



FLUOROQUINOLONE FACT SHEET



QUICK GUIDE TO FLUOROQUINOLONE ANTIBIOTICS TOXICITY or (FQAD)

1. Fluoroquinolone antibiotics include drugs like Levaquin, Cipro, Avelox, & Floxin to name a few and there are many generics as well.
2. These antibiotics are not natural compounds but are synthetic chemotherapeutics, based on quinine's quinoline pharmacophore, a very potent toxic profile.
3. These antibiotics, like chemotherapy, can exhibit cumulative effects where toxic symptoms appear during subsequent treatments, after having apparent successful earlier treatments.
4. Although symptoms of toxicity can appear during the treatment, it is common that many symptoms begin after completing a therapeutic course.
5. If a toxic point is reached, initial symptoms increase in intensity and new symptoms appear during subsequent weeks, months, and sometimes years after treatment cessation.
6. In some, toxic symptoms can subside relatively quickly, in a year or so, but for some, like long covid or chronic fatigue, it takes 10 years or more to become endurable.
7. Unfortunately, for some, injuries caused by Fluoroquinolones can be permanent and irreversible.
8. Some of the more debilitating symptoms impact the brain and nervous system but can also impact the musculoskeletal system and most organs of the body.
9. FQ Toxicity is often not linked back to the antibiotic by either patients or doctors.
10. Intractable, fibromyalgia-like, pain is present in many of the FQ toxicity cases.
11. Once the toxicity takes place, there is no known reliable treatment program, and only time and avoiding other toxic exposures as much as it is possible, helps with healing.
12. It is very difficult to find a credible health practitioner with knowledge about FQ Toxicity. Most medical professionals do not accept that the symptoms of a patient are a manifestation of FQ toxicity.
13. FQ toxicity has been incorrectly diagnosed as fibromyalgia, Sjögren's, Reactive arthritis, serum sickness, multiple sclerosis, Raynaud's, chronic fatigue syndrome/ME, Lyme, and various neuropsychiatric disorders, amongst others.
14. Those experiencing FQ toxicity, must avoid any re-challenge or exposure to another drug from the quinolone family for the rest of their lives, or risk cumulative toxicity.
15. Save for mild cases of FQ toxicity, the sufferer has to adapt his/her way of living to the new situation, to speed up recovery and cope with the symptoms.

For more information visit: **Life After Levaquin** www.LifeAfterLevaquin.com