,  
17 and I quickly went from an intelligent and healthy  
18 man who worked out almost daily to being bedridden,  
19 unable to understand the world around me, and in  
20 horrific pain not of this earth.

21 For much of the first 18 months, my entire

1 body had become too weak and too heavy to move, not  
2 even to use the washroom. And at its worst, I was  
3 so weak I could not hold my head up, chew my food,  
4 or produce a voice to tell my little boy that I  
5 loved him.

6 Our search for help took us coast to coast.  
7 Among my diagnoses are autonomic neuropathy and  
8 mitochondrial damage. Testing shows my body has  
9 suppressed cell replication, which is the explicit  
10 mechanism of action of the drugs we're here to  
11 discuss today. My full list of diagnoses and  
12 symptoms spans across multiple systems and is far  
13 too long to list here.

14 I have fought this monster for 2,585 days and  
15 nights, but I'm hardly improved. While I have good  
16 and bad days, I'm never well and I rarely leave the  
17 house. Like a defective battery that discharges far  
18 too quickly and doesn't recharge correctly, I have a  
19 minimal and unpredictable energy supply to fuel my  
20 muscles, systems, and organs. That means as I tire,  
21 my entire body gets progressively weaker and



1 heavier.

2 My vision worsens. I can become confused,  
3 frail, and weak, and many symptoms become  
4 unimaginably severe, including layers of unspeakable  
5 pain. And even though I've rested for weeks to be  
6 here today, this trip is dangerous for me, and I  
7 will suffer devastating consequences for the energy  
8 spent.

9 Abandoned by the very medical system that did  
10 this to me, I've been forced to give myself over 475  
11 IVs to help manage some of the horrific symptoms  
12 Levaquin has caused. I've made videos of my IV  
13 process to help other victims, one of which has over  
14 15,000 views. There are many more like me.

15 Modern medicine offers no cure for my  
16 mitochondrial disorder that began as a result of  
17 taking Levaquin. It is imperative to manage  
18 symptoms to prevent this disorder from progressing,  
19 but the only known therapies are not covered by  
20 insurance.

21 I can no longer afford the extensive

1 supplementation and IVs that had helped me to fight  
2 back. I've been forced to go without, and my  
3 condition has deteriorated significantly as a  
4 result.

5           Until a few weeks ago my family was homeless  
6 again. When I get home with my little boy, I face  
7 immediate amputation from the damage Levaquin has  
8 caused. In 2008, there was no warning about  
9 autonomic neuropathy or mitochondrial damage, just  
10 tendon issues. If the FDA would have protected me  
11 and allowed me to make an informed decision, I would  
12 have absolutely chosen to keep the cough.

13           The salesmen are here today to tell you that  
14 their drugs are safe, but you already know these  
15 drugs can cause mitochondrial damage. And I came  
16 all this way today to look every one of you in the  
17 eyes and tell you in fact that it does.

18           My little boy was 15 months old when my life  
19 was hijacked. Now he has never known his father as  
20 a healthy man. He's been forced to see things that  
21 no child should ever witness.

1           My life and his childhood have been stolen in  
2 the pursuit of profit, and I'm here today for the  
3 hundreds of thousands of people like me labeled as  
4 crazy who still don't know what is happening to  
5 them. I am here for my son and for his entire  
6 generation to implore the FDA to rethink the way  
7 that we monitor and label these biological weapons  
8 that we call cures.

9           My life has unquestionably been cut short by  
10 decades, and there is no sane measure that makes  
11 this level of metabolic damage --

12           CAPT PARISE: I just need to ask you to wrap  
13 up with your last sentence, please.

14           MR. KAFERLY: There is no sane measure that  
15 makes this level of metabolic an acceptable risk  
16 except to those whose directive is to sell more  
17 pills.

18           (Applause.)

19           CAPT PARISE: Thank you.

20           MR. KAFERLY: Thank you.

21           CAPT PARISE: Will speaker number 16 please

1 step up to the podium and introduce yourself,  
2 stating your name and any organization you  
3 represent.

4 MS. LALONE: Thank you for allowing me to  
5 speak today. My name is Laura Lalone.

6 Prior to taking cipro nine years ago, I was  
7 in excellent health. I was full of energy, had a  
8 busy social life. I was 40, and I was building a  
9 successful State Farm insurance agency in Indiana.  
10 And I was raising my 13-year-old son as a single  
11 parent.

12 Now my body and my quality of life have been  
13 devastated by cipro. I have skin biopsy-confirmed  
14 poly progressive small fiber neuropathy, tinnitus,  
15 debilitating hyperacusis, documented neurocognitive  
16 impairments, and a retinal detachment. My condition  
17 has gotten progressively worse, and two years ago I  
18 had to stop working in my business and avoid noisy  
19 environments.

20 I linked cipro to my health issues in 2013  
21 after FDA announced the warning for permanent nerve

1 damage. In examining my well-documented health  
2 history, I determined it took only seven days for  
3 cipro to start its toxic assault on my body.

4 From the outset I saw the country's finest  
5 physicians and had every neurological and blood test  
6 one could imagine. They knew I had taken cipro for  
7 a UTI, but the possibility of it causing my  
8 neuropathy was not even on their radar.

9 In 2008, one neurologist at the Cleveland  
10 Clinic where I'm being treated told me that he sees  
11 two patients like me every week who have small fiber  
12 neuropathy, but they can find no underlying cause.  
13 I am quite certain that if they contacted all of  
14 those patients now and looked at their medication  
15 history, they will find many more who had taken a  
16 fluoroquinolone but have never made the connection  
17 and have never notified the FDA.

18 I wasn't warned by my doctor or my pharmacist  
19 about the possibility of any side effects, let along  
20 the permanent pain and disability I live with today.  
21 I feel like I am Bayer's guinea pig. I wonder what

1 my health is going to be like 20 years from now.

2 FDA, I implore you to take action. It may  
3 appear at first blush that a small percentage of  
4 people have adverse reactions, but you know that the  
5 FDA only receives about 10 percent reporting. Even  
6 if there were a low percentage, these drugs produce  
7 an egregious level of harm.

8 It is simply unconscionable to allow it to  
9 continue. What do you say to those of us suffering  
10 from FQAD or to the families of the people who have  
11 died from taking a fluoroquinolone or taken their  
12 own life because they couldn't take the pain any  
13 more? Do you say, it's a shame about your bad luck,  
14 but these drugs work real well so we're just going  
15 to keep on doing what we're doing? When is enough  
16 enough?

17 Please do not be a group that kills and  
18 disables. Our doctors rely on you to help them to  
19 uphold their commitment to first do no harm. Please  
20 add a black box warning for FQAD. Send all the  
21 doctors and nurse practitioners a letter. Let them

1 know about the harm --

2 CAPT PARISE: I just need to ask you to wrap  
3 up with the last sentence.

4 MS. LALONE: This is it. Let them know about  
5 the harm they cause by misusing these antibiotics in  
6 minor infections, and forbid them from using them  
7 unless a culture-confirmed, life-threatening  
8 infection is present, and that the patient is  
9 properly warned. Thank you.

10 (Applause.)

11 CAPT PARISE: Thank you.

12 Will speaker number 17 please step up to the  
13 podium and introduce yourself, stating your name and  
14 any organization you represent.

15 DR. RUPP: Thank you for the opportunity to  
16 speak today. My name is Tracy Rupp. I was  
17 previously a clinical pharmacist at Duke University  
18 Medical Center and am now a senior fellow at the  
19 National Center for Health Research.

20 Our research center analyzes scientific and  
21 medical data and provides objective health

1 information to patients, providers, and policy-  
2 makers. We do not accept funding from  
3 pharmaceutical companies, and I have no conflicts of  
4 interest.

5 We strongly support efforts to improve  
6 antibiotic use and drug safety. While quinolones  
7 can be life-saving drugs for certain types of  
8 infections, we must reexamine their safety and  
9 efficacy in light of new information to ensure the  
10 benefits outweigh the harms.

11 The antibiotics we're reviewing today were  
12 approved for ABS and ABECB based on noninferiority  
13 trials in which effectiveness could not be  
14 established because they were compared to drugs that  
15 were never compared to placebo, or drugs themselves  
16 that were not shown to be better than placebo.

17 Subsequent postmarket placebo-controlled  
18 studies have been conducted in an attempt to answer  
19 the effectiveness question, and have found them to  
20 be of little or no benefit for ABS and mild ABECB.

21 Meanwhile, we've learned much more about the



1 potential harms for patients. We know from  
2 experience that quinolones are a high-risk class of  
3 antibiotics. In fact, five other quinolones have  
4 been withdrawn from the market already because of  
5 drug-related adverse effects and unclear benefits.

6 Those that remain on the market have added  
7 warnings on their labeling about the risk of  
8 tendinitis and tendon rupture, cardiac arrhythmias,  
9 and peripheral neuropathy. And then today we heard  
10 about a new condition called fluoroquinolone-  
11 associated disability.

12 Most affected patients were previously  
13 healthy and became severely disabled within hours or  
14 days or taking a quinolone. Despite the  
15 introduction of boxed warnings for tendinitis and  
16 tendon rupture in 2008 and the enhancement of  
17 warnings and precautions for the potential  
18 irreversibility of peripheral neuropathy in 2013,  
19 quinolone use has not decreased. Therefore, we  
20 recommend the following.

21 First, since there is no evidence of benefit

1 in pre- or post-approval studies for ABS and mild  
2 ABECB and clear evidence of harm, we strongly urge  
3 that quinolone manufacturers voluntarily withdraw  
4 the indications for ABS and mild ABECB. If these  
5 indications are not voluntarily removed, we  
6 recommend FDA use its authority to remove them.

7 Second, since quinolones present a risk of  
8 harm that is disproportionate to the benefit for  
9 uncomplicated UTI, we recommend revising the label  
10 to state the quinolones should be reserved as  
11 second-line therapy for symptomatic uncomplicated  
12 urinary tract infection.

13 Third, since current warnings have been  
14 ineffective, we recommend FDA implement a Risk  
15 Evaluation and Mitigation Strategy for the quinolone  
16 class of antibiotics. REMS information should  
17 include all of the warnings and boxed warnings  
18 already on the label as well as those we discuss  
19 today, including the possibility of fluoroquinolone-  
20 associated disability.

21 Thank you for the opportunity to comment

1 today and for consideration of our views.

2 (Applause.)

3 CAPT PARISE: Thank you.

4 Will speaker number 18 please step up to the  
5 podium and introduce yourself, stating your name and  
6 any organization.

7 MR. NEWELL: Well, my name is Nicholas  
8 Newell. I'm a bioinformatics analyst from Boston.  
9 And I'm here on behalf of my brother, Oliver Newell.  
10 This is Oliver.

11 Oliver was a member of the senior staff at  
12 the Lincoln Laboratory at MIT, working with FAA,  
13 sometimes right here in Silver Spring. He developed  
14 IT systems to support the U.S. air traffic network.  
15 He was an extremely competent, no-nonsense, athletic  
16 and tough guy. He was a rock. We expected him to  
17 be around forever.

18 But in February of 2012, this all changed  
19 when he was prescribed the fluoroquinolone  
20 antibiotic cipro to treat a possible UTI. He began  
21 to experience severe muscle weakness, tendon pain

1 and stiffness, joint problems, neuropathy,  
2 sensitivity to heat and sunlight, skin rashes,  
3 insomnia, cardiac effects, what he described as  
4 brain fog, intestinal problems, and other issues.

5 His muscles were so affected that he could  
6 only use them three or four times before they became  
7 fatigued. He was only able to walk slowly for short  
8 distances. He immediately stopped going to work and  
9 was never able to resume.

10 Doctors he went to did not understand his  
11 condition and were completely unable to help. One  
12 even suggested that he take prednisone, despite the  
13 known negative synergy between steroid use and cipro  
14 side effects.

15 Suicidal thoughts and actions are a known  
16 side effect of FQ drugs, and on September 21, 2012,  
17 Oliver took his own life. He left this note, in  
18 which he describes his symptoms in the understated  
19 way that's typical of him.

20 "Dear family and friends: If you're reading  
21 this, then I guess this affliction beat me one way

1 or another. I did try pretty hard to get past it,  
2 for what it's worth. Sort of tough to do with all  
3 systems affected: muscles, joints, skin, nerves,  
4 heart, intestinal, memory, hearing, et cetera.

5 "And really no end in sight to the ongoing  
6 symptoms, ongoing knee pain and weakness, hands and  
7 feet weakening and losing strength over time, jaw  
8 joint problems, shoulders creaking and popping, toes  
9 bending at different angles than they used to, skin  
10 burning sensation and stickiness, bruises appearing  
11 on skin in various spots, arm numbness, et cetera.

12 "Thanks to all for all the help and well-  
13 wishes during the past several months, and apologies  
14 that I didn't make it."

15 In his car we found his original prescription  
16 for cipro. On it he had written a warning about  
17 fluoroquinolone drugs. This is prescribed on  
18 February 16, 2012, his cipro prescription. He wrote  
19 a warning at the end of it. He says, "For those who  
20 are sensitive to this drug, the side effects can be  
21 debilitating. I am just one example. Oliver

1 Newell."

2 The most important scientific point, I think,  
3 from this hearing is in FDA figure 6. The two most  
4 commonly prescribed fluoroquinolone drugs, cipro and  
5 Levaquin, have a much higher fraction of disabling  
6 effects amongst all serious effects by a fraction of  
7 4.3 than non-FQ antibiotics.

8 Because of this, we agree with Golomb et al.  
9 and BMJ Case Reports in October of this year that  
10 these drugs should be reserved for only the most  
11 serious cases of all conditions, not just sinusitis,  
12 bronchitis, and UTIs until we can identify  
13 susceptible people or mitigate side effects with co-  
14 therapies like antioxidants. Thank you.

15 CAPT PARISE: Thank you.

16 (Applause.)

17 CAPT PARISE: Will speaker number 19 please  
18 step up to the podium and introduce yourself and any  
19 organization you represent.

20 MR. BRODINE: My name is Joe Brodine, and I'm  
21 a medical student representing the National

1 Physicians Alliance, an organization of medical  
2 doctors who advocate on behalf of clinicians,  
3 patients, and public health that does not accept any  
4 funding from medical device or pharmaceutical  
5 companies. I'm also speaking on behalf of my  
6 current and future patients. I have no conflicts of  
7 interest to disclose.

8 The CDC estimates half of outpatient  
9 antibiotic prescriptions are unnecessary, with about  
10 20 percent for bronchitis and sinusitis. Quinolones  
11 are one of the most widely prescribed antibiotics.

12 Cochrane reviews show a lack of evidence that  
13 antibiotics have clinically meaningful effectiveness  
14 that is greater than 10 percent, considered  
15 clinically inconsequential, in the noninferiority  
16 trials that formed the basis of approval, nor do  
17 they prevent serious complications in these two  
18 self-resolving diseases. These same placebo-  
19 controlled trials collectively showed increased  
20 symptomatic adverse effects with antibiotics  
21 compared to placebo.

1           Two more recent placebo-controlled trials,  
2 including one funded by NIH, again did not show  
3 benefit. FDA did not grant an indication for  
4 sinusitis for gemifloxacin in 2006, and withdrew  
5 these indications for telithromycin. An FDA  
6 Guidance published back in 2007 stated that  
7 noninferiority trials are no longer acceptable in  
8 these diseases.

9           Drug sponsors have already withdrawn five  
10 other quinolones due to adverse effects, a large  
11 number for a single class of drugs. These  
12 antibiotics should be reserved only for life-  
13 threatening infections, where the benefits are clear  
14 and their use outweighs disabling adverse effects.

15           We call on the sponsors of quinolone  
16 antibiotics and manufacturers of other antibiotics  
17 for sinusitis and bronchitis to make a clear  
18 statement in favor of public health and take a  
19 serious stand against antibiotic resistance by  
20 voluntarily withdrawing drugs for these two  
21 indications.



1           Bayer Pharmaceuticals refused to voluntarily  
2 withdraw enrofloxacin in poultry until forced to do  
3 so by an administrative law judge. Today Bayer has  
4 another chance to do the right thing. If the  
5 manufacturers decline to spontaneously withdraw the  
6 drugs for two indications, it is incumbent upon the  
7 FDA to do so.

8           While the symptomatic benefits of antibiotics  
9 compared to placebo are clear in uncomplicated UTI,  
10 quinolones have not shown superior benefit to other  
11 drugs on patient-centered outcomes and should not be  
12 used as first-line agents. Quinolones should be  
13 relabeled to be used only when all other drugs have  
14 failed and based on the results of clear diagnosis  
15 from cultures.

16           We need to do more. Limiting approvals of  
17 antibiotics for self-resolving diseases where there  
18 is an absence of evidence of benefit and the  
19 presence of a clear harm is a step in the right  
20 direction for patients.

21           (Applause.)

1           CAPT PARISE: Thank you.

2           Will speaker number 20 please step up to the  
3 podium and introduce yourself, stating your name and  
4 any organization you represent for the record.

5           Speaker number 20, can you please step up to  
6 the podium?

7           (No response.)

8           CAPT PARISE: Will speaker number 21 please  
9 step up to the podium and introduce yourself,  
10 stating your name and any organization you represent  
11 for the record.

12           MS. BRUMMERT: Good afternoon. My name is  
13 Rachel Brummert, and I am the executive director of  
14 the Quinolone Vigilance Foundation. Neither the  
15 foundation nor I have any financial ties to this  
16 hearing.

17           Fluoroquinolone antibiotics are incredibly  
18 powerful, with the capacity to save lives when  
19 they're used as a treatment of last resort for life-  
20 threatening bacterial infections like anthrax.  
21 These antibiotics have the equal power to destroy

1 lives when they are prescribed for routine  
2 infections like sinus infections and UTIs that don't  
3 need their strength.

4 Just as it is irresponsible to squelch a  
5 kitchen fire with the defenses that we would mount  
6 against a wildfire, likewise it is reckless to use a  
7 fluoroquinolone antibiotic to squelch a routine  
8 infection. There are safer, effective alternatives  
9 for treatments of routine infections in the event  
10 that an antibiotic is even necessary.

11 I am living proof that the risks in using a  
12 fluoroquinolone to treat a routine infection far  
13 outweighs the benefits. In 2006, I was prescribed  
14 Levaquin for a sinus infection. Within weeks my  
15 Achilles tendon ruptured in a parking lot, the first  
16 of ten tendon ruptures that I've suffered over nine  
17 years.

18 A first line of defense antibiotic like  
19 amoxicillin would have resolved my sinus infection,  
20 and I would not have been exposed to the relatively  
21 disproportionate risks of known fluoroquinolone-

1 associated injury, which includes a progressive  
2 neurodegenerative disorder from which I will never  
3 recover.

4 With just one prescription, a once-healthy  
5 wage earner, parent, or grandparent, just like you  
6 and just like me, can no longer enjoy a reasonable  
7 quality of life and now lives with the risks of the  
8 development of an illness that is life-threatening.

9 What can the FDA do to help patients from  
10 profound, preventable harm? A preventable problem  
11 is a fixable problem. The FDA is responsible for  
12 protecting and promoting public health through the  
13 regulation and supervision of a wide variety of  
14 consumer products, including prescription  
15 medications.

16 Fluoroquinolone antibiotics are causing  
17 widespread disability, and their overuse is a  
18 contributing factor in the antibiotic resistance  
19 epidemic. Antibiotic resistance is such an  
20 important issue that there is a White House  
21 initiative to do something about it.

1           If fluoroquinolones are being prescribed for  
2 routine infections which don't need the strength,  
3 and they are disabling otherwise healthy patients,  
4 and their overuse is leading to an international  
5 epidemic, the answer is clear. The FDA must apply  
6 its highest level of scrutiny, regulation, and  
7 surveillance of fluoroquinolones to achieve this  
8 shared goal.

9           Thank you for your time and consideration.

10          (Applause.)

11          CAPT PARISE: Thank you.

12          Will speaker number 22 please step up to the  
13 podium and introduce yourself, stating your name and  
14 any organization you represent.

15          MS. HARLEY: Hello. My name is Shan Harley.  
16 I'm a registered nurse, 17 years experience in ICU,  
17 the last five and a half years as the director of  
18 the medical ICU there.

19          At the time that I was treated with Levaquin  
20 for acute sinusitis and bronchitis, I was riding a  
21 bicycle 20 miles a day four and five days a week.

1 But since then, the person that I was in 2012 I  
2 don't recognize today.

3           Within months, I had this constellation of  
4 symptoms which the FDA presented today on the  
5 slides, and every body system is affected: central  
6 nervous system, neurological, vision, sense of  
7 smell, which I lost, which is somewhat regained but  
8 not completely, joint pain, joint stiffness, GI  
9 problems, and this year, after two years of being  
10 off the drug, I've developed peripheral neuropathy,  
11 which has progressed even to my shoulders and my  
12 back in the last month.

13           The doctor who talked about other syndromes,  
14 I was ruled out for rheumatoid arthritis, lupus,  
15 thyroid problems. I'm not diabetic. My hemoglobin  
16 A1C is 5.1, so the possible clusters and potential  
17 overlap with other syndromes.

18           Had I not been subjected to levofloxacin for  
19 the second round a few months later, I would have  
20 bought the diagnosis that I had been given of  
21 fibromyalgia and chronic fatigue syndrome, which I

1 clearly don't have. What I do have is a  
2 tremendously changed life from being poisoned by  
3 levofloxacin.

4 I challenge the people who studied the  
5 syndromes of fibromyalgia and chronic fatigue  
6 syndrome to just check and see how many of those  
7 people were actually people like myself who were  
8 damaged by a fluoroquinolone drug.

9 I have word-finding problems, and a three-  
10 minute speech would have been no problem three years  
11 ago. I have twice ruled out by the rheumatologist,  
12 the second time this year for lupus, rheumatoid  
13 arthritis, any autoimmune disease, and he documented  
14 that, "However, it's certainly seen that Levaquin  
15 induced her issues."

16 I'm not asking for another black box warning  
17 simply because this is a black box and doctors and  
18 nurses don't even request what's on this as a black  
19 box warning. They aren't even aware of what's on  
20 here. Adding another won't help, sadly. They don't  
21 even know often what a fluoroquinolone is. They

1 certainly don't know the problems that they're  
2 causing by prescribing them, so I certainly don't  
3 blame them.

4           These drugs are so serious and toxic, they  
5 should only be given in the case of life-threatening  
6 illness, and only with legitimate informed consent.

7 Thank you.

8           (Applause.)

9           CAPT PARISE: Thank you.

10           Will speaker number 23 please step up to the  
11 podium, stating your name and any other organization  
12 you represent for the record?

13           AUDIENCE MEMBER: I believe that was  
14 Dr. Linda Martin. Is number 23 Linda Martin? She's  
15 not here.

16           CAPT PARISE: Thank you.

17           Will speaker number 24 please step up to the  
18 podium, stating your name and any organization you  
19 represent.

20           MS. REIVER: Good afternoon, Chair and  
21 committee people. I'm quite nervous right now. I



1 represent myself, and I'm an advocate for everyone  
2 who has been damaged. I am so angry after hearing  
3 the drug companies today. But I had my speech  
4 written already.

5 My name is Sherry Reiver and I am 64 years  
6 old. I have been sick from FQ since I was 43. I  
7 moved from New York to Charlotte 10 years ago, and  
8 for 21 years, it is difficult to find a doctor that  
9 will validate that FQs has destroyed my life and  
10 health.

11 Each year that goes by, it's harder for  
12 doctors to believe that these effects last so long.  
13 Over two years ago, during a surgery at Duke  
14 University, against my consent, Floxin-soaked  
15 Gelfoam pledgets and steroids were placed in my  
16 head, and I am 200 times worse.

17 Let's not kid ourselves. Topicals are just  
18 as dangerous as any FQs, and the topicals need to be  
19 included, not excluded, from that PN warning the FDA  
20 came out with in August of 2013. The perils of  
21 topicals used on children for ear and eye infections

1       should cause great concern and should be researched  
2       as well. What are these drugs doing to their little  
3       brains and bodies?

4               This is a bittersweet day for me. Four years  
5       ago today, my 93-year-old dad died. He fell at home  
6       and was taken to the hospital by a neighbor. By the  
7       time my husband and I arrived in Florida, my dad had  
8       no idea who we were. They thought he had pneumonia,  
9       so they IV'd him with Levaquin. It turned out that  
10      he did not have pneumonia, but he continued to  
11      hallucinate for six weeks and then died.

12             He was sharp as a tack before Levaquin  
13      dripped into his body. He did have an aortic  
14      aneurysm for many years, which was being watched,  
15      but it ruptured on November 4th. I would have never  
16      connected the AA with FQs until I read the research  
17      paper dated October 5, 2015. Here is the link.

18             So here is another rare side effect that can  
19      occur, which it did in my dad's case. How many  
20      others have died from AAs and had taken an FQ drug?  
21      It took 10 years for this report to come to light.

1 Was the FDA aware of this research from Taiwan?

2 Do you know that after each cystoscopy,  
3 urologists hand out the gift of one cipro -- thank  
4 you, Bayer -- for the just-in-case scenario? I  
5 know this is a fact. Cipro is also free at most  
6 pharmacies. So therefore, it is prescribed more.

7 Three minutes does not allow me time to talk  
8 about my own health issues, but understand there are  
9 many; the slides shown today from Dr. Boxwell. We  
10 have flares which come and go at the whim of these  
11 drugs. It's a drug that keeps on giving even years  
12 later. It has no time constraints. It holds no  
13 barriers. Doctors are clueless. We get no  
14 warnings. Doctors do not --

15 CAPT PARISE: I just need to ask you to wrap  
16 up with your last sentence, please.

17 MS. REIVER: Doctors do not report our  
18 concerns, and they don't read the labels themselves.  
19 I thank you.

20 (Applause.)

21 CAPT PARISE: Thank you.

1 Will speaker number 25 please step up to the  
2 podium and introduce yourself, stating your name and  
3 any organization you represent for the record.

4 MS. KAPLAN: I'm Virginia Kaplan. I'm a  
5 victim. Here's a magazine spread that was done on  
6 me at age 61. It's about my 50-year career as a  
7 fashion model and actress. It's about my then-  
8 current job as a manager of a very large health and  
9 fitness club.

10 Two years later, I came down with what I  
11 thought was a sinus infection, went to my nearest  
12 ER, and I was prescribed two weeks IV Levaquin. I  
13 had the first dosage the first night. The plan was  
14 for the nurses to come the next 13 days to my house.  
15 They came the next four nights, hooked me up. On  
16 the fifth night or so, both my hands had blown up  
17 like boxing gloves. The IVs had infiltrated my  
18 tissues.

19 They sent me back to the ER. They did  
20 another EKG. My EKG on the first trip to the ER was  
21 100 percent perfect. My second trip, all of a

1 sudden I had PVCs and SVTs. And pardon the  
2 expression, I [sic] thought maybe it was a sexually  
3 contracted disease. I was a widow of four years, so  
4 that wasn't the case. I said to the doctor in the  
5 ER, I said, "Well, what are those?" And he says,  
6 "You need to see a cardiologist." Did not have them  
7 five nights prior.

8 So I continued on the Levaquin, 10 days by  
9 mouth. Couldn't do the hands any more. And about  
10 the eighth day into the whole deal, I went back to  
11 the medical association that had prescribed me the  
12 two weeks of IV Levaquin.

13 My first appointment, the doctor said, and I  
14 have it all in my doctor's notes, "Oh, my God. I  
15 need to do some blood work to make sure you're  
16 kidneys are not digesting your muscles." I had an  
17 ANA test come out positive. Now I have a connective  
18 tissue disorder.

19 From that point on, Amy will tell you because  
20 I've lost my -- I can't spell and I can't speak too  
21 well any more.

1           AMY: Virginia has been diagnosed with PVTs,  
2           SVTs, myositis, seven problems with her feet and  
3           ankles, Achilles tendon issues, macular  
4           degeneration, myofascial pain syndrome, peripheral  
5           neuropathy, occipital neuropathy, trigeminal  
6           neuralgia, toxicity due to drug, medicine, or  
7           biological substances.

8           MS. KAPLAN: And all through the last seven  
9           years, the treatment that I have received for all  
10          this, I was issued a wheelchair, an orthopedic boot,  
11          physical therapy, which nearly killed me --

12          CAPT PARISE: I just need you to wrap up the  
13          last sentence, please.

14          MS. KAPLAN: And a handicap license plate and  
15          tag. Well, this past weekend I drew out all my  
16          doctors' notes from then. I did not have -- I had  
17          two cultures taken those first two nights. I did  
18          not have any bacteria in my blood. And I have the  
19          results right with me.

20          So I was given two weeks of IV Levaquin and  
21          oral Levaquin for no infection. My life is ruined.

1 Those first four years, my 10-year-old grandson  
2 slept on the floor next to me because he was afraid  
3 I was going to die during the night. I was  
4 paralyzed. He's now 17.

5 CAPT PARISE: Thank you. Thank you very  
6 much.

7 (Applause.)

8 CAPT PARISE: Will speaker number 26 please  
9 step up to the podium and introduce yourself,  
10 stating your name and any organization you  
11 represent.

12 DR. AVERCH: Madam Chairperson and committee  
13 members, my name is Dr. Tim Averch, and I'm a  
14 practicing urologist from Pittsburgh, Pennsylvania.  
15 I'm here today representing the American Urologic  
16 Association, or AUA, which is an organization that  
17 represents 15,000 members who provide urologic  
18 patient care in the United States.

19 Our organization has maintained that  
20 fluoroquinolones, such as cipro and Levaquin, should  
21 be available for the uncomplicated UTI in very

1 select patients, specifically not as a first-line  
2 drug. It is well noted that UTIs are a common  
3 patient infection. Not only are UTIs among the most  
4 common type of nosocomial infection, but they  
5 frequently lead to morbidity.

6 Treatment of an uncomplicated UTI should be  
7 efficacious, simple, and low risk. Additionally, we  
8 recognize that warnings regarding these medications  
9 also need to be strengthened.

10 There is currently a public health risk of  
11 bacterial resistance in the patient and in the  
12 community microbial reservoir. Antimicrobial usage  
13 has a clear impact on the emergence of resistant  
14 bacterial strains. A substantial cause of the  
15 emergence of these resistant strains is the overuse,  
16 treatment when none is needed, and prolonged therapy  
17 exposures of antimicrobial agents for all  
18 indications.

19 Data is suggesting that fluoroquinolone  
20 resistance is rising in areas of high use,  
21 supporting the contention that microbial resistance



1 is directly related to repeated exposure of microbes  
2 to microbes of these unique antimicrobial agents.  
3 It is likely that the appropriate use of  
4 antimicrobial prophylaxis, indication-specific, and  
5 of limited duration, would limit these resistance  
6 trends.

7 The AUA supports the use of fluoroquinolones  
8 for the treatment of uncomplicated UTIs only as  
9 noted previously. We agree that it should not be  
10 considered first-line unless there is a  
11 contraindication or allergy to the recommended  
12 first-line therapy, such as macrolides or sulfa-  
13 trimethoprim.

14 In summary, the AUA believes that the  
15 continued use of fluoroquinolones for urinary tract  
16 treatment is warranted, but only in very particular  
17 instances. We would not want to take it out of the  
18 hands of the providers to utilize and to use  
19 warnings appropriately.

20 Providers must be aware of best practices in  
21 terms of antimicrobial selection and in an effort to

1 decrease bacterial resistance and reduce side  
2 effects. Guidance authored by the AUA through  
3 published guidelines and best practice statements  
4 available in our urologic literature and on the AUA  
5 website provide this information, and therefore  
6 encourages appropriate antibiotic use, hopefully  
7 remaining beneficial to both patient and public  
8 health.

9 We make ourselves available to provide  
10 additional support or answer questions as necessary.  
11 Thank you for your attention.

12 CAPT PARISE: Thank you.

13 (Applause.)

14 CAPT PARISE: Will speaker number 27 please  
15 step up to the podium and introduce yourself,  
16 stating your name and any organization you  
17 represent.

18 MS. CHAJON: Good afternoon. My name is  
19 Christabelle Chajon, and I'm here to represent  
20 myself and others affected by fluoroquinolones.  
21 Thank you, Chair and committee members, for the

1 opportunity to speak here today. I am 35 years old  
2 and live in Washington, D.C. with my husband and 5-  
3 year-old daughter. Prior to February 2014, I was  
4 loving life. I was healthy and active and on no  
5 medications. I was a full-time mom with the able to  
6 also work part-time from home, and enjoyed  
7 exercising, hiking, reading, and playing music.

8 In February 2014, I went to the doctor for a  
9 lingering cough. I was diagnosed with bronchitis  
10 and given a five-day course of levofloxacin. I  
11 asked at the pharmacy if there were side effects and  
12 was told that they were rare and that tendon damage  
13 was only a concern in elderly patients.

14 After the last pill, I woke in the middle of  
15 the night shaking, unable to speak, and numb from  
16 head to toe, with my heart racing, and my husband  
17 rushed me to the ER. This happened three more times  
18 within six months after taking levofloxacin, and  
19 each time I was discharged with nothing more than  
20 heart palpitations.

21 I also developed many other symptoms,

1 including insomnia, intense muscle and joint pain  
2 and weakness, digestive issues, vertigo, fatigue,  
3 painful neuropathy, cognitive impairment, and  
4 extreme chemical sensitivities.

5 This translated into changing my life  
6 completely, having to cancel planned family trips,  
7 being unable to carry my daughter when she needed  
8 me, falling asleep unexpectedly while caring for my  
9 daughter, being unable to exercise and enjoy  
10 hobbies, let alone walk and get out of bed some  
11 days.

12 Food that I ate with no problems before made  
13 me sick, and I also lost over 10 percent of my  
14 weight, which is attributed to my body no longer  
15 digesting fats and proteins.

16 Many of these symptoms I still struggle with  
17 today, and my quality of life has declined  
18 tremendously. I do not work, and the proper care  
19 and treatments I need are a financial burden on my  
20 family. It has been a frightening struggle, to say  
21 the least.

1           But what is most frightening is that most  
2 doctors fail to realize that fluoroquinolones can  
3 cause this type of systemic damage. In my search  
4 for help, I even encountered one doctor who was  
5 insulted that I considered that my symptoms were  
6 caused by levofloxacin. How can that be, when the  
7 connection was obvious as I went from perfectly  
8 healthy to unable to get out of bed and function  
9 normally most days?

10           I joined the Fluoroquinolone Toxicity Group  
11 online in the spring of 2014, which at the time had  
12 around 2,000 members, all who have suffered from a  
13 constellation of symptoms. That number has more  
14 than doubled since then.

15           It is evident that fluoroquinolone-associated  
16 disability is not rare. And per today's meeting  
17 briefs, it has been concluded that antibiotics don't  
18 make much of a difference on uncomplicated  
19 conditions. Yet potent fluoroquinolones are being  
20 prescribed for them. Limiting --

21           CAPT PARISE: I just need to ask you to wrap

1 up the last sentence, please.

2 MS. CHAJON: My last sentence. Limiting the  
3 indications to only include serious and life-  
4 threatening infections, full disclosure to patients  
5 about these drugs, and adding FQAD to the warning  
6 labels are fluoroquinolones are absolutely necessary  
7 to stop the countless number of lives damaged and  
8 even lost to these drugs. Thank you.

9 (Applause.)

10 CAPT PARISE: Thank you.

11 Will speaker numbering 28 please step up to  
12 the podium and introduce yourself and any  
13 organization you represent for the record.

14 MR. FRATTI: Good afternoon. My name is John  
15 Fratti. I have no financial conflicts of interest.

16 I have been disabled for over nine years from  
17 Levaquin. My life has been ruined. My diagnostic  
18 tests document nerve, tendon, and central nervous  
19 system damage.

20 Prior to Levaquin, I was healthy, active,  
21 earned my MBA degree, and was employed as a

1 pharmaceutical sales rep and district trainer. I  
2 sold the antibiotics Ceftin and Quixin, and even I  
3 wasn't aware of these devastating effects.

4 Many of the Levaquin clinical trials  
5 submitted to the FDA for approval were considered  
6 significantly flawed in protocol design and protocol  
7 implementation. This is listed on the FDA website.  
8 According to FDA MedWatch data, fluoroquinolones  
9 have been linked to over 4,000 deaths.

10 It is generally agreed that only 1 to  
11 10 percent of all adverse drug reactions are  
12 reported to the FDA. Therefore, death outcomes  
13 associated with fluoroquinolones could range  
14 anywhere between 40,000 to 400,000 people. At the  
15 conclusion of this presentation, please observe a  
16 brief moment of silence for those people that have  
17 since passed away.

18 On a personal note, I traveled to the FDA on  
19 July 13 and November 17, 2010. I presented  
20 extensive documentation on fluoroquinolone toxicity  
21 to the director of the FDA's Safe Use Initiative.

1 Adverse drug reaction information which is listed in  
2 the clinical trials is not on the label. Not one of  
3 my safety recommendations were adopted. The medical  
4 director I met with has since left the FDA to work  
5 for Johnson and Johnson, which markets Levaquin.

6 In addition, both of my senators, my  
7 congressman, and five of my state representatives  
8 sent letters to the FDA requesting label changes for  
9 fluoroquinolones. Again, the FDA took no action.  
10 The response letter from the FDA cited highly  
11 inaccurate FDA MedWatch data. These are just two  
12 examples of some of the many challenges we face here  
13 today.

14 Fluoroquinolone-associated disability needs  
15 to be placed in a boxed warning to reflect a severe  
16 and permanent nature of tendon injuries, peripheral  
17 neuropathy, mitochondrial damage, and prolonged  
18 neurological disorders.

19 Conditions being reviewed today, such as  
20 acute bacterial sinusitis, often resolve on its own.  
21 The over-prescribing of fluoroquinolones leads to



1 significant harm and contributes to the growing  
2 problem of bacterial resistance. Thank you.

3 (Applause.)

4 CAPT PARISE: Thank you.

5 Will speaker number 29 please step up to  
6 the podium and introduce yourself and state any  
7 organization you're representing for the record.

8 (No response.)

9 CAPT PARISE: We're going to move on to  
10 speaker number 30. Will speaker number 30 please  
11 step up to the podium and introduce yourself and any  
12 organization you're representing.

13 MS. BLOOMQUIST: My name is Lisa Bloomquist,  
14 and this is the presentation of Suzanne Higley in  
15 Suzanne's words.

16 "In the slide show playing above me, you will  
17 see pictures of me trying to learn how to walk and  
18 function several months after being poisoned. I was  
19 prescribed cipro in 2010 for an uncomplicated UTI.  
20 I had no reaction during this first round. In 2012,  
21 I was prescribed cipro again, but this time for an

1 unconfirmed infection. It took 12 pills to forever  
2 change my life.

3 "About a month after finishing cipro, my body  
4 became very stiff, to the point that my husband had  
5 to blend all of my food for me because I couldn't  
6 chew. It took me two hands to hold a plastic Solo  
7 cup with my blended meals just to get it into my  
8 mouth.

9 "No one could hug me or touch me. I hurt too  
10 bad. I was experiencing eye issues. I would try  
11 and speak to people, and my mind would go blank. I  
12 started having high fevers. My heart would race and  
13 I would have problems breathing.

14 "My colon would spasm to the point that I  
15 would pass out. I couldn't reach out my arm to pet  
16 my dog. My feet turned blue. My knees were the  
17 size of softballs. I suffered from full body  
18 paralysis shortly thereafter.

19 "I required 24-hour care. I couldn't sit up  
20 out of bed. I couldn't wiggle my toes. I just had  
21 to lay there. People would come and pick me up like

1 a princess. They would put me in a wheelchair and  
2 take me to the bathroom. There they would have to  
3 pick me up and put me on the toilet.

4 "People had to bathe me, brush my teeth, do  
5 my hair, and dress me. I turned a pasty white, so  
6 sick and in so much pain that I wanted to die.  
7 Seconds felt like minutes, minutes like hours, hours  
8 like days, days like years.

9 "The amount of pain and suffering that I have  
10 been through is incomprehensible to the human brain.  
11 I myself cannot even wrap my head around what I have  
12 experienced. I went downhill for five months.  
13 Somehow, I made it.

14 "I'm in pain every single second of every  
15 day. My entire body hurts, and my hands and arms  
16 barely work. It took me two and a half years to  
17 learn how to stand and walk well enough for short  
18 periods of time without my wheelchair. It has been  
19 almost three years since I was floxed, and I will  
20 never again run, golf, hike, play tennis, swim, or  
21 hold a career.

1            "I cannot clean my house, and rely on others  
2 to help me with this along with cooking, washing my  
3 hair, et cetera. I did everything right in my life  
4 except for take cipro. I thought that there were  
5 systems in place protecting me from things like  
6 this, but I was wrong.

7            "I had a relapse a year ago and survived that  
8 as well. How does a person relapse from a drug they  
9 stopped taking two years earlier? That is my  
10 question as will.

11           "Fluoroquinolone toxicity creates survivors,  
12 people that have consciously made a decision to live  
13 even when they didn't want to. There have been  
14 others who have chosen suicide, and I would be lying  
15 if I said that I hadn't thought about it before on  
16 several occasions.

17           "I am telling you today that we are not just  
18 statistics. We are real people, with families and  
19 friends and lives that have been altered or  
20 destroyed by fluoroquinolones. I ask you to please  
21 do the right thing and save people's lives.

1            "No one should have to become a guinea pig,  
2            tortured day in and day out for the rest of their  
3            lives. There are other, safer alternatives. I  
4            often think about how my life would have been like  
5            if I had taken one of those alternatives."

6            And she would like to thank her daughter,  
7            Addy, for the slide show.

8            (Applause.)

9            CAPT PARISE: Thank you.

10           And speaker 31.

11           MS. BLOOMQUIST: I am speaker 31 as well.

12           My name is Lisa Bloomquist. I flew in from  
13           Denver in order to testify about the damage that  
14           ciprofloxacin did to me, and to encourage you to cut  
15           the approved uses for fluoroquinolones so that they  
16           are only used in life or death situations.

17           In 2011, I took ciprofloxacin to treat an  
18           uncomplicated urinary tract infection. I  
19           experienced the following symptoms after taking it:  
20           hives all over my body, weakness in my legs to the  
21           point that I could barely walk, tightness and pain

1 in my tendons, brain fog, memory loss, autonomic  
2 nervous system dysfunction, fatigue, anxiety, fear,  
3 and other central nervous system symptoms.

4 I was sick for 18 months of my life in my  
5 early 30s because of a drug I took to treat a simple  
6 urinary tract infection. I have gotten rid of  
7 subsequent uncomplicated UTIs with D-Mannose and my  
8 immune system.

9 It is not appropriate for drugs that are as  
10 dangerous and consequential as ciprofloxacin and  
11 other fluoroquinolones to be prescribed to treat  
12 simple infections that can be cured with more benign  
13 methods.

14 You will hear the testimony of people who  
15 have had much worse reactions than I did. You will  
16 hear from people whose lives have been destroyed by  
17 fluoroquinolones. The adverse effects of these  
18 drugs are severe.

19 The Janssen and Bayer lawyers claim that  
20 there is no mechanism of action for the  
21 constellation of symptoms described today. They are

1 wrong. Fluoroquinolones cause mitochondrial damage,  
2 which starts the cycle of oxidative stress and  
3 further mitochondrial damage in a vicious cycle.  
4 This has been documented.

5 Fluoroquinolones also cause acute fluoride  
6 toxicity, as well as they chelate vital minerals  
7 from cells, including magnesium and iron. These  
8 minerals are necessary for hundreds of vital  
9 enzymatic reactions.

10 Fluoroquinolones also cause the downgrading  
11 of GABA receptors, and essentially throw people  
12 into protracted benzodiazepine withdrawal.

13 Fluoroquinolones cause a massive histamine release  
14 and mast cell activation. They've also been shown  
15 to cause a collagen synthesis disorder and  
16 microbiome destruction.

17 All topoisomerase-interrupting drugs cause  
18 epigenetic damage. They are chemo drugs.

19 Fluoroquinolones should be treated as chemo drugs.  
20 They should only be used in life or death  
21 situations. I know these effects, and I can refer

1 you to the studies that show them. Why don't you?

2 (Applause.)

3 CAPT PARISE: Thank you.

4 Will speaker number 32 please step up to the  
5 podium and introduce yourself? State your name and  
6 any organization for the record.

7 (No response.)

8 CAPT PARISE: Will speaker number 33 please  
9 step up to the podium, stating your name and any  
10 organization you represent.

11 MS. HELLER: Hi. I'm Stephanie Heller. I'm  
12 not representing any organizations.

13 I'm 34 years old from Washington, D.C., and  
14 before I took Avelox -- I took Avelox for a period  
15 of four days. Before taking Avelox, I was a very  
16 happy, healthy, 31-year-old who loved swimming,  
17 biking, rollerblading, camping, going out with  
18 friends, doing anything any regular 31-year-old  
19 would do.

20 My life was forever changed after getting a  
21 mild sinus infection. I went to the doctor and was



1       prescribed Avelox, and after four days I knew that  
2       something serious was wrong. All of a sudden I felt  
3       horrible pain in my legs, tingling throughout my  
4       arms and legs, brain fog, severe digestive problems,  
5       and many other symptoms.

6               As a hospital administrator, I was able to go  
7       to a multitude of specialists right away. I've seen  
8       so many specialists through this experience. I went  
9       to Cleveland Clinic, have spent thousands of dollars  
10      on alternative therapies, and now I'm here with you  
11      today, two and a half years later, and I wish I  
12      could say that my symptoms have greatly improved.

13             But I still, even standing here, have  
14      difficulty standing, have tingling down my knee that  
15      won't go away, have been to multiple specialists  
16      about it, and it's something that I'm still dealing  
17      with.

18             Why I'm here with you today is to say that I  
19      know that there was an alternative to Avelox. And I  
20      wish other people knew that, and knew of the safer  
21      alternatives. And I always think I could have had

1 something else, or I could have had the watchful  
2 waiting.

3 So I'm requesting for you today a label  
4 change for nonthreatening sinus infections. Thank  
5 you.

6 (Applause.)

7 CAPT PARISE: Thank you.

8 Will speaker number 34 please step up to the  
9 podium, and state your name and any organization you  
10 represent.

11 MS. CHAPMAN: Hi. My name is Zoe Chapman,  
12 and I am not representing any organization. I am a  
13 17-year-old high school senior from Olympia,  
14 Washington. I traveled 2,811 miles yesterday to  
15 tell my story.

16 February 16th, about nine months ago, my life  
17 was wonderful. I had just earned 100 percent on my  
18 AP calculus midterm, performed cello in my high  
19 school's production of The Sound of Music, qualified  
20 for state with my percussion ensemble, and began my  
21 third job as an after-school caregiver and tutor. I

1 was happy, healthy, and making the most of my time  
2 in high school.

3 February 17th, I was prescribed ciprofloxacin  
4 for an uncomplicated UTI. Five days later, I was in  
5 the hospital. CAT scans, ultrasounds, MRIs, EMGs,  
6 spinal taps, urine samples, blood draws, and no  
7 answers, just the repetitive mantra, "Finish the  
8 cipro."

9 No one ever checked the side effects to see  
10 if they matched up with my problems, numbness in my  
11 arms, legs, and face, then extreme pain, first in my  
12 abdomen, then everywhere. I couldn't sit up or feed  
13 myself, let alone walk.

14 I began showing behavioral changes and then  
15 full-on hallucinations. Even when, two weeks later,  
16 I broke free from that mental regression, I could no  
17 longer attend school, play my cello, hang out with  
18 my friends, or do anything because of the  
19 debilitating pain and exhaustion.

20 The physical pain was ghastly, but the  
21 emotional pain was murderous. Depression and

1 anxiety cruelly convinced me that I had lost  
2 everything that made my life wonderful.

3           Now my life is a nasty mess of appointments  
4 and pain and absences and exhaustion, and I am a  
5 long way from where I was physically and emotionally  
6 before I took cipro. However, I have come  
7 miraculously far compared to most people. I sent  
8 back my wheelchair a month ago, and I've returned to  
9 school almost full-time.

10           My heart goes out to everyone who has had a  
11 much longer and harder timeline, and that is an  
12 unacceptable amount of people. Within my sphere of  
13 life alone, my acupuncturist, my physical  
14 therapist's wife, my 15-year-old friend Caroline, my  
15 mom's coworker, and the thousands of people that I  
16 have met online through support groups all have  
17 FQAD.

18           I understand fluoroquinolones' usefulness.  
19 They can save people's lives. But they can also  
20 destroy them. I plead with you, please find a way  
21 to limit them to the last resort.

1           I tell my story today because I cannot bear  
2 the thought of other kids going through what I am.  
3 I tell my story today to turn this horrible part of  
4 my life into protection for others. I am a reminder  
5 that fluoroquinolones don't discriminate by age. I  
6 am a reminder that your children's lives could be  
7 destroyed by these drugs.

8           A three-minute speech requires everything to  
9 be concise. However, my past nine months have not  
10 been concise. They have stretched out for what  
11 seems to be an eternity. The many facets of  
12 suffering that fluoroquinolones cause are long and  
13 drawn-out tortures that myself and so many others  
14 have had to, and continue to, endure.

15           Please fight for stories like mine to stop  
16 becoming people's realities. Thank you.

17           (Applause.)

18           CAPT PARISE: Thank you.

19           Will speaker number 35 please step up to the  
20 microphone and introduce yourself, and state any  
21 organization you represent for the record.

1           MR. GIRARD: First, I thank you for allowing  
2 me to come here and speak. If it does come out  
3 intelligible, it's about the only thing I can speak  
4 about intelligently because I've been living it for  
5 eight years.

6           My name is Mark Girard. I represent no one.  
7 I have no financial interests. I am the leader of  
8 the largest support group on Facebook,  
9 Fluoroquinolone Toxicity Group, as well as many  
10 other groups, Flox Canada, and Christian Floxies,  
11 and some others that we've developed to support the  
12 community.

13           On August 27, 2007, I was given Levaquin in  
14 the hospital for a flesh-eating hospital-acquired  
15 infection on my ankle. So in my case, I believe the  
16 drug saved my life. However, my doctor prescribed  
17 massive doses of Naproxen and numerous other drugs  
18 that are contraindicated simultaneously, and neither  
19 he nor any doctor I have spoken to since, dozens or  
20 dozens, have acknowledged the possibility that  
21 Levaquin did this to me.

1           I immediately had blood clots, cartilage  
2           lesions, tendon ruptures, brain damage, stomach  
3           problems. Veins had to be cut from my leg. I have  
4           just head to toe devastation. The worst is the  
5           mental. The mental damage is beyond description.

6           The doctors are in denial. In the groups,  
7           it's common. Everybody comes in and they have the  
8           same story, that their doctors don't believe them,  
9           that no matter -- even when it's just so blatantly  
10          obviously and they have all the symptoms on the  
11          list, that the worse shape we are, the more the  
12          doctors are inclined to believe it has to be  
13          something else.

14          The numbers that we saw here today, with  
15          85 percent of the people self-reporting instead of  
16          the 2 to 6 percent normal. The FDA claims you get  
17          between 1 percent and 10 percent of the actual ADRs  
18          out there, and in this case, it's not even  
19          1 percent. It's probably a 20th of 1 percent.

20          This is common, very, very common, and we  
21          need action. We need many, many more meetings like

1 this. We need hundreds of millions of dollars in  
2 research to be funded by the corporations that did  
3 this to us, but not run by them because we can't  
4 trust them. And we need a media blitz. We need to  
5 fix MedWatch; you can't even report on Firefox or  
6 whatever. It's a joke.

7 We need a congressional investigation into  
8 crimes against humanity. It's hard to imagine  
9 failure on a grander scale than what is happening  
10 here now. You are at fault for what has happened to  
11 us here, and I hold you responsible. And it's just  
12 wrong.

13 Thank you for your time.

14 (Applause.)

15 CAPT PARISE: Thank you.

16 The open public hearing portion of this  
17 meeting has now concluded, and we will no longer  
18 take comments from the audience.

19 We will now take 15-minute break. Panel  
20 members, please remember there should be no  
21 discussion of the meeting topic during the break



1 among yourselves or with any member of the audience.  
2 We will resume at 3:10 p.m.

3 (Whereupon, at 2:54 p.m., a brief recess was  
4 taken.)

5 **Clarifying Questions to the Presenters (continued)**

6 CAPT PARISE: Okay, everyone. We are going  
7 to get back to business. Because we didn't get to  
8 finish the clarifying questions this morning, we're  
9 going to revisit that now. And the way we're going  
10 to do it is in order. We'll do the FDA, clarifying  
11 questions for the FDA, first. Then we'll take  
12 clarifying questions from the committee for industry  
13 before we move into the charge to the committee.

14 Dr. Honegger, you had -- I apologize. People  
15 had them this morning and hopefully can remember  
16 what they were. Go ahead.

17 DR. HONEGGER: Yes. Looking back, I did have  
18 a question for Dr. Boxwell. In the review of FQAD,  
19 it was noted that onset was often quite early in the  
20 course of the treatment.

21 Were you able to delineate in those reports

1       whether this was often the first course of  
2       fluoroquinolones or if this was after patients had  
3       received several prior courses, and then they  
4       finally had onset with a subsequent course?

5               DR. BOXWELL: I don't know the answer to that  
6       specifically. But it was documented in the reports  
7       that 22 percent of the patients had previously  
8       received fluoroquinolones. And some of them  
9       described as they had taken them once and had some  
10      tingling, and then the next time they took it, I  
11      think it's like they just went over the edge type of  
12      thing. But I do think there were some that took it  
13      for the first time and had symptoms.

14             CAPT PARISE: Dr. Arrieta? Oh, I'm sorry.  
15      Dr. Floyd? Sorry.

16             DR. FLOYD: My first question is for  
17      Dr. Toerner. This is a follow-up on a question  
18      about trials of fluoroquinolone use in your review  
19      of treatment effects for acute bacterial sinusitis  
20      and for COPD.

21             For acute bacterial sinusitis, were there any

1 fluoroquinolone trials in that review? And if so,  
2 could you ascertain the treatment effect for  
3 quinolones by themselves?

4 DR. TOERNER: For the review of the treatment  
5 effects for ABS, there was only one trial of the 20  
6 that evaluated a fluoroquinolone. But keep in mind  
7 the first slide that I went through represented the  
8 landscape of antibacterial drug development at that  
9 time that included an active control trial design.

10 So part of our review was to describe the  
11 effect of the active control that was used in the  
12 trial design. So that was part of our rationale for  
13 including all antibacterial drugs in our description  
14 of treatment effect.

15 DR. FLOYD: No. I understand that. But I  
16 wanted to clarify, could you establish a treatment  
17 effect for fluoroquinolones against placebo in your  
18 analysis? And same for exacerbation of COPD as  
19 well?

20 DR. TOERNER: For those two indications,  
21 that wasn't our approach. It was to look at the

1       antibacterial drugs in general. We did not single  
2       out any one particular class versus another class to  
3       ascertain treatment effect.

4               DR. FLOYD: Thank you. My comment to  
5       follow up on that is that we do have some evidence  
6       of a small treatment effect for ABS and even for  
7       mild COPD. But we're actually extrapolating from  
8       that setting to fluoroquinolones if we're saying  
9       that there's a treatment benefit that we're weighing  
10      against the risk. I think that's an important  
11      distinction.

12              My second question is actually about the AERS  
13      analysis. My question is actually, do you intend to  
14      publish this work?

15              DR. BOXWELL: I don't know. I think it's  
16      important information, so possibly.

17              DR. FLOYD: I would encourage you to. I  
18      think that more information is needed, perhaps  
19      before we even establish a causal association. But  
20      I think you've done important work as a first step.

21              I'm actually thinking of a paper by

1 Dr. Staffa about rhabdomyolysis related to statins  
2 that came from errors over a decade ago. And in  
3 that paper, he looked at reporting rates using  
4 national prescribing data and reporting rates, and  
5 that helped establish an adverse effect off  
6 cerivastatin.

7 So even though it's not as good as a  
8 population-based epidemiologic study, because you  
9 actually have the case reports and more granular  
10 data than people might have downloading from the  
11 AERS database, if you can do some of those analyses  
12 and publish them, I think that would be useful.

13 I think you've had a number of useful  
14 suggestions today about looking at subgroups,  
15 looking at effect modifiers, looking at time trends.  
16 And having that report go through the scrutiny of  
17 peer review and be commented on by others I think  
18 would improve the work as well.

19 DR. BOXWELL: Thank you.

20 CAPT PARISE: Just a reminder to the FDA to  
21 state your name for the record, please.

1           Now, Dr. Arrieta?

2           DR. ARRIETA: Thank you. I have a question I  
3 believe is a question or a request for commentary.  
4 I believe it would be for Dr. Mandell. The issues  
5 that have been --

6           CAPT PARISE: Excuse me. We're going to take  
7 the FDA questions first. But we'll do the industry  
8 next, so just hold that question.

9           Dr. Russell?

10          DR. RUSSELL: Thank you. Russell, San  
11 Antonio. I wanted to call Dr. Boxwell back. And  
12 while she's coming to the microphone, I'd like to  
13 introduce into the record a publication by Caro,  
14 Winter, Dumas entitled, "A subset of fibromyalgia  
15 patients have findings suggestive of chronic  
16 inflammatory demyelinating polyneuropathy and appear  
17 to respond to IVIG."

18          The reason that I bring this attention to  
19 this is Dr. Boxwell's case, which was toward the  
20 last of her presentation. And in this case, we  
21 heard a history but no examination or evidence from

1 biopsy or other, let's say, EMG that would support a  
2 neuropathy. Was that information available that  
3 just wasn't included?

4 DR. BOXWELL: For the case report?

5 DR. RUSSELL: Yes.

6 DR. BOXWELL: Debbie Boxwell. No. There  
7 were no lab data.

8 DR. RUSSELL: Thank you. And then I just  
9 would like to make another comment. I'm aghast at  
10 the small number of cultures that are taken with  
11 urinary tract infections, even chronic urinary tract  
12 infections, and bronchitis. There are ways to  
13 get culture material, biologic fluids, in those  
14 situations, and much easier than, I think, with  
15 sinusitis.

16 So I think we should be very strongly  
17 encouraging cultures. And physicians have been  
18 asked for some time to put an indication on their  
19 prescriptions. I think that could be heralded much  
20 more strongly so that physicians actually do it, so  
21 that it would be possible to know what they're

1       treating, and it would prompt physicians also to  
2       think about that indication that somebody's going to  
3       look at and to rethink the idea of not bothering to  
4       get culture information.

5               The use of IVIG in this combination syndrome,  
6       overlap syndrome of fibromyalgia and chronic  
7       inflammatory demyelinating polyneuropathy, which  
8       sounds very much like the syndrome that we heard  
9       case reports about today, it is a complicated  
10       syndrome, and the use of IVIG is not free of side  
11       effects, either.

12              There is a list of side effects that I could  
13       go through, but it may not be relevant at this  
14       point, except that it may be possible that treatment  
15       with something like that might have prevented some  
16       of the complications that occurred in a small number  
17       of patients who received these medications.

18              CAPT PARISE: Just one reminder to the  
19       committee, actually, before we go to the next  
20       questioner. This part is for clarifying questions.  
21       So I'll just ask you to -- this is clarifying



1 questions to FDA now and then to industry.

2 For recommendations, we're going to hold that  
3 until after the vote. Then we're going to be going  
4 around to each one and asking for specific  
5 recommendations. So just a reminder.

6 Next, Dr. Staud?

7 DR. STAUD: Yes. My question's also for you,  
8 and it relates to our understanding of the  
9 mechanisms how these syndromes and side effects  
10 occur. And it in particular is related to where we  
11 heard only evidence today about these side effects  
12 and the occurrence of syndromes that are associated  
13 with the intake of these antibiotics in individuals  
14 who took oral medications. And I think it would be  
15 very important to know how they shape up in terms of  
16 comparison with IV application of the same drugs.

17 So I was wondering if you have evidence or  
18 data that could elucidate this.

19 DR. BOXWELL: Debbie Boxwell. We only looked  
20 at the oral. Of course, bioavailability is very  
21 close. And I think it would be interesting to also

1 look into eyedrops and eardrops and at other dosage  
2 forms.

3 (Applause.)

4 DR. BOXWELL: But for this, I really was  
5 trying to narrow it down to looking at healthy  
6 patients or described previously healthy patients,  
7 and look at that small group. But certainly IV and  
8 other dosage forms is something that we can look at.

9 CAPT PARISE: So I actually had a question  
10 for the agency. On the FQAD, we obviously had a  
11 largely descriptive analysis. Does the agency have  
12 other -- aware of other databases or resources that  
13 might be available to look at these rather rare  
14 events in a more comprehensive way?

15 DR. STAFFA: Judy Staffa from epidemiology.  
16 We looked into this when this syndrome was described  
17 from the FAERS data. And in looking in the  
18 epidemiologic literature, what you saw presented was  
19 a summary of what we found, which were the  
20 individual components where some epi investigations  
21 had been done.

1           We have not seen any epi investigations of  
2 this syndrome. And as we discussed it internally,  
3 it would be very challenging because the kinds of  
4 data that used, the electronic healthcare data, the  
5 strength of those is in determining outcomes that  
6 are admitted to hospital.

7           As you saw from the case reports and heard  
8 from the testimony, many of these events are not  
9 hospitalized, and if they were, it's not clear what  
10 kind of coding would be used.

11           So we have been thinking about this and  
12 struggling with this, but we're not really able to  
13 come up with epi techniques from the data that the  
14 agency has access to, to be able to study this  
15 effectively.

16           CAPT PARISE: Thank you.

17           Next, Dr. Hogans?

18           DR. HOGANS: I have a first question for  
19 Dr. Boxwell, and that was, we heard from one of the  
20 industry representatives that for the FAERS  
21 reporting of the complex syndrome that you're

1 talking about, that 12 percent of the events were  
2 reported by providers.

3 Is that correct? And could you give us any  
4 more sense of whether or not the syndrome, as  
5 described by providers, was different or looked the  
6 same as the syndrome as described by patients? Were  
7 there distinguishing characteristics between those  
8 populations?

9 DR. BOXWELL: I would have to check on my  
10 numbers. Twelve percent doesn't sound unreasonable.  
11 Some of the professional ones, I felt, didn't have a  
12 lot of extra information. Some could provide  
13 additional information.

14 I didn't find that the healthcare  
15 professional expedited reports were significantly  
16 better or provided more information or -- really, it  
17 was a compilation of everything.

18 DR. HOGANS: Great. Thank you.

19 My next question is for Dr. Trinidad, and  
20 that regards I think you presented information about  
21 the case control study of peripheral neuropathy. We

1 have just one study that you looked at in detail  
2 there. Correct?

3 LCDR TRINIDAD: That's correct.

4 DR. HOGANS: But that study was based on  
5 essentially a million claims. So the million was  
6 the denominator, and then they found 6,200-some-odd  
7 cases. Right? Which by my calculation means that  
8 the incidence is 6,000 per 100,000.

9 LCDR TRINIDAD: That's actually incorrect.  
10 The population was initially selected from a random  
11 sample of a million men, or a million persons, and  
12 then there was exclusion and inclusion criteria  
13 then. So the denominator is actually much smaller.

14 If you have any additional questions, the  
15 epidemiologist on this is from Dr. Sansing.

16 DR. HOGANS: Wonderful. Thank you so much.

17 So Dr. Sansing, the denominator, then, was  
18 significantly less than a million.

19 DR. SANSING-FOSTER: Correct.

20 DR. HOGANS: Which means that the  
21 incidence -- I mean, the rough numbers would be

1 significantly greater than 600 per 100,000.

2 DR. SANSING-FOSTER: Correct.

3 DR. HOGANS: Which then puts it no longer in  
4 the rare disease category.

5 DR. SANSING-FOSTER: You actually have to  
6 understand that we are actually dealing with a  
7 greater exclusion criteria. The rare definitely  
8 will vary by disease. But we are dealing with an  
9 extremely specific criteria for people who were also  
10 used for a previous research study.

11 So it's not exactly that we have rare. It's  
12 just that our denominator for this study is coming  
13 from a different cohort study. These people were  
14 specifically selected for another research study.

15 DR. HOGANS: Great. So being peripheral  
16 neurologist, which is what I am, I looked up the  
17 study and I looked at the details. And I understand  
18 that the criteria, the inclusion criteria, for the  
19 study were that you had to go to your doctor with a  
20 symptom that was then diagnosed as peripheral  
21 neuropathy.

1           So that means it's a symptomatic neuropathy.  
2           It's not the best ascertainment method for all  
3           comers, really. So there's bias there, which means  
4           presumably the neuropathy is more severe, on the  
5           severe end, because someone's going with the  
6           complaint.

7           DR. SANSING-FOSTER: Yes. It is idiopathic  
8           neuropathy.

9           DR. HOGANS: Right. And it turned out that  
10          they were called idiopathic or possibly drug-  
11          induced. But the incidence at the end of the day is  
12          no longer going to be rare, and that's the point  
13          that I'm trying to get to, which is that when you  
14          actually boil down the numbers, I don't believe it  
15          still meets the criteria for being called rare. And  
16          I just want to hear your thoughts on that.

17          (Applause.)

18          DR. SANSING-FOSTER: You make a very good  
19          point. And do understand, too, that one of the  
20          criticisms within my literature review, which you  
21          can find in the appendix, states about the

1 validation of the algorithm that they used to even  
2 define the outcome of peripheral neuropathy.

3 So therefore, you can err on the side that  
4 this is either overestimated, which it possibly is,  
5 or underestimated. It has a probability of being  
6 both. So you made excellent observations in terms  
7 of the reading of this document.

8 DR. HOGANS: Thank you. Thank you very much.

9 CAPT PARISE: Dr. Lo Re?

10 DR. LO RE: My question's for Dr. Boxwell.  
11 Dr. Boxwell, when you presented your slide on the  
12 fluoroquinolone-associated disability definition, I  
13 was just wondering if you could take us through how  
14 you formulated that definition since this was the  
15 new one, specifically how you came up with things  
16 like that it had to last for 30 days or longer, why  
17 you selected multiple criteria.

18 Then just to follow up on Dr. Parise's  
19 question, I was wondering if the agency was  
20 thinking, since they had the data potentially from  
21 the Sentinel Initiative at its disposal, and that



1 outpatient diagnoses are available in some of the  
2 data sources, if there was a potential thought about  
3 using the Sentinel Initiative to estimate incidence  
4 rates of some of these outcomes, if protocol-driven  
5 analyses could be conducted.

6 DR. STAFFA: This is Judy Staffa. I can  
7 tackle the second part about Sentinel. We did think  
8 about using Sentinel. Sentinel is a distributed  
9 network of electronic healthcare data, most of which  
10 at this point are administrative claims.

11 Again, the strength of that system is in  
12 looking at outcomes where they might present to a  
13 hospital because the inpatient diagnoses tend to be  
14 more valid than those in an outpatient system.

15 Since this would be an algorithm that we  
16 would be looking at symptoms and ICD-9 codes that  
17 would cross multiple organ systems and result in  
18 outpatient visits, it would require getting medical  
19 charts to try to validate.

20 So we considered it. It's just not using the  
21 strength of that system to be able to do that. So

1       there would be a lot of challenges there. But, on  
2       the other hand, there certainly would be a lot of  
3       prescriptions of fluoroquinolone users in that  
4       system to be able to look. It's something we've  
5       been thinking about but haven't found a clear way to  
6       actually implement.

7               DR. LO RE: Early on the Sentinel did conduct  
8       validations of a number of different health outcomes  
9       of interest by getting various medical records. So  
10      it may be something just to consider, just in terms  
11      of once the definition of the outcome could be  
12      nailed down, that this may be something to evaluate,  
13      including for the other individual concerns  
14      regarding the tendinopathies, the peripheral  
15      neuropathy, where you all presented a number of  
16      different limitations to the existing data, that  
17      potentially these could be addressed in that --

18              DR. STAFFA: You're correct. And then where  
19      validation efforts were done and a number of  
20      literature reviews were done to identify, typically  
21      they were mostly limited, again, to the inpatient

1 diagnoses.

2           When it's something that's severe enough that  
3 a patient is hospitalized, it's much more  
4 challenging to validate and get charts for  
5 outpatient. It's very expensive. It requires going  
6 to a lot of physician offices. So there's some  
7 logistic challenges we have to bear in mind with  
8 that kind of approach.

9           DR. BOXWELL: Dr. Debbie Boxwell. So for  
10 your question about the definition, really what I  
11 was trying to do is just characterize or describe  
12 this. This is not carved in stone in anything  
13 official. It's the first time we've attempted to  
14 try to describe it.

15           So we were looking for patients who reported  
16 that they had received a disability because of  
17 taking the fluoroquinolone, and just used the  
18 regulatory definition of disruption of a person's  
19 life.

20           Then what I had observed in the previous  
21 review I had done was that I wanted to have two or

1 more of the following body systems because the  
2 single body system adverse events are already in the  
3 label, and they're all in the boxed warning or  
4 they're in the warnings and precautions and are not  
5 necessarily noticed.

6 In addition, I was seeing 38 percent of the  
7 patients had all three of the big -- neuromuscular,  
8 peripheral neuropathy, and  
9 neuropsychiatric -- events. A lot of these events  
10 were occurring in two or more. So I was trying to  
11 describe that.

12 Then in terms of long-term, I picked 30 days  
13 after stopping the AE because at that point, it's  
14 beyond a negativity challenge. If you stop the  
15 drug, you would expect an AE to resolve over a  
16 period of time. And so it was an arbitrary choice  
17 of 30 days, but we figured that was a reasonable  
18 enough time for an AE to disappear or resolve.

19 CAPT PARISE: Dr. Vitiello?

20 DR. VITIELLO: This is to make sure I got it  
21 right. It's a question, probably, for Dr. Toerner.

1 So for demonstrating efficacy in uncomplicated  
2 urinary tract infection, the recommended design now  
3 is noninferiority, or superiority but noninferiority  
4 is also accepted? Is there a position at this  
5 point?

6 DR. TOERNER: We did issue final guidance for  
7 complicated UTI, and we include pyelonephritis in  
8 our definition of complicated UTI. And there we  
9 found a treatment effect over placebo that was  
10 actually quite large. And so we do think the  
11 noninferiority trial design with an active control  
12 is an appropriate trial design to demonstrate  
13 efficacy for treatment of complicated UTI.

14 Of course, a finding a superiority is always  
15 a finding of efficacy that's clear and well-  
16 established. But we do think the noninferiority  
17 trial design is also a clear and well-established  
18 finding of efficacy for complicated UTI.

19 DR. VITIELLO: Right. But my question was  
20 about the uncomplicated. What is the standard for  
21 uncomplicated in our recommendation? The

1 complicated, I understand, noninferiority  
2 acceptable, obviously. But for uncomplicated, do  
3 you need a placebo-controlled study or a  
4 superiority? Or noninferiority is good enough?

5 DR. TOERNER: Joe Toerner from FDA. For  
6 uncomplicated UTI, we would entertain all of the  
7 above. As I had went through, we did find evidence  
8 to support a treatment effect on a microbiologic  
9 eradication.

10 That endpoint itself could be called into  
11 question because it may not represent how a patient  
12 feels, functions, or survives. And so it may be  
13 construed as a biomarker. So we would want evidence  
14 that a drug is having an effect on how a patient  
15 feels or functions, and so we would want to see  
16 symptom improvement in that situation.

17 So looking only at the trials that used a  
18 placebo control, there was also evidence to support  
19 a treatment effect of an antibacterial drug on  
20 symptom improvement. Using an ibuprofen control, if  
21 we throw that fifth trial into an evaluation of

1 treatment effects, it's unclear whether symptom  
2 improvement with an antibacterial drug -- it's  
3 unclear whether there's a treatment benefit over  
4 ibuprofen. But the findings from the microbiologic  
5 eradication endpoint are also important to consider  
6 for this.

7           Going back to the complicated UTI, we  
8 recommend a responder endpoint where patients have  
9 microbiologic eradication and resolution of  
10 symptoms. So that's our recommended efficacy  
11 endpoint for complicated UTI.

12           So looking ahead, I would imagine that that  
13 same endpoint should be used for a trial design for  
14 uncomplicated UTI. And I think we'll just have to  
15 have more discussion internally and with a sponsor  
16 on the endpoint that would be used for a trial  
17 design for an uncomplicated UTI.

18           CAPT PARISE: Dr. Nambiar, did you want to  
19 add something?

20           DR. NAMBIAR: Yes. Sumathi Nambiar from the  
21 FDA. Just to summarize, I think we at this point

1 do not have a guidance on developing drugs or  
2 uncomplicated urinary tract infections. The  
3 evidence we've provided today suggests that there is  
4 a treatment benefit.

5 The details of what the noninferiority margin  
6 would be, what percent of the treatment effect we  
7 need to preserve, et cetera, would be something we'd  
8 have to discuss should somebody be interested in  
9 developing a trial. I hope that answers your  
10 question.

11 CAPT PARISE: Dr. Phillips?

12 MS. PHILLIPS: I think this is for  
13 Dr. Staffa. I heard one of the speakers from FDA  
14 comment about a collaboration with the Department of  
15 Defense. And to follow up on our chair's question,  
16 I'm just trying to wrap my brains around how this  
17 could be dealt with from a database standpoint, VA,  
18 Department of Defense, TRICARE.

19 Are there some databases where you could look  
20 at symptoms identified or reasons for office visits  
21 through either government databases or collaboration



1 with a big group like Kaiser, such as you've done  
2 before, that might help tie frequency of prior drug  
3 use being temporally associated with some of these  
4 symptoms that we heard about today?

5 DR. STAFFA: This is Judy Staffa. The study  
6 that was referred to was FDA and DOD trying to  
7 explore specifically tendinopathy, tendon rupture,  
8 which is an event that would take you oftentimes to  
9 a procedure or to a hospitalization to explore.

10 The challenge here for any of the individual  
11 outcomes, again, if something presents to hospital,  
12 the more severe it is, the better these kinds of  
13 electronic healthcare systems can detect it because  
14 you can go to those hospitals. You can look at the  
15 charts. There's typically ICD-9 coding, and now  
16 ICD-10 coding, for these outcomes.

17 But when you have something, which you hear  
18 people having diffuse symptoms from multiple body  
19 systems, going to many different physicians, the  
20 physicians are running tests and they're not finding  
21 anything, it's not clear to know how this would be

1 coded and then how we would then be able to capture  
2 that, and then in a practical way, be able to get  
3 enough charts from all these different physicians  
4 and piece this together at a population level.

5 So I think that's the challenge of using  
6 these kinds of systems for this particular kind of  
7 disability outcome, where we're still piecing  
8 together what this actually is medically. Does that  
9 make sense?

10 CAPT PARISE: Ms. Schwartzott?

11 MS. SCHWARTZOTT: I have mitochondrial  
12 disease. It's a genetic form. I have a question  
13 for the FDA. Has the FDA done any specific  
14 investigation on the risk of mitochondrial toxicity?  
15 And might this be something that can be further  
16 studied and perhaps added to the risks and maybe the  
17 boxed warnings?

18 There were definitely people in the public  
19 that made that association, and I know that there  
20 have been studies.

21 (Applause.)

1 DR. PROESTEL: This is Scott Proestel from  
2 FDA. So we've worked with the critical pharmacology  
3 group within FDA, and basically I can read to you  
4 the summary of their consult. There is some  
5 evidence for mitochondrial toxicity. I think their  
6 final conclusion was that it's uncertain. So this  
7 is straight from their consult.

8 "There is no SAR," meaning structural  
9 activity relationship, "or published evidence  
10 showing that levofloxacin itself can cause  
11 mitochondrial injury. Direct damage to mitochondria  
12 with other fluoroquinolones has only been observed  
13 with in vitro systems at concentrations 2 times  
14 higher than the clinical Cmax.

15 "There is limited evidence that some but not  
16 all fluoroquinolones can cause production of  
17 reactive oxygen species in mammalian cells, which  
18 may result in downstream," meaning secondary,  
19 "injury to multiple cellular systems, including  
20 mitochondria."

21 So I would describe it as there's some

1 evidence for mitochondrial toxicity, but the  
2 description that they provided us was that it was  
3 not completely certain.

4 CAPT PARISE: Dr. Russell?

5 DR. RUSSELL: For the agency, I'm not sure  
6 who specifically. We don't have a national health  
7 service database, and so that's one of the problems  
8 that we're discussing here and reasons we don't have  
9 data.

10 There was a bridge study several years ago  
11 looking at the diagnosis of fibromyalgia, and  
12 following the diagnosis of fibromyalgia, there was a  
13 dramatic decrease in the number of visits and costs  
14 for healthcare for individuals who had the  
15 diagnosis.

16 Were there studies that you reviewed that  
17 would be relevant to that in this regard? That is,  
18 a person got a fluoroquinolone, and medical visits  
19 increased, or something like that? That might be a  
20 resource to try to get a handle at this question.

21 (Applause.)

1 DR. STAFFA: This is Judy Staffa. I don't  
2 believe we saw anything like that in the literature  
3 per se, and that is something that could be looked  
4 into. But we have to be careful because that will  
5 also be associated with the severity of the  
6 infection in terms of actual medical visits.

7 CAPT PARISE: Dr. Besco?

8 DR. BESCO: Yes. Kelly Besco. I have a  
9 clarifying question, and it's just for my own  
10 knowledge. None of the fluoroquinolones currently  
11 fall under the jurisdiction of a REMS program.  
12 Correct?

13 DR. TOERNER: That's correct.

14 DR. BESCO: Thank you.

15 CAPT PARISE: Unless any of the  
16 panel -- okay, Dr. Phillips has a question for the  
17 FDA. Go ahead.

18 MS. PHILLIPS: I've got a follow-up question  
19 that's somewhat rhetorical. So there is a  
20 medication guide, and I know there's some submission  
21 commenting that it's not necessarily the clearest

1 document in the world. Does the FDA have any  
2 evidence on how often those medication guides are  
3 actually distributed with the product or the uptake  
4 of those medication guides?

5 (Applause.)

6 DR. STAFFA: This is Judy Staffa. The data  
7 you saw presented on drug use is dispensed  
8 prescriptions. But whether the med guide is  
9 distributed with that is not collected in those  
10 data.

11 CAPT PARISE: Dr. Besco?

12 DR. BESCO: Kelly Besco again. So if we were  
13 to recommend that fluoroquinolones as a class would  
14 fall under a REMS program, we could require the  
15 provision that the medication guide would be  
16 required to be dispensed with every prescription.  
17 Correct?

18 DR. NAMBIAR: Sumathi Nambiar from the FDA.  
19 It would depend on what elements of the REMS you are  
20 recommending. So a medication guide could be part  
21 of the REMS. Medication guide alone do not

1 constitute a REMS, but they can still be part of  
2 REMS.

3 So whether you have a communication plan or  
4 whether you have elements to assure safe use, it  
5 would be in the context of the REMS. Certainly a  
6 medication guide is an transaction.

7 CAPT PARISE: Chair's prerogative. Just one  
8 second. Can you just clarify for us what is REMS?  
9 Because we're not all familiar.

10 DR. NAMBIAR: Sure. Sorry. Risk Evaluation  
11 and Mitigation Strategy. It's an authority that we  
12 have, and it was made available, if I remember  
13 correctly, in 2007 when FDAAA was passed, Food and  
14 Drug Administration Amendments Act of 2007.

15 So if there are known or serious safety risks  
16 with certain products and we want certain mitigation  
17 strategies in place to ensure that the benefits  
18 still outweigh the risks, we have certain options  
19 available. So there are certain elements.

20 You could have elements to assure safe use.  
21 And again, I'm not an expert in it, but these are

1 very broad elements. And then you can have a  
2 communication plan, which requires the sponsor to  
3 communicate on periodic basis, and how often and to  
4 whom. It can all be dictated. A medication guide  
5 can be part of that.

6 Many years ago medication guide-only REMS  
7 were in place, and at that time fluoroquinolones did  
8 have a REMS. But they were medication guide-only.  
9 Subsequently, when there's a change and if  
10 medication guide is the only element of REMS, they  
11 no longer required to have REMS.

12 CAPT PARISE: Thank you.

13 DR. BADEN: What's the medication guide?

14 DR. NAMBIAR: Sorry?

15 DR. BADEN: Medication guide? Is that  
16 something that the pharmacist gives to the patient,  
17 or what is it?

18 DR. NAMBIAR: Correct. So a medication guide  
19 is part of labeling. So at the end of the package  
20 insert, we have this document called Medication  
21 Guide in which we describe the risks, and they are



1 described in lay language. And under our  
2 regulations, every time a prescription is given for  
3 that particular product that has a medication guide,  
4 a patient is supposed to get a copy of the  
5 medication guide.

6 CAPT PARISE: Okay. Let's go to Dr. Besco.

7 DR. BESCO: Has there been any precedent to  
8 include an informed consent process as part of a  
9 REMS program, where a patient and their provider  
10 would sign some sort of paper or document saying  
11 that they have reviewed the side effects of a  
12 medication?

13 (Applause.)

14 DR. COX: So far, no. Yes, there are  
15 medication guides that are part of the labeling, but  
16 an attestation or something along those lines has  
17 not been done with fluoroquinolones.

18 DR. BESCO: I'm not just referring to  
19 fluoroquinolones, but other medications. I believe  
20 some of the erythropoietin-stimulating agents, the  
21 patient has to sign a piece of paper, along with

1 their physician, discussing the side effects of  
2 those drugs, that they've been counseled on them.

3 DR. COX: Yes. There are other drugs that  
4 have such forms.

5 DR. BESCO: All right. I just wanted to  
6 clarify that that was the case, that there is  
7 precedent for that. Thank you.

8 CAPT PARISE: So that concludes the  
9 clarifying questions for the FDA, unless any of the  
10 panel members -- go ahead, Dr. Choudhry.

11 DR. CHOUDHRY: Just a quick one. So is there  
12 any precedent for imposing postmarketing  
13 requirements on drug makers many years down the  
14 road? So this question we've been talking a lot  
15 about, about the ability to detect this unusual  
16 syndrome in claims or other routinely collected  
17 data, certainly as a pharmacoepidemiologist myself,  
18 I could appreciate the complexity of doing that.

19 But there are other ways to go about this,  
20 and some of that could be imposed upon the makers.  
21 Is there precedent for doing this many years down

1 the road?

2 DR. NAMBIAR: Yes. This is Sumathi Nambiar,  
3 FDA. So yes, we do have the authorities, again,  
4 under FDAAA to require postmarket studies. And it's  
5 a postmarketing requirement. There is no timeline  
6 that you can only impose that within X number of  
7 years of approval. It's as and when a safety signal  
8 arises, or there is suspicion that there is a safety  
9 concern. We do have the authority to require  
10 postmarket studies.

11 CAPT PARISE: Dr. Winterstein?

12 DR. WINTERSTEIN: In follow-up to these REMS  
13 discussion, also for the FDA, the questions that are  
14 posed to the committee basically talk about one  
15 action, which would be removal of the indication.

16 I see two other actions. One would be  
17 changing the label such that this would be a second-  
18 line therapy and approved as a second-line therapy.  
19 And the other one would be a REMS of some kind that  
20 would be more than just a med guide, which I  
21 understand is currently dispensed. Right? So there

1 is a med guide. Yes.

2 Was there a reason why the questions were  
3 phrased in that way only? Or would there be an  
4 option to have several options here? And I know  
5 that I'm messing around with questions now. It  
6 just --

7 CAPT PARISE: We're going to hold the  
8 questions, any clarification on the questions. We  
9 will get to that. Yes, we'll get to it.

10 DR. WINTERSTEIN: All right. Hold the  
11 question about the questions.

12 CAPT PARISE: I just need to keep the order  
13 of the day here, but we'll get to you.

14 Yes, Dr. Hogans?

15 DR. HOGANS: I will just speak with my  
16 experience from the world of pain medicine, and that  
17 is that some REMS do involve education. The REMS  
18 that I'm most familiar with, which are for the long-  
19 acting opioids, involve a mandatory education  
20 component.

21 I just wonder if conveying essential

1 information such as the recommendations of the  
2 infectious disease organization might be the point  
3 here. So how brief can an educational REMS be, I  
4 guess is my clarifying question.

5 Just being a neurologist, it seems to me it's  
6 the sort of thing -- 15 minutes and you can say,  
7 these are the recommendations, and test for that  
8 knowledge, and you're out the door.

9 DR. COX: That's almost part of the  
10 questions, I think, ideas with regards to managing  
11 risk. So we appreciate your comment, and I think,  
12 as we progress here and we get to the questions,  
13 there'll be opportunity to talk more about ways to  
14 manage risk.

15 CAPT PARISE: Dr. Phillips?

16 MS. PHILLIPS: Marjorie Shaw Phillips. I  
17 think this is a clarifying question. I believe we  
18 heard this morning that 98 percent of the use of  
19 these fluoroquinolones is from generic  
20 manufacturers, not the innovator companies.

21 How does that impact the FDA's ability to

1 require postmarketing surveillance? How does that  
2 happen in practice with so much generic drug use?

3 DR. NAMBIAR: This is Sumathi Nambiar. As  
4 long as an NDA is active, the NDA has not been  
5 withdrawn, the sponsor of the NDA is still  
6 responsible.

7 CAPT PARISE: Dr. Daskalakis?

8 DR. DASKALAKIS: Two clarifying questions,  
9 the first again regarding the REMS and education.  
10 My understanding is that REMS can be used to do  
11 broader provider education and not just focus on an  
12 ID society because it seems as if, based on the list  
13 of providers that are using the drug, it may need to  
14 be a broader conversation than just a society. So  
15 can REMS target a class of providers, or broadly  
16 providers?

17 DR. NAMBIAR: Yes. I think we can target it  
18 to whom we think it is appropriate. There is no  
19 restriction on limiting it to any particular  
20 provider.

21 DR. COX: And similarly, the key messages to

1       communicate can range across a variety of things,  
2       whether it be recommendations on appropriate  
3       treatment, or adverse effects to be aware of, or  
4       other ways to manage risk.

5               DR. DASKALAKIS: My second question is if  
6       one were to change the indication, so today that  
7       recommendation is made or the questions are made,  
8       our answer to that in that way, what is the actual  
9       impact? So what happens on the provider level if  
10      today we say, acute bacterial sinusitis probably  
11      shouldn't be treated with a fluoroquinolone? What  
12      happens, from the FDA perspective?

13             DR. COX: The labeling is the basis and  
14      essence for promotional materials. So it would  
15      obviously impact upon promotional materials. When  
16      there are changes like alteration of an indication  
17      or a significant new safety finding, there's also  
18      efforts to communicate to healthcare providers these  
19      new changes. Oftentimes a "Dear Healthcare  
20      Provider" letter is sent.

21             There can also be other activities to try and

1       communicate the change so that folks are aware of  
2       the change to the prescribing information, and also  
3       as part of that, the basis for the change in the  
4       prescribing information.

5                CAPT PARISE:  Dr. Hogans?

6                DR. HOGANS:  Sorry.  Just to go back to the  
7       REMS, it's my understanding that REMS are  
8       medication-specific.  So I think it means that even  
9       from the primary care practitioner to the ID  
10       specialist who knows all about cipro, they would  
11       still have to do the REMS in order to be able to use  
12       the cipro.  But that would be my understanding, that  
13       the REMS is linked to the drug and is not linked to  
14       the provider type.

15               DR. NAMBIAR:  Yes.  This is Sumathi Nambiar.  
16       Just to clarify, I think the question earlier was,  
17       whom do you decide to communicate?  So in that, you  
18       don't really have to restrict it.  It would be  
19       anybody who is using it.  It's applicable to the  
20       drug, so irrespective of who is using the product.  
21       So is that your point?



1 DR. HOGANS: My point was that what I  
2 heard being said was that who is the target of the  
3 education, and it's not that you're targeting a  
4 population of learners, say, primary care providers.  
5 But the actual driver is whoever prescribes cipro  
6 or -- sorry, the fluoroquinolone. If I don't  
7 prescribe it, I can opt not to take the REMS and  
8 thereby not provide that within my armamentarium of  
9 treatment options as a prescriber.

10 DR. NAMBIAR: It really depends on what  
11 elements of REMS you're talking about. If there is  
12 just a communication plan that's part of the REMS,  
13 then it goes out to providers. And that's where we  
14 can decide, these are the main categories of  
15 providers who use this product, and the  
16 communication plan should include them. But if  
17 you're talking about special elements to address  
18 safe use, then that is really focused on the  
19 particular provider who is giving it. So there's a  
20 difference depending on which element of REMS you're  
21 talking about.

1 DR. COX: Yes. So it would generally be  
2 connected to the person who's prescribing the drug  
3 and wouldn't necessarily change too much, depending  
4 upon which particular specialty or subspecialty they  
5 were involved in.

6 CAPT PARISE: We're going to have two more.  
7 We have two on the list for questions. And then  
8 we're going to move to the industry just because we  
9 have to make sure we get to the later parts.

10 Dr. Scheetz?

11 DR. SCHEETZ: I just wanted to ask one more  
12 clarifying question on REMS, mostly because of my  
13 lack of knowledge. I thought it was interesting  
14 that there's only 2 percent industry stake still  
15 left in the game. But if we do recommend a REMS,  
16 most of that would fall on the holders of the NDA.

17 I'm just wondering in general what the  
18 thoughts are about downstream effects. We already  
19 know that we're having trouble getting antibiotics  
20 to the market. There's been a 2020 initiative. I  
21 don't think we're going to make it to 20 new

1 antibiotics by 2020. We don't have enough drugs to  
2 treat antimicrobial-resistant infections.

3 Just when we think about the big picture as  
4 well, if we recommend REMS, does that mean that  
5 we're now going to ask people to get out of the  
6 game? I don't know.

7 DR. COX: I take your question more as a  
8 comment, unless there's a particular question that  
9 you can crystallize from that.

10 DR. SCHEETZ: I guess the clarifying  
11 question, if we recommend a REMS, that would then be  
12 tied to the holder of the NDA. And it could be  
13 their priority to then drop the NDA. Is that  
14 correct?

15 DR. COX: I think you're getting into a  
16 fairly complicated issue because you're looking not  
17 only at safety and efficacy, but you're also looking  
18 at economic implications and many other questions  
19 that are much bigger and probably beyond the focus  
20 of what we're looking at here today.

21 I think we really are trying to look at the

1 safety and efficacy here and trying to understand  
2 how best to define the safety and efficacy of these  
3 products and use these products in a way to mitigate  
4 risk.

5 CAPT PARISE: Last question, Dr. Besco?

6 DR. BESCO: Yes. I think it might be helpful  
7 to clarify the different options of REMS programs.  
8 So I'll try to state what I know. There are three  
9 varieties that you can build up. Correct?

10 The first initially is the requirement of a  
11 medication guide that gets dispensed for every  
12 prescription. Then you can elect to do an education  
13 program -- oh, I'm sorry -- elect to do an education  
14 program, which could be a mandatory education  
15 program that all providers would go through. Or it  
16 could be something that's as simple as a "Dear  
17 Provider" letter.

18 So the first two I find very passive. The  
19 third is where you build upon patient registries,  
20 those informed consent processes. So maybe it might  
21 be good for the group to have a better understanding

1 of the menu of options, for lack of a better  
2 description, of what could be required as part of  
3 a REMS program.

4 DR. COX: You're correct. Medication  
5 guides is the first layer. Second layer gets to  
6 communication plans, and they can include various  
7 different educational efforts and such. And then  
8 moving to a third layer is something along the lines  
9 of elements to assure safe use. So there may be  
10 certain tests or forms or attestations that would be  
11 part of that third layer.

12 DR. LaCIVITA: Hi. This is Cynthia LaCivita.  
13 I'm the division director for the Division of Risk  
14 Management in CDER and OSE.

15 The elements to assure safe use for a REMS  
16 include prescriber certification. It could be  
17 certification of those who dispense. It could be  
18 restricted to specific healthcare settings.

19 It could be elements to assure safe use,  
20 where we would ask for specific information to be  
21 conveyed to a patient or specific information

1       regarding -- let me think -- a test or something  
2       like that to be done beforehand. It could be  
3       monitoring after the drug is given. And it could be  
4       enrollment in a registry.

5                CAPT PARISE: Thank you.

6                Now we're going to move on to clarifying  
7       questions for industry. We do have a queue here,  
8       but if you want to be added to the queue, just  
9       signal to Jennifer. And just a reminder -- if  
10      possible, direct your question to a specific person,  
11      if possible.

12               So first we have Dr. Arrieta.

13               DR. ARRIETA: All right. I think it is a  
14      question for Dr. Mandell or whoever you choose to  
15      answer this.

16               So the quinolones, I think, as it has been  
17      presented here are basically two, at least from the  
18      ID point of view, are grouped oral bioavailable  
19      agents that can be switched from IV to oral on the  
20      treatment of serious infections so patients can  
21      transition from hospital to home. The second one,

1 which has been highlighted, is for resistant  
2 organisms.

3 The studies that were conducted to evaluate  
4 the quinolones for respiratory infections were  
5 conducted or fostered, spearheaded -- I'm sorry, my  
6 English is limited, so I cannot come up with the  
7 right word -- but it was a time when the  
8 pneumococcus resistance was substantially increasing  
9 year by year, and the need for a replacement agent  
10 to the beta-lactams appeared to be urgent.

11 So the quinolones were studied. We can  
12 debate the studies forever, but the agents or the  
13 doses that were used as comparators were probably  
14 not the best. Regardless, the quinolones performed  
15 well, as good as the comparators and got approved  
16 for respiratory infections.

17 Uncomplicated urinary tract infections,  
18 although are a problem, a well-recognized problem.  
19 They have the benefit of a very simple urinalysis  
20 and urine culture to establish the presence of an  
21 infection and the presence of a resistant organism.

1 So as significant as I think it is, it would be not  
2 terrible, I think, to expect a patient to wait 24  
3 hours for an uncomplicated urinary tract infection  
4 until we have susceptibilities available and  
5 certainty of infection.

6 So since the advent of new vaccines,  
7 pneumococcus resistance has pretty much disappeared,  
8 and hopefully will continue to do so. As we have a  
9 urinalysis and a urine culture, do you think that  
10 perhaps in the future, the IDSA, the Canadian  
11 Infectious Diseases Society, may consider that the  
12 quinolones are no longer necessary for community-  
13 acquired respiratory infections or for  
14 uncomplicated, known culture-proven urinary tract  
15 infections?

16 DR. ALDER: I take that to be a two-part  
17 question, one on respiratory infections.

18 DR. ARRIETA: Sure.

19 DR. ALDER: And could we visualize a day when  
20 quinolones are not necessary because of decreasing  
21 pneumococcal resistance rates. And the other is



1 similar, but for UTI. Is that correct?

2 DR. ARRIETA: Well, yes. The UTIs, we ought  
3 to be able to know when resistance is present. Is  
4 not a matter of severity.

5 DR. ARRIETA: It's a culture. Yes.

6 DR. ARRIETA: It's an uncomplicated urinary  
7 tract infection, so the presence of pyuria should  
8 indicate infection, and the presence of the culture  
9 should dictate whether it is resistant to all other  
10 alternative antibiotics or not, so that that  
11 rationale for using quinolones empirically should  
12 really disappear.

13 DR. ALDER: Got it. For the first part,  
14 Dr. Mandell will respond, and then we'll have a  
15 second responder for the second part of your  
16 question.

17 DR. ARRIETA: Sure. Thank you very much.  
18 Appreciate that.

19 DR. MANDELL: Thank you for the question.  
20 Again, just before I answer you, and I promise I'll  
21 answer, I just want to reiterate, and I can't

1 emphasize this enough, no one is saying whether it's  
2 industry or the ID groups, these societies, the  
3 guidelines, et cetera, that we need quinolones for  
4 first-line mild infections. Absolutely not, full  
5 stop.

6 With that as a given, if you look at things  
7 like the AECB -- because that's probably the one  
8 that ultimately can have the worst consequences,  
9 AECB in the context of COPD -- and again,  
10 respectfully to the FDA and Dr. Toerner, I would  
11 submit and so would any respirologist or ID person  
12 who deals with it, that severe and moderate is not  
13 limited to the hospital. We see them in the  
14 community all the time.

15 So the quinolones very definitely have a  
16 place. And to your point or to your question about  
17 the pneumococcus going down because of the conjugate  
18 vaccine, it is. Pneumococcus is going down, and  
19 there's always a tradeoff.

20 So H. flu and M. cat are going up, and there  
21 is quite a bit of beta-lactamase as well. So the

1 other drugs that were being used a lot in the past,  
2 drugs like trimethoprim-sulfa, drugs like  
3 amoxicillin, no longer that good any more.

4 So in fact, that's one of the reasons why  
5 we're now faced with these patients on the  
6 outside -- there's no question about the hospital,  
7 but on the outside, where they're sicker. They have  
8 real problems. And we want a drug that will cover  
9 these resistant pathogens.

10 But not only that, there's the issue of, can  
11 I get this person better for this episode, but can I  
12 also get the freebie of extending the interval to  
13 the next infection? And I would submit that with  
14 the quinolones, you get both. You're getting  
15 coverage of resistant pathogens, and you're also  
16 getting this extension.

17 This extension has been shown -- or having  
18 more frequent exacerbations, that's the one thing  
19 that is going to guarantee that your lung function  
20 is going to decline and your potential mortality  
21 rate will go up. So I would argue that the

1       quinolones there absolutely have an important role.

2               For the things like acute bacterial  
3       sinusitis, again, if it's viral, nobody in this room  
4       will disagree. You do not need an antibiotic. If  
5       they do fit the criteria, though -- and those  
6       criteria are laid out quite clearly for acute  
7       bacterial rhinosinusitis. If you decide, yes, it's  
8       bacterial but it's not the end of the world for this  
9       patient, then again, recommended is something like  
10      amox-clav. But certainly if there was a question of  
11      resistance, a contraindication to a beta-lactam, a  
12      recent beta-lactam he might have taken for something  
13      else and a risk of resistance, I would go to a  
14      quinolone.

15             DR. ARRIETA: Thank you.

16             DR. ALDER: For the second part of your  
17      question regarding recommending culture positivity  
18      before initiating treatment of UTI, I would call  
19      Dr. Abrahamian to respond, please.

20             DR. ABRAHAMIAN: Thank you. Fred Abrahamian.  
21      I just wanted to also say that -- to reiterate

1 regarding conflicts of interest, I have received  
2 consulting honoraria for my time, and I do not have  
3 any financial interest in the companies or the  
4 outcome of this meeting.

5 The question with respect to cultures, we do  
6 not get cultures for patients with acute  
7 uncomplicated cystitis. This practice has been  
8 banned forever, for a number of years, for at least  
9 10 years. There are many reasons we don't do that.

10 Why? One is that most of our antimicrobial  
11 therapy that we give is very short-term. It's for  
12 three days. And cultures oftentimes don't come back  
13 by then. Most patients do well on the antibiotics  
14 that we give, and by the time cultures come back,  
15 regardless of what it is, patients already feel  
16 better.

17 I'm not aware, I do not believe -- you  
18 mentioned cultures coming back in one day. I have  
19 not heard of anything like that, for any cultures to  
20 come back in 24 hours. Most often, when we assess  
21 urinary tract infections, we either get urinalysis

1 or we get dipstick urine. So we confirm evidence of  
2 pyuria on our urine samples.

3 If cultures are sent, it takes at least  
4 48 hours just to figure out what organisms we're  
5 dealing with. It takes another 24 hours to know  
6 what the susceptibility patterns are. By then, most  
7 patients feel better and have completed a course of  
8 therapy, if it was given.

9 On the other aspect, so what would happen if  
10 we sent a culture and we have a resistant organism?  
11 Well, studies have shown that resistance doesn't  
12 always mean that you're going to have clinical  
13 failure. About 50 percent of patients that have  
14 resistant organisms will have likelihood of clinical  
15 cure.

16 One last note. I'm a practicing physician,  
17 and I'm not sure I can tell my patients who come in  
18 with symptoms of urinary tract infection, which is  
19 severe enough for them to seek medical care, for me  
20 to tell them, go ahead and wait another three days  
21 and let's just see what happens.

1           Studies have shown urinary tract infections  
2 have effect on quality of life: 2.4 days of  
3 restricted activity, 1.2 days of absence from work  
4 and school, and half a day stay in bed. These  
5 infections have considerable morbidity. It is hard  
6 for me to tell my patient, go home and wait three  
7 days until your cultures come back and we'll see  
8 what happens.

9           DR. ARRIETA: I think I should comment.

10          CAPT PARISE: Good clarifying question.

11          DR. ARRIETA: So the cultures don't take  
12 72 hours. Urine cultures take 13 hours. Now, if  
13 you have to send it to an outside lab, the courier,  
14 et cetera, it might take 24 hours. But you  
15 immediately will know if there is a gram-negative.  
16 You will know if it is an Enterobacteriaceae. You  
17 will have a lot of information out of the urine  
18 culture. That's number one. It doesn't take  
19 72 hours.

20          You would never send your patient home  
21 without any treatment. But there are mitigating

1 therapies that can improve their lifestyle. There  
2 are analgesics. There are analgesics for a urinary  
3 tract. There is a multitude of things that could be  
4 done to help a patient until you get the appropriate  
5 microbiological information. So it's not 72 hours.

6 (Applause.)

7 CAPT PARISE: Dr. Staud?

8 DR. STAUD: The question is for Dr. Alder.  
9 We have heard multiple times today about the  
10 indication for quinolones for a particular -- for  
11 urinary tract infections. And it is not clear at  
12 least to me if the large number of physician who  
13 prescribes quinolones, since as first-line treatment  
14 for UTIs, they're aware of the indication for this.

15 So I was wondering if the industry has  
16 actually queried physicians and asked them about  
17 their base of knowledge, if they're aware of what  
18 the appropriate order of treatment is for something  
19 like an uncomplicated UTI.

20 DR. ALDER: Well, what you're really asking,  
21 I think, is a question on appropriate use of



1       antibacterials in UTIs. And there's been some scant  
2       data done, some literature on this. Now, it's not  
3       fluoroquinolone-specific, that is, first-line,  
4       second-line, last-line therapy for treatment of  
5       uncomplicated UTI. But there was one publication  
6       that I know of that looked at appropriateness of  
7       antibacterial, and also gets a bit to the earlier  
8       question -- are we over-prescribing or not? Slide  
9       up.

10               This was a somewhat smaller study by Sigler,  
11       128 patients, looking at guideline adherence right  
12       now. To be clear, this isn't whether the patient  
13       should or should not get an antibacterial, but  
14       rather, were guidelines followed or not? And the  
15       overall guideline compliance rate, I think, was  
16       about 64 percent overall, looking at a pretty small  
17       sampling of patients.

18               I know some other studies in other  
19       therapeutic infectious disease areas that give  
20       roughly similar numbers when it comes to guideline  
21       adherence.

1           CAPT PARISE: Thank you.

2           Dr. Scheetz?

3           DR. SCHEETZ: My question was also for  
4 Dr. Alder. I won't belabor it too much, but on  
5 slide CD-9, you showed some data on the use of  
6 systemic antibiotics for sinusitis.

7           The second most commonly used antibiotic is  
8 amoxicillin, which is not guideline-recommended.  
9 Thinking about that, thinking about the fact that  
10 there is a very large proportion of therapy that is  
11 not guideline-concordant, do you have any  
12 recommendations for the package labeling, anything  
13 that you suggest that could increase guideline  
14 concordance?

15          DR. ALDER: Regarding fluoroquinolones, or  
16 are we talking antibacterials?

17          DR. SCHEETZ: Yes. In regard to  
18 fluoroquinolones. You mentioned that the  
19 levofloxacin use was 6 percent, moxifloxacin use was  
20 3 percent, and if I understood right, you suggested  
21 that that meant that they were being used as second-

1 line. I'm not sure that those data absolutely show  
2 that, but it may imply that.

3 But the amoxicillin shows that there's  
4 probably not guideline concordance, so people are  
5 not following guidelines. How would we help to make  
6 sure that physicians would use these as second-line  
7 agents if that's the way they're being recommended  
8 and being suggested by the groups?

9 DR. ALDER: So a couple things. With the  
10 data up here, the fluoroquinolones, as was presented  
11 this morning, have a little less than 9 percent of  
12 the overall uses of 8.8 million. Let's call it  
13 9 percent that's clearly not being used first-line  
14 therapy.

15 I think your other point though, is that  
16 appropriate, i.e., are they being used in patients  
17 that might have viral infections? Well, we can't  
18 tell. We can't tell if the overall usage here of  
19 8.8 million, is it all appropriate? Is it all  
20 inappropriate? Is it some sort of mix of  
21 appropriate and inappropriate? Which obviously it

1 is.

2 Now, as far as specific labeling  
3 recommendations, part of the reason we're all here  
4 today, part of the reason, is to listen to the  
5 advice from this council. The FDA holds these panel  
6 discussions, and they hold them pretty regularly, to  
7 get advice from people like you.

8 One of the possible outcomes of today is  
9 your advice on potential label language. We hold  
10 interactions with the FDA all the time on language  
11 updates. This isn't unusual, to have a discussion  
12 on what to do to improve the use, the safety, and  
13 the efficacy of our drugs. Basically, we're here to  
14 listen. We will provide all of our data, and we are  
15 committed to working and following through with  
16 advice and with the FDA following today's  
17 discussion.

18 CAPT PARISE: Thank you.

19 Dr. Winterstein?

20 DR. WINTERSTEIN: I think also for Dr. Alder,  
21 a clarifying question. During the discussion before

1 the break, there was this inference that in UTI,  
2 quinolones might actually have some superiority over  
3 other agents. And there were some treatment rates  
4 or cure rates presented.

5 I went back to your slide 6 that showed we  
6 have to have comparisons. And that suggested there  
7 was noninferiority, but not more than that. What  
8 were the comparators here, and how would you  
9 interpret those data compared to what you showed in  
10 that other slide?

11 DR. ALDER: Sure. So for these, the  
12 comparator for ciprofloxacin -- so that's the  
13 penultimate line -- was trimethoprim-sulfa. And you  
14 see the overall response rates, 95 and 92 percent  
15 for cipro and for TMP/SMX, respectively. For levo,  
16 the comparator was ofloxacin, and you see the  
17 response rates there, 98 to 97 percent. These were  
18 the pivotal trials in support of the NDA, and they  
19 solidly demonstrated noninferiority.

20 Now, the other piece of data we showed was  
21 one that utilized cipro as a positive control.

1 Cipro was approved in 1987. It's been generic for  
2 many, many years. And it is frequently employed as  
3 a positive control in trials. So that's the  
4 fosfomycin label, a slide that we showed earlier.  
5 Slide up.

6 This comes from actually the label, the  
7 package insert for fosfomycin. So this was a  
8 pivotal study done in support of fosfomycin. Cipro  
9 just happened to be the positive control here  
10 because it was approved for UTI.

11 You see the clinical response rates in the  
12 far right column, 70 percent, 96 percent.  
13 Trimethoprim-sulfa had 94 percent, nitrofurantoin  
14 77 percent. And the footnote -- I know it's a  
15 little small -- footnote 1 indicates fosfomycin  
16 inferior to comparator. That was from the authors.  
17 That's not a sponsored study in support of cipro.  
18 This actually was the study that gained support for  
19 fosfomycin.

20 DR. WINTERSTEIN: So these drugs actually  
21 had to have comparison? I thought they came from

1 different placebo-controlled studies, but cipro is  
2 the comparator for all of those? Yes.

3 DR. ALDER: Yes. All the data I just showed,  
4 both tables, are not placebo-controlled. They're  
5 all active versus active. There's no placebo in  
6 either case, either in the cipro or the levo phase 3  
7 studies, or here with fosfomycin. Everything's an  
8 active.

9 CAPT PARISE: Dr. Daskalakis?

10 DR. DASKALAKIS: Demetre Daskalakis. Could I  
11 ask the industry folks to comment on what their  
12 marketing strategy has been for the fluoroquinolones  
13 for the indication of the acute bacterial sinusitis  
14 indication, the indication for an exacerbation of  
15 bronchitis in COPD, and also for the urinary tract  
16 infection?

17 DR. ALDER: I can tell you that the  
18 quinolones under discussion today are generic.  
19 They've all been generic for quite -- well, cipro  
20 since 2004 and levo and moxi for one and two years,  
21 respectively. To our knowledge, as the innovators,

1 they're not actively marketed or promoted anywhere  
2 in the USA.

3 DR. DASKALAKIS: Short- and long-acting?

4 DR. ALDER: I'm sorry?

5 DR. DASKALAKIS: The long-acting as well?

6 DR. ALDER: Yes. I don't have any  
7 information on a marketing strategy. The people  
8 here are the innovators. The clinicians and medical  
9 people are not the marketeers, so I don't have any  
10 information.

11 CAPT PARISE: Dr. Russell?

12 DR. RUSSELL: I think it's Dr. Nicholson that  
13 I would like to help me get my head around the  
14 numerator and denominator of one of the  
15 complications that we're talking about today. Let's  
16 just, say, pick neuropathy or symptoms that suggest  
17 neuropathy.

18 I see one place in your presentation, I think  
19 quoting the FDA report, that 178 patients exhibited  
20 something, and the most common thing among those was  
21 neuropathy. So can we say that 178 people of some



1 database had neuropathy? And what would be the  
2 denominator of that database in terms of how many  
3 doses or prescriptions were written that resulted in  
4 that 178?

5 CAPT PARISE: Dr. Nicholson?

6 DR. NICHOLSON: Susan Nicholson, Johnson and  
7 Johnson. Slide up, please. First I'm going to show  
8 you a few of the pieces of data on peripheral  
9 neuropathy, and then I'm going to ask one of my  
10 colleagues to comment on this epidemiologic study  
11 that we've discussed a little bit previously.

12 First, there is very little information about  
13 what mechanism might explain the association of  
14 peripheral neuropathy with fluoroquinolones. As  
15 you'll see in the bullet here in the slide, there's  
16 no direct clinical or experimental evidence linking  
17 specific cellular abnormalities to pathology of  
18 peripheral nerves in fluoroquinolone-treated  
19 patients.

20 I think this is a great example of a  
21 situation where we've observed a phenomenon. It

1 happened more times in fluoroquinolone-treated  
2 individuals than not, which gave us reason, even  
3 though we didn't have a causal relationship per se  
4 or a mechanism of action but rather an association  
5 with use, it was added to the fluoroquinolone  
6 labels.

7 The way you're asking about for the 178  
8 patients, two things. Let me ask my colleague  
9 Dr. Lautenbach to speak about the epidemiologic  
10 data, and then we have a neurologist who can speak  
11 about that 178 cases.

12 DR. LAUTENBACH: Thank you. I'm Ebbing  
13 Lautenbach, chief of infectious diseases from  
14 University of Pennsylvania. I've received a  
15 consulting honoraria for my time, but have no  
16 financial interest in the companies represented or  
17 in the outcome of the meeting.

18 I think with regard to the 178, that refers  
19 to the patients that were identified by the FDA as  
20 representing those who manifested the constellation  
21 of symptoms as FQAD. And I think the questions,

1 which have been highlighted already by Dr. Staffa  
2 and by Dr. Lo Re and others, is severalfold.

3 One, how do you take the information from  
4 what looks like a relatively broad distribution of  
5 symptoms represented by those patients, albeit, as  
6 we've heard today from the speakers very  
7 compellingly, obviously symptoms that have resulted  
8 in considerable pain and suffering.

9 How do you take that information and better  
10 define exactly what that constellation of symptoms  
11 is and what it may be related to? And I think that  
12 very much speaks to the need for a larger  
13 epidemiologic study, or a large epidemiologic study,  
14 in which, first, one identifies what the case  
15 definition is.

16 So taking the information that Dr. Boxwell  
17 has presented, how do you put that together into a  
18 coherent case definition? And then how can you take  
19 that forward into either a claims database, into a  
20 database that relies on electronic medical records?

21 There are obviously challenges whichever

1 approach you might take. But it's certainly worth  
2 doing to better define what this constellation of  
3 symptoms represents and exactly what it's related  
4 to.

5 (Applause.)

6 DR. LAUTENBACH: I've been asked also to  
7 comment on the Etminan study, which I think was on  
8 the slide that was previously up, which I'll be  
9 happy to do. So this was the study, I think related  
10 again to the question -- oh, I'm sorry, slide up,  
11 please -- which was related to the question of what  
12 do we know about the epidemiologic association  
13 between fluoroquinolones and neuropathy. And this  
14 is a study that was presented before.

15 I think the challenges in this sort of study,  
16 which again is limited to males only and those aged  
17 40 to 85, excludes those with diabetes, I think is  
18 severalfold. One, these are diagnoses that rely on  
19 claims data, so validation of these diagnoses wasn't  
20 achieved. There are a limited number of  
21 comorbidities that were assessed as part of this

1 study, and obviously generalizability is a concern.

2 So I think while this represents an early  
3 piece of information, I think there are a lot of  
4 limitations in this sort of study, again, I think,  
5 demonstrating the need for a broader epidemiologic  
6 study, not just for neuropathy but for the FQAD  
7 constellation of symptoms as well.

8 DR. RUSSELL: Is there any way that we can  
9 tie that number to a number of doses or  
10 prescriptions or anything like that?

11 DR. LAUTENBACH: Within this study?

12 DR. RUSSELL: To get a denominator?

13 DR. LAUTENBACH: I'm sorry?

14 DR. RUSSELL: To get a denominator?

15 DR. LAUTENBACH: I think the  
16 denominator -- A, I don't believe there was any  
17 demonstration in this study of the dose or duration  
18 of therapy although, obviously, as it relates to the  
19 FQAD constellation of symptoms, those, as opposed to  
20 many of the other adverse events that have been  
21 epidemiologically linked to fluoroquinolones, tend

1 to occur very early in therapy.

2 In terms of the denominator here in this  
3 study, there's a report of a million males that were  
4 followed as part of this. But there were exclusion  
5 criteria, and so it's unclear exactly what this  
6 denominator represents.

7 DR. NICHOLSON: Thank you. So I think the  
8 point on this epidemiologic study is that we don't  
9 have a numerator and a denominator. This study was  
10 about relative risk of fluoroquinolone-treated  
11 versus not-treated individuals and peripheral  
12 neuropathy.

13 For the 178, that was 178 cases reported over  
14 17 and a half years. So that's about 10 cases per  
15 year and 10 million exposures per year. But that's  
16 a reporting rate, not an incidence rate, and I think  
17 that's why Dr. Lautenbach was referring to an  
18 epidemiologic study where we can get a true  
19 n over n, provided we can get a clear definition of  
20 a case constellation.

21 Dr. Houlihan can comment on the peripheral

1 neuropathy as part of that 78-case [sic] cluster.

2 DR. HOULIHAN: Thank you. My name's Joe  
3 Houlihan. I'm a neurologist and acting as a  
4 consultant for Janssen, for which I'm being  
5 compensated.

6 I'd just like to step back a little bit and,  
7 first of all, for the public and the patients who  
8 are here, I don't want this to be misconstrued as  
9 anything denying symptoms or the severity or your  
10 symptoms or the disability, simply making some  
11 comments about where they're coming from.

12 Are they coming from the peripheral nerves?

13 Are they coming from neurologic symptoms?

14 Sensorimotor symptoms can come anywhere from the  
15 brain down through the spinal cord out to the  
16 peripheral nerves, the skin, the muscles. And I  
17 think we're lumping a lot of things together as  
18 neuropathy. And I think there are three different  
19 things going on besides what's in the label.

20 So we've got the Etminan study looking at an  
21 increased use of or prescribing of quinolones in

1 patients with neuropathy compared to patients  
2 without. Dr. Trinidad mentioned in passing  
3 Guillain-Barre syndrome. Guillain-Barre syndrome is  
4 a demyelinating neuropathy provoked most often by  
5 infectious illness.

6 We talked about confound by indication. I  
7 think there's a potentially big confound that could  
8 be related to that or other causes of neuropathy.  
9 If you have 6,000-and-some incident cases of  
10 neuropathy, a fair number of those are going to be  
11 Guillain-Barre. A lot of those are going to be  
12 proceeded by bacterial infections treated by  
13 antibiotics, and there could be an imbalance. So I  
14 just wanted to make that comment about that study.

15 Very briefly, there's a small series from the  
16 Swedish health authority that was reported 1996 or  
17 so, isolated peripheral neuropathy without the other  
18 constellation of symptoms we're talking about today.  
19 And those were very different. They resolved over  
20 time. Seventy-one percent resolved within two  
21 weeks, the remainder within weeks to months. The



1 longest was a year. So we've got other cases that  
2 look quite different.

3 Now, we've got the 178 cases we're talking  
4 about and some of the other published cases that  
5 look quite similar that have a constellation of  
6 symptoms and prolonged severe symptoms. And I  
7 reviewed all of the cases.

8 I think there are great limitations in the  
9 data on those cases. I didn't see a single  
10 localizing neurologic exam, and a lot of these are  
11 not from physicians. But even in the published  
12 cases, the exams were noncontributory or some  
13 contradictory limited EMG nerve conduction studies.  
14 There were some punch biopsies that were suggestive.

15 I only saw one history that had a history of  
16 progressive stocking-glove distribution sensory  
17 symptoms.

18 CAPT PARISE: We're going to have to shorten  
19 this since this study wasn't brought up in the  
20 question just because I'm trying to -- we have only  
21 a few more in our ability to do before we have to

1 vote --

2 DR. HOULIHAN: Yes, yes. And I'm finished.  
3 I just think it's important to stress that we're  
4 looking at a lot of different symptoms and calling  
5 them all neuropathy.

6 CAPT PARISE: Thank you.

7 We're going to take two more, and we're going  
8 to just ask people to be as brief as possible  
9 because we need to get to the vote by 4:40 at the  
10 latest. Ms. Schwartzott?

11 MS. SCHWARTZOTT: Yes. I have a real concern  
12 about the mitochondrial toxicity with this  
13 medication because if you are giving a medication  
14 that has potential toxicity to mitochondrial disease  
15 to somebody who already has a mitochondrial  
16 disorder, I can just imagine that the damage would  
17 be way worse. And I'm wondering if that might be  
18 what's going on. Have you guys studied that?

19 DR. ALDER: For that, I would ask Dr. Zhanel  
20 to please comment.

21 DR. ZHANEL: It's my real honor to be here.

1 My name is George Zhanel. I'm a medical  
2 microbiologist and a clinical pharmacologist by  
3 training. I've been asked to be here specifically  
4 today because I've been teaching, researching,  
5 writing, and recommending antimicrobials to be used  
6 for select prevention and treatment of infectious  
7 disease for 25 years.

8 On the quinolone side, my group that I chair  
9 has published over 250 papers, abstracts, and book  
10 chapters dealing with fluoroquinolone properties,  
11 including their mechanisms of action, mechanisms of  
12 safety.

13 To answer your question, antimicrobial  
14 assessment of whether antibiotics cause  
15 mitochondrial toxicity is at its infancy, and I  
16 apologize for that. When I reviewed the literature  
17 for whether quinolones cause mitochondrial  
18 toxicity -- and I did; I reviewed clinical cases,  
19 healthy volunteers, animal data, and in vitro  
20 data -- the answer is the same as what the FDA  
21 concluded. We cannot conclude that quinolones cause

1 mitochondrial toxicity.

2           However, other drugs have been studied much  
3 more. The cardiac drugs. Some of the antivirals  
4 for HIV have been studied. The cardiology drugs,  
5 many have been studied. Some nonsteroidals.  
6 Antipsychotic antidepressants. We need to study  
7 antibiotics to find out what they do.

8           But as of today, having reviewed the  
9 literature, I'm confident to tell you that the data  
10 tells us that the fluoroquinolones -- we cannot  
11 conclude that they are mitochondrial toxins.

12           MS. SCHWARTZOTT: Would there be future  
13 evaluations and testing, studies done?

14           DR. ZHANEL: My sincere hope is absolutely.  
15 When I reviewed the quinolone literature for  
16 mitochondrial toxicity, I compared it to other  
17 antibiotics that were studied, I compared it to  
18 antivirals, and I compared it to other drug-induced  
19 toxicity of mitochondria.

20           It is as its infancy, but it is now growingly  
21 routine in industry, in the drug discovery process,

1 to test these compounds at a very early stage. But  
2 I have to emphasize this is extremely difficult.  
3 And the reason is, there is no predictive tool that  
4 we can use with patients to assess mitochondrial  
5 toxicity in terms of, if we should give them an  
6 antibiotic for their infectious disease, how they  
7 will do.

8 We can't draw blood and look at white blood  
9 cells and assess whether they have mitochondrial  
10 toxicity that would be exacerbated by an antibiotic  
11 such as quinolone. We don't have that test. But  
12 researchers are working on this test. It'll be a  
13 very complex test, but we need to have this done.

14 (Applause.)

15 CAPT PARISE: Thank you.

16 Dr. Floyd?

17 DR. FLOYD: Briefly, this is a follow-up to  
18 Dr. Winterstein's question about noninferiority and  
19 treatment effect for fluoroquinolones. So I think  
20 this question is for Dr. Alder. If you wouldn't  
21 mind putting the slide up that you showed

1 previously.

2 DR. ALDER: You mean the forest plot? Yes.  
3 Slide up, please.

4 DR. FLOYD: I believe these trials were  
5 conducted long before thinking on noninferiority  
6 trials has evolved, as reflected in current guidance  
7 for a number of conditions. And they're actually  
8 quite rigorous now to claim noninferiority, which  
9 implies effectiveness, efficacy.

10 I'll boil it down to three items. One is to  
11 establish a treatment effect for the comparator drug  
12 in a clinically meaningful outcome, and actually to  
13 have a precise estimate. The second is to actually  
14 measure that same outcome at a similar time in your  
15 noninferiority trial.

16 Third, to actually conduct the trial in a way  
17 to minimize bias, meaning studying similar patients  
18 with the right disease severity, with the right  
19 disease, the right distribution of comorbidities,  
20 not giving rescue therapies, prior antibacterial  
21 therapies, concomitant therapies. All these things

1 need to be done before a claim to noninferiority,  
2 and therefore efficacy, can be made.

3 So this is kind of a yes or no. Were these  
4 trials conducted in such a manner? Because if not,  
5 I think it's difficult to establish a treatment  
6 effect for these specific fluoroquinolones for these  
7 conditions.

8 DR. ALDER: There are a couple of things in  
9 your question. But they were conducted over roughly  
10 20 years, if you look at the lifespan from cipro to  
11 Avelox was the recent.

12 Now, the thinking about how to conduct a  
13 trial evolved over the late '90s. In fact, we used  
14 to call them equivalence trials. But they really  
15 weren't equivalence trials, they were almost  
16 noninferiority but not quite, but they certainly  
17 weren't equivalence trials.

18 The later studies were done to noninferiority  
19 standards, and most of these studies, with the  
20 exception of the very early cipro ones like the  
21 cipro AECEB trials, were conducted basically to a

1 noninferiority standard even though in the  
2 literature you will often see the word "equivalence"  
3 relative to compare used erroneously.

4 Now, the bigger question, though, really, is  
5 not is this equivalence or noninferior to something  
6 else, but what's the treatment effect? That's the  
7 big question. And to get to a treatment effect in  
8 at least two of these now, the FDA has changed their  
9 draft guidance recently to requiring placebo-  
10 controlled studies.

11 So for ABS, placebo or superiority to  
12 establish therapy; either one would work. And same  
13 for milder infections and acute exacerbations for  
14 the milder COPD patients. So overall --

15 DR. FLOYD: Just to respond to that, we have  
16 evidence of a treatment effect for COPD that seems  
17 very dependent on the severity of the disease. And  
18 the clinical response of 100 percent or close to it  
19 suggests that these are not in the distribution of  
20 where we expect a large treatment effect. In fact,  
21 these are quite healthy patients where there



1 probably is very little treatment effect as far as  
2 that trial.

3 DR. ALDER: Yes. Well, and there are  
4 multiple problems, then. One is even conducting a  
5 large placebo-controlled trial.

6 To take a group of patients, and you know or  
7 you strongly suspect that a group of them have an  
8 active bacterial pathogen causing disease, and then  
9 knowingly subject them to a placebo is something  
10 that many feel is inappropriate, even if it's acute  
11 bacterial sinusitis, certainly for uncomplicated  
12 UTI. And you've heard from the COPD patients.

13 Many centers won't do them. Many of the  
14 pharmaceutical companies and their representatives  
15 also consider that inappropriate. I don't think  
16 you've seen any very large placebo-controlled  
17 studies.

18 So whenever we're looking at treatment  
19 effect, it's always scattered studies, usually done  
20 at small academic centers, 40 patients here, 60  
21 there, 70 there, not these large 5-, 600-patient

1 studies.

2 We could poll our clinicians here, but I saw  
3 heads shaking up and that they would not consider  
4 this appropriate, to take their patients and subject  
5 them to placebo if they knew or strongly suspected a  
6 bacterial pathogen.

7 So we're in a dilemma. How do we ever get to  
8 a treatment effect if you need a placebo? But we're  
9 not going to do a placebo because we consider that  
10 inappropriate. That's something we need to work on  
11 further.

12 CAPT PARISE: Thank you.

13 I'm now going to ask Dr. Nambiar to come up  
14 and give a charge to the committee.

15 **Charge to the Committee - Nambiar**

16 DR. NAMBIAR: Thank you, Dr. Parise. I'll do  
17 it from here, if it's okay with you.

18 At the meeting today, we've discussed the  
19 benefits and risks of the systemic fluoroquinolones,  
20 focusing on three indications: acute bacterial  
21 sinusitis, acute bacterial exacerbation of chronic

1 bronchitis, and uncomplicated urinary tract  
2 infections.

3           You have heard presentations from the FDA and  
4 the industry, and comments from speakers at the open  
5 public hearing. Based on the information provided  
6 to you in the briefing documents, the presentations,  
7 and discussions today, we seek your input on three  
8 voting questions, one for each of the three  
9 indications being considered.

10           In addition to your yes/no vote, your  
11 rationale and any recommendations you have are  
12 extremely valuable to us, and we look forward to  
13 hearing your perspectives on this important and  
14 challenging issue. Thank you.

15           **Questions to Committee and Discussion**

16           CAPT PARISE: Thank you.

17           We'll now proceed with the questions to the  
18 committee and panel discussion. I'd like to remind  
19 public observers that while this meeting is open for  
20 public observation, public attendees may not  
21 participate except at the specific request of the

1 panel.

2 We'll be using an electronic voting system  
3 for this meeting. Once we begin the vote, the  
4 buttons will start flashing and will continue to  
5 flash even after you have entered your vote. Please  
6 press the button firmly that corresponds to your  
7 vote. If you're unsure of your vote or you wish to  
8 change your vote, you may press the corresponding  
9 button until the vote is closed.

10 After everyone has completed their vote,  
11 the vote will be locked in. The vote will then be  
12 displayed on the screen. The DFO will read the vote  
13 from the screen into the record.

14 Next, we will go around the room and each  
15 individual who voted will state their name and vote  
16 into the record. You can also state the reason why  
17 you voted as you did if you want to. We'll continue  
18 in the same manner until all questions have been  
19 answered or discussed.

20 When we go around the room, you can also  
21 address recommendations. We'll do that at one time.

1 You'll do the vote and then recommendations, and  
2 Jennifer will read the question in just a minute.

3 So are there any questions or comments  
4 concerning the wording of the question before we  
5 proceed?

6 (No response.)

7 CAPT PARISE: Question number 1, vote. Do  
8 the benefits and risks kind of the systemic  
9 fluoroquinolone antibacterial drugs support the  
10 current labeled indication for the treatment of  
11 acute bacterial sinusitis, ABS?

12 Following your vote, provide specific  
13 recommendations, if any, concerning the indications  
14 for treatment of ABS and safety information,  
15 including the constellation of adverse reactions  
16 that were characterized as a fluoroquinolone-  
17 associated disability or FQAD.

18 DR. SCHEETZ: Before we vote, are we going to  
19 get the question from Dr. Winterstein?

20 CAPT PARISE: Oh, yes. Good thinking. Go  
21 ahead.

1 DR. WINTERSTEIN: Usually there is a question  
2 session for the question. No? Or a discussion  
3 session for the questions? No? So we just vote?

4 CAPT PARISE: We can ask questions here about  
5 the question. So I'm sorry, you did have a question  
6 about the question.

7 DR. WINTERSTEIN: Well, actually it's  
8 general. Usually before a vote is up, there's  
9 usually a brief discussion before the vote happens.  
10 No?

11 DR. COX: It's really the chair's  
12 prerogative. You can do it either way. If there's  
13 specific clarifying issues that you need before you  
14 vote, it's probably the time to ask them now. So  
15 please.

16 DR. WINTERSTEIN: Well, here's my question.  
17 From what I understand, a REMS is introduced if the  
18 agency wants to assure that a drug's benefit  
19 outweighs its risk. So essentially, if there is an  
20 unfavorable risk/benefit consideration overall, then  
21 a REMS could be used to shift that into something

1 where risk/benefit might be again favorable.

2 So thinking about that in the context of this  
3 question, would it make sense to consider such a  
4 scenario, or would you like us to vote on this  
5 question under the current scenario as the drugs are  
6 being used right now?

7 I think that's the clarification. So  
8 basically, the question is, do we use the scenario  
9 the way the quinolones are currently approved, or  
10 should we consider a scenario where the approval  
11 would look differently and there might be a REMS in  
12 there?

13 DR. COX: Sure. Let me try and clarify. So  
14 the question asked with regards to the current  
15 labeled indication. So we're asking you about the  
16 current label as it stands now. It sounds like what  
17 you're proposing --

18 DR. WINTERSTEIN: Yes. I'm not asking about  
19 the indication. I'm asking about a REMS.

20 DR. COX: Just let me finish. So the  
21 question is about the current situation. Okay?

1 You're bringing up the idea that there may be other  
2 things that could be done to help mitigate risk. I  
3 think that comes in the second part of the question,  
4 when we get to A, because if in fact there are other  
5 things, other suggestions or ideas that you have to  
6 mitigate risk, when we get to the point of going  
7 around and asking folks for their comments, their  
8 rationale and comments following your vote, please  
9 provide specific recommendations, that's where we  
10 would welcome additional thoughts on other things  
11 that should be considered. Does that help?

12 DR. WINTERSTEIN: Kind of, yes.

13 DR. BADEN: Dr. Cox, including adjustments to  
14 the label?

15 DR. COX: Yes. So the questions are  
16 essentially voting on the current state of affairs,  
17 and then A is, in essence, the opportunity to  
18 describe how you would see things needing to change,  
19 what the suggestions would be there.

20 It can be with regards to label language,  
21 other procedures, or other things that might need to



1 be put in place that would be important for  
2 balancing the benefit/risk. So I understand the  
3 reason for the question. It's a good question, and  
4 I'm hoping that provides clarity.

5 CAPT PARISE: Dr. Gerhard?

6 DR. GERHARD: Just a very quick follow-up to  
7 maybe clarify the actual yes/no voting. So the way  
8 I read this, and just state whether you would see it  
9 the same way, if we see any significant change to  
10 the label, then we would vote no. And then in the  
11 justification, we provide where that change would  
12 take place and how we would see it?

13 DR. COX: I think that's correct. The  
14 question is, do the benefits and risks of the  
15 systemic fluoroquinolone antibacterial drug support  
16 the current labeled indication for the treatment of  
17 acute bacterial sinusitis? So you may have other  
18 ideas and suggestions with regards to what else  
19 should be done.

20 CAPT PARISE: Dr. Cox, did you have something  
21 else to --

1 DR. COX: Just one more thing, too. Very  
2 important to us are the rationales behind your  
3 votes. I realize that sometimes it may be difficult  
4 to get to the binary result, so that's why it's very  
5 important for us to understand your rationale as we  
6 go around the table. So please help us understand  
7 exactly what you're thinking because that's very  
8 valuable to us.

9 CAPT PARISE: Another clarifying --

10 DR. SCHMID: One more clarifying question.  
11 If what's in the label is not being followed, that  
12 could be a reason for saying the label was not  
13 sufficient?

14 DR. COX: The label gets to where the drug  
15 has been shown to be safe and effective. I think  
16 you're raising an additional issue, which is in  
17 clinical practice of medicine there may be  
18 additional things that are going on out there. And  
19 that's, I think again, an opportunity for -- are  
20 there ways, in essence, to be able to improve the  
21 practice by providing additional information, other

1 things that you may think of that could help the  
2 situation.

3 So I think it gets to, in essence, almost the  
4 question that started this out, other things that  
5 might be included. So we'd welcome those comments  
6 and suggestions when we get to the A part and as we  
7 go around the table.

8 CAPT PARISE: Dr. Baden, another clarifying  
9 question?

10 DR. BADEN: Yes. If, for example, one of us  
11 were to think that there could be adjustments to the  
12 label, that suggests that one should have a no vote,  
13 as opposed to a yes vote with suggestions to change  
14 the label?

15 DR. COX: Right. And you can see that  
16 there's many different ways that you can write the  
17 question and a lot of different permutations. So we  
18 had to pick one. So the one we picked was the  
19 current label. So we're asking the question around  
20 the current label as it stands now.

21 We're recognizing that a no vote may mean

1 that there's the idea of additional changes or  
2 additional things that would need to be in place.  
3 And if we can get those suggestions and comments as  
4 we work through the A part, I think that will be  
5 very helpful to us.

6 CAPT PARISE: Are there any more clarifying  
7 questions?

8 (No response.)

9 CAPT PARISE: I guess I actually have a  
10 question. I'm sorry. This just came up as you gave  
11 your answer. So if we feel the current label needs  
12 change, then that would mean we think that it does  
13 not support the current label indication. Is that  
14 what you just said?

15 DR. COX: I think that's correct because  
16 imagine the alternative where we say, do you think  
17 some semblance of the label that's currently out  
18 there with some changes and undefined, is that okay.  
19 You can see that's an unanswerable question because  
20 we haven't even agreed what those changes would be.

21 So I think we really do have to focus on the

1 current label in its current state and vote on that  
2 accordingly. And then, when we get to the A part,  
3 we can hear what the suggestions are as to how  
4 things change. Because if we don't anchor the  
5 question in the current state of affairs, then  
6 everybody's voting on a different question, and it  
7 becomes essentially even more difficult than I think  
8 the difficult situation that we're already trying to  
9 work through here.

10 CAPT PARISE: If there's no further  
11 discussion, we'll now begin the voting process.  
12 Please press the button on your microphone that  
13 corresponds to your vote. You will have  
14 approximately 20 seconds to vote. Please press the  
15 button firmly. After you've made your selection,  
16 the light may continue to flash. If you're unsure  
17 of your vote or you wish to change your vote, please  
18 press the corresponding button again before the vote  
19 is closed.

20 (Vote taken.)

21 CAPT PARISE: Everyone has voted. The vote

1 is now complete.

2 (Applause.)

3 LCDR SHEPHERD: For the record, the vote is  
4 zero yes, 21 no, zero abstain.

5 CAPT PARISE: Now that the vote's complete,  
6 we'll go around the table and have everyone who  
7 voted state their name, their vote, and if you want  
8 to, the reason why you voted as you did into the  
9 record. This is also the time to provide any  
10 specific recommendations, as stated in 1A.

11 We'll start down at this end. Dr. Staud?

12 DR. STAUD: Roland Staud. I voted no. I  
13 think the lack of significant efficacy of this  
14 medication for the indication is a great concern to  
15 me. And I think that some form of REMS would be an  
16 important addition to this medication. And I would  
17 suggest really at least a medication guide.

18 CAPT PARISE: Thank you.

19 DR. RUSSELL: Russell, San Antonio. I voted  
20 no because I think we're not getting sufficient  
21 information about the infections we're treating.

1 And I think it's not appropriate to be treating  
2 acute uncomplicated cystitis with these medications.

3 There are no medications that are free,  
4 entirely free, of adverse risk. But I think -- oh,  
5 we're talking about just sinusitis for this one?  
6 Sorry. I think education is going to be important  
7 for physicians, and we need more information to  
8 determine the risk versus benefit for these  
9 medications.

10 (Applause.)

11 DR. VITIELLO: Ben Vitiello. I voted no.  
12 The reason is there is an uncertainty of efficacy,  
13 and there are safety concerns.

14 (Applause.)

15 DR. HOGANS: Beth Hogans. I noted that the  
16 package insert says acute sinusitis. And I think  
17 that in light of the fact that some of the other  
18 conditions specify bacterial -- I mean, for the  
19 infectious disease expert it's obvious. But I think  
20 because so many general practitioners and mid-level  
21 providers are providing this, I think that the

1 current package insert doesn't provide sufficient  
2 guidance.

3 I think that the evidence that we were  
4 presented with today indicates that people are not  
5 sufficiently aware of the guidelines, that this is a  
6 second tier agent. Consideration should be given to  
7 REMS, but the package insert should be revised,  
8 certainly, to reflect that it must be a bacterial  
9 sinusitis. And it would be more helpful if it  
10 provided the information about it being a  
11 second-tier agent.

12 (Applause.)

13 DR. FLOYD: I voted no because of a lack of  
14 evidence of a treatment effect for this indication  
15 and what I think are pretty convincing evidence of  
16 safety risks. I don't think that the risk/benefit  
17 profile can be improved through REMS or labeling.  
18 So my recommendation is to remove this indication  
19 entirely. I do, however, think that changes in  
20 labeling and potentially REMS are needed for some of  
21 the other indications.



1 (Applause.)

2 DR. CHOUDHRY: Niteesh Choudhry. I voted no  
3 as well, for most of the reasons that have been  
4 stated. I have three specific recommendations to be  
5 considered.

6 First, that the label should specifically  
7 indicate that this is second-line therapy.

8 Second, that in the label for this  
9 indication, we clarify the idea of what "severe  
10 treatment" really means -- or "severe disease"  
11 really means. And what I mean by that is duration  
12 or failure of other treatment. Part of that is  
13 implicit in the idea of second-line. But clearly,  
14 there's a wide overuse of antibiotics in general in  
15 this class.

16 The third, following up on a comment I made  
17 before is I think given the consolations of these  
18 nonspecific but clearly debilitating and disabling  
19 symptoms that we don't quite understand, that we  
20 need to do something. And I would offer a  
21 requirement for a postmarketing study to better

1 evaluate these.

2 (Applause.)

3 CAPT PARISE: Excuse me one second.

4 Dr. Floyd, you, I think, didn't state your  
5 name into the record and we really need that. Could  
6 you do that?

7 DR. FLOYD: Oh, my apologies. James Floyd,  
8 the previous response.

9 CAPT PARISE: Thank you.

10 MS. PHILLIPS: I'm Marjorie Shaw Phillips.  
11 I voted no, and had some of the same concerns as  
12 Dr. Floyd did. Business as usual is not acceptable,  
13 and I have some particular concerns in the case of  
14 this indication because the risk/benefit ratio is  
15 much different in otherwise healthy adults than in  
16 somebody that's more seriously ill, such as the  
17 other indication, the COPD indication.

18 Some of my comments will also go across all  
19 three indications and beyond because the speakers  
20 sharing their stories today made clear that there is  
21 a lot of use outside of all the labeled indications.

1 So I think misuse of these products needs to be  
2 addressed through a med guide, through a REMS,  
3 through education of all types.

4 So the med guide needs to be reformatted in  
5 the FDA's new format that is much more user- and  
6 consumer-friendly than some of the older versions to  
7 really highlight recognition of these  
8 fluoroquinolone-associated toxicities on the first  
9 page in language that the lay person can understand.

10 Education needs to be for both providers to  
11 identify the patients who would most benefit, who  
12 should be getting these medications, from those  
13 where the risks exceed the benefit; but also to make  
14 it easier for them to identify these toxic reactions  
15 when a patient presents with symptoms.

16 (Applause.)

17 MS. PHILLIPS: Furthermore, I think we need  
18 patient education both to recognize when they should  
19 contact a provider, stop the drug immediately if  
20 that occurs, but also to address patient and family  
21 expectations when they go to a provider because

1 we still have so many that go expecting that  
2 prescription, and are very reluctant to take their  
3 practitioner's advice when it's a watch and wait  
4 approach or a nonpharmacological approach. So  
5 that's an important part of the education and  
6 management plan as well.

7 (Applause.)

8 CAPT PARISE: Excuse me. We're just going to  
9 ask the audience, if you could just hold your  
10 applause till the end just for the sake of time.  
11 But we will give you an opportunity.

12 DR. BESCO: Kelly Besco, for the record. I  
13 also voted for the same reasons as the other panel  
14 members. And many of my comments can also be  
15 lateralized to the additional questions.

16 I do want to say that I do think that FQAD  
17 appears to be a legitimate, unrecognized condition  
18 that requires case definition and study. Depending  
19 on the outcome of this evaluation, there should be a  
20 warning added to the labeling to warn providers of  
21 FQAD symptoms and potential side effects.

1           I believe that the labeling could be enhanced  
2           to include additional mitigation strategies,  
3           especially in the outpatient setting, to ensure  
4           providers are using these medications appropriately  
5           and that patients are well-informed about the risks  
6           associated with fluoroquinolones because relying on  
7           labeling alone is too passive.

8           DR. CORBETT: Amanda Corbett, and I also  
9           voted no, for also many of the same reasons that  
10          have already been stated. But mostly I feel like we  
11          have to do something more than just let this  
12          continue. I think this is absolutely a real  
13          phenomenon. We cannot discount these patients that  
14          are here and the hundreds and thousands of other  
15          patients that we know this is happening.

16          I don't know that we exactly know what this  
17          all means, but I think that's going to take some  
18          time to really figure that out. And in the  
19          meantime, I think we have to let prescribers  
20          understand the severity, other than the people that  
21          are in this room and those that actually pay

1 attention.

2 So that was my main reasons for voting here,  
3 and then also carrying forward to the next two  
4 indications as well.

5 DR. SCHEETZ: Hi. Marc Scheetz. I voted no  
6 as well. First I want to say, as practitioners, we  
7 always have the utmost sympathy for anybody that has  
8 an adverse drug event, and the reason that we got  
9 into healthcare is to try to improve public health.  
10 That said, there's always a balance here.

11 I think the fluoroquinolones are an important  
12 drug in our armamentarium, so I don't want to throw  
13 the baby out with the bath water. But I think we  
14 definitely do need a much better understanding of  
15 the risk/benefit with these drugs.

16 We were asked to look at three primary  
17 adverse drug reactions, those being tendinopathies  
18 or things related to tendinopathies, cardiac  
19 arrhythmias, and peripheral neuropathies.  
20 Statistically, it seemed most probable that  
21 tendinopathies were the most well-justified, but

1 there were definitely pretty reasonable cases for  
2 the other syndromes as well.

3 We were also presented with FQAD, a syndrome  
4 that -- at least this is the first time I have heard  
5 of this syndrome. I think I definitely think we  
6 need more research on FQAD. I think that the  
7 current clinical predictors that we have suggested,  
8 such as patients being older, patients potentially  
9 taking things like steroids, and patients being  
10 transplant patients, are not sufficient to describe  
11 those who might get FQAD.

12 Now, FQAD could encompass many different  
13 syndromes. But the largest single syndrome in FQAD  
14 was musculoskeletal concerns. And so I think that  
15 our predictors for musculoskeletal concerns for some  
16 reason do not seem to hold for FQAD. So I think we  
17 need more research there.

18 Finally, the other side of that coin, I think  
19 we still do need antibiotics, and I think we still  
20 need to provide clinicians with the options to use  
21 second-line treatments when they are appropriate.

1 We've seen plenty of data today to suggest that they  
2 are not being used appropriately, and I think that  
3 the labeling could help with this.

4 I'm not an expert in things such as REMS or  
5 other strategies to help clinicians make the right  
6 decisions, but I think we definitely need more  
7 research in that realm.

8 DR. GERHARD: Tobias Gerhard. I also voted  
9 no. I think the adverse effects that were discussed  
10 today are reasonably rare, although there are a lot  
11 of questions about the exact incidence, but is  
12 underscored by the remarkable testimony that we  
13 heard today as well as the unusually high direct  
14 adverse event reporting rates, highly disabling and  
15 persistent.

16 So I think there are two implications for me,  
17 at least, to avoid quinolones in situations where  
18 the benefit is either not established or minimal in  
19 size, and reduce inappropriate first-line use, and,  
20 probably most importantly, clearly communicate these  
21 risks to patients and providers, so including the



1 events or the concerns discussed today in the black  
2 box, consider additional forms of information and  
3 education to both patients and providers.

4 I think it was very apparent in the  
5 testimonials today that the current labeling does  
6 not communicate these risks clearly and that most,  
7 if not all, of the patients that made statements  
8 today did not knowingly take on these risks.

9 As to the question of FQAD as a syndrome, I  
10 think the evidence at this point is, from FAERS, not  
11 supported yet by epidemiological data, and therefore  
12 quite weak. I think, however, that the distinction  
13 of whether there is this syndrome or not is somewhat  
14 secondary at this point to communicating that there  
15 are risks for several severe, disabling, and  
16 permanent adverse effects that may appear  
17 individually or in combination. And then in future  
18 work, we can address to what extent there really is  
19 a syndrome that can be clearly described.

20 One last comment. The potential psychiatric  
21 side effects were not discussed at today's meeting,

1 but it seems clearly that they deserve some  
2 attention in the future. And for this specific  
3 indication of ABS, I don't see evidence for  
4 meaningful benefit, and thus would recommend  
5 removing the indication completely.

6 DR. WINTERSTEIN: Almut Winterstein. I voted  
7 no. Risk/benefit here is mediated by the fact that  
8 current guidelines are not necessarily followed.  
9 The guidelines seem to acknowledge an unfavorable  
10 risk/benefit ratio already, but we have seen  
11 evidence that quinolones are still heavily  
12 prescribed.

13 There is sufficient evidence to support  
14 treatment of ABS as well as the other two  
15 indications, but treatment should only use  
16 quinolones if first-line agents have failed or are  
17 contraindicated. However, quinolones should be  
18 available as second choice.

19 Given the evidence of risk, both providers  
20 and patients need to have sufficient information to  
21 weigh risk/benefit. We have seen that the

1 medication guide does not assure this because one is  
2 in place. So based on this, I would suggest that a  
3 communication plan would be implemented. So that  
4 would be the level 2 REMS, as we had the description  
5 earlier, that would require documentation that both  
6 patients and providers have received information of  
7 risk.

8 I suggest further that the labeled indication  
9 spells out that quinolones are indicated if  
10 first-line agents have failed or are  
11 contraindicated.

12 CAPT PARISE: Monica Parise. I also voted  
13 no. As far as the indication, I actually do think  
14 there is a role for these antibiotics in severe  
15 cases of sinusitis. I think part of the problem is  
16 that the recommendations that are out there, as  
17 others have said, are not being followed, and it's  
18 not all going to that more severe spectrum. I think  
19 others have had good ideas about REMS and education,  
20 and I don't need to repeat that.

21 Two of the things that bothered me that I

1       feel should somehow be addressed in letting people  
2       know are, one, that the label doesn't -- even though  
3       we don't know about the frequency of this or still  
4       have questions about the FQADs, I really think  
5       something should be said about this constellation in  
6       the label.

7               Then my last part of comments really goes to  
8       what needs better studied. I think clearly the FQAD  
9       does need better studied. I was involved in a  
10      multi-system syndrome, study of a multi-system  
11      syndrome that had never been described before. And  
12      I think some of what was stated earlier about you  
13      have a case definition and you look for databases, I  
14      think some encouragement about continuing -- I know  
15      it's difficult being creative about it. We, for  
16      example, went to a large HMO that had electronic  
17      medical records that made it possible. I just  
18      encourage the agency to continue to try to look into  
19      that.

20              I think my last comment was on peripheral  
21      neuropathy. And these comments on the safety side

1 really apply for me on really all these indications  
2 as far as safety. I was really struck by the poor  
3 information that was available on neuropathy; it was  
4 only one trial. And to me, persistent neuropathy  
5 that may be irreversible is really a big deal, and I  
6 think some way to be able to better study that we  
7 should all think about.

8 DR. LO RE: My name is Vincent Lo Re. I  
9 voted no, for many of the reasons that have already  
10 been stated. I had concerns about the way that the  
11 medication was being used, and particularly thought  
12 that the label should specify more clearly that this  
13 should be a second-line drug, and particularly for  
14 the indication noted here, that it would be for  
15 severe acute bacterial sinusitis.

16 From the standpoint of safety, I was struck  
17 by the dearth of data on peripheral neuropathy and  
18 the psychiatric adverse events, which were discussed  
19 certainly by the public comments. And I think that  
20 we need better validation of these outcomes in  
21 pharmacoepidemiologic data sources to allow good

1 epidemiology to be conducted.

2 I recognize the challenges that are inherent,  
3 but I think that certainly if we can validate these  
4 individual diagnoses within data sources, they could  
5 potentially be studied more for the purposes of  
6 understanding FQAD and its syndrome.

7 MS. SCHWARTZOTT: My name is Jennifer  
8 Schwartzott. I also voted no. In the case of the  
9 acute bacterial sinusitis, the risks outweigh the  
10 small benefits.

11 I also feel that the black box warnings  
12 should be expanded to include other severe effects  
13 of the medications. And they also need to be more  
14 obvious, with large print and colored highlighting  
15 or something that indicates this is very important.  
16 You need to pay attention.

17 When I was prescribed cipro a little over a  
18 month ago, I was handed something from Walgreens  
19 that looked the same as every other printout I've  
20 ever gotten, nothing indicating that it should be  
21 that severe. The labeling should raise an alarm

1 with the patients and also for the medical  
2 professionals and the pharmacists.

3 I also think further studies should be  
4 continued to establish safety for all, including  
5 those at risk, and to include literature reviews,  
6 patient reports with no exclusions -- I would be one  
7 of the people excluded -- and reports from  
8 specialists of specific disorders.

9 They should be talking to doctors that treat  
10 mitochondrial disease, that treat myasthenia gravis,  
11 and get their input along with from the patients,  
12 with natural history studies, not just like a  
13 clinical trial.

14 DR. ANDREWS: I'm Ellen Andrews, and I voted  
15 no because of the same reasons that everyone's  
16 talked about, the questions about effectiveness and  
17 the serious safety concerns.

18 I'm reluctant to go as far as saying that we  
19 remove it as a tool because it is an antibiotic,  
20 however flawed it is. And also, this has come  
21 before in this committee, But when we remove it as

1 an indication, we also remove the opportunity to  
2 educate people. And if it does continue to be used  
3 off-label, we lose the ability to have those red  
4 flags.

5 Having said that, we need some big red flags.  
6 We need to strengthen the language about disability.  
7 This should be used as a last resort, with confirmed  
8 bacterial infections, I would suggest only in  
9 hospitalized patients that have a really severe  
10 infection. That's where the best, most likely to be  
11 effective research was.

12 You definitely need to get to informed  
13 consent. That includes at least a level 2 REMS, and  
14 really get to a point where people understand the  
15 seriousness of the disability because the black box  
16 that I read didn't look all that serious to me.

17 I would just say that I do understand the  
18 concerns around patient reports that drive a lot of  
19 the discussion about the disability, and that's why  
20 it seems diffuse, maybe.

21 However, this is all full of weak data and



1 weak information, and I think that that is one of  
2 the best things that the FDA does, is to get  
3 information directly from patients about their  
4 conditions. And I think that's really important,  
5 really vital information, and it shouldn't be  
6 minimized.

7 I actually am grateful to the patient groups  
8 and the press for bringing this to awareness. They  
9 seem to be the only ones working on that. And far  
10 from improving and expanding the maybe biasing  
11 reporting, I think they're really providing a public  
12 service in letting people know about this.

13 DR. BADEN: Lindsey Baden. I voted no.  
14 However, I think the vote has a lot to do with how  
15 the question was asked and worded. I think that we  
16 have to remember that untreated serious infection  
17 has serious morbidity.

18 We're all struck by how these agents appear  
19 to be used, and the current way healthcare is  
20 delivered, and the burden on the patient and the  
21 frontline provider in delivering care. And that's

1 not an excuse for delivering substandard care, but  
2 the risk/benefit, on the benefit side, one needs to  
3 remember that untreated infection has substantial  
4 morbidity.

5           If I'm reading the various guidelines that  
6 were provided from the major societies, all of  
7 them -- ATS, IDSA, Urology, ACOG -- favored the  
8 accessing of fluoroquinolones as part of treatment  
9 for the respective conditions in their space. And I  
10 think that given the available options, we need to  
11 be very careful in minimizing what is available to  
12 treat active infection where we have limited  
13 options.

14           Having said that, there are aspects of how  
15 these agents are used that could enrich the benefit.  
16 And that gets to the question I asked before about  
17 thinking about strengthening the label. And I am  
18 not a label expert and do not know what can or  
19 cannot go into a label.

20           But one could imagine, and this was alluded  
21 to in some of the talks about where benefit may have

1       been better in prior studies for ABS, where one  
2       actually uses the criteria that societies have put  
3       forward and have that as part of the threshold in  
4       the label, saying, this is the clinical phenotype  
5       that has a higher benefit, trying to minimize the  
6       unwanted use in every runny nose.

7                If there's some way that the label can help  
8       the practitioner enrich and educate to where benefit  
9       is more likely to be, i.e., a bacterial infection  
10      that is progressing as opposed to a viral infection  
11      that's running its course.

12             I think that's one side of the equation that  
13      can potentially be addressed. And I think the role  
14      of fluoroquinolones in that setting, not as first  
15      line but being available to practitioners as second  
16      or third line, is quite important, and we need to  
17      think carefully if we want to remove that access  
18      because there are consequences to untreated  
19      infection.

20             On the other side, the issue of risk. I  
21      think one needs to be careful about creating new

1        acronyms. FQAD, I still am not sure I fully  
2        understand it. I think that inserting it into a  
3        label quickly or into common parlance quickly comes  
4        with a risk of lots of confusion. The concept that  
5        there are constellations of side effects that may be  
6        delayed and prolonged and uncommon or rare but  
7        severe, is quite important.

8                But to some degree that is in the label, on  
9        the black box warning for tendinopathy. Part of the  
10       front page also has the warning of many  
11       things -- bacterial resistance, C. dif -- as well as  
12       neuropathy and QTc. So there are data on the front  
13       of the label that alert practitioners to these  
14       issues.

15                I think we have to be careful about over-  
16       concluding the cause and effect with peripheral  
17       neuropathy, given the state of the data. And I  
18       think there is a clear unmet need of understanding  
19       the real risks here.

20                Is it better to create an integrated FQAD  
21       concept, or is it better to look at each of the side

1 effects, which may have different mechanisms, and  
2 therefore may not be combined easily, each of  
3 them individually or those that are related  
4 mechanistically, and there distill out a better side  
5 effect profile versus creating a catchall that has  
6 some convenience and tries to address an issue of  
7 overlap, but may confound the indication and  
8 therefore the mechanism, and therefore confuse an  
9 ability to mitigate.

10 So I am not yet persuaded that integrating  
11 the side effects is wiser than looking at the side  
12 effects, each for what they are, and then calling  
13 for and pushing for further confirmatory work to  
14 better delineate, define, and understand.

15 What that could mean in the label is the  
16 front page has these highlighted, but deeper in the  
17 label can actually be the data available that's  
18 being discussed so that people can understand the  
19 strength of where these observations are coming  
20 from.

21 All of the data we've discussed have

1 strengths and weaknesses, and enabling the community  
2 to understand them I think is very important. And  
3 whether REMS or other communicating vehicles is the  
4 right way to educate, I think there are different  
5 ways. But largely what we're all talk about is how  
6 to improve communication to provide our end patient  
7 so they understand this risk/benefit balance.

8 DR. DASKALAKIS: This is Demetre Daskalakis.  
9 I also voted no. And many comments have been made  
10 that I agree with, primarily around the concept that  
11 from the perspective of the label, an overlap that  
12 includes some commentary on severity for bacterial  
13 sinusitis is likely really important. I think that  
14 it will create some guidance for providers and will  
15 reinforce what the guidelines do say.

16 I also want to talk a little bit about the  
17 concept of the REMS. I feel like this is a very  
18 important opportunity because just looking at the  
19 REMS that was recently designed for long-acting  
20 opioids, a very similar REMS could be designed  
21 around the conversation of judicious use of

1 antibiotics.

2           So rather than just necessarily focusing  
3 specifically on just this issue with a  
4 fluoroquinolone, I think it's a global issue because  
5 the commentary of using an atom bomb to kill a fly  
6 is a very good one.

7           When you do use these drugs, they're very  
8 significant and very important in severe infection.  
9 And it is shocking that a sniffle potentially could  
10 be treated with the same thing that you would treat  
11 nosocomial pneumonia with in the hospital, with  
12 great effect.

13           So I think it's a chance for an educational  
14 process that we have not had. And this drug is not  
15 being used judiciously, not just levo and cipro,  
16 et cetera, but antibiotics in general. So this is  
17 an opportunity for these indications to make it  
18 clear that there should be judicious use of  
19 antibiotics.

20           I also think that from the perspective of  
21 fluoroquinolone-associated disability, this

1       phenomenon that's coalesced a bit, this sounds like  
2       a great opportunity for a case control type study  
3       that could actually include some fabulous basic  
4       science looking at some of the origins of why people  
5       may be having the neuropathy, deeper studies into  
6       mitochondrial dysfunction.

7                So I feel that it seemed as if the community  
8       has come forward with a very good group of  
9       individuals who've identified themselves as  
10      potentially people who are experiencing this  
11      phenomenon. So it's a good way to differentiate  
12      whether this is phenomenon in itself or if it is  
13      just a conglomeration of multiple phenomena, and if  
14      there is a biological answer that either lets one,  
15      two, or three of these things hang together.

16               So I think ultimately my vote for a no is not  
17      to limit the use of valuable drugs, but to use them  
18      more judiciously.

19               DR. ARRIETA: My name is Antonio Arrieta. I  
20      voted no. The rationale behind that vote was stated  
21      on the fact that I believe emphatically that there



1 aren't any antibiotics that are safe. They all have  
2 risks. The more we use them, the more we'll have to  
3 face those risks.

4           Some have more serious risks than others, but  
5 for example, penicillin, there is an expected number  
6 of people who are going to die in this country from  
7 anaphylaxis or not sitting here and talking about  
8 it. The issue is how much benefit am I going to get  
9 from this agent. When there is an entity with such  
10 a large placebo phenomenon, almost every agent will  
11 look very good.

12           Furthermore, if we look strictly at the  
13 microbiology of these infections when they are  
14 bacterial, they are going to be pneumococcus,  
15 Haemophilus influenza, or Moraxella catarrhalis,  
16 occasionally others.

17           There are very little, if any, advantages of  
18 the quinolones over the beta-lactam antibiotics or  
19 the beta-lactam and beta-lactam combinations, which  
20 have a much greater safety profile.

21           I think all of us have stated that these are

1 important drugs. I would hate to see these drugs go  
2 away and I couldn't treat my CF patients with  
3 sinusitis, or patients who are highly likely to have  
4 highly beta-lactam-resistant pneumococcus, or those  
5 who have anaphylaxis to penicillin.

6 So I think it is important for these agents  
7 to be around. But the use of it not only has to be  
8 left as a second-line agent, it has to be actively  
9 discouraged due to its safety/benefit ratio as well  
10 as other issues of resistance that are beyond the  
11 scope of this meeting. Thank you.

12 DR. HONEGGER: Jonathan Honegger. I also  
13 voted no, for many of the same reasons that were  
14 discussed. I have some reluctance to delve into  
15 too much detail in the labeling on how to use an  
16 antibiotic compared to other antibiotics for a  
17 particular indication, thinking that it might be  
18 best left to societies that are making practice  
19 guidelines.

20 For instance, bacterial sinusitis where there  
21 are multiple other options and there does seem to be

1 a safety issue with fluoroquinolones in excess of  
2 the other choices even though all of them do have  
3 their own risks, I think in this case it's  
4 reasonably to go ahead and get more specific and  
5 suggest its use as a second-line therapy in the  
6 labeling.

7 Also, I learned a lot today, and I feel that  
8 the REMS effort definitely needs to be focused on  
9 patients and providers. I agree with everyone that  
10 there's need for more study of FQAD and the  
11 individual entities themselves and particular risk  
12 factors.

13 I don't know if this is true. It looks like  
14 the FQAD has an over-representation of respiratory  
15 infections compared to the utilization of  
16 fluoroquinolones in respiratory infections compared  
17 to UTIs. So it may be important to control for the  
18 indications as well. Thank you.

19 DR. SCHMID: I guess I'm last. Chris Schmid.  
20 I also voted no. The basic reason I voted no was  
21 clearly the labeling must be inadequate if it's not

1 being used correctly. There must be better ways of  
2 doing the labeling.

3 I was struck by a couple things. One is that  
4 there are a lot of guidelines out there from  
5 specialty societies, and yet 70 percent of the  
6 prescriptions are being made by non-specialists.

7 So I'm wondering how much the non-specialists  
8 are actually reading these guidelines, and I'm  
9 wondering whether, in the recertification that  
10 physicians have to go through every so often, that  
11 somehow, into that process, we could build some kind  
12 of education for things like this.

13 I'm also struck by the lack of data. As a  
14 statistician, we can't come up with a model unless  
15 there's some data out there. And various members of  
16 the committee have suggested ways of getting data,  
17 and I think that's really important.

18 Another point that struck me during the day  
19 is I actually was the statistician on a couple of  
20 the Lyme disease trials, in particular the one that  
21 looked at chronic Lyme disease. And there's been a

1 lot of push-back on that that the infectious disease  
2 society has dealt with for years.

3 One of the things that is very clear there is  
4 that there are a lot of people who suffer from a  
5 constellation of symptoms, which they call chronic  
6 Lyme, and that they claim has affected them after  
7 they were infected by the Lyme spirochete. But the  
8 other interesting thing is that all of these people  
9 want to use more antibiotics. And I'm wondering  
10 whether some of these other syndromes that we have  
11 could be caused by other collections of drugs that  
12 people are taking.

13 So it suggests to me that maybe we want to do  
14 something a little bit more widespread in terms of  
15 looking at the effects of medications like this,  
16 which clearly are very beneficial in some cases but  
17 also can be toxic in others.

18 CAPT PARISE: Thank you. We're now going to  
19 go to question number 2.

20 (Applause.)

21 CAPT PARISE: Do the benefits and risks of

1 the systemic fluoroquinolone antibacterial drugs  
2 support the current labeled indication for the  
3 treatment of acute bacterial exacerbation of chronic  
4 bronchitis in patients who have chronic obstructive  
5 pulmonary disease, ABECB COPD?

6 Following your vote, provide specific  
7 recommendations, if any, concerning the indications  
8 for treatment of ABECB and safety information,  
9 including the constellation of adverse reactions  
10 that were characterized as a fluoroquinolone-  
11 associated disability or FQAD.

12 Just one other note. After the vote,  
13 whenever we go around, if your recommendations are  
14 the same on any certain topics, it's okay. You can  
15 just state that for the record but don't need to  
16 repeat them, just in the sake of time.

17 (Vote taken.)

18 CAPT PARISE: Everyone has voted. The vote  
19 is now complete.

20 LCDR SHEPHERD: For the record, the vote is  
21 2 yes, 18 no, 1 abstain.

1           CAPT PARISE: We will start down here again.  
2           If you could state your name and your vote and  
3           reasons, and anything else you wanted to say  
4           regarding the A part of the question.

5           DR. STAUD: My name is Roland Staud. I voted  
6           yes due to the fact that the indication that is on  
7           the label seemed to be appropriate as a second-line  
8           agent for severe infections.

9           There was some evidence of effectiveness that  
10          was presented. And I think the recommendation that  
11          I made in terms of risk mitigation before would be  
12          helpful under these circumstances, too.

13          DR. RUSSELL: Russell, San Antonio. I voted  
14          no. And the reason I voted no is that I think the  
15          label doesn't put the onus enough on physicians to  
16          document that there is a bacterial infection. And I  
17          think the same is true for the acute bacterial  
18          sinusitis.

19          The problem is that chronic bronchitis can  
20          occur with recurrent aspiration of gastric acid with  
21          reflux, for example, or with inhalant allergy. And

1 I think it takes some effort to distinguish that  
2 from bacterial bronchitis. Those things, I think,  
3 really need to be identified, and not using an  
4 antibiotic when it's not needed for a bacterial  
5 infection.

6 I think one way of reducing the apparent  
7 efficacy of a medication that really does do its job  
8 is that the diagnosis is wrong. And if we're not  
9 treating bacterial infection when we use an  
10 antibiotic, then the patient is not going to have  
11 the efficacy that would be true if the diagnosis  
12 were correct.

13 DR. VITIELLO: Ben Vitiello. I voted yes  
14 because I thought there was evidence of efficacy for  
15 this population that suffer from chronic obstructive  
16 pulmonary disease. And therefore, I thought that  
17 the fluoroquinolone antibiotic would be appropriate  
18 as second line of treatment in case of acute  
19 bacterial bronchitis.

20 DR. HOGANS: I voted no.

21 CAPT PARISE: Please state your name for the



1 record.

2 DR. HOGANS: Oh. My name is Beth Hogans. I  
3 wanted to sound a note of caution about the newly  
4 defined syndrome that we were presented with here  
5 today.

6 I think that the stories and the testimony of  
7 the patients and patient advocates that presented  
8 here today were very helpful, and I think deepened  
9 the appreciation of myself and other committee  
10 members. It's clear that something is going on.  
11 The syndrome, when it occurs, has a clearly profound  
12 and often devastating effect on the person's life.

13 Being trained in biostatistics when I did  
14 my masters degree, I'm very concerned here about  
15 ascertainment bias. And I think it's very clear  
16 from the evidence that was presented that there has  
17 been an active social media campaign.

18 Frankly, reading through the 679 pages for  
19 background material that were provided to us, many  
20 of the case reports sounded like almost carbon  
21 copies. And whether they're carbon copies because

1       there is a true syndrome, or whether they're carbon  
2       copies because people are sharing information and  
3       somehow that shapes, then, the presentation, I think  
4       really cannot be established by an open internet  
5       kind of research methodology.

6                It doesn't take away from the suffering that  
7       has occurred, but I think that it could be a rare  
8       but serious complication, and that remains to be  
9       defined. So I would say that the labeling could  
10      appropriately be revised to reflect that there is a  
11      rare but potentially serious and disabling syndrome,  
12      but at this point, it is poorly defined.

13               DR. FLOYD: I voted no. I think the label  
14      should reflect the indication for moderate and  
15      severe COPD only -- oh, sorry, it's James  
16      Floyd -- and not mild. I think we saw clear  
17      evidence of modification of the effect by severity.

18               I would actually define this operationally  
19      by the criteria for enrollment in the trials where  
20      we saw the largest treatment effect, which was  
21      hospitalization, even though there's been

1       disagreement about that.

2               I also want to make the other comment that  
3       removing an indication for a disease or a subset  
4       doesn't mean that the drug is off the market or no  
5       longer available. It means that it's not possible  
6       to market for that indication. And I think that's  
7       an important distinction.

8               I've reserved my comments about safety for  
9       this second round, so I'll make them now. I think  
10       the evidence for cardiovascular risks were actually  
11       substantial. My interpretation of the limitations  
12       mirrored the FDA's, but I think the conclusion I  
13       drew is a little bit different.

14               I think the evidence of causality was  
15       actually more convincing than for tendinopathy. We  
16       had several well-designed epidemiologic studies with  
17       findings that replicated across different settings.  
18       And one thing that wasn't mentioned was there was  
19       actually a dose-response in terms of the QT-  
20       prolonging effect of the antibiotics.

21               For example, the increase in risk was

1 largest for moxifloxacin, then levofloxacin, then  
2 ciprofloxacin, which mimics the QT-prolonging  
3 effects of these drugs, which I found QT convincing  
4 biologically. So I think this belongs in a boxed  
5 warning along with tendinopathy.

6 I agree with comments made about FQAD. I  
7 don't understand it well. I think that the  
8 suggestion to do a case control study and actually  
9 obtain deep phenotyping and information on genomics  
10 and other assays is a great idea to understand this  
11 further. And although I don't have a clear sense of  
12 whether it's a causal association yet, I think  
13 there's enough concern that some information belongs  
14 in the label so physicians can begin to recognize  
15 it, that patients have this constellation of  
16 symptoms, and possibly discontinue therapy.

17 I also agree for calls for a REMS, including  
18 a medication guide, a "Dear Doctor" letter, with or  
19 without some elements to assure safe use.

20 DR. CHOUDHRY: Niteesh Choudhry. I voted no.  
21 I'm going to agree once again with the idea that the

1 label should be modified to indicate this is second  
2 line and reserved for patients with moderate to  
3 severe exacerbation, again, to be defined. But  
4 certainly based on the constellation of symptoms,  
5 the Anthonisen criteria are good, for example,  
6 independent of hospitalization just based on  
7 symptoms themselves.

8           The one thing that's confusing in the current  
9 label is that, for example, reading the levofloxacin  
10 label, it says, "Levaquin is indicated for the  
11 treatment of acute bacterial exacerbation of chronic  
12 bronchitis due to Methicillin-resistant  
13 Staph. aureus, Strep. pneumo," so on and so forth.  
14 So it specifies specific microbiology, but in fact,  
15 the data for the trials comes in the absence of  
16 confirmation, which is almost always the case. So  
17 we use these drugs empirically; certainly I do as a  
18 hospitalist.

19           So the label, in fact, might add -- the  
20 specificity of the microbiology in the label might  
21 add confusion. So I would argue that that should

1 probably be removed as well.

2 MS. PHILLIPS: Marjorie Shaw Phillips. I  
3 voted no, and I think there have already been enough  
4 comments about the difference between how it should  
5 be used in a more narrowly defined group of patients  
6 versus the expanded labeling.

7 One additional comment and thoughts related  
8 to prospective surveillance, would it be possible to  
9 tie the med guide to alerting patients and providers  
10 to a prospective registry that would enroll  
11 individuals who had a constellation of symptoms or  
12 these unexpected symptoms, similar to what the study  
13 in California is trying to do now with the internet  
14 recruiting.

15 I think it's important that whatever is done  
16 is more global, and that the innovator firms don't  
17 have to bear the burden of a product that's on the  
18 market and used 98 percent of the time as a generic.  
19 But I think we as a public and as a country need to  
20 have an answer to this question.

21 DR. BESCO: For the record, Kelly Besco, and

1 I concur with all the remarks thus far for this  
2 particular question, and again, would lean on my  
3 previous comments; and also heavily recommend that  
4 we do define better what the difference is between  
5 the moderate and severe infection for this category.

6 DR. CORBETT: Amanda Corbett, and I did vote  
7 no. Just a couple of things I wanted to mention  
8 that I didn't mention before that I just thought  
9 about.

10 Yes, I don't think the indication is worded  
11 appropriately, but I think we need to think really,  
12 really, really hard -- the FDA needs to think really  
13 hard -- about how this can be worded so patients do  
14 get this medication. And if it is not in the  
15 package insert labeled indication, there is a huge  
16 risk that patients may not get this drug paid for.

17 I spend, as a pharmacist, numerous hours  
18 trying to get patients medications that I know need  
19 them. And when I say hours, I mean hours of time  
20 trying to get medications paid for by multiple third  
21 party payers, whether they're federal funded or

1 private funded.

2           So I think it's very, very critical that this  
3 information is very clear so that the patients that  
4 do need them are actually getting them. So that's  
5 also kind of the flip side, but I think that's a  
6 critical piece.

7           DR. SCHEETZ: Mark Scheetz. I voted no.  
8 We've already talked about the safety so I won't  
9 recount that. In terms of efficacy, I do think that  
10 efficacy does depend on severity of disease, and I  
11 think the package label could better reflect that,  
12 specifically something more than categorical,  
13 moderate, severe; perhaps more quantitative values,  
14 something like what is a patient's FEV1, something  
15 like that, would be very helpful.

16           I also think that defining it by whether or  
17 not a patient is hospitalized is probably not the  
18 way to go.

19           DR. GERHARD: Tobias Gerhard. I also voted  
20 no. All my previous comments regarding the safety  
21 apply. I think for this indication, the label



1 should reflect the limitation to moderate and severe  
2 cases. Again, that needs to be operationally  
3 defined, not necessarily by hospitalization. The  
4 label also should emphasize the second-line status  
5 of the treatment.

6 DR. WINTERSTEIN: Almut Winterstein. I voted  
7 no, for the exact same reason that Dr. Gerhard just  
8 stated.

9 CAPT PARISE: Monica Parise. I voted no. I  
10 don't think I have anything to add to what was just  
11 recently said about the indication in what subgroup  
12 of patients with the exacerbation to use it. And my  
13 comments on safety I really stated before, and  
14 they're really the same for this indication, too.

15 DR. LO RE: My name is Vincent Lo Re. I  
16 voted no. Regarding the efficacy, I thought there  
17 was good data on efficacy regarding moderate and  
18 severe. I particularly was intrigued by the data  
19 about prolonging time to recurrence, and I already  
20 made comments about the risk.

21 MS. SCHWARTZOTT: My name is Jennifer

1 Schwartzott, and I also voted no. The treatment  
2 should only be used to treat moderate to severe  
3 cases, and only when other less risky options have  
4 been considered.

5 The medications need to stay on the market.  
6 People like me that have serious allergic reactions  
7 to other non-FQ antibiotics need to have this  
8 option. But we have to label these medications so  
9 that the people clearly understand, that the doctors  
10 clearly understand, what the risks are. And then we  
11 as patients can make the determination if it's worth  
12 the risk.

13 DR. ANDREWS: Ellen Andrews. I voted no  
14 again, for mostly the same reasons. I do want to  
15 respond to the concern -- I get it -- about  
16 identifying a new disability very specifically and  
17 putting it in a warning. But I do think it's really  
18 important to say that the side effects could be so  
19 severe that they could cause disability. I think  
20 that's important for people to understand that.

21 DR. BADEN: Lindsey Baden. I voted no. I

1 want to be clear that for 1 and 2, I think there is  
2 efficacy even though I voted no. My no has more to  
3 do with improving the label to enhance clinical  
4 phenotype characterization and therefore enrich the  
5 population who will benefit.

6 This actually impacts not just  
7 fluoroquinolones for treating ABE COPD but any  
8 antibiotic used in this space. This is really a  
9 comment. My comment has to do with when we treat  
10 bacterial infection with any agent, we need to deal  
11 with the issue of do they actually have the  
12 condition that we're treating.

13 I think it's a more generic issue that is  
14 highlighted because we are having this conversation  
15 now. And it speaks to antibiotic stewardship, and  
16 in the outpatient arena, that is quite anemic. And  
17 this might be a way to help shine a light on it.

18 DR. DASKALAKIS: This is Demetre Daskalakis.  
19 I also voted no, and just for brevity, based on the  
20 same concept, that there needs to be a comment on  
21 severity of disease for appropriateness of use for

1       fluoroquinolones for the indication of an acute  
2       exacerbation in COPD.

3               I also really wanted to say I like the idea  
4       that Ellen brought up, Ellen Andrews, the idea that  
5       rather than creating a new syndrome, say that there  
6       is a risk of a constellation of symptoms that can  
7       lead to disability, which then allows some time to  
8       learn more about these disabilities to see if they  
9       hang together as a syndrome. I think that that's a  
10      really smart idea.

11             DR. ARRIETA: I abstained. And the main  
12      reason for which I abstained is because I'm a  
13      pediatrician, and I don't see COPD. I don't think I  
14      could have such an authoritative opinion in that  
15      regard.

16             Having said that, from the microbiological  
17      point of view and from the studies, at any stage of  
18      the disease, from mild, moderate, or severe, the  
19      quinolones have not shown superiority to a  
20      comparator, usually a beta-lactam, beta-lactam as  
21      combination agent. But I was very struck by the

1 comment about increased recurrences and risk of  
2 mortality.

3 So since I am a humble, small-town  
4 pediatrician, I didn't think I could make a  
5 statement against that. So I had to abstain. Oh.  
6 Antonio Arrieta.

7 DR. HONEGGER: Jonathan Honegger. I too am  
8 a pediatrician, but I did vote no, with some  
9 trepidation. But I did have the concern that the  
10 same risk is there, potentially, and that there  
11 could be alterations to the label to focus on the  
12 subgroup of patients that we think it's most  
13 appropriate for.

14 DR. SCHMID: Chris Schmid. I'm a  
15 statistician, but I did actually vote, even though  
16 I've never seen a patient in my life.

17 (Laughter.)

18 DR. SCHMID: I voted no. I think it's pretty  
19 clear that what's needed here is education. And I'm  
20 wondering, since we're talking about quantifying  
21 what's on the label, one thing that you could put on

1 is to give these drugs, you need to have a positive  
2 culture, and if you don't have a positive culture,  
3 don't give the drug. That may not be practical, but  
4 it's something that could be considered.

5 The other thing is, there are a lot of  
6 medications. I think people think of antibiotics as  
7 magic drugs, and they just go and ask for them. And  
8 I think that's why they're over-prescribed. But  
9 there's a lot of other drugs which people have  
10 thought were magic drugs which eventually, either on  
11 the positive or a negative side, were not used as  
12 frequently.

13 Things like tobacco, estrogen receptors,  
14 vaccines, have all seen less use than they used to  
15 when people learned more about them. And sometimes  
16 that change in habit is good, and sometimes it's  
17 bad. But I think it does show that education can  
18 work.

19 CAPT PARISE: Okay. We're going to move on  
20 to the third and final question. Do the benefits  
21 and risks of the systemic fluoroquinolone

1       antibacterial drugs support the current label  
2       indication for the treatment of uncomplicated  
3       urinary tract infection, uUTI?

4               Following your vote, provide specific  
5       recommendations, if any, concerning the indications  
6       for treatment of uncomplicated UTI and safety  
7       information, including the constellation of adverse  
8       reactions that were characterized as FQAD.

9               The vote's open.

10              (Vote taken.)

11              CAPT PARISE: Everyone has voted. The vote  
12       is now complete.

13              LCDR SHEPHERD: For the record, the vote is  
14       1 yes, 20 no, zero abstain.

15              CAPT PARISE: Thank you.

16              So we're going to start at this side, with  
17       Dr. Schmid. We'll go around, following the same  
18       format. State your name, what you voted, if you  
19       want to say why, and any additional recommendations.  
20       We're going to try to just be as brief as we can.  
21       Planes are leaving, so my goal is to get all the

1 information to the FDA, but yet we try to finish on  
2 time. Thank you.

3 DR. SCHMID: This is Chris Schmid. I voted  
4 no. I think everything's been said, so I won't say  
5 anything more.

6 DR. HONEGGER: Jonathan Honegger. I voted  
7 no. Again, I think there needs to be some  
8 indication that this is second-line. And in  
9 pediatrics, urine culture is still important for a  
10 diagnosis and treatment of UTI. Societies, given  
11 these concerns, may need to look at the use of  
12 culture more in adult patients.

13 DR. ARRIETA: I voted no. I think I know a  
14 little bit about infections, even though I'm a  
15 pediatrician. I think there are means to ascertain  
16 the etiology of the infection. I think there are  
17 means to postpone treatment or at least perhaps  
18 shorten the empiric treatment.

19 I expect beta-lactams and Bactrim, or  
20 trimethoprim-sulfamethoxazole, to be effective in  
21 urine in the bladder as it concentrates so highly.



1           Just a brief comment from safety point of  
2 view, since I did not do that earlier to be short.  
3 There are side effects that are infrequent. If we  
4 use a drug 20 million times, the infrequent side  
5 effects add up.

6           So if there are 1,000 very rare phenomena or  
7 in a rate of 4 per million, which I did on my simple  
8 little math here, if we use 20 million and there is  
9 only 10 percent of the total, we're going to be  
10 seeing 160 or more very rare cases per year. So  
11 very rare side effects will be magnified when we  
12 abuse an antibiotic millions of times.

13           CAPT PARISE: Please state your name for the  
14 record.

15           DR. ARRIETA: Antonio Arrieta.

16           DR. DASKALAKIS: This is Demetre Daskalakis.  
17 I voted no, for many of the same reasons as I did  
18 for the other two questions. I also do think that  
19 from the perspective of guidelines, this is the  
20 indication for which fluoroquinolones seem to be the  
21 most misused.

1           I just want to say that that is probably the  
2 strongest indication for me that we need to look at  
3 the label to make a change because it's not just  
4 about the side effects, but also about the fact that  
5 we're exposing people to these drugs that we really  
6 need to save for other indications as well.

7           DR. BADEN: Lindsey Baden. I voted no. My  
8 previous comments apply. One needs to think  
9 carefully about the burden on the patients who need  
10 care as we sort out ways to strengthen the label to  
11 make sure we get it right and minimize overuse.

12           DR. ANDREWS: Ellen Andrews. I voted no  
13 because we need to really dial back the times that  
14 this medication is used; 33 million scrips is far  
15 too many in America.

16           I understand the concern about not letting  
17 somebody in pain leave your office with no  
18 treatment. But I was really intrigued by the one  
19 study that found that ibuprofen is more effective at  
20 that. So I think that deserves more thought.

21           MS. SCHWARTZOTT: My name is Jennifer

1 Schwartzott, and I voted no, for many of the reasons  
2 for the other applications. I also want to stress I  
3 feel it's very important to expand the boxed warning  
4 to include the increased risk to those with tendon  
5 disorders, especially of myasthenia gravis, which  
6 they've discussed, and also RA, and also for those  
7 that exercise strenuously. That should be higher up  
8 on the level of where it is now. Thank you.

9 DR. LO RE: My name is Vincent Lo Re. I  
10 voted no. I mentioned all the issues of risk  
11 previously. And I thought there was efficacy shown  
12 here, but I felt like there needs to be changes to  
13 the label to reflect the inappropriate antimicrobial  
14 prescribing.

15 CAPT PARISE: Monica Parise. I voted no. I  
16 think on the efficacy side, I don't really have  
17 anything to add to what's already been stated to  
18 better adherence to what the guidelines are. And  
19 I've stated my safety concerns already.

20 DR. WINTERSTEIN: Almut Winterstein. I voted  
21 no. The recommendations I made in the first round

1 apply here as well. I think that really needs a  
2 strong risk communication, REMS.

3 DR. GERHARD: Tobias Gerhard. I voted no. I  
4 think this is really the most critical indication  
5 and reflects over 90 percent of quinolone use in the  
6 indications that we were asked to consider today.  
7 So the second-line status of the quinolones has to  
8 be significantly emphasized to really reduce the  
9 risk on the population level.

10 DR. SCHEETZ: Marc Scheetz. I voted no. I  
11 think there is efficacy here, and that's been shown  
12 with microbiologic benefit and then combined with  
13 clinical benefit as well. However, I think the  
14 comment specifically from the FDA presentation of  
15 the clinical course of untreated uncomplicated  
16 urinary tract infection has not been well-  
17 characterized. It's very important.

18 I think that we should commission studies to  
19 find out what happens to this 30 percent of people  
20 that would have a bacteria that would not be  
21 treated. What happens? Are they better off

1 receiving treatment or better off not receiving  
2 treatment?

3 DR. CORBETT: Amanda Corbett. I also voted  
4 no. Not really anything additional than what has  
5 already been mentioned.

6 DR. BESCO: Kelly Besco. I voted no, for  
7 reasons that I previously stated. Thank you.

8 MS. PHILLIPS: Marjorie Shaw Phillips. I  
9 agree with the previous respondents, and my earlier  
10 comments about safety and monitoring still apply.

11 CAPT PARISE: And your vote? Your vote?

12 MS. PHILLIPS: I voted no.

13 DR. CHOUDHRY: Niteesh Choudhry. I voted no,  
14 for the same reasons that have been stated.

15 DR. FLOYD: James Floyd. I voted no. I  
16 think the indication should stand, but I think the  
17 label should reflect that fluoroquinolones should be  
18 used when other available effective treatments  
19 cannot be used. And reasons could be resistance,  
20 treatment failure, or drug allergies.

21 DR. HOGANS: Beth Hogans. I voted no. I

1        concurred that these agents should be reserved  
2        for -- I neglected to mention the moderate to severe  
3        COPD. But in the case of UTI, it would be a second-  
4        line agent.

5                I wanted to add a couple very brief comments.  
6        One is regarding the black box warning for  
7        tendinitis. I think, given the evidence that we  
8        heard today, that strenuous activity could  
9        reasonably be ordered added to the advanced age,  
10        steroids, et cetera.

11                Then I wanted to comment about peripheral  
12        neuropathy because as I noted earlier, I think we  
13        had just one high-quality study that was looked at  
14        in detail. But it was a very powerful study. It  
15        looked at a large number of people. It found a  
16        substantive number of patients exposed to  
17        fluoroquinolones did present with peripheral  
18        neuropathy.

19                I think the current warning language, which  
20        says, "Rare cases" -- I looked a lot for the latest  
21        package insert, which would be nice if the materials

1       could include the latest package insert just so we  
2       can turn to it rapidly in the future -- but the one  
3       I found says, "Rare cases of sensory," et cetera,  
4       et cetera. And in fact, it's not isolated to rare  
5       cases at this point. I think we could say that it's  
6       a recognizable phenomenon. I don't think that the  
7       data supports it being called rare.

8               Then I wanted to comment that the language  
9       says, "resulting in paresthesias, hypoesthesias,  
10       dysesthesias." I suspect I might be one of two  
11       people in the room that could offer correct formal  
12       definitions for those terms. They are terms  
13       recognized by the International Association for the  
14       Study of Pain, but I think the language could be  
15       clearer for the general practitioner. Thank you.

16               DR. VITIELLO: Ben Vitiello. I voted yes  
17       because I voted on the indication, and I think there  
18       are data that support that fluoroquinolones are  
19       effective in the treatment of uncomplicated urinary  
20       tract infection.

21               I agree that the label should be amended,

1       indicating that it should be a second-line  
2       treatment, and also there should be additional  
3       warning about peripheral neuropathy and also QT  
4       prolongation. Thank you.

5               DR. RUSSELL: Russell, San Antonio. I voted  
6       no, for the reasons that pertain to the other two  
7       questions, in specific regarding uncomplicated  
8       urinary tract infection. I think in many cases that  
9       can be handled by other medications as first line.

10              I think this class of antibiotics is very  
11       important because it gives physicians an option.  
12       And we have pitifully few antibiotics, and we need  
13       them. So I think particularly in patients with  
14       known allergies and serious allergies to sulfa and  
15       beta-lactam, this class of medication is important.

16              Finally, in regard to the FQAD, I've spent a  
17       lifetime working on a disorder that was poorly  
18       understood and not recognized by physicians and not  
19       popular to study. I think this is an opportunity  
20       for study and needs to be studied, and we clearly  
21       need a case definition and epidemiology so that we



1 know both the numerator and denominator for this  
2 disorder. And that will help us work toward solving  
3 the problem.

4 (Applause.)

5 CAPT PARISE: Excuse me. We have one more  
6 person that's going to give their vote.

7 DR. STAUD: Roland Staud. I voted no because  
8 of significant concerns about risk/benefit ratio.  
9 And like in the other indication, I would recommend  
10 a risk mitigation strategy.

11 CAPT PARISE: Thank you.

12 (Applause.)

13 CAPT PARISE: Before we adjourn, are there  
14 any last comments from the FDA?

15 DR. NAMBIAR: Yes. Thank you, Dr. Parise.  
16 Some closing remarks from us.

17 We convened this advisory committee meeting  
18 today to receive expert scientific advice regarding  
19 the benefits and risks of systemic fluoroquinolone  
20 antibacterial drugs for the treatment of acute  
21 bacterial sinusitis, acute bacterial exacerbation of

1 chronic bronchitis, and uncomplicated urinary tract  
2 infections. This included a discussion of the  
3 detail regarding the benefit of these products to  
4 treat these conditions as well as the adverse  
5 effects of the drugs.

6 This meeting has provided valuable  
7 information and perspectives to help inform the  
8 FDA's decision-making processes. The FDA plans to  
9 consider the input from committee members and the  
10 public from this advisory committee meeting and  
11 determine what future actions may be appropriate.

12 I want to reiterate that this is an important  
13 issue for the agency. The FDA will keep healthcare  
14 providers and the public informed of new information  
15 regarding the use of systemic fluoroquinolones to  
16 treat these three indications.

17 I would also like to extend my sincere thanks  
18 to members of the Antimicrobial Drugs Advisory  
19 Committee and the Drug Safety and Risk Management  
20 Advisory Committee for their valuable input at  
21 today's meeting.



1 table will be disposed of. Please also remember to  
2 drop off your name badge at the registration table  
3 on your way out so they may be recycled. Thank you.

4 (Whereupon, at 6:05 p.m., the meeting was  
5 adjourned.)

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